



IOF World Ranking Event (WRE), Finnish Long Distance Orienteering Championships in Raseborg, Finland, 7–8 September 2019

Welcome to the Finnish Long Distance Orienteering Championships in Fiskars, Raseborg with WRE status in the M/W21 (H/D21) classes!

Suunnistuksen
SM-Pitkä
2019

7. - 8.9.2019



FISKARS
VILLAGE

Event organisers:

Orienteering clubs **Fiskarin Urheilijat -47**, **Hiidenkiertäjät** and **OK Raseborg**

Event websites: <https://sm-pitka2019.blogspot.com/>
<https://eventor.orienteering.org/Events/Show/6180>
<https://irma.suunnistusliitto.fi:8443/irma/public/competition/view?id=24039>

Main officials:

Event director: Kristian Forsell

Course setters: Arvo Paulin, Petri Forsman, Sune Forsström and Kaj Hällfors

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Course controller: Risto Gustafsson

Jury

Chairperson: Ilkka Saarimäki (Finland, Angelniemen Ankkuri)

Member: Yvonne Gunell (Finland, Pargas IF)

Member: Pasi Liitiäinen (Finland, OK Trian)

Competition office

The competition office is located at the arena in Fiskars, Raseborg, in the place indicated on the arena map that will be published on Tuesday 3 September on the competition website. The competition office will open on both Saturday 7 September and Sunday 8 September at 8:00. The office will close both days half an hour after the closure of the finish. Contact details of the office:

info.sm2019pitka@gmail.com, 040 3633380, if needed also Jouko Nurmiainen 050 5181178; for service in Swedish, English or French Charlotta Wolff 050 5689259.

Terrain

The terrain consists mainly of wooded, rocky hillslopes and plateaus rich in details but with mainly good runnability, separated by depressions with lush vegetation and small lakes. Maximum height difference in the terrain is 50–60 metres. There are few footpaths, but there are tracks and small roads for forestry purposes.

The previous orienteering maps of the terrain are from the 1990s. Before that the terrain was used for the first ever World Championships in Orienteering in 1966.

Map

Scale: 1:15 000, contour interval: 5 m, 6-colour offset printing 8/2019. Mapping made by Arvo Paulin. The size of the map is A4 in the qualifications and A3 in the finals. The competition maps are in plastic cases.

Old maps (1987, 1990 and 1992) of the competition area can be viewed here:

<https://sm-pitka2019.blogspot.com/p/vanhat-kartat.html>.

The maps are not collected after the finish. Athletes are not allowed to show the map to other competitors who have not yet started in the same day's course. Remember fair play.

Entries received

Entries via Finnish IRMA system can be viewed via this link:

<https://irma.suunnistusliitto.fi:8443/irma/public/competition/entries?id=1207205>

Entries via IOF Eventor can be viewed via this link:

<https://eventor.orienteering.org/Events/Entries?eventId=6180&groupBy=EventClass>

Start lists

Start lists will be published on the competition website no later than on Tuesday 3 September, when the lists have been compiled after the deadline for entries on 29 August 2019, according to the Finnish and IOF ranking lists and the principles described in the special rules for Finnish Championships (available in Finnish at the website <http://www.suunnistusliitto.fi>).

Competition rules

The event follows the rules of the Finnish Orienteering Federation, the IOF guidelines for World Ranking Events, the special rules for the Finnish Championships, and the instructions given by the organisers. The rules of the Finnish Orienteering Federation and the special rules for the Finnish Championships are available at the website <http://www.suunnistusliitto.fi> (only in Finnish).

Spiked shoes are forbidden in the competition, but shoes with studs are permitted. Competitors qualified for the A-final must carry a GPS-tracking device provided by the organisers.

Please remember that IOF Competition Rules forbid the use of GPS devices unless there is 'no display or audible feedback'.

Classes and winning times

The H21 (=M21) and D21 (=W21) classes have WRE status. To enter the WRE competition, participation in the qualification race is mandatory. Estimated winning times in the A final are 70–80 minutes for women and 90–100 minutes for men. The Finnish Long Distance Orienteering Championships take place at the same time with classes from H/D15 to H/D85. There are about 2 000 orienteers in the competition.

Punching system

The electronic punching system Emit will be used. Rental Emit cards are available from the event organiser, fee 5 €. If a competitor does not provide an Emit number in the entry, the organisers will provide a rental Emit card, which must be collected at the info desk. If the rental Emit card is not returned after the competition, a charge of 80 € will be imposed.

Event programme

Saturday 7 September

- 8.00 Opening of the info desk
- 10.00 First start in the qualification race
- 11.00 Closure of the quarantine for the qualification race
- < 15.00 Closure of the finish
- < 15.30 Closure of the info desk

The start lists for the final will be published on Saturday as soon as possible after the qualification race.

Sunday 8 September

- 8.00 Opening of the info desk
- 10.00 First start in the A final
- 11.00 Closure of the quarantine for the A finals
(no quarantine in the B finals)
- 13.30 First start in the B finals
- < 17.30 Closure of the finish
- < 18.00 Closure of the info desk

Prize giving ceremony will be held on Sunday after the results have been published; the ceremony will be announced by loudspeaker.

Warm-up map

For Saturday, there is no warm-up map. For Sunday, there is a mapped warm-up zone with a few controls on the way to the quarantine. Warm-up maps are available at the info desk for free on Sunday morning from 8.00. Please remember your start time and the closure of the quarantine!

Quarantine

On Saturday there will be a quarantine for all competitors and on Sunday for all A finalists, including WRE classes M21 and W21. There is no quarantine in the B final on Sunday (WRE classes M/W21B1–3). The quarantine opens at 9.00 on both days. All competitors in the classes M21 and W21 except the B finalists must have entered

the quarantine zone by 11.00. On both days the quarantine is located in the terrain, with no weather protection. There are toilets in the quarantine zone, and drinking water will be provided.

In Saturday's qualification race, the quarantine is located 2400 metres from the arena. On Sunday, the A finals' quarantine is located 1800 metres from the arena. Follow the route marked with blue and yellow tapes (same colours on both days). Number bibs are at the quarantine and are available to the athletes after they have entered the quarantine. Bring your own safety pins.

If an athlete fails to enter the quarantine within the set time, she or he will not be allowed to start. If a competitor leaves the quarantine without going through pre-start to start and course, she or he will lose the right to participate in the competition. Accompanying persons are not allowed in the quarantine after its closure. The use of mobile phones or other communication devices is forbidden in the quarantine.

Clothing and equipment transport from quarantine to finish is provided in the qualification race and the A finals. Bring your own, recognizable bags for the transport.

From the quarantine there is 500 metres to start on Saturday and 400 metres to start on Sunday. On Saturday the competitors are allowed to proceed from the quarantine to the start 25 minutes before their starting time. On Sunday they are allowed to proceed from the quarantine to the start 20 minutes before starting time. Follow the route marked with tapes. The signposting will start from the quarantine zone.

Start and start procedure

The WRE classes use start 1, but start 2 is located immediately nearby, so the signposting is the same. On Saturday, the distance from the arena to the quarantine is 2400 m and from the quarantine to the start 500 m. On Sunday, for classes M21 and W21 the distance from the arena to the quarantine is 1800 m and from the quarantine to the start 400 m. On Sunday, for classes M21B1, M21B2, M21B3 and W21B the distance from the arena to the start is 2200 m.

Emit safety slips are available in the quarantine on both days (in the start area for B finalists).

5 minutes before start: Call-in and inspection of number bibs

4 minutes before start: Control descriptions

3 minutes before start: Emit clearing

2 minutes before start: the competition map can be inspected

1 minute before start: the athlete moves next to his/her map

Start signal: the athlete takes the map at the moment of starting the course.

Number bibs

The number bibs for the qualification race on Saturday are given upon entry in the quarantine zone and must be picked up before the closure of the quarantine. No access to the course terrain without a bib! Do not fold the bib. Own safety pins.

On Sunday, the A finalists get new number bibs in the quarantine. They must be picked up before the closure of the quarantine. No access to the course terrain without a bib! Do not fold the bib. Own safety pins. The B finalists use the same number bib as on Saturday. The bibs are not collected at the finish.

Course length, total climb, number of controls and number of refreshments controls on each WRE course

The course lengths, total climbs and number of controls have been published as a separate, preliminary list at the website of the competition: <https://sm-pitka2019.blogspot.com/p/ratapituudet.html>. The final list, including the number of the refreshment controls on each WRE course, will be published no later than Tuesday 3 September.

Control descriptions

Control descriptions are available at the start, 4 minutes prior to start. No equipment is provided for fastening the control descriptions. The control descriptions are also printed on the map. The dimensions of the control description are as follows (the given dimensions are those of the description tables, to which margins of some millimetres should be added):

Saturday

H21, all qualification classes: 132 mm x 48 mm
D21, all qualification classes: 102 mm x 48 mm

Sunday

M21, A final: 192 mm x 48 mm
W21, A final: 132 mm x 48 mm

H21B1, B final: 108 mm x 48 mm
H21B2, B final: 114 mm x 48 mm
H21B3, B final: 120 mm x 48 mm
D21B1, B final: 90 mm x 48 mm
D21B2, B final: 108 mm x 48 mm

Complaints

Complaints must be submitted in written form within 15 minutes after the last WRE-competitor in the class in question has finished. Complaints can be submitted at the finish or at the info desk.

Maximum running time

On Saturday, the maximum running time is three hours in all qualification classes for both W21 (D21) and M21 (H21). On Sunday, the maximum running time is three hours for W21 (D21) and four hours for M21 (H21).

Prizes

In the A final of the WRE competition on Sunday, the three best competitors of the classes M21 (H21) and W21 (D21) who are eligible to competing in Finnish Championships will receive medals and honorary prizes. The fourth to tenth best eligible to compete in Finnish Championships will receive a plaque. The prizes are given after the finalising of the results. The prize giving ceremony will be announced by loudspeaker.

In the classes H/D21, the three best competitors in the A final of the WRE competition who are not eligible to competing in Finnish Championships will receive honorary prizes corresponding to the honorary prizes of the Finnish Championships. The prizes will be given immediately after the prize giving ceremony of the Championships, upon announcement by loudspeaker.

In the B final only the winners will be awarded. They can pick up their prizes at the prize giving place after the results of their class have been finalised.

Venue

The arena is located in Fiskars village in the town of Raseborg, in a market and park area. A part of the arena is located in the buildings of Fiskars ironworks. A more detailed overview of the arena is available on the arena map (billboard, website).

The arena will be opened to the public on Saturday morning 7 September at 7.00. The address is Peltorivi 1, Fiskari. Competitors are not allowed to access the arena by car. When arriving and parking, competitors must comply with the guidance and instructions provided by the organisers. See more under 'Parking and Transport Schedule'.

Open fire and smoking is prohibited in the entire arena. Any waste must be removed or put into the bins provided by the organisers.

There is a limited amount of space for wind shelter tents, and bicycle parking is located at the arena. Spending the night at the arena is not allowed.

Parking and transport schedule

The organisers do not provide any separate transportation to the arena. Competitors make their own transportation arrangements and have to park their cars in the parking lots indicated by the organisers, the only exception being the customers of the hotels in Fiskars village, who have the right to use the parking lots of the hotels.

Directions for arrival will be signposted from the junctions between roads 104 and 111, as well as between roads 104 and 186. Distance from the signposts to the

parking areas is about 4 km (southern route from road 111) or 12 km (northern route from road 186). Signposts will be ready from 6.00 pm on Friday 6 September. Venue navigation address is Peltorivi 1, 10470 Raasepori, Finland / Åkerraden 1, 10470 Raseborg, Finland.

The venue is located in the middle of the old industrial village of Fiskars, while the parking areas are mainly fields. Distance from the parking to the event centre is about 500 metres.

The parking fee is 5 €/vehicle/day, to be paid at the information desk (in cash or by a credit card). The parking ticket must be shown when exiting the parking lot. Cars without a parking ticket will be charged the double amount in cash (10 €/car/day).

Caravans and buses must sign up in advance, aki.viitanen@gmail.com, 040 5181022, and are recommended to arrive by the northern route.

Food and snacks

There is café/grill as well as a restaurant at the arena. The café will open at 8.00. A warm lunch will be served at low cost in the restaurant both on Saturday and Sunday. The restaurant serves warm lunch and a soup of the day (pasta carbonara/minced meat soup/vegetable soup) at a moderate cost from 10.30 onwards. Bread rolls, snacks etc. can be bought at the café/grill. More information on the web page https://sm-pitka2019.blogspot.com/p/blog-page_19.html.

Toilets and shower

Available at the arena; warm water in the shower. No soap or shampoo allowed! There are also toilets in the quarantine zone.

General map of the region and the embargoed area

The embargoed area is indicated on the map available on the competition website <https://sm-pitka2019.blogspot.com/p/harjoituskieltoalue.html>

Entries and entry fees

Entries must have been made via IRMA or IOF Eventor by Thursday 29 August 2019 at 23.59 EET as described in Bulletin 1. No late entries allowed.

If no Emit card number has been indicated in the entry, the organiser will reserve an Emit card and charge a rent of 5 €, as described above (under the title 'Punching system').

Accommodation and Fiskars as a destination

At the origin of the best scissors in the world, Fiskars, founded in 1649, is one of the many old ironworks villages of South-Western Uusimaa/Nyland. Today it is the idyllic centre of a lively and innovative artistic community and an appreciated weekend holiday venue. There are upscale restaurants, boutiques and small hotels in the village. More accommodation facilities, ranging from sports institutes to manor houses, can be found in the surrounding areas in Raseborg and Lohja. More

information on tourism and accommodation can be found on the websites of Fiskars Village, <https://www.fiskarsvillage.fi/en/>, Visit Raseborg, <https://www.visitraseborg.com/en/>, and Visit Lohja <https://www.visitlohja.fi/en/main/>.

Weather

In early September the weather in southernmost Finland can be anything from warm and sunny (18–23 degrees Celsius) to chilly, windy and rainy (5–10 degrees C). Competitors should be prepared for changeable weather.

Visa requirements

According to current regulations, citizens of some countries must obtain a visa in order to enter Finland. Please check <http://www.formin.fi> for more information. Visas should be applied for at your closest Finnish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Finnish embassy.

Training opportunities

Pre-set training courses and maps can be bought from the organisers, please find more information on the webpage <https://sm-pitka2019.blogspot.com/p/harjoituspaketit.html>.

Final event instructions and start times

There will be more information on the organiser's webpage <https://sm-pitka2019.blogspot.com/>.

FU-47, Hiidenkiertäjät and OK Raseborg welcome all athletes to Fiskars, Raseborg, and wish good luck to all participants in the competition!