



### Bulletin 3

# Danish Championships Middle Distance WRE

**August 29. th, 2015, Munkebjerg East**

<http://dm-mellem-2015.ok-snab.dk/>

*OK Snab is looking forward to welcome you once again in Munkebjerg – this time in the eastern part of the forest. The map is drawn by one of the best mappers in Denmark, and the event centre is placed next to Vejle Fjord.*

*More than 30 forest owners have kindly put their parts of the forest at our disposal. Munkebjerg is known as one of the best orienteering terrains in Denmark. The eastern part of the forest has not been used since 1973.*

- Classification:** The event is a ☆☆☆☆☆ A-event and classified as a WRE as well.
- Organised by:** OK SNAB
- Competition area:** Munkebjerg East. The area is embargoed area for all participants (check further details on our web)
- Meeting point/ Event Arena:** Signs from highway exit 61A/Vejle C. Event arena at Torn Trines Hus, Vigen Skovvej 125, 7080 Børkop  
**GPS:** 55.6883, 9.6560
- Parking:** On a field close to the event arena.
- All entry and exit from the event arena must happen along Vigen Skovvej from Andkær Skovby. It is not permitted to use other roads in the competition area before or during the event. While crossing through the competition area along the official road it is not allowed to make kind of stops. Stopping could lead to disqualification.
- Distances:** Parking to event centre: 700 m – follow black/yellow marking.
- Event centre to WRE Start1 : 1100 m , climb 55 m, follow red/white marking.
- Map:** Munkebjerg Øst 2015  
The map is based on COWI's digital material and drawn by Steen Frandsen. The map is approved by the Danish Orienteering Federation and has achieved the official quality mark.  
Contour intervals 5 m.  
Scale 1:10.000  
Offset printed paper in plastic bags.
- There has during the summer been an extraordinary growth of undergrowth. This means that some tracks and paths are difficult to see and follow. Fallen trees, difficult to cross, are marked on the map with a short dark green thick line. 2-4 m high holly bushes occasionally occur in the forest. These bushes are generally shown on the map as small green areas or dots.
- Terrain:** The terrain is generally very hilly with a varied amount of contour detail. The vegetation is a mixture of coniferous and deciduous woodland. Much of the forest is without undergrowth and with good runability. The runability is in other places limited due to undergrowth. The terrain is generally dry, but there are some ditches, streams and marshy areas as well. The visibility varies from limited to good. The vegetation is often diffuse, leaving the runner with a considerable amount of orienteering challenge.
- Prohibited areas** All prohibited areas are shown on the map as red or black hatched areas.

Prohibited areas are in some cases marked with yellow/black plastic bands.  
Take care when passing roads.

**Climate:** In August the weather in Munkebjerg the temperature normally is about 15.4 C  
Precipitation is for August 64 mm and the humidity about 80 %  
The forecast at the moment says about 20 C and sunny.

**Event program:** **9.30** The Event Area is open  
11.00 First start  
15.00 Expected pricegiving ceremony

**Classes:** According to the regulations of the Danish Orienteering Federation and IOF:  
  
H 21: 5.5 km, 255 m climb, 24 controls, 1 refreshments  
D 21: 4.8 km, 210 m climb, 23 controls, 1 refreshments

**Punching system:** EMIT.  
Backup label and rented cards are picked up at the start and returned at the finish.  
Participants not returning rented cards will be charged a fee of DKK 480.  
  
The card must be cleared in box 1 – it is your own responsibility that your card is cleared before running.

**Number bibs** Must be worn on your front. Available at the start

**Control descriptions** Printed on the map and available in start box 2 if you bring a holder for these.  
Size:  
H21: 15.0 x 4 cm  
D21: 14.5 x 4 cm

**Start** Box 1: 4 minutes before starting time:  
You will get the backup label and rented cards.

Box 2: 3 minutes before starting time:  
You will get control descriptions.

An example of the map is posted in the box. Recent changes in the forest not shown on the map will be outlined here.

Box 3: – 2 minutes before starting time

The Emit card must be cleared in this box, and it is your own responsibility to clear the Emit card.

An example of the map is posted in the box. Recent changes in the forest not shown on the map will be outlined here.

Box 4: 1 minute before starting time:  
Take your map at the starting time.

The starting point is for the WRE courses separated from the time start. Follow a marked route for 40 m.

To late runners turn to the officials at start.

**Finish** Punching finish is used, meaning that the competitor finishes by punching on the finish line. This is followed by card reading and split times will be available. The map is collected – it will be available again after the last start.

Maximum time is 90 minutes. If you do not finish the race, it is still necessary to register at the finish.

**Refreshment** There is a refreshment control on the courses.  
Refreshment is served in the finish area as well.

**Results** Will be found at the event centre, and on the website:  
<http://dm-mellem-2015.ok-snab.dk/>

**Cafeteria:** Well-assorted cafeteria at the event centre.

**Shower facilities:** At Gauerslundhallen, 6 km from the event centre. A map is available at the Event office.

**Toilet facilities:** At the event arena and on the way to start.

**Accommodation:** No accommodation is offered, but you will find links to accommodation on the web of the event.

**Transport:** No transport is offered.

**Medals:** No. 1 of W21 and M 21 receive the DIF championship medals.  
No. 2 and 3 of W21 and M21 receive the DOFs championship medals.

**Received entries** Startlists will be available at the website August 27 th.

**Late Entry:** No later than Tuesday 25/8 at 11.00 am for the DM-courses.

**Fees:** 165 DKK. Late entry: 330DKK  
Rental, if needed, of EMIT-card 15 DKK.  
Payment: joint payment per club- no later than 10 days after entry deadline to Danske Bank  
IBAN DK8130000007256361 BIC/SWIFT DABADKKK

When paying from outside Denmark, please add 30 DKK to cover for Danske Bank's fee for accepting foreign payments.

**Event directors:** Kaj Isaksen, OK SNAB  
Phone 2362 3378  
Lone Rasmussen, OK SNAB  
Phone 6154 3444

E-mail: [DMmellem2015@gmail.com](mailto:DMmellem2015@gmail.com)

**Course setter:** Flemming Jørgensen, OK SNAB

**Event controller:** Henrik Uhlemann, Kolding Orienteringsklub

**Map drawn by:** Steen Frandsen, Viborg OK

**Event controller,  
IOF Event Advisor  
and chairman of  
the jury:**

Jens Jørgen Lyngaa, Vestjysk Orienteringsklub  
**Guri Alm, OK HTF**  
**Lars Lindstrøm, OK Pan**  
**Arne Kristensen, Herlufsholm OK**

The jury can be contacted from the Eventoffice.  
Complaints have to be handed to the Event Office not later than 2 hours after the last start.





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KOMMUNE

*Land &  
Fritid*

SPORT **24**



**jem & fix**  
LAVPRIS BYGGEMARKED



**Falck**

Sydbank

