



KNOCK-OUT SPRINT, 28 SEPTEMBER 2019
SCHEDULE

WOMEN		MEN	
07:45	Quarantine Qualification Zwingen opens	07:45	Quarantine Qualification Zwingen opens
08:45	Quarantine Qualification Zwingen closes	08:45	Quarantine Qualification Zwingen closes
09:00	Start Qualification (3 runners per minute)	after 9:30	Start Qualification (3 runners per minute)
10:00	Heat pick Women (indoor team zone) Women go directly to Quarantine after heat pick	10:40	Heat pick Men (indoor team zone) Men go directly to Quarantine after heat pick
10:50	Quarter Final 1	11:32	Quarter Final 1
10:57	Quarter Final 2	11:39	Quarter Final 2
11:04	Quarter Final 3	11:46	Quarter Final 3
11:11	Quarter Final 4	11:53	Quarter Final 4
11:18	Quarter Final 5	12:00	Quarter Final 5
11:25	Quarter Final 6	12:07	Quarter Final 6
13:00	Team zone Zwingen closes	13:00	Team zone Zwingen closes
13:15	Quarantine Semi-Final Laufen opens	13:15	Quarantine Semi-Final Laufen opens
14:50	Quarantine Semi-Final Laufen closes	14:50	Quarantine Semi-Final Laufen closes
15:10	Semi-final 1 (from QF 1 and 2)	15:46:30	Semi-final 1 (from QF 1 and 2)
15:22	Semi-final 2 (from QF 3 and 4)	15:58:00	Semi-final 2 (from QF 3 and 4)
15:34	Semi-final 3 (from QF 5 and 6)	16:09:30	Semi-final 3 (from QF 5 and 6)
16:24:45	Final		
16:37:00	Flower Ceremony		
16:43:30			Final
16:55:00			Flower Ceremony
17:00-20:00	Dinner in the big tent (with voucher)	17:00-20:00	Dinner in the big tent (with voucher)
19:30	Prize giving in the big tent (Top 6)	19:30	Prize giving in the big tent (Top 6)

ONLY THOSE WHO RISK GOING TOO FAR, CAN POSSIBLY FIND OUT HOW FAR ONE CAN GO

T.S. Elliot