



BULLETIN 2

Changes made 28.8.2015 (highlighted in yellow):

- Opening hours of the info desk **9.00-16.00 on Saturday**
- Payment and map of open courses
- Emit control slips
- Price of Emit changes

WRE – Orienteering competition

World Ranking Event

Finnish Championships in Long Distance R1
Raasepori, Finland, September 5-6, 2015

Welcome to the Finnish Orienteering Championships in Long Distance in Raasepori with WRE status in the classes of M/W21.

Event organizer: Orienteering club Karjaan Ura

Rules

The rules of the International Orienteering Federation (IOF), the rules of The Finnish Orienteering Federation, the special rules of the Finnish Championships and instructions given by the organizers will be applied in the competition. The rules of The Finnish Orienteering Federation are available on the website www.suunnistusliitto.fi.

Signposting and parking

Driving instructions will be signposted from the main road between Tammisaari and Salo (road 52), at the Koski turning (road 1011). The distance from there to the parking area is about 4 km. Signposts from 7.00 am on Saturday 5.9.

The event centre is in a field. Its navigation address is Koskentie 341, Raasepori. Field parking no further than 2 km from the event centre. The parking fee is 5€ for the whole weekend, to be paid at the info desk at the event centre, preferably exact change.

Buses and **campers** brought to the parking area only with advance notice to jari.salminen@raasepori.fi. **No caravans/trailers in the parking area.** They have to be left at the site of accommodation. No camping in the parking area. It is possible to book accommodation with campers or caravans in Tenhola (see Accommodation).

VIP, media and officials parking in the immediate vicinity of the event centre.

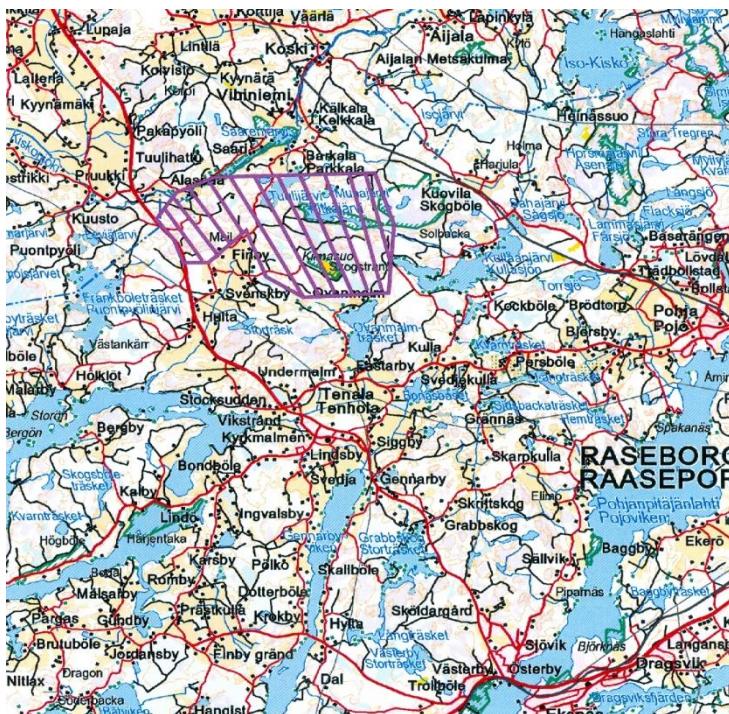
Main officials

Event Director:	Marja-Liisa Lehto	marja-liisa.lehto@2me.fi	+358452063324
Deputy event director:	Regina Kalenius	regina.kalenius@pikaposti.fi	+358447397605
Event secretary:	Tina Collan-Weber	tina.collan-weber@myhome.fi	+358407194029
Info and media:	Sanna Hosio	sannahosio@yahoo.com.au	+35840865991
English-speaking contact person	Titti Fritzén	titti168@hotmail.com	+358405081379
Technical Adviser:	Ari Kattainen, Hyvinkää Rasti (SSL)		
Course controller:	Jari Laitamäki, Hiidenkiertäjät		
IOF Event Adviser:	Vesa Elovaara, Angelniemen Ankuri (SSL)		
Course planners:	Tarja Pääkkönen, Markku Lehto, Milko Lehto, Jorma Pelkonen, Jan Arhipainen, Pentti Töröttö		
Competition jury:	Jarkko Saarinen, Hiidenkiertäjät, chair <i>Added later</i> <i>Added later</i>		

Terrain

The competition area consists mainly of detailed bare-rock terrain typical of southwestern Finland. Runnability is mostly good. There are some old felled areas with very bad runnability because of dense undergrowth. There are only a few recently felled areas.

Map of the area and embargoed area



Competition map

Scale: 1:15 000. Contour interval: 5 m. 6-colour offset printing 8/2015. Maps are drawn by Markku Lehto. The map can be seen at the start. The size of the map is A4 in the qualifications and A3 in the finals. The maps are in sealed plastic cases. The maps of the qualifications on Saturday aren't collected at the finish. On Sunday, the maps of the B finals are collected at the finish. The competitor puts the map in a bag with the name of the club. The bag may be collected on Sunday after notice by the organizer.

Control descriptions

Control descriptions are printed on the map. Separate control description sheets available at the pre-start, 4 minutes before the start line. No material for attaching the descriptions provided by the organizer.

Forbidden areas

A forbidden area (sand pit) is marked on the map. It is allowed to use the road in black at the edge of the sand pit.

Competition numbers

The competition numbers are available in folders in the quarantine zone. In the B finals, the same numbers will be used as in the qualification race of the previous day. Competitors who don't participate in the qualifications but only in the national competition (B finals) get their competition numbers at the start area. There are new competition numbers for the A finals available in folders in the quarantine zone (yellow background). Competition numbers have to be worn throughout the competition, attached to the chest of the race shirt and may not be folded. Bring your own safety pins to attach the race number. The competition numbers of both days are collected on Sunday. For those who participate in the A finals, there will be a box at the event centre for collecting the competition numbers of the Saturday qualification race.

Online controls

Online intermediate controls are used both in the qualification race and the finals. Intermediate times can be seen on the results page.

Start times

Start times for the qualification race on Saturday will be published on the organizer's web page www.karjaanura.net and at Eventor Thursday 3.9.2015 at the latest. They will also be available at the event centre and at the start on Saturday.

Start times for the Sunday finals will be formed on the basis of qualification race results. Start lists will be published on the organizer's web page and at Eventor no later than 8 pm on Saturday and on the notice board of the event centre, in the quarantine zone and at the start on Sunday.

Quarantine zone and starts

There is only one start on both days. There is a quarantine zone in the qualification race and the A finals but not in the B finals. Guiding to the start/quarantine zone begins at the guidepost at the event centre. It is obligatory to follow the guided route to the start/quarantine zone. In the qualifications, the distance to the quarantine zone is 800 m, and the distance from there to the start is 450 m. In the A finals, the distance to the quarantine zone is 1300 m, and the distance from there to the start is 550 m. In the B finals, the distance to the start is 1850 m.

The quarantine zone of the qualification race and the A finals closes at 11.30 am. Only those competitors who have entered the quarantine zone in time are allowed to compete. Competitors are not allowed to exit the quarantine zone after entrance closure. Mobile phones and other electronic devices (gps trackers with a display etc) are prohibited in the quarantine zone. No coaches or other supporting people are allowed to enter the quarantine zone after entrance closure. In the quarantine zone, there are a shelter, toilets and an equipment drop off point. Plastic bags and felt-tip pens are provided for equipment, but personal equipment bags are recommended to facilitate identification. The equipment is transported to the event centre. In the quarantine zone, competition numbers are in folders. Competition numbers will be removed after the closure of the quarantine zone. **In the quarantine zone and at the B final start, there are both Emit control slips and pens.** The competition number should be written on the control slip. In the B finals, there is no quarantine zone, equipment transport and there are no toilets.

The first start of the qualification race on Saturday is at 11.00. On Sunday, the first start of the B finals is at 9.00 and the first start of the A finals is at 11.00.

Start procedure

5 minutes before the start: Competitors are called to the prestart.

4 minutes before the start: Control descriptions are available. Bring your own attachment material.

3 minutes before the start: The competitor clears the emit unit.

2 minutes before the start: The competitor may view the competition map.

1 minute before the start: The competitor moves next to the bucket marked with the correct class.

Competitors are responsible for picking up the right map. In the qualification race, the distance from the start to the start triangle is 90 m and in the finals it's 80 m. It is mandatory for competitors to run via the start triangle.

Classes, course lengths, climb and number of control points

QUALIFICATIONS

Class	Length	Climb	Controls	Refreshment controls
H21 K1	9.4	385	19	3
H21 K2	9.4	400	18	3
H21 K3	9.4	395	18	3
H21 K4	9.4	380	18	3
H21 K5	9.4	390	19	3
D21 K1	6.3	285	14	2
D21 K2	6.3	280	14	2
D21 K3	6.3	275	13	2

FINALS

Class	Length	Climb	Controls	Refreshment controls
H21	16.3	550	28	3
D21	10.5	310	18	2
H21 B1	9.6		16	3
H21 B2	9.7		17	3
H21 B3	9.7		16	3
H21 B4	9.7		16	3
D21 B1	7.5		12	2
D21 B2	7.5		12	2
D21 B3	7.5		11	2

Punching system

The electronic punching system Emit will be used. Rental Emit cards available from the event organizer, fee 5€.

Model control and checking/changing the Emit card

The model control and the Emit checking unit are situated close to the guidepost at the event centre. Competitors are responsible for checking that Emit cards work and have the same numbers as on the start list. Changes of Emit cards before the competition after the deadline of entries can be made by sending an e-mail to niko@resultsalo.fi. On the day of the competition, changes of Emit cards are made at the info desk at the event centre (3€/change of number). **No changes of Emit card numbers at the start.** Rental Emit cards to be picked up from the info desk (5€, payment in cash) and should be returned there after the race. The fee of unreturned Emit cards is 70€.

Orienteering shoes

Spikes not allowed.

Refreshment controls

The refreshment controls of the qualification race and B finals are marked on the map. The refreshment controls of the A finals are marked both on the map and in the control descriptions. The drink on offer is water.

Finish and drop-outs

After punching at the finish line, the competitor moves to the Emit check-out point. A competitor who has dropped out must exit the terrain via the marked finishing route through the finish area to the Emit check-out point and report the drop-out. Also competitors who have dropped out because of injury must report this to finish officials. The finish will be closed at 16.00 both on Saturday and Sunday. In the qualifications, maps are not collected after the race. In the B finals, maps are collected at the finish up until the closure of the quarantine zone. In the A finals, competitors may keep their maps after the race. Complaints to be made at the protest point near the finish area.

Results

Results will be available on the results noticeboard at the event centre, on the webpage www.karjaanura.net and at Eventor.

Info

The info desk will be open from 9.00 to 16.00 on Saturday and from 8.00 to 16.00 on Sunday. Parking fees (5€/weekend) to be paid at the info desk. This is also where Emit changes are made (3€/change of number) and where other questions and problems of competitors are dealt with. Rental Emit cards from Info (5€). At the event centre, only cash will be accepted.

Dressing, washing and toilets

At the event centre, there are toilets and facilities for dressing and washing (warm shower). There is also a toilet in the quarantine zone. There are no toilets at the start.

First aid

There's a first aid point at the event centre and there are first aid points in the competition terrain in places marked on the competition map.

Prizes

The prize giving ceremony will start after the final results at about 14.00. In the A finals, medals and honorary awards per class for positions 1 to 3, plaques for positions 4 to 10. The prizes of the B finals may be picked up from the info desk, the number of prizes will be published on the info noticeboard. Exact prize-giving times will be announced by the organizer.

Safety

There is a rescue plan on the competition webpage and on the info notice board at the event centre.

Open courses

There are open courses on Sunday 6.9.2015. The start is open between 11 am and 2 pm. The price of the map is 10€. Printed map 1:10 000. The map has no plastic case. **Open courses are paid for at the info desk.** Registration and maps **on showing receipt** at the open course point. Guiding from the guidepost. Two course options: 3.5 km and 6 km.

Children's day care

At the event centre. **Registration in advance** to the event director by e-mail marja-liisa.lehto@2me.fi. Bring your own food and drink. No fee.

Club tents

Club tents only in reserved areas at the event centre.

Restaurant and cafe

A warm lunch will be served at a low cost at the event centre both on Saturday and Sunday. The menu and prices will be published on the competition webpage. There is also a café that sells coffee, tea, cold drinks, cakes, sandwiches and sausages. Only cash can be used at the event centre.

Lost and found

During the event, inquiries of lost items at the info desk. After the event, tina.collan-weber@myhome.fi

Inquiries

Event director: Marja-Liisa Lehto, marja-liisa.lehto@2me.fi +358452063324

Deputy event director: Regina Kalenius, regina.kalenius@pikaposti.fi +358447397605

Info and media: Sanna Hosio, sannahosio@yahoo.com.au +358408659911

English-speaking contact person: Titti Fritzén, titti168@hotmail.com +358405081379

Accommodation and travelling

Raasepori is easily reached by train from Helsinki to Karjaa. The railway station in Karjaa is about 35 km from the event centre. There is no public transport to the event centre.

This link will help you find accommodation in the area:

<http://www.visitraseborg.com/en/accommodation>.

For campers and caravans, it's possible to book accommodation in the Fylgia yard in Tenhola, rent 7€/night <http://norratenalauf.nsu.fi>. For information and bookings, contact Susanne Holmberg, +358407476372 or susanne@holmberg.fi. No camping in the parking area or at the event centre.

Weather and clothing

In early September, the weather in the south of Finland could be anything from pleasantly warm and sunny (about 15-20 degrees C) to terribly cold, windy and rainy (about 5-10 degrees C). Competitors should be prepared for changeable weather.

We are looking forward to meeting you in Raasepori on Saturday and Sunday September 5-6!