



Finnish Sprint Orienteering Championships 2019 and World Ranking Event (WRE) in classes H21 (M21) and D21 (W21) on Sunday 22 September, 2019 in Forssa

BULLETIN 2 (Preliminary 15, September)

Main officials

Event director	Markus Salo
Head of the course setters	Tero Julkunen
Event and WRE Adviser	Tapani Koskela, SSL / IOF
Course controller	Ilkka Nokka, Rasti 88
Information and media	Kaisa Kuoppala (kaisa.kuoppala(at)gmail.com)
Competition jury	Mikko Eskola, TP (pj), Mika Laitamäki, HIT ja Mikko Lepistö, HauSi

Rules

The rules of Finnish Orienteering Federation (FOF), specific rules for Finnish Championships 2019, WRE rules of IOF and orders of the organisers are followed in the competition.

Competition centre

Competition centre is in Forssa Market Square and will be open at 7.00 o'clock. Entering to the competition centre only by the signposted streets from the Parking Area and from the hotels in Forssa according to the separate instructions.

Parking

All the traffic to the Parking Area is guided via the Highway 2 (Vt2). Also all driving along the Highway 10 (Vt10) will be guided to Highway 2. Traffic from south drives via Loimalammintie and all the others via Jokioistentie. The signposts must be obeyed. Signposts will be in place at 7.00 o'clock. The distance from Parking Area to the event centre is approximately 800 m, and the route is signposted. Parking is free of charge. Separate parking area for club bus. Information of the bus to Jukka Vuorentausta (jukka.vuorentausta(at)pp.surffi.net) by 15 September.

INFO (Event office)

INFO is situated in the event centre and will be open at 8.00 o'clock. INFO gives the rented Emit cards and takes the late changes to the Emit numbers. Lunch tickets can be bought and valuable things (phones, wallets etc.) can be left for guarded place in INFO during the race.

First aid

First aid tent is located in competition centre. Beside that there is a first aid group moving around the competition terrain. According to the rules everyone is obliged to help a fellow competitor who is injured in the terrain.

Club tents

Club tents are allowed to the park area near the last control which is marked for this.

Cafeterias and restaurants

There are Cafeteria, Lettulinna (pancakes), Purilaispulju (hamburgers), Puuropaari (porridge) and Rilli (barbecue) in the competition centre. The services are opened one by one after 7 o'clock. Paying with cash or cards.

Lunch is served in Forssan yhteislyseo (The Upper Secondary School of Forssa) at 10 -14. Forssan yhteislyseo is situated on the way from Parking Area to the event centre (signposts). Lunch tickets are sold in INFO.

In the quarantine area there will also be a cafe "Hermosumpila", where a cup of coffee or tea can be bought by 1 euro/cup, cash only!

Cloth changing, showers and toilets

There is no cloth changing or showers in the competition centre. Viihdekyöpylä Vesihelmi (swimming hall, address Eteläinen Puistokatu 2) offers special price of 3 euros (normally 8 or 6 euros) for competitors showing their competition number. Sauna and swimming available. The route to Vesihelmi via signposted streets to Parking Area, street Yhtiönkatu, to the street Eteläinen Puistokatu.

There are toilets in the competition centre and quarantine. In the quarantine also many indoor toilets available. In the starts limited possibility to the toilets.

Childcare

Childcare is situated in the competition centre. It will be open from 8 o'clock. Children under 1 year and children with special care instructions should be informed to Mia Junnila (junniamia(at)gmail.com) by Saturday 21 September.

Terrain

Competition terrain consists of streets, walkways, pavements and paths and of the yards of houses and public buildings and of lawn based parks. Height differences are moderate but one wooded hill "Korkeavaha" is about 35 m high. Crossing the river Loimijoki is possible only via bridges.

Some busy streets are forbidden areas and crossing of them is allowed only via signposted places (see picture below). In the crossing places there are plastic cones, where competitors must go between before and after crossing.



House companies in competition area have been very positive for organizing of the competition. Please, acknowledge the map symbols of olive green yards and impassable vegetation. In the places open to interpretation, course setters have used yellow-red-tape with "stop" text to make them easier to see.

Laundry drying racks in the yards are not marked in the map. Some of them and the clothes lines are fairly low. To be more visible plastic band/tapes have been put hanging on them.

In the competition area, there are some artificial fences build for this competition. They are described in the map as impassable wall. For readability reasons, the purple marks of forbidden area are not used.

In Qualifications, the terrain will be approximately 50 % asphalt or other hard base, 40 % grass or gravel and 10 % forest. In Finals 70 % asphalt or other hard base and 30 % grass or gravel. The course setter recommends running shoes. With rainy weather also shoes with rubber studs will be useful. **Spiked or studded shoes are not allowed to use.**

Control of terrain and traffic

During the competition there will be ca 70 persons for control and stopping in the terrain. According to the rules of FOF the terrain controllers do not guide the competitors but after seeing the error they make a suggestion for rejection. The error is not possible to cancel or invalidate by the competitor, like as running back through the impassable vegetation. Same also for crossing the forbidden street. Forbidden areas and targets in the map are meant to protect the targets and the competitor.

Map

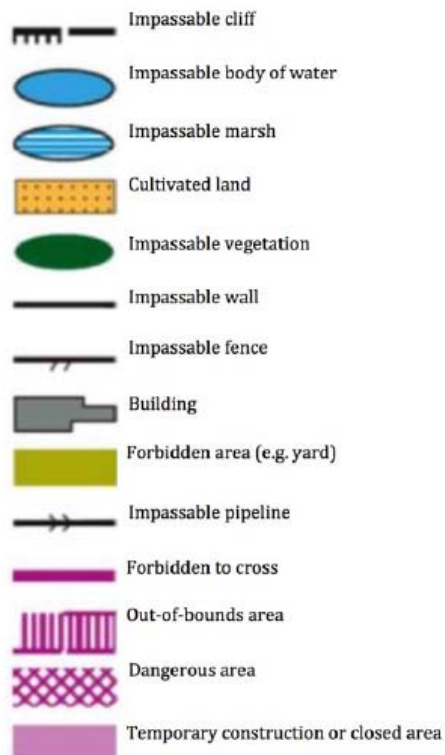
Printed (Mapline) sprint map 9 / 2019. The scale in classes H/D14 – 55 is 1:4000 and in classes H/D60 – 85 it is 1:3000. Contour interval 2 m. Map size is in the Qualification in classes H/D60-85 A3. In the Qualification of the other classes and in the Finals of all classes the map size is A4S.

Map is in the plastic cover and the competitor gets it in the moment of start. There will be no competition map for viewing available at the start. The maps are not collected in the finish.

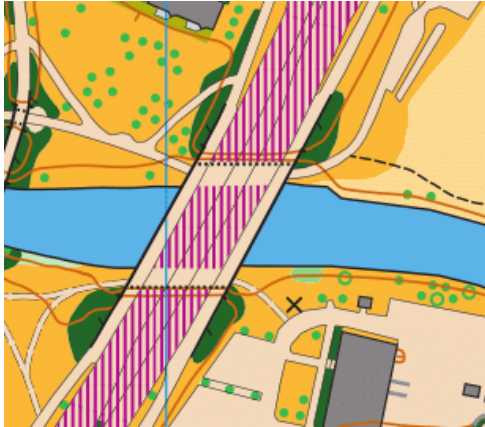
Forbidden areas

Target which is described in the competition map as a forbidden area is not allowed to use as a route, or to go over, under or cross or to use in any other way.

List of objects in the competition map that are forbidden to cross:



On the big bridges over Loimijoki river the forbidden areas are described like in the picture below. It is allowed to run underneath the bridge via the walkways. **It is strictly forbidden to cross the bridge deck over the street although, for the sake of readability, the forbidden area is partly marked off in the map where the bridge is.** The pavements at the both sides of the road are allowed to use. Competitors breaking the rules will be disqualified!



Competition cards

Emit punch system is used in the competition. Competitors are responsible for having a fully functional Emit card with the card number submitted during the registration. The competition organizers will not check the card number before the start. Competitor using the Emit-card with wrong card number will be disqualified.

Changes of the Emit numbers shall be sent by Saturday, the 21 September, 2019 to the latest 8 pm to **risto.kivinen@resultfellows.com**. After that time a written changes of the Emit number are made at the INFO. Emit cards can be hired at the INFO for 5 euros/piece. The fee for an unreturned Emit- card is 70 euros.

Functioning of the Emit card can be checked on the Model control point near Guide post.

Start times

The start times will be published on the web site at the latest on Thursday 19 September, 2019. The start lists of the Qualifying in classes H/D21 (M/W21) are formed based on the world ranking for sprint distance on the 13 September, 2019 and online ranking of the FOF for the sprint distance on the 11 September 2019. The start lists of the Qualifications for the other classes are based on online ranking of the FOF for the sprint distance on the 11 September 2019 in accordance with the rules of FOF.

First start times for Finals of every class will be on the web site before competition.

Control descriptions

Control descriptions are available only as loose sheets in the starts. Use your own fasteners. The maximum size of the control descriptions is about 6 x 18 cm.

Competition numbers and Emit control strips

Competition numbers can be found in the Quarantine area in folders. Same number is used also in B finals but for A finals new numbers are used. Take your own safety pins! Emit control strips are available near competition numbers.

Competition numbers are taken out at 9.30 in Qualifications and at 15.00 in A finals.

GPS tracking

All competitors in H21 and D21 A finals will use GPS tracking device. The GPS vests are available in the Quarantine area and the GPS device will be slipped into the vest in start of A final. It is in the competitors own response to fetch the vest and GPS device. The devices and vests are collected in the finish area.

Quarantine

There is a quarantine both in qualifications and A and B finals.

The **quarantine of the qualification** opens at 8.30 and closes at 9.05. The distance from the Event centre to quarantine is 1500 m. The route is marked with red fibre tape. Those who arrive late to quarantine will not be allowed to take part to the competition. There is indoor space in quarantine, where indoor toilets and possibility to fill water bottles. Note that indoor area is allowed only without shoes. In the yard there are also toilets. In the quarantine area there will also be a cafe "Hermosumpila", where a cup of coffee or tea can be bought by 1 euro/cup, cash only!

The **quarantine of the finals** opens 12.15 and closes 13.15 (also A finals). The distance from the Event centre to quarantine is 1200 m. The route is marked with red fibre tape. Those who arrive late to quarantine will not be allowed to take part to the competition. There is indoor space in quarantine, where indoor toilets and possibility to fill water bottles. Note that indoor area is allowed only without shoes. In the yard there are also toilets. In the quarantine area there will also be a cafe "Hermosumpila", where a cup of coffee or tea can be bought by 1 euro/cup, cash only!

In the quarantine area, competitors are not allowed to contact anyone outside the quarantine by phone or any other instrument or to follow the competition. Coaches or other caretakers are not allowed to the quarantine area.

The organizers will transport the equipment of the competitors from the quarantine to the Event centre. You can leave your bag equipped with your competition number to the trailer before you leave for the start. The bags can be picked up in Event centre.

In the quarantine there is a **Prestart**, through which competitors go to the start. You can leave the Prestart at earliest 15-25 minutes before your start time (more precise instruction coming later for every start) but also later. Competitors in classes H/D80-85 may leave freely to their own start. Once you have passed the Prestart you are not allowed to return to quarantine area.

Start arrangements

3 min before start:

- calling by start time, no names are called
- picking the control descriptions (loose sheets, not printed in the map).

2 min before the start:

- clearing the Emit card

1 min before the start:

- go to the maps bucket of you own class

0 min: Start

- make sure that you take right map

Special instructions for the qualifications

The **quarantine of qualification** opens at 8.30 and closes at 9.05. The distance from the Event centre to quarantine is 1500 m. The route is marked with red fibre tape. Some big streets will be crossed but the traffic should be quiet on Sunday morning. Those who arrive late to quarantine will not be allowed to take part to the competition.

Start 1

Start 1 is situated close to quarantine (80 m). Start 1 can be seen from the prestart and there is no marking. Start area is rather limited, so warm up in the quarantine area and leave Prestart just before your start time call (3 min before start).

Class	Distance	Controls	Start	Class	Distance	Controls	Start
H21 K1	3250m	17	L1	D21 K1	2690m	17	L1
H21 K2	3390m	17	L1	D21 K2	2810m	16	L1
H21 K3	3240m	17	L1	D20 K1	2510m	14	L1
H21 K4	3350m	18	L1	D18 K1	2510m	14	L1
H20 K1	2950m	17	L1	D17 K1	2430m	17	L1
H18 K1	2880m	15	L1				
H17 K1	2740m	17	L1				
H35 K1	2910m	17	L1				

Start 2

The distance to the Start 2 from the quarantine is about 500 m. The route is marked with white Stora Enso plastic tape. In the quarantine there is a Prestart, through which competitors go to the start. You can leave the Prestart at earliest 15 minutes before your start time, but later leave is also possible. Competitors in classes H/D80-85 may leave freely to their own start. Once you have passed the Prestart you are not allowed to return to quarantine area.

Class	Distance	Controls	Start	Class	Distance	Controls	Start
H14 K1	2490m	15	L2	D14 K1	2170m	13	L2
H14 K2	2520m	15	L2	D15 K1	2240m	13	L2
H15 K1	2690m	14	L2	D16 K1	2310m	12	L2
H16 K1	2720m	16	L2	D35 K1	2360m	12	L2
H40 K1	2750m	15	L2	D40 K1	2150m	12	L2
H45 K1	2470m	17	L2	D45 K1	2110m	12	L2
H45 K2	2410m	15	L2	D50 K1	2040m	11	L2
H50 K1	2300m	15	L2	D50 K2	1990m	13	L2
H50 K2	2300m	13	L2	D55 K1	1880m	11	L2
H55 K1	2260m	13	L2	D60 K1	1750m	11	L2
H55 K2	2220m	13	L2	D65 K1	1590m	11	L2
H60 K1	2150m	13	L2	D70 K1	1430m	9	L2
H65 K1	2040m	13	L2	D75 K1	1380m	10	L2
H65 K2	2010m	14	L2	D80 K1	1320m	8	L2
H70 K1	1960m	12	L2				
H70 K2	1870m	13	L2				
H75 K1	1640m	11	L2				
H80 K1	1450m	9	L2				
H85 K1	1450m	9	L2				

Special instructions for the finals

The **quarantine of the finals** opens 12.15 and closes 13.15 (also A finals). The distance from the Event centre to quarantine is 1200 m. The route is marked with red fibre tape. Those who arrive late to quarantine will not be allowed to take part to the competition.

Start 3

The distance to the Start 3 from the quarantine is about 700 m. The route is marked with red fibre tape. In the quarantine there is a Prestart, through which competitors go to the start. You can leave the Prestart at earliest 25 minutes before your start time, but later leave is also possible. Once you have passed the Prestart you are not allowed to return to quarantine area.

All competitors in H21 (M21) and D21 (W21) in A finals will use GPS tracking device. The GPS vests are available in the quarantine area and the GPS device will be slipped into the vest in the start of A final. It is in the competitors own response to fetch the vest and GPS device. The devices and vests are collected in the finish area.

Class	Distance	Controls	Start	1. start A- /B-final	Class	Distance	Controls	Start	1. start A- /B-final
H21/M21	4030m	23	L3	15.15	D21/W21	3360m	19	L3	14.30
H21B1	3640m	20	L3	13.00	D21B1	3070m	18	L3	13.00
H21B2	3560m	21	L3	13.00	D21B2	2800m	17	L3	13.00
H21B3	3130m	19	L3	13.00	D20	3010m	18	L3	15.15/13.34
H20	3740m	20	L3	15.35/13.00	D18	2860m	19	L3	14.30/13.00
H18	3500m	23	L3	15.05/13.47	D17	2860m	19	L3	15.05/13.05
H17	3500m	23	L3	14.30/13.53	D16	2810m	13	L3	15.02/13.22
H16	3180m	20	L3	15.35/13.47	D15	2810m	13	L3	14.30/13.46
H15	2990m	18	L3	15.05/13.00	D14	2570m	18	L3	15.00/13.18
H14	2990m	18	L3	14.30/13.22	D35	2900m	20	L3	15.05/14.08
H35	3160m	19	L3	15.00/13.54	D40	2900m	20	L3	14.30/13.44
H40	3160m	18	L3	14.30/13.34					
H45	2930m	16	L3	15.02					
H45B	2980m	15	L3	13.00					
H50	2930m	16	L3	14.30/13:00					

Same courses are run in A and B finals per class except in classes H/M21, D/W21 and H45.

Start 4

The distance to the Start 4 from the quarantine is about 1100 m. The route is marked with white Stora Enso plastic tape. In the quarantine there is a Prestart, through which competitors go to the start. You can leave the Prestart at earliest 25 minutes before your start time, but later leave is also possible. Competitors in classes H/D80-85 may leave freely to their own start. Once you have passed the Prestart you are not allowed to return to quarantine area.

Class	Distance	Controls	Start	1. start A- /B-final	Class	Distance	Controls	Start	1. start A- /B-final
H55	2650m	16	L4	15.11/13.00	D45	2690m	17	L4	15.35/14.06
H60	2650m	16	L4	14.39/13.31	D50	2560m	16	L4	14.30/13.50
H65	2560m	15	L4	15.05/13.00	D55	2270m	14	L4	15.02/13.49
H70	2270m	14	L4	14.30/13.08	D60	1970m	12	L4	15.26/13.00
H75	1770m	11	L4	15.02/13.01	D65	1770m	11	L4	14.30/13.00
H80	1590m	10	L4	14.37/13.10	D70	1590m	10	L4	14.59/13.30
H85	1590m	10	L4	14.30/13.20	D75	1350m	8	L4	14.32/13.10
					D80	1350m	8	L4	14.30/13.15

Same courses are run in A and B finals per class.

The starts are closed both in the qualifications and in the finals 5 min after last start time.

Remote finish

In the qualification the classes H70 K1, H70 K2, D70 K1, H75 K1, D75 K1, H80 K1, D80 K1 and H85 K1 will use remote finish where the course ends and timekeeping stops. The way from the remote finish to the emit card reading is marked with the white Osuuspankki plastic tape. This emit reading is common for every class.

Closing the Finish

The Finish is closed in the Qualification 36 min and in the Finals 30 minutes after last start time. Finish may be closed even earlier if all competitors have finished. Competitors that don't finish the whole race must contact the finish.

Complaints

Complaints must be delivered in written form to the INFO within 15 minutes concerning the WRE classes (M21 and W21) and for other classes within 30 minutes after the end of the race. Qualifications and Finals are two different races. More information in the rules of FOF and IOF.

Prize giving ceremony

Prize giving ceremony will be in Market square Paviljonki according to the schedule.

The three best A finalists in every class will be awarded a Finnish Championship medal. In the classes H/D14-21 competitors in places 4-10 and in the classes H/D35-70 places 4-6 will be awarded with plaques. In the classes H/D75-85 no plaques will be awarded according to the orienteering rules. No prizes will be awarded in the B-finals.

Besides the Championship medals the first three competitors get a bag full of local food.

In the official Finnish Championship result list will be take orienteers who are Finnish citizens and represent a club which is a member of IOF or those foreigners who have lived permanently in Finland (home place in Finland) from the beginning of the competition year and who represent a member club of FOF. Those persons should have Finnish licence valid at registration.

Welcome to Forssa!

Lounais-Hämeen Rasti, Loimaan Jankko ja Punkalaitumen Kunto

