

7th CISM Military World Games ORIENTEERING

Bulletin 2&3

1.Organisation

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2.Schedule

Date	Time	Contents
October 19	8:00-12:00	Pre-event Training
	19:00	Technical Meeting (1)
October 20	8:00	Team leaders collect bibs
	8:25	Initial departure time for shuttle buses
	10:00	Men's / Women's middle distance (Qinglongshan)
	14:30	Medal Ceremony
October 21	8:00	Team leaders collect bibs
	8:25	Initial departure time for shuttle buses
	10:00	Long Distance Men/Women (Bafenshan)
	15:00	Medal Ceremony
October 22	19:00	Technical Meeting (2)
October 23	9:00	Arrival of Athletes at the Assembly Area of the Starting Point of Tianzishan
	11:00	Relay
	13:00	VIP Match
	14:00	Medal Ceremony

3.Event Centre

The Event Centre will be located at Dahuashan Outdoor Sports Centre, only 4 km from CISM village. Shuttle bus will be available every day. The centre includes rooms for the following purposes.

- CISM-O conferences and Meetings
- Event Office
- Team Officials' Meetings
- Media Centre
- Meeting rooms
- Free parking

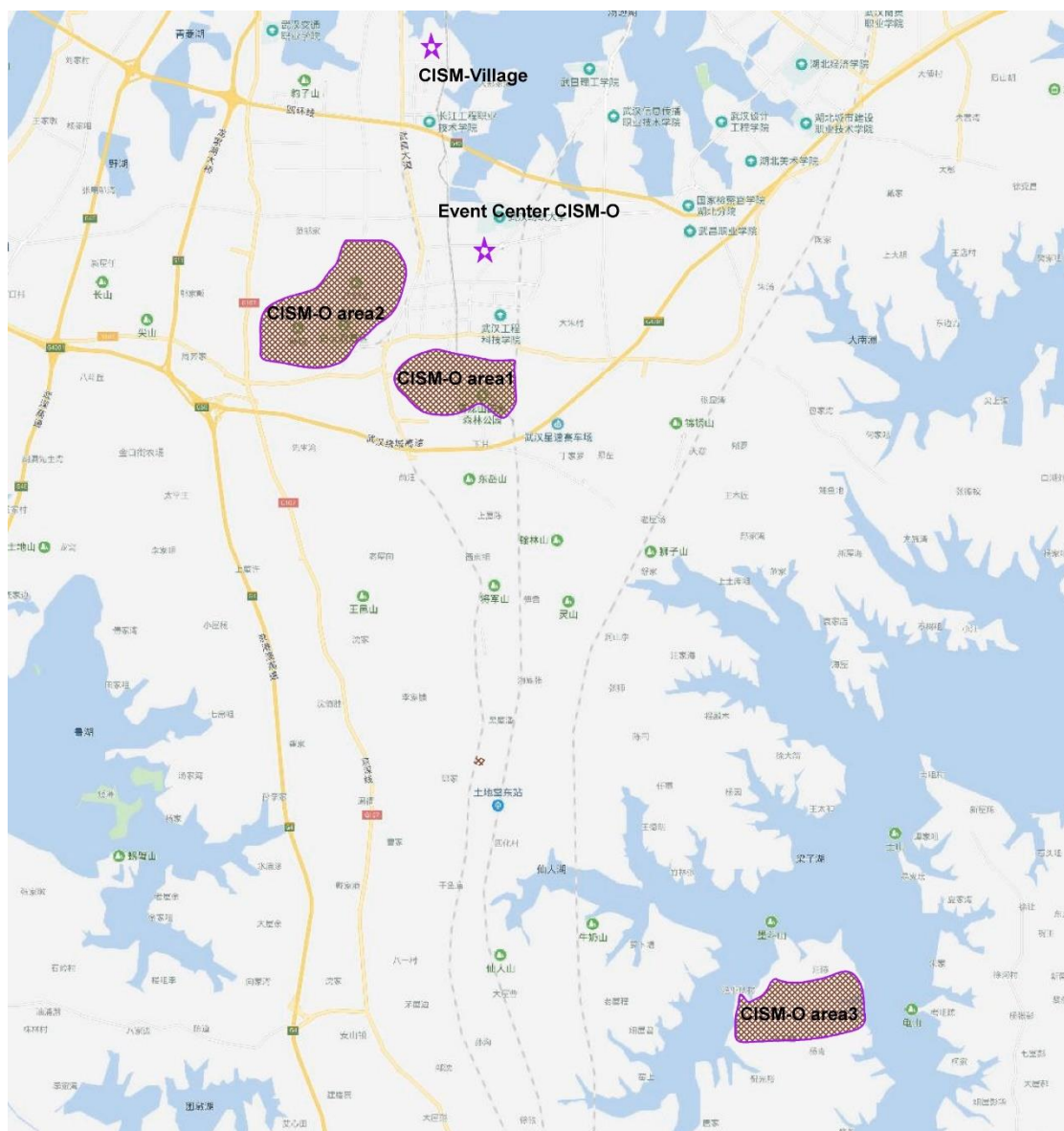


4. Climate, Hazards

Wuhan is located at latitude 29°58'–31°22' N and longitude 113°41'–115°05' E. It features north subtropical moist monsoon climate, characterized by abundant rainfall and heat, with rainfall and high temperature, as well as sunlight and high temperature, existing in the same season. It also features cold winter and hot summer, and has four distinct seasons. The average yearly temperature ranges from 15.8°C to 17.5°C. The annual frost-free period totals generally 211 to 272 days. The total annual sunshine duration totals 1,810 to 2,100 hours. The annual total radiation amounts 104 to 113 kilocalorie/square centimeter. The annual rainfall amounts 1,150 to 1,450 mm, coming seasonally and mainly between June and August, during which period the rainfall accounts for about 40% of the total rainfall yearly.

5. Locations and Embargoed Areas

All competition areas listed as follows are embargoed with immediate effect.



Embargoed areas CISM-O:

- CISM-O area 1
- CISM-O area 2
- CISM-O area 3

The area is embargoed for runners and team officials until the CISM-O competition is finished. Any attempt to survey or train in the competition terrain is forbidden, unless explicitly permitted by the organizer. Driving, biking and running along paved roads (roads with asphalt cover) is permitted until 31st December, 2018.

6.Competition Rules

The 2018 edition of the competition rules for IOF Foot Orienteering events and CISM orienteering regulations will be applicable to the WMG orienteering events.

7.Anti-Doping

Doping Control during the 7th CISM Military World Games

The anti-doping work will be carried out in accordance with the *World Anti-Doping Code* and relevant international standards, as well as CISM anti-doping rules.

All qualified athletes may take one or more doping tests during the 7th CISM Military World Games. Doping control is divided into test during the Games and spot check. Test during the Games refers to the test during the period starting from 12 hours before the athletes planning to participate in the competition to the period of the competition and the stage when it is the end of the competition-related sample collection. The rest of the tests are all categorized into spot check. The types of samples collected include urine and blood, all of which will be sent to the WADA-accredited Beijing Doping Control Laboratories for analysis in accordance with the international standard of the WADA 2019 Prohibited List. The latest version of the 2019 Prohibited List is available at www.wada-ama.org.

The doping control will be carried out both in Chinese and English.

8.Classes and Entries

Totally there are 8 disciplines, including Men/Women Individual (middle distance), Men/Women Individual (long distance), Men/Women Relay, Men/Women Team Competition.

9.Accommodation

Accommodation (Athletes' Village)

Overview

The Athletes' Village is located in the south-east bank of Huangjiahu, Jiangxia District, Wuhan City. During the Games, nearly 10,000 participants from various participating countries will be provided with services focusing on board and lodging and supplemented by commercial, cultural, security, property, medical and transportation services. Meanwhile, the Athletes' Village is also the venue for delegation meetings and welcoming ceremonies.

The Athletes' Village is 27 kilometers from Wuhan Railway Station, 15 kilometers from Wuchang Railway Station, 30 kilometers from Hankou Railway Station and 50 kilometers from Wuhan Tianhe International Airport (WUH). The journey from the Athletes' Village to the competition venues is usually less than 40 minutes.

Opening Time of the Athletes' Village

Opening: 07:00, October 15, 2019

Closing: 24:00, October 29, 2019

10. Local Transportation

Traffic support vehicles for the 7th CIMS Military World Games are only available for official activities. The service scope of such vehicles is: Any location within Wuhan Ring Road (Wuhan Outer Ring Road), Wuhan Tianhe International Airport and competition venues outside Wuhan Ring Road (including venues for flying races of aeronautical pentathlon, naval pentathlon, orienteering, parachuting, shooting and archery venues).

10.1 Transportation for Athletes

Special bus service is provided for athletes and team officials, and bus service is provided for each team of group events. The shuttle buses are equipped with language volunteers.

The following transportation services are provided for athletes and team officials: The pick-up/drop-off bus service between the Athletes' Village and the airport and railway station in Wuhan.

The shuttle bus service for training, competition and competition watching between the Athletes' Village and the venues.

The transport service for the opening and closing ceremonies.

In addition, transport service for athletes' carry-on luggage and equipment will also be provided. All the above-mentioned buses depart from the Athlete Bus Station in the Athletes' Village and return to the Athlete Bus Station to drop off passengers.

10.2 Public Transport

From October 12 to October 29, 2019, all members with the accreditation cards of the 7th CISM Military World Games will be entitled to take public transport in Wuhan City free of charge, including rail transit, buses and ferries.

10.3 Bus Policy of Group Activities

When objects participate in official activities such as opening and closing ceremonies, official banquets, conferences and large-scale cultural activities, they will take buses collectively.

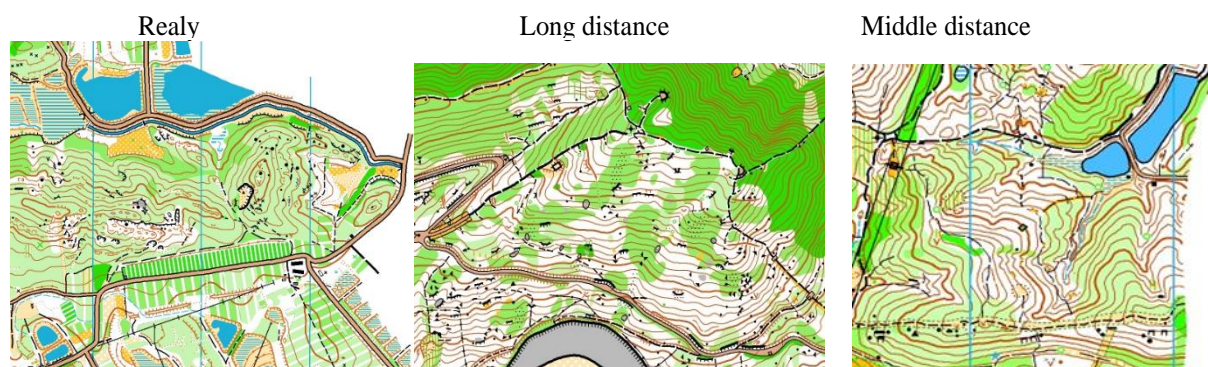
11.Competition Technical

MAPS

Maps are drawn according to the International Specifications for Orienteering Maps (ISOM 2017)

Race	Map	Scale	Contour Interval
Middle Distance	QingLong Mountain	1:10000	5 m
Long Distance	Bafen Mountain	1:10000	5 m
Relay	Tianzi Mountain	1:10000	5 m

MAP SAMPLES



TERRAIN DESCRIPTIONS

Middle and Long Distance

Middle and long distance terrains are forest parks with paved roads and outdoor paths in the forest. The runnability is quite good. Some areas with spike bushes or covered with fern, which affects running speed. The terrain is undulating, but includes some steeper slopes and cliffs. Terrain is quite hilly. Height difference is 150m.

Relay

There is forests of various types. Roads and paths of various categories. Many small lakes and arable land. Some steep and detailed hillsides. The runnability is good. Height difference is 60 m.

Race	Class	Length (km)	Climb (m)	Controls	Winning time (min)
Middle distance	Men	5.3	465	19	35
	Women	4.4	310	14	31
Long distance	Men	10.2	675	31	65
	Women	6.7	410	16	60
Relay	Men	4.9	165	15	30 (perleg)
	Women	4.5	140	13	30 (perleg)

Coaching zones

There will be marked coaching zones in the arenas. Two accredited coaches per team are allowed inside the zone.

12.Live Production, TV, Live Results

For all the events TV / LIVE production is planned.

13.Punching System,

SPORTident Air+ touch-free punching system will be used in all competition formats. Air+ chips will be provided by the organizers.

14.GPS

GPS tracking system will be used for all the events. All runners will be using tracking devices.

15.Model Events

Technical Model is in Dahuashan near the event centre. The start, finish and control set-up used at the WMG competitions and the device used for punching and timing will be demonstrated. Runners will have the possibility to test the equipment.

The mapper team also mapped all Model maps.

More details will be published in Bulletin 4.

16.VIP/Media Race

The VIP race will take place on 23 October, after the relay. A very beautiful area with numerous stones and cliffs.

The race will have 2 different courses: short and middle. The race is open during 14:00-16:00. Refreshments are offered after the race.

Entry to the race will be available at event centre. The VIP/Media race entry deadline is 21st October.

17.Clothing

There are no regulations regarding clothing. Choice of footwear is free for Long Distance, Middle Distance and Relay.