

Lapin Lumirastit and Finnish Championships Long Distance and Sprint – Kemi 20-22.3.2020

Updated 17.2.2020.

Guidelines and rules

At the competition, competitors must abide by IOF's rules (WRE classes), Finnish Orienteering Federation's rules, special rules for ski orienteering Finnish Championships 2020 and the organizer's advice.

Competition dates, distances and classes

Fri 20.3.2020 Finnish Championships – Sprint

- H/D21 (WRE)
- H/D15, H/D17, H/D20, H/D35–H/D85

Sprint

- H/D11, H/D13, H/D21C

Sat 21.3.2020 Finnish Championships – Long distance

- H/D21 (WRE)
- H/D15, H/D17, H/D20, H/D35–H/D85

Long distance

- H/D11, H/D13, H/D21C

Sun 22.3.2020 Middle distance

- H/D11, H/D13, H/D15, H/D17, H/D20, H/D21, H/D35–H/D85, H/D21C

Entries

Latest on Thursday 12.3.2020, at 24:00 by using the Finnish Orienteering Federation IRMA service <https://irma.suunnistusliitto.fi/>.

For Lapin Lumirastit late registration is received with 1,5-times the normal entry fee. Late entries will be accepted until Monday 16.3.2020 at 24:00 by using Finnish Orienteering Federation IRMA service. Late registration or delayed entries aren't accepted for the Finnish Championships competition.

When you register for the competition, you must remember to mention your EmiTag-card number. If you do not mention the EmiTag-card number, we will rent you a card, for 10 €/day or 20€/3days. If you forget to return the rented EmiTag after the competition, you will be charged 100€.

Entry fee

Friday 20.3.2020

- Finnish Championships – Sprint: H/D21 (WRE) classes 33€, other classes 30€
- Sprint H/D21C: 25€

Saturday 21.3.2020

- Finnish Championships – Long distance: H/D21 (WRE) classes 35,80€, other classes 32,80€
- Long distance H/D21C: 25€

Sunday 22.3.2020

- Middle distance: 25€

H/D11 and H/D13

- 15€/day in all competitions

Singpost

There will be guideposts located along the route from the Kemi Kivikko exit number 38 (route E8) to the competition center.



Competition center and parking

Competition center is located in the Kivikko school, Kiveliönkatu 31, 94600 Kemi. Parking is located near the competition center (max.500m). Toilets, showers and dressing rooms are located in the competition center.

Map

Ski orienteering map, printed 3/2020. In the sprint competition the scale is 1: 5000, in the long distance competition depending of the class either 1:10 000 or 1:15 000 and in the middle distance 1:10 000. Map size is A4.

Terrain

The terrain consists of a recreational area, which is split by cross-country tracks. The height differences are quite small.

Embargoed area

Embargoed area is shown here: <https://lapinlumirastit.fi/2020/harjoituskieltoalue-2/> The embargoed area is active till 23.3.2020.

Start

Friday the 20th, the first start at 15:00

Saturday the 21st, the first start at 10:00

Sunday the 22nd, the first start at 10:00

Punching system and GPS

EmiTag punching system is used in all the competitions, GPS tracking in the H/D21 classes.

Prizes

In all the classes, the overall results are counted by points achieved in all the races. The winner of a class scores 1000 points and all others get points in relation to the winning time.

On Saturday, Finnish Championships medals and commemorative prizes are given to the top three. Plaques are given according to the rules of the Finnish Orienteering Federation.

After the last race on Sunday, Lapin Lumirastit prizes are given by overall results.

Accommodation

Hotelli Scandic Kemi

Reservations directly from the hotel: <http://www.scandichotels.fi/?bookingcode=BHII190320>

Food

You can purchase cafeteria products from the competition center.

Possible changes and thermal boundary

Temperature limit is -20°C one hour before the first start. According to the competition jury decision, the first start can be delayed or the race cancelled. Information of possible delay or cancellation will be found on the competition site <https://lapinlumirastit.fi/2020/>. If the race is cancelled due to natural conditions, the officials can detain a part of the participation fees in according to the competition rules.

Officials

Competition director Tuomas Pussila, p. +358 50-4611 236

Course setter Velu Sipola, p. +358 400 396 345

Controller, TA, IOF EA Staffan Tunis, p. +358 50 563 5945

Course controller, Eero Haapasalmi (OH), p. +358 400 733 278

Result service Risto Kivinen, p. +358 44 058 3583, risto.kivinen@resultfellows.com

Suunta 2000 ry will organise the Ski Orienteering World Championships in 2022!