



WOC
Sweden 2016



Nokian Tyres World Orienteering Championships

August 20 - 27th 2016
Strömstad - Tanum, Sweden

BULLETIN 2

WOC | 2016

WOC 2016 in Strömstad, Tanum, Bohuslän and Dalsland August 20-27th 2016 is a complete event including the World Orienteering Championships (WOC), the World Trail Orienteering Championships (WTOC), the spectator races known as "the Rocky Orienteering Circus" (ROC) and a lot more activities under a common motto: Wild, Open, Challenging.

Wild is merely an acronym for the exciting nature inland and along the Bohuslän coast. Taming the wild is what competitors will need to do to be successful in their goal of winning the gold here.

Open represents the hearts and minds in the towns of Strömstad and Tanum welcoming competitors, spectators and officials to this beautiful corner of

Sweden. But open also represents the visibility to be achieved for the sport of orienteering globally.

Challenging isn't that what we all strive for? Challenging terrain and challenging orienteering, but also our own challenge to make this the best world championships ever both in and out of the forest

Organizing Partners



Exclusive Partner



Main Partner



Partners



WELCOME BACK!

With pride and joy I greet you welcome to the World Orienteering and Trail Orienteering Championships in Sweden!

It feels like it was yesterday that I was standing at the square in the city of Västerås as one of the opening speakers and greeted you welcome to the World Orienteering Championships in 2004, but that was 11 years ago.

To organize the World Orienteering Championships is the nicest and coolest thing a nation can do but it is also the greatest challenge to take on.

We will do everything we can to offer exciting, visible and fair competitions. The World Orienteering Championships 2016 will be something special!

On behalf of the Swedish Orienteering Federation I am pleased to welcome athletes, team leaders, officials, spectators and guests to the 2016 World Orienteering and World Trail Orienteering Championships!

Lena Larsson
President of the Swedish
Orienteering Federation



WOC | A WILD, OPEN CHALLENGE

The World Orienteering Championships 2016 is waiting for you. We are proud to present a Wild, Open Challenge for everyone. To give orienteers around the world a unique and rewarding experience. A Championship combined with open competitions worth remembering, all in a world heritage landscape. Tough terrain, technical courses, challenging obstacles. Everything an orienteer will want.

I'm very proud to welcome you to WOC 2016, I hope you will find it an experience out of the ordinary. I hope you will find time to explore some of the treasures Bohuslän-Dal offers, from rock carvings to beaches, from cities to countryside and from flea markets to shopping centres when you're not participating in the Championship, competitor or spectator.

I'm also proud of the people working to realise this event. The enthusiasm and professionalism is an encouraging environment to be in. I'd like to thank all those who make this possible.

Björn Winberg
Chairman of the Organizing Committee



WOC | PROGRAMME WOC 2016

	WOC	ROC	WTOC
20 Aug	Sprint qual./Sprint final	ROC 1 Sprint	
21 Aug	Sprint relay	ROC 2 Middle	
22 Aug			Model
23 Aug	Middle distance	ROC 3 Middle	TempO
24 Aug		Mass start PreO	PreO day 1
25 Aug	Long distance	ROC 4 Middle	Model
26 Aug		Mass start PreO 2	PreO day 2
27 Aug	Relay	ROC 5 - Long	Relay
28 Aug	Departure	ROC 6 - Long	Departure



Welcome to West Sweden and WOC 2016



Distance to Strömstad:

- | | |
|---------------------|--------|
| • Rygge, Moss (RYG) | 70 km |
| • Gardemoen (OSL) | 180 km |
| • Landvetter (GOT) | 190 km |
| • Kastrup (CPH) | 470 km |
| • Stockholm (ARN) | 510 km |

Car, train and bus connections:

- Oslo – Strömstad, 100 min (car), 160 min (bus)
- Gothenburg – Strömstad, 110 min (car), 140 min (train)
- Stockholm – Strömstad, 360 min (car or train)
- Copenhagen – Strömstad, 300 min (car), 360 min (train)

WOC | ARENAS

WOC

- Strömstad City – Sprint and Sprint Relay
- Tanum – Middle distance
- Strömstad East – Long distance and Relay

WOC 2016 Embargoed Areas

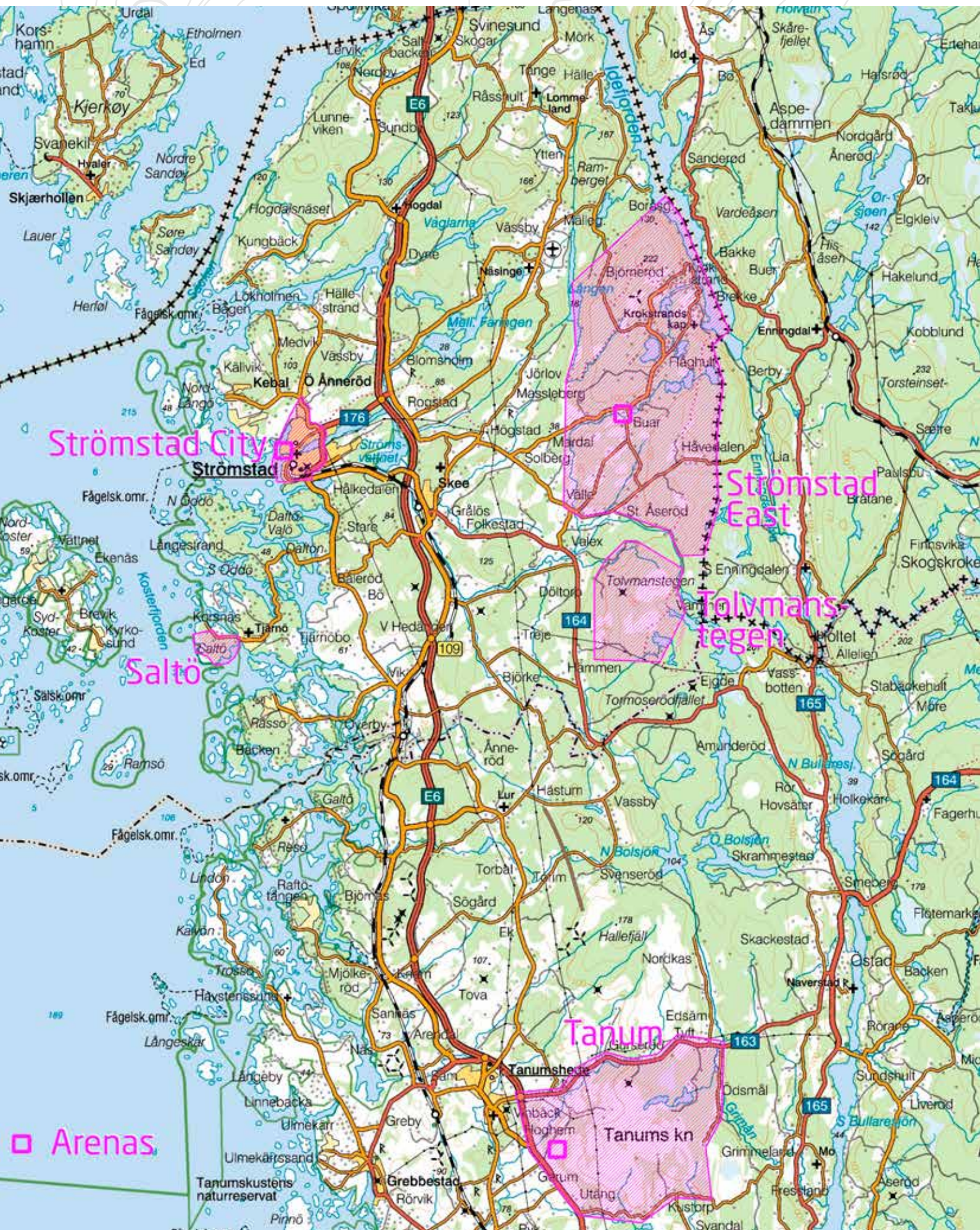
The Swedish Orienteering Federation has declared the areas below as embargoed areas until August 28, 2016. With regard to the IOF Competition Rules (article 26.5), the embargoed areas are forbidden for all potential WOC2016 athletes, team officials and

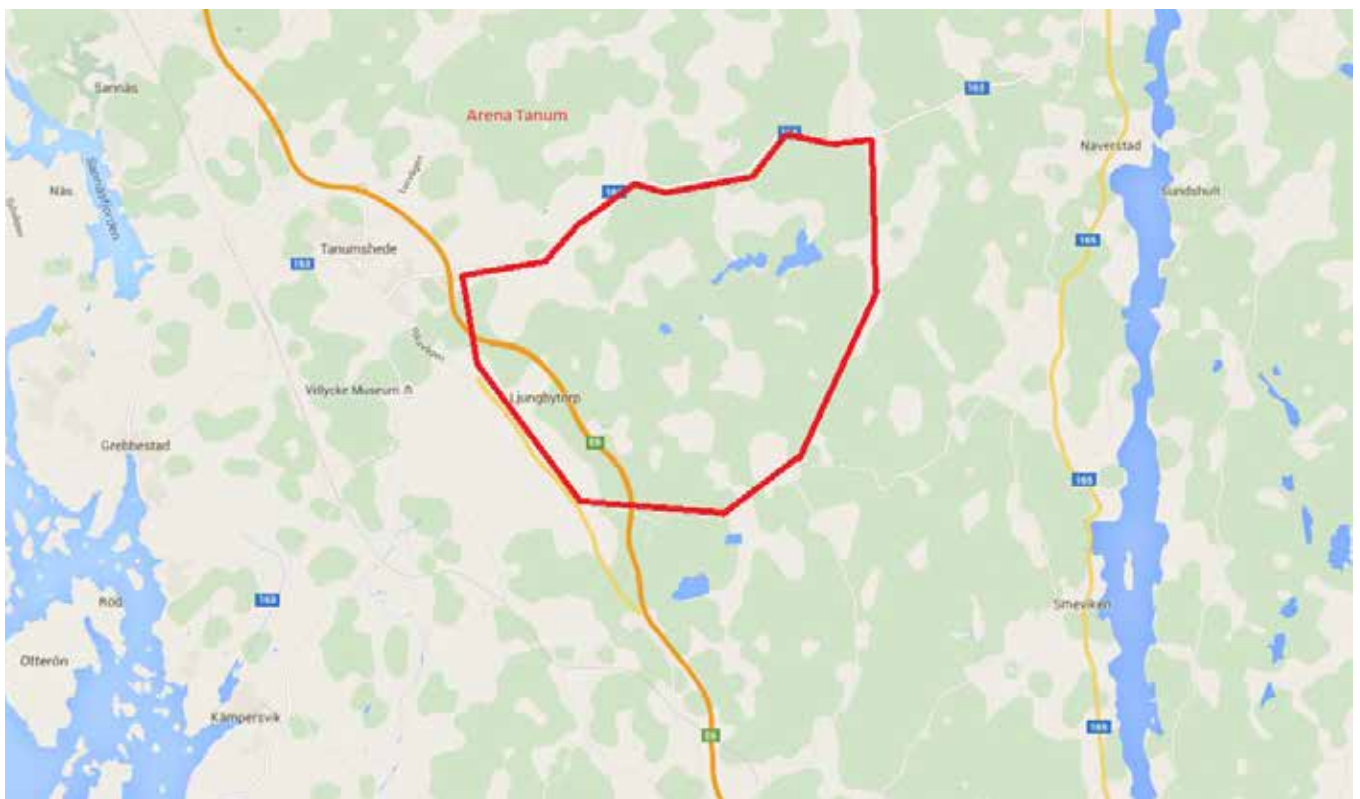
other persons that may be in a position to give information to the team members. It is allowed to stay, live, shop and work as a resident, worker, student or tourist in the embargoed area (without map) in Strömstad City UNTIL October 31st 2015. From Nov 1 2015 this area has a full embargo, and cannot be visited by potential WOC athletes, team officials or other persons who may be in the position to give information to team members. Ahead of the competitions the embargo will be lifted 09.00-12.00 Friday 19th August 2016 for team members to visit, according to the rules prior to October 31th 2015.

See www.woc2016.se/embargo for details.

WOC | EMBARGOED AREAS

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WOC | CLASSES AND ENTRY REGULATIONS

Classes, representation:

- There is one class for women and one class for men. There are no age restrictions (Rule 5.7)
- All competitors represent a Federation (Rule 6.5)
- A competitor may represent only one Federation during any one calendar year (Rule 6.1)
- Competitors who are representing a Federation shall have full passport-holding citizenship of the country of that Federation (Rule 6.2)

Map scales and equidistance:

- Sprint (individual and sprint relay) 1:4 000, 2m
- Middle and Relay 1:10 000, 5m
- Long 1:15 000, 5m

Winning times and estimated length of the courses:

- | | |
|--|-----------------------|
| • Sprint (individual and sprint relay) | 12-14 min / 3,3-3,8km |
| • Middle women | 35 min/ 5 km |
| • Middle men | 35 min/ 6 km |
| • Long women | 75 min/11 km |
| • Long men | 95 min/15 km |
| • Relay women | 30 min/ 5 km |
| • Relay men | 35 min/ 7 km |

Clothing restrictions:

For the relay, middle and long distances the competitors must wear clothing that fully covers torso and legs. For sprint distances no restrictions.



Photos from the WOC-terrain Arena Strömstad East:



Photos from the WOC-terrain Arena Tanum:



See more terrain pictures at: www.woc2016.se/en/competitions

WOC | TERRAIN DESCRIPTION

Sprint (individual and sprint relay)

Urban areas with some narrow streets, some hilly parts and some minor green areas. More than 90% of the distance will be on hard surface.

Middle distance

Mainly pine forest on the hills and in some valleys oak stands. Mostly good visibility and runability. Some areas with thick vegetation (trees). Detailed contours with many small marches. Altitude 50-150 meters above sea level.

Long distance and relay

Undulating terrain, altitude 0-200 m above sea level. Pine forest with mostly grown up forest. Some logged down areas and younger forest with reduced runability.

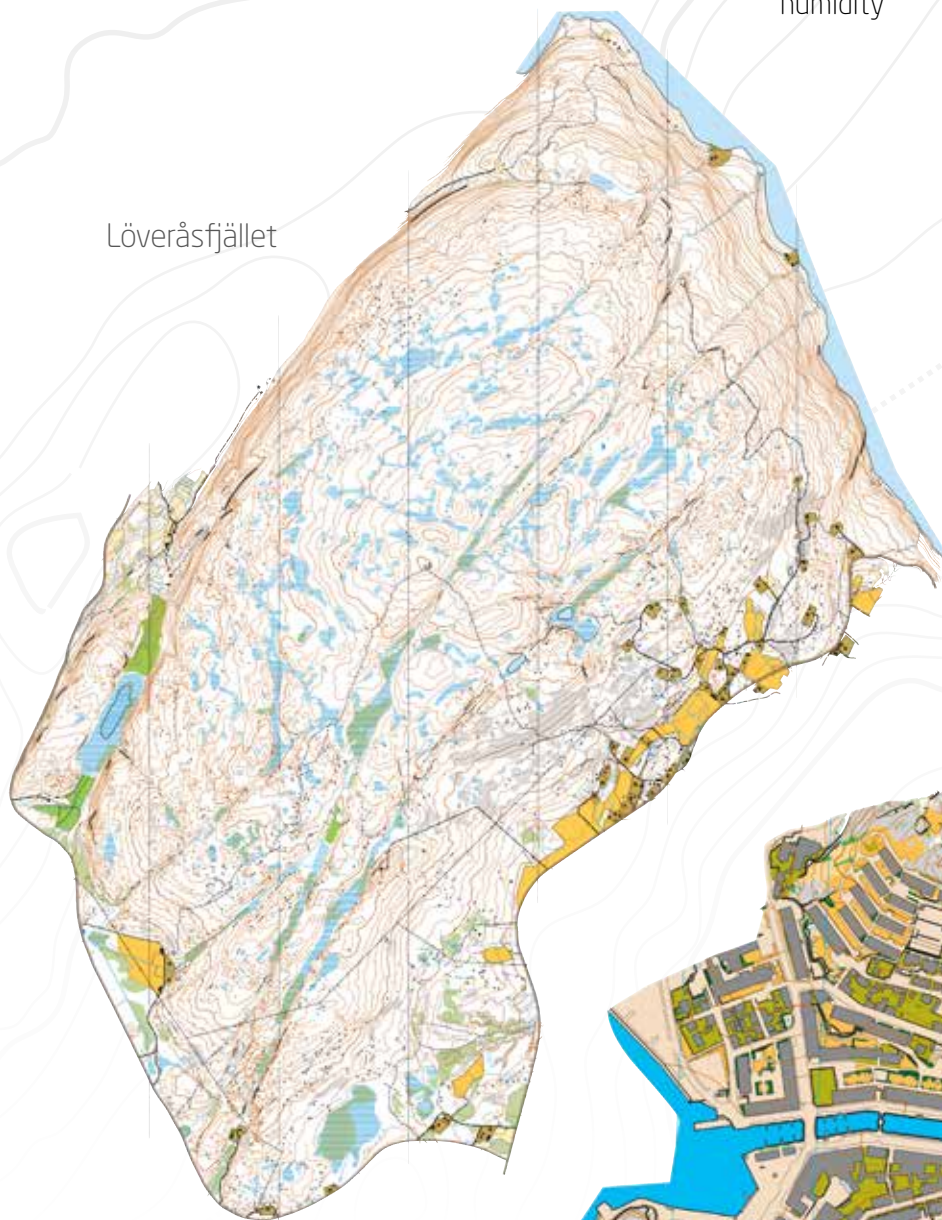
Recent maps in the embargoed areas:

See also: www.woc2016.se/en/competitions

Climate:

Average temperatures in August is 15-25 C, low humidity

Löveråsfjället



Strömstad City



WOC | ENTRY FEE AND DATES

Entry fee (per person):

Sprint (qualification + final)	€120
Middle	€90
Long	€90
Sprint Relay	€215
Relay	€215
Accreditation competitors	€120
Accreditation team officials	€245
Transport package	€140
(Event Centre/quarantine to start/arena.)	

Deadlines for entries:

Numbers of competitors of each gender and team officials shall reach the organizer no later than June 20th 2016.

Name and gender of all competitors and team officials shall reach the organizer no later than August 10th 2016.

Payment:

WOC2016 Bohuslän/Dal, c/o Mats Blom
Blåbärsvägen 16, S-459 32 Ljungskile, Sweden.
IBAN: SE40 9500 0099 6034 0671 5825
SWIFT: NDEASESS

Deadline for payment: July 1, 2016

Entries are not valid until full payment is completed.

NB: All entries should be made by IOF Eventor, no other means of entries are accepted.

WOC | VISAS

Participants from some countries may need visas for visiting Sweden, for information use this link:

<http://www.migrationsverket.se/English/Private-individuals/Visiting-Sweden/Tourists-visas.html>

If you need an invitation for obtaining visa, please contact: administration@woc2016

WOC | ANTI-DOPING

The organizers are fully committed to supporting the efforts of the anti-doping authorities. Doping controls may be carried out at any time during the competition period. The doping tests will be carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of 1st February 2010. Athletes who are selected for the doping tests must bring an official identification with photo, and their TUE (Therapeutic Use Exemption) if applicable.

Note that, even if the IOF or the organizer have not ordered any tests, anti-doping control can be conducted by other organizations without any prior notice.



WOC | TRAINING

We offer training opportunities throughout the area of Bohuslän-Dalsland. The areas are selected to be corresponding to the terrain of WOC and WTOC as well as possible.

See more info at: www.woc2016.se/training

Training in relevant terrain for the WOC 2016

- We offer excellent training opportunities, both in Bohuslän, Dalsland and the rest of West Sweden.
- The areas that we present on this website are our official training maps.
- This means that all areas are carefully selected and relevant to the WOC-terrain.
- Our training areas are also adapted for foot- and trail orienteering, as well as for the various disciplines.

OFFICIAL TRAINING CAMPS 2016

March 30 - April 3 Training Camp no 4

3/30 - 4/1	Strömstad training
4/2	Strömstad competition (middle)
4/3	Strömstad competition (long)

June 8 - June 15

Training Camp no 5, including WOC tests

6/8	WOC-camp, Bohuslän
6/9	WOC-test, sprint
6/10	WOC-test, middle
6/11	WOC-camp, Bohuslän
6/12	WOC-test, long
6/13	WOC-camp, Bohuslän
6/14	WOC-camp, Bohuslän
6/15	WOC-camp, Bohuslän

With reservation for changes, will be announced on the website.

WOC | TRAINING AND COMPETITION

It is also possible to train in relevant terrain without entering the official training sessions announced here.

Read more and see all available training maps at <http://woc2016.se/en/training>. Please note that all training must be pre-notified and that it is not allowed to run in the forests between October 1st and January 31st because of the hunting season.

We also recommended you to participate in our local national competitions. Some of these are part of the official training camps mentioned above and all of

them can be found here: <http://eventor.orientering.se/Events>, location Bohuslän-Dal.

For nations intending to participate at WOC Test Sprint in Lysekil June 2016 the map (no 6 / World Cup 2015 map) is embargoed. The embargo is not valid for competitors from other countries.





Strömstad Gymnasium/Photo: Strömstad Municipality

WOC | EVENT CENTRE

- The Event Centre will be situated at Strömstads Gymnasium (Strömstad Upper Secondary School).
- The organizers will have access to the entire school building.
- Distance from Strömstad city centre: 1,5 km, where the ceremonies will be held.
- The school has an Assembly/Congress Hall for 500 people.
- There are 15 smaller meeting rooms, suitable for 25-40 people, equipped with projector, screen, internet, whiteboard, etc.
- Today the internet capacity is sufficient for all students (400) at the school with both cable and wireless connections.
- The school restaurant has seating capacity for 150 guests.
- There will be two separate receptions, one for competitors and one for media/VIP/Officials.
- Outside the school there is a large parking place with free parking.
- The media center will be located here.
- The quarantine will be located here, except the relay.

WOC | REGISTRATION

Media

Registration via IOF Eventor, latest date for registration March 31st 2016

VIP

Registration via IOF Eventor, latest date for registration March 31st 2016

Entry/Accreditation fee of €120 includes:

- Access to VIP tent in the competition arenas
- Competition maps
- Start and result lists
- IOF, VIP and Media race

WOC | ACCOMMODATION

Daftö Camping Resort has the pleasure to provide the Athletes' village during WOC 2016. We provide excellent housing in houses just 5 km south of Strömstad, in a beautiful setting close to nature and the sea. If you would rather bring your caravan or mobile home, we also have plenty of space on our camp ground. We promise to do everything in our power to ensure that your stay will be as pleasant and comfortable as possible.

Welcome!

Teams	Athletes village Daftö Resort
VIP / IOF	Laholmen
Media	Källviken Holiday Village

Accommodation categories A, B, C and D will be provided within the Daftö Resort, Laholmen and Källviken.

Level A	€110-160
Level B	€ 60-90
Level C	€ 40-60
Level D	€ 20-40

Contact:

accommodation@woc2016.se

For more tourism related information, please visit:
www.vastsverige.com/en/woc2016

IOF/VIP Hotel:

Laholmen Hotel Strömstad City is the official IOF/VIP hotel and the venue for the IOF Congress

Accreditation:

Event Centre, Strömstad Upper Secondary School

Team officials meetings:

Event Centre, Strömstad Upper Secondary School

Media Hotel:

Källviken Holiday Village

Latest date for booking through the organizer:

March 31st 2016

NB: Teams cannot stay in the embargoed areas in Strömstad City between Nov 1st 2015 and Aug 22nd 2016.



WOC | ORGANIZING COMMITTEE

Secretary General
Event Director
Marketing Manager
Administration
TrailO
Environment
Service

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Carl-Göran Strutz
Magnus Danielson
Lennart Börjesson
Tomas Karlsson
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WOC | THE BOARD OF WOC 2016 BOHUSLÄN-DAL

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Secretary
Treasurer
Member
Member
Substitute
Substitute

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Gunnar Persson
Göran Sandberg
Eva Karlsson
Gustav Wennberg
Rune Sandin
Stig Niklasson

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stig.niklasson@woc2016.se

WOC | EVENT CONTROLLERS

WOC IOF Senior Event Advisor

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WOC IOF Assistant SEA

IOF Sports Director

WOC National Controller

Unni Strand Karlsen (NOR)

Lennart Smedenmark

Training coordinator

Patrik Hansson
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Media/Information

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Contact

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Website

www.woc2016.se

SUMMARY OF DATES:

Media registration	3/31/16
VIP registration	3/31/16
Accommodation booking	3/31/16
Deadline for entries (number of competitors)	6/20/16
Deadline for payment	7/1/16
Deadline for entries (names of competitors)	8/10/16

