











World Ranking Event



# BULLETIN 1

The International Orienteering Federation, the Brazilian Orienteering Confederation and the Parana State Orienteering Federation, invite the athletes and orienteering supporters, to participate in the IV Orienteering South Cup 2020. The event will be held in Ponta Grossa, Paraná State, from 12<sup>th</sup> to 15<sup>th</sup> of March 2020.

The IV South Cup will be organized by Parana Orienteering Federation, Curitiba Orienteering Club and Princesa dos Campos Orienteering Club.

### 1. Program

DATE	TIME	ACTIVITY	VENUE	
March 12	08am to 08pm	Accreditation	Secretariat	
Thursday	09am to 03pm	Model Event	Porto Brazos	
	08am to 12am	Accreditation	Secretariat	
	08am to 12am	Model Event	Porto Brazos	
March 13	04pm	Opening Ceremony	Club a Varida	
Friday	04:30pm	Sprint Event		
	05:30pm	Sprint Awards	Clube Verde	
	06pm	Officials meeting		
March 14	08am	Quarantine WRE (H/D21E)	Porto Brazos	
Saturday	09am	Long Distance WRE Porto B		
March 15	08:30am	Middle Distance Tayná Fa		
Sunday	01pm	Awards/closing Ceremony	Porto Brazos	

### 2. Adviser

Luiz Sergio Mendes – IOF Adviser.













# 3. Organizing Committee

Event Director	Luciano de Oliveira +55(41) 99937-8566	
	fpo.parana@gmail.com	
Technical Director	Ricardo Anhaia Ribeiro	
Administrative Director	Liro Dionísio Sokolowski Junior	
Arena Manager	Jean Flávio Merenda	
Secretary	Lilian Esteves Maria	
	+55(42) 99966-2229	
Mapmakers	Luciano de Oliveira	
	João Adelson Silva	
Course planner	Jaime Demarchi	
Security Team	Cléderson Josué Ferreira	

### 4. Entries

Entries are available at CBO web site: www.cbo.esp.br

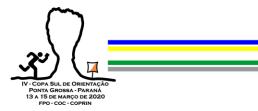
All Elite runners participating in the World Ranking Event must **also** register at the IOF Eventor web site: https://eventor.orienteering.org/Events

H21E / D21E athletes not registered through IOF Eventor will not be classified in World Ranking Event.

COSTS - In Brazilian Reais (BRL)- INTERNATIONAL COMMUNITY ONLY					
	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>		
ITEMS	DEADLINE	DEADLINE	DEADLINE		
	19/12/19	20/01/20	19/02/20		
Full package (Sprint, Medium and Long)	R\$ 160,00	R\$ 180,00	R\$ 200,00		
Full Package for M21E and W21E classes	R\$ 180,00	R\$ 200,00	R\$ 220,00		
Sprint Course only	R\$ 40,00	R\$ 50,00	R\$ 60,00		
Long + Middle distance Course	R\$ 120,00	R\$ 130,00	R\$ 140,00		
WRE Longe Course + Middle (M21E/W21E)	R\$ 140,00	R\$ 150,00	R\$ 160,00		
Sicard rent	R\$ 7,00	R\$ 7,00	R\$ 7,00		
Hard floor (daily)	R\$ 15,00	R\$ 15,00	R\$ 15,00		

Payments via credit/debit card when registering via CBO website. No payment is necessary when registering at Eventor website. Both processes are necessary to fulfil the entry requirements.

There is no age restriction in classes M21 / W21 E.













### 5. Embargoed Areas

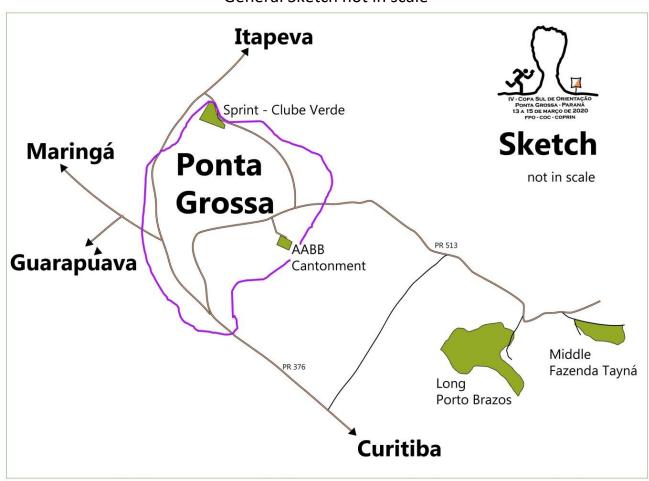
The areas for Sprint and forest courses are not be accessed by any orienteer, both in direct and indirect ways for purposes of visit, training or other activities connected to the Sport.

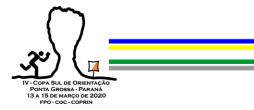
- Sprint Course— Clube Verde Sede Campestre Road to Castro S/N Ponta Grossa/PR.
  - Forest Courses:

Porto Brazos – Highway PR 513, KM 14 – Ponta Grossa/PR.

Fazenda Tayná – Estrada Pery Pereira Costa – Itaiacoca – Ponta Grossa/PR.

#### General Sketch not in scale







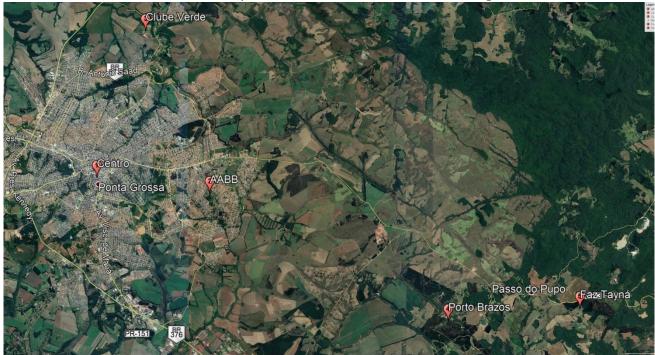




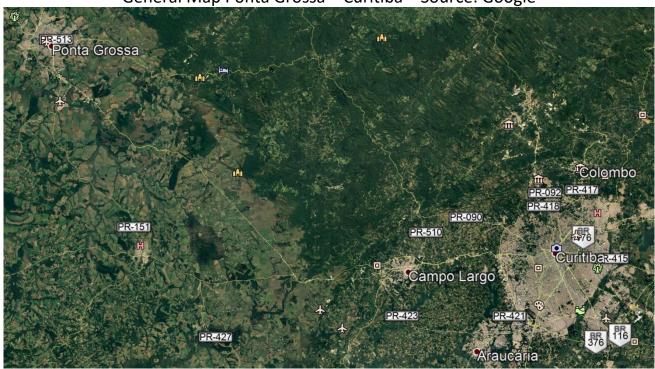








General Map Ponta Grossa – Curitiba – Source: Google















## 6. Map Scales and Winning Times

Course	Scale	Winning time M21E	Winning Time W21E
Sprint	1:4000	12 to 15 minutes	
Long (WRE)	1:10000	90 to 100 minutes	70 to 80 minutes
Middle	1:10000	30 to 35 minutes	

**SportIdent** is the official punching and timing system in this event.

### 7. Maps and Terrain Description

- Sprint Course it is outskirts of Ponta Grossa. The place is a camping club named Princesa dos Campos (also known as Verde). It offers favourable characteristics for fast runners through the local roads, paving, grassy areas, a lot of gates and moderated gaps.
- Model Event, Long Distance Course It is 20km away from Ponta Grossa downtown. It is a forest of eucalyptus of varied zizes, surrounded by open areas, canyons, depressions and some formations of native forest. It has a small number of paths and some fences.
- Middle Distance Course It is 23km away from Ponta Grossa. It is a mixed forest of eucalyptus, pines and native forest, surrounded by open areas, canyons and depressions.
  - All maps made according to the ISOM and ISPROM.

### 8. Distances and Transport

Ponta Grossa City is 115km away from Curitiba, the state capital, with easy access through BR 376, in a tolled highway.

A car trip between *Aeroporto Afonso Pena* in Curitiba/São José dos Pinhais and Ponta Grossa is about two hours.

Ponta Grossa Airport receives flights of Azul Air Company.

The organization will not offer transportation to/from the competition places.













### 9. Accomodation

#### **HOTELS**

Hotels with prices varying from R\$ 89.00 to R\$250.00 - daily rates per person.

Luds Hotel – 42 3026-3636 Planalto Selet Hotel – 42 3220-7900

Geneviee Palace – 42 3223-7844 Hotel Santa Fé – 42 3225-2202

Ipê Hotel Express – 42 3323-1520 Hotel Princess – 42 3223-1010

Hotel Pax – 42 3220-4050 Hotel Dal-Gobo – 42 3226-2229

Premium Vila Velha Hotel – 42 3220-9500 Hostel Paraná – 42 3323-2004

Hotel Barbur – 42 3223-1001 Hostel Ponta Grossa – 42 3301-6764

Village Hotel – 42 3028-3000 Pousada Urbana PG – 42 99999-1209

Astron Ponta Grossa Plaza – 42 3026-4000 Hotel Maciel – 42 3224-8291

#### **HARD FLOOR**

- AABB Brazil Bank Atletic Association Av. Euzébio de Queiroz, nº 1000.
- Covered gymnasium for the assembly of camping tents, hot showers, kitchen with stove and a place to prepare meals, swimming pool and parking lot.
  - Daily rate: R\$ 15,00 per person.

### 10. Visas

Most of the foreigners do not need a visa to enter Brazil as a tourist. The list of countries that require visas, authorization and deadlines can be checked in:

http://www.portalconsular.itamaraty.gov.br/images/qgrv/QGRV-simples-port-250919.pdf

### 11. History and Tourism

The sesquicentennial Ponta Grossa city had its origins as a resting place of "tropeiros", its lands were occupied by farmers from São Paulo and immigrants from Ukraine, Germany, Poland, Italy, Russia, Syria and Lebanon.

Nowadays Ponta Grossa is one of the biggest cities of Paraná, and it is known by its Industrial Pole, farms, commerce and its great touristic potential.

Ponta Grossa has about 350,000 inhabitants.













There are countless options of tours, and in some cases some whims of Nature that only happen here, in the Princess of Fields.

### **VILA VELHA STATE PARK**

Its one of the most famous geological formations of Brazil. The sandstones are enormous rocky formation carved by the action of time for thousands of years. Visits From 08:30 am to 3:30 pm



#### **FURNAS**

Close to the Sandstones are located three great vertical craters, one of them with 52 meters downhill to the water. This location is unique an it sharpens visitor minds about its origin.



#### **BURACO DO PADRE - Priest's Hole**

It is pit with a 30m cascad in its interior. It is located close to the competition places. Visits from 9:00 am to 5:00 pm















### CACHOEIRA DA MARIQUINHA Mariquinha Waterfall

A 30m high waterfall. A great place to visit. It has a balneary and some pedestrian paths.



### **CANNYON E CACHOEIRA SÃO JORGE** São Jorge Waterfall

A Canyon with many waterfalls being one of them the São Jorge, that is a 30m high waterfall. It disposes some snack bar and programmed tours. Visits from 9:00am to 9:00pm



# Luciano de Oliveira

**Event Director** 

**Luiz Sergio Mendes IOF Event Adviser** 















