



Khanty-
Mansiysk



..... European Ski Orienteering
Championships & World Cup Final
..... 08.03 – 16.03.2020



BULLETIN 2



Dear participants, coaches, organizers, referees and spectators! I am sincerely welcome you in hospitable Ugra!

These days we are witnessing a significant event for Ugra sport: Khanty-Mansiysk hosts the European Ski Orienteering Championships for the first time. More than 100 strongest athletes from different countries will overcome the routes along the scenic courses of the world-famous biathlon centre. Over the years, there have been world championships and

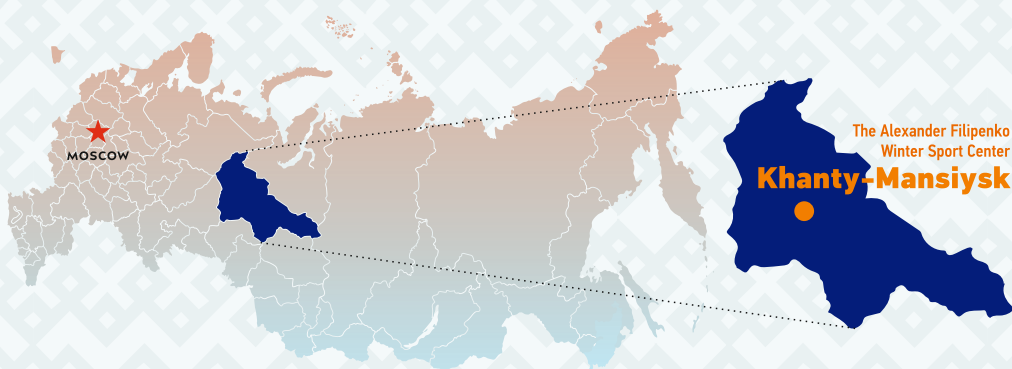
stages of the World Cup in biathlon and cross-country skiing, the Deaflympics and many regional competitions.

We have done everything possible to ensure that the participants of the European Championships demonstrate maximum speed, composure and endurance here. I'm sure that their magnificent level of training and intensity of emotions in the struggle for medals will be a source of inspiration for many Ugra orienteer athletes.

I strongly hope that this meeting in Khanty-Mansiysk will fill you, dear friends, with the energy of our ancient and indigenous land. I wish that just at that spot, in the Ugra land you will acquire strength for new sporting achievements.

Good luck to all of you, success at distances and well-deserved victories!

Sergey Artamonov
The director of the Department of
Physical Culture and Sports of Khanty-Mansiysk
Authnomous okrug – Ugra



- ABOUT THE REGION

Khanty-Mansiysk autonomous okrug – Ugra

Location: Khanty-Mansiysk autonomous okrug-Ugra, Western Siberia, Russian Federation

Area: 250.93 sq. km

Population: 99 387 people

The average annual temperature: 1,1 C°

At the present time the Khanty-Mansiysk autonomous okrug – Ugra is an independent subject of the federation, with the population of 1663798 people; with about 2% of them are indigenous small-numbered people of North: khanty, mansi and forest nentsy who are still leading a traditional lifestyle.

Khanty-Mansiysk experiences a subarctic climate. The climate is extreme, with temperatures as low as -49 C and as high as 34.5 C. However the region is very cold with an average temperature of 1.1 C. Precipitation tends to be fairly low; 553 millimeters per year.

The Khanty-Mansiysk autonomous okrug-Ugra is taking leading positions among other subjects of the Russia in terms of the manufacturing, electricity production, oil and gas production, volume of investment in the new capital stock and tax income into the budget system.

Today, the Khanty-Mansiysk autonomous Okrug-Ugra is mostly famous for the oil production. The region produces around 7% of the world oil production and about a half of the Russian. There are 475 oil and gas deposits opened on Ugra territory. The total length of the pipe work is 102 938 km.

There are 50 types of sports developing in Khanty-Mansiysk autonomous Okrug-Ugra. The main ones are: cross-country skiing, biathlon, athletics, snowboarding, ice-hockey, sledge-hockey, water polo, chess and mini football.

Besides, Ugra is known everywhere as a place of holding the major national and international sport competitions. The major sports competitions of Khanty-Mansiysk are Biathlon Championships and the world cups, water polo World Cup, World Chess tournaments, Oil countries boxing Cup, Cross-country skiing and biathlon championship for the disabled, III All-Russian summer Universiade and etc.

Town administration website: www.admhmansy.ru

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- VENUE

The Alexander Filipenko Winter Sport Center, Khanty-Mansiysk, Russia

The Alexander Filipenko Winter Sports Center was put into operation in December 2000: stadium, shooting range, stands, which are able to host more than 10 000 spectators, sports school, roller-ski tracks, bridges and tracks, sports club, and hotel complex. Construction of the first press-center and building of team cabins was finished in 2002.

The center, which is located in the down town on the level of 83 meters above sea, was reconstructed to the IBU Biathlon World Championships 2011. The course passes on the height from 25 to 115 meters above sea level.

- ORGANIZING COMMITTEE

Address: Organizing Committee of European Ski Orienteering Championships & World Cup Final 2020
Ledovaya St. 1, Khanty-Mansiysk, Khanty-Mansiysk autonomous Okrug-Ugra, 628001, Russia

Event website: www.esoc2020.ru

E-mail: esoc2020hm@yandex.ru

Valerii RADCHENKO

AI «UgraMegaSport», executive director

Oleg DRESS

AI «UgraMegaSport», deputy executive director

Sergey TIMOSHENKO

Chief of department of special sport events (language skills - English)

Mob.: +7-902-814-23-20

e-mail: timoshenko@ugramegasport.ru

Adik BEKTIMIROV

Event director (language skills - English)

Mob.: +7-922-419-7771

e-mail: esoc2020hm@yandex.ru

Anastasia ZUKERMAN

Assistant event director

Mob.: +7-913-058-88-87, e-mail: esoc2020hm@yandex.ru



• EVENT CONTROLLERS

IOF Senior Event Adviser – **Sixten Sild** (EST)

IOF Assistant Event Adviser – **Dmytro Miller** (UKR/ITA)

National Controller – **Arkadii Vedin** (RUS)

• ENTRIES

All teams must send information about estimated numbers of competitors and team staff (registration by number) until **08.02.2020**.

Until **27.02.2020** please submit a list of the names and gender of the intended participants (registration by name).

Online entry via **IOF Eventor**.

• CLASSES AND PARTICIPATION RESTRICTIONS

ESOC: W/M21E

World Cup: W/M21E

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in ESOC.

Competitors representing other member Federations of the IOF can participate in ESOC but will not be eligible for European titles, medals or diplomas.

In the individual competitions a Federation may enter a maximum of 6 competitors in each class. The current European Champion shall be given a “wild card” for the red group in addition to the ordinary entries from his/her federation. There shall be no limit on the number of competitors and leaders in a team.

The organising Federation may have two additional competitors as official ESOC competitors in the individual competitions. These competitors shall start in the lowest ranked start group.

In the relay a Federation may enter 2 teams each consisting of 3 competitors, but only the better-placed team will count in the results list. In the sprint relay a Federation may enter 3 teams each consisting of 2 competitors, but only the best-placed team will count in the results list.

• EVENT RULES

The competition will be conducted according to the IOF rules for ski orienteering events.

• EVENT PROGRAM

SUNDAY, 8TH MARCH • ARRIVAL DAY, ACCREDITATION

MONDAY, 9TH MARCH • MODEL EVENT

TUESDAY, 10TH MARCH • COMPETITION DAY 1 – SPRINT, OPENING CEREMONY

WEDNESDAY, 11TH MARCH • COMPETITION DAY 2 – MIDDLE DISTANCE (MASS START)

THURSDAY, 12TH MARCH • COMPETITION DAY 3 – SPRINT RELAY

FRIDAY, 13TH MARCH • REST DAY, EXCURSION

SATURDAY, 14TH MARCH • COMPETITION DAY 4 – LONG DISTANCE

SUNDAY, 15TH MARCH • COMPETITION DAY 5 – RELAY
OFFICIAL PRIZE-GIVING CEREMONY AND CLOSING CEREMONY

MONDAY, 16TH MARCH • DEPARTURE

- ENTRY FEES

Accreditation fee for competitors	No fee
Sprint relay	45 €/team
Middle	25 €
Long	25 €
Relay	75 €/team
Sprint	25 €
Accreditation fee for team officials	No fee

Deadline for payment of entry fees is 10 February 2020

Bank requisites for transfer of accreditation and entry fees will be announced in November 2019 on ESOC 2019 website and in IOF Eventor.

- MAP AND TERRAIN

Map from 2013 renewed in May 2109. Mapper Sergey Myatovich. Competition terrain is part of nature park «Samarovskiy Chugay». Competition area contains three different types of terrain.

There are some slightly undulating areas on hilltops, areas with spurs and gullies with different steepness on slopes, height differences up to 50 m and some areas with very deep valleys and steep slopes, height differences up to 85 m. Forest is mostly coniferous, dominating tree is cedar.

Runnability is good in 30% of the forest, in 65% there is some undergrowth, in 5% there are fallen trees and very thick undergrowth. In bottoms of the valleys small streams and marshes occur.

Map details:

Sprint 1:5000, h 5m

Middle 1:10000, h 5m

Sprint relay 1:5000, h 5m

Long 1:12500, h 5m

Relay 1:10000, h 5m



- PRELIMINARY COURSE INFORMATION

Competition	Class	Course Length	estimated winning time
Sprint Relay	M	1,8 km (1 leg)	6-8 min (1 leg)
	W	1,4 km (1 leg)	6-8 min (1 leg)
Sprint	M	3,2 km	13-15 min
	W	2,6 km	13-15 min
Long	M	20,0 km	95-100 min
	W	14,0 km	75-80 min
Middle	M	8,0 km	40-45 min
	W	6,5 km	40-45 min
Relay	M	6,2 km	30-35 min (1 leg)
	W	5,4 km	30-35 min (1 leg)

- OPPORTUNITIES FOR TRAINING

There will be opportunities for ski and ski orienteering trainings in limited area, in similar to ESOC terrain in Khanty-Mansiysk from 1 to 7 March 2020. Requests for such trainings have to be sent to organizers (esoc2020hm@yandex.ru) at 5th of February 2020 at the latest.

- PUNCHING SYSTEM

The SportIdent Air+ contactless punching system is used in all competitions. Punching range about 50 cm. The organizers provide the punching chips.

- ACCREDITATION

Chief of Accreditation

Ekaterina Zanina

E-mail: accreditation@ugrasport.com

Accreditation center operates from **08.03.2020** till **15.03.2020** in the «Media center» building, located on the ground floor, room 116. The entrance is to the right of the building.

To make procedure of accreditation quick and easy on venue, please, send your electronic photo (face photo) in JPEG format before **24.02.2020** to email: accreditation@ugrasport.com.

In the name of the file one should indicate: *name, surname;*

status: coach, athlete, service, doctor.

- INSURANCE

The Organizer does not bear any responsibility for the possible human and material damage. All participants should have medical insurance and be insured against accident, illness or liability in tort.

- HOW TO GET VISA

The Russian Federation requires visas for most nations. The visa requirements may change and you are responsible for checking your visa requirements from the closest Russian Consulate and/or Visa Centre. Organizing Committee provides visa assistance to the participants of the competition:

European Union Countries and China:

The issuance of the Russian visa for athletes of the European Union countries and China is executed according to the invitation letter from the organising organization (invitation from OC).

Other countries:

Russian visa for participants from Non-European Union countries is issued through the Ministry of Foreign Affairs of Russian Federation.

To issue an invitation for visa to enter the Russian Federation participants should send the **Form F1** and a clear passport copy to the e-mail: visa@ugrasport.com.

24.02.2020 is the deadline for requesting visa invitation. After the deadline visa invitations are not issued.

Contact person: Aysel Sulkhaeva
(*language skills – English, French*)
Tel./fax: +7(3467) 36-14-02,
E-mail: visa@ugrasport.com

- TRANSPORT

Travel to Khanty-Mansiysk

The air companies «Utair» and «Aeroflot» offer regular flights from Moscow to Khanty-Mansiysk. The air companies perform daily flights route: Moscow – Khanty-Mansiysk – Moscow.

You can buy air tickets on following websites:

the air company «Utair» – www.utair.ru.

the air company «Aeroflot» – www.aeroflot.ru

NB! We strongly recommend to purchase flight tickets from Aeroflot (23 kg of luggage included in ticket price). If additional luggage planned, indicate it while purchasing ticket!

Nearest airports to Khanty-Mansiysk are Surgut (300 km), Nizhnevartovsk (510 km), Tyumen (670 km), Yekaterinburg (996 km). There are direct air flights from these towns to Khanty-Mansiysk with the exception of Surgut. You can get from Surgut to Khanty-Mansiysk by regular bus (travel time is 4 hours).

Transportation of teams within Khanty-Mansiysk is provided by the transportation office of the Organizing Committee free of charge.

Contact person: Tatyana Solovar
(*language skills – English*),
Tel./fax: +7(3467) 36-12-12,
E-mail: transportation@ugrasport.com



- ACCOMMODATION

Accommodation reservation – Please, submit **Form F2**:

Preliminary by 08.02.2020

Final by 27.02.2020

Participants and officials will stay in the hotel «**Olimpiyskaya**». The allocation of teams at the hotel will be made according to submitted applications – «first come, first serve!»

For accommodation of participants Organizing Committee offers following alternatives:

Type A: **Single room** (full board), *price for 1 person (FB)*, 85 € per night;

Type B: **Double room** (full board), *price for 1 person (FB)*, 65 € per night

Type C: **Triple room** (full board), *price for 1 person (FB)*, 45 € per night

Please Note:

Accommodation expenses are paid directly to the hotels in Russian rubles at the current exchange rate!

The other currency is not accepted! It's possible to pay by card.

Credit cards VISA Int (VISA, Electron), Europay Int (Eurocard / MasterCard) are accepted.

If bank transfer is preferred, please contact Anna Ryadnova for bank requisites (language skills – English),

Tel./fax: +7-3467-36-14-01, E-mail: accommodation@ugrasport.com

The early arrival is to be paid according to the real hotel price list.

Booking changes and cancellations (free of charge) SHOULD be made no later than 27.02.2020.

If the application is sent later than 27.02.2020 the team bears responsibility for the hotel forfeits connected with late changes and cancellations of the booking and pays for the accommodation according to the current hotel price list.

The team bears responsibility for the done damage during staying at the hotel. The team or athletes must pay these sums.

- WEATHER INFORMATION

www.yr.no/place/Russia/Khantia-Mansia/Khanty-Mansiysk/

- IMPORTANT DEADLINES

Team size deadline	online via IOF	08.02.2020
Team names deadline	Eventor	27.02.2020
Entry fees payment deadline		10.02.2020
Application form for visa	F1	24.02.2020
Accommodation reservation	F2	Preliminary 08.02.2020
		Final 27.02.2020

Application forms can be found on our official website: www.esoc2020.ru

Please submit all application forms to the email: oc@ugrasport.com

■■■■■ **European Ski Orienteering Championships & World Cup Final**
■■■■■■■■■■ **08.03 – 16.03.2020**

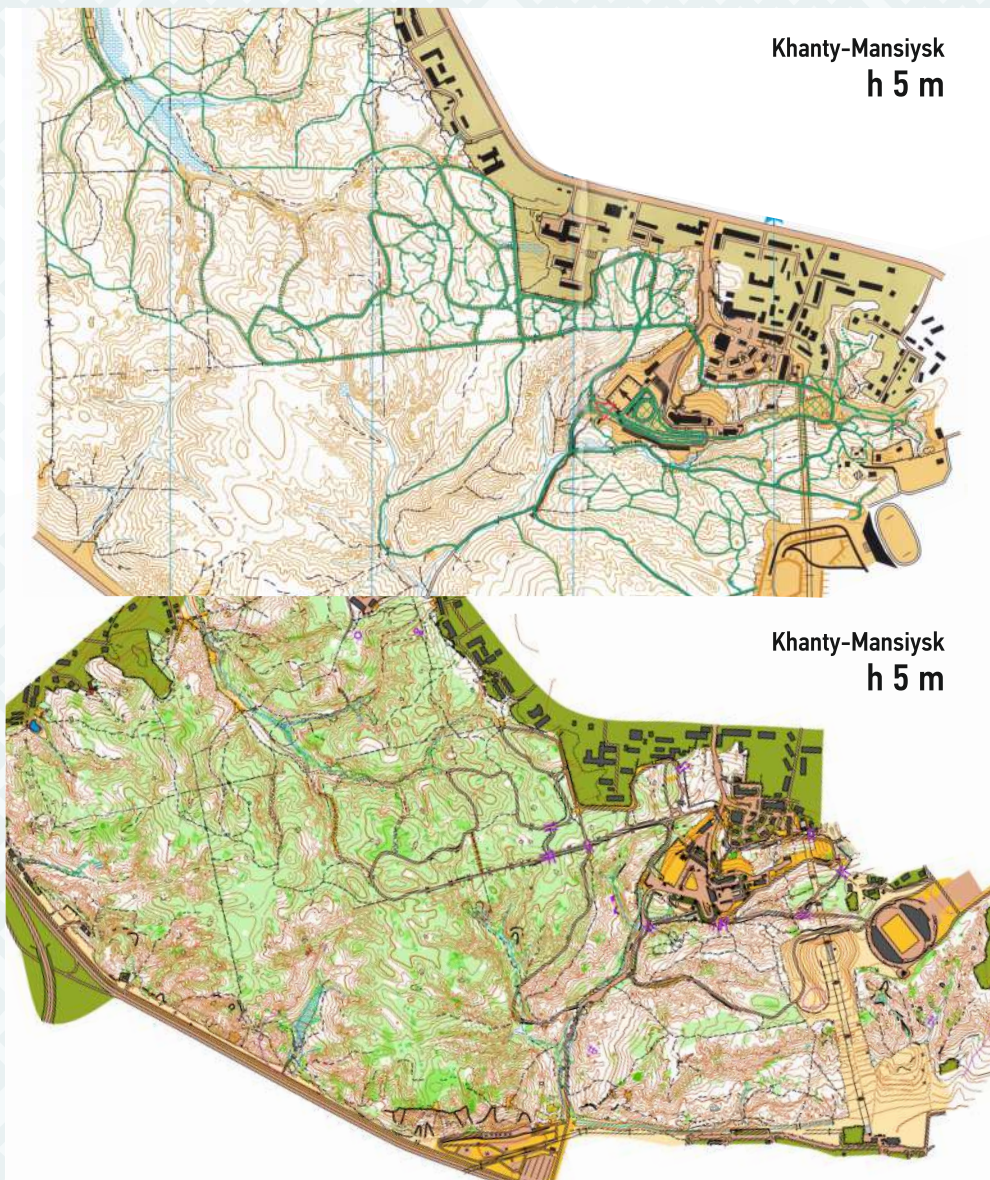


OVERVIEW MAP OF EMBARGOED AREA AND TRAINING AREA

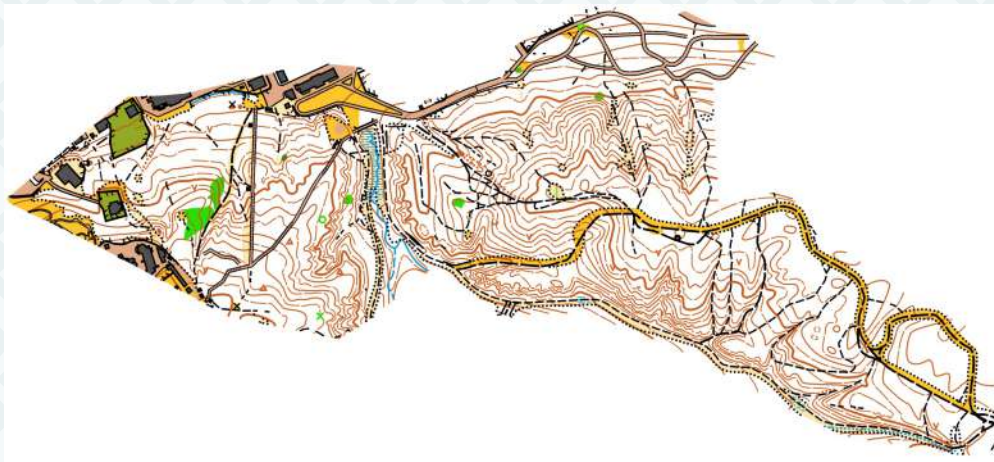


• PREVIOUS MAPS OF THE EMBARGOED AREA

It is forbidden for all potential competitors, trainers, team leader etc to visit embargoed area prior to the ESOC 2020.



• MAPS OF TRAINING AREA



• MEDIA INFORMATION

MEDIA CENTER

The Media centre is located at the stadium, 1st floor of «Media Center» building.
For press kit and registration please contact

Chief of Media

Anna Volkova (language skills - English)

Tel.: +7(3467) 36-12-34

Mob: +7-952-715-46-86

E-mail: media@ugramegasport.ru