



Team Official Meeting 3

17:00 ~ 18:00 Friday 30. 08. 2019



Organizers

IOF Senior Event Advisor	YOONSUN CHA
National Controller	MASANOBU NISHIWAKI
Event Director	GO INAMORI
Event Secretary	KEN SHIBANUMA
Course Manager	YUKI NITAMI
Course Sub Manager	KENJI KUSUNOKI
Event Center Manager	TAKAO NAGAI

Agenda

- Organizers
- Result of Sprint Relay
- Transport
- Changes from Bulletin3.1 for Middle Distance
- Technical Information
- GPS
- Weather
- Q&A

Result of Sprint Relay

	1st	2nd	3rd
MW20	China1	Japan1	Hong Kong
MW18	China1	Japan1	Hong Kong
MW16	Hong Kong	Chinese Taipei	-
MW14	Hong Kong 1	Japan	Korea

Transport

Bus transport

Bus	Departure (accommodation)	Arrival (bus stop of quarantine)
M20,W20,M18,W18	7:50	8:05
M16,W16,M14,W14	8:20	8:35

- Go to the parking 10 min before the departure.

Map of the way from Quarantine to Arena

- Team officials can get maps to the arena in the quarantine.

Changes from Bulletin 3.1 for Middle Distance

p.37 Course W16 Length

OLD 2.6km

NEW 2.8km

Technical Information

Quarantine in Middle Distance

- Check in until 8:50.
- The bags will be transported to the arena after the [quarantine](#) close.
- You can get the warm-up map when [check in the quarantine](#). In warm-up area, only flags without station will be placed.
- You can use communicative devices only in the **Arena**.
- Once you pass through the marked point on the map to the arena, you can't return.

Toilet ○

Water ○

Battery test ○

Technical Information

Battery test

- Check if your SIAC card shows “OK” in the quarantine.
- If “WARNING” or “FAIL” is shown, tell an organizer immediately in the **quarantine** and get another card at the **pre-start**.

Return SIAC

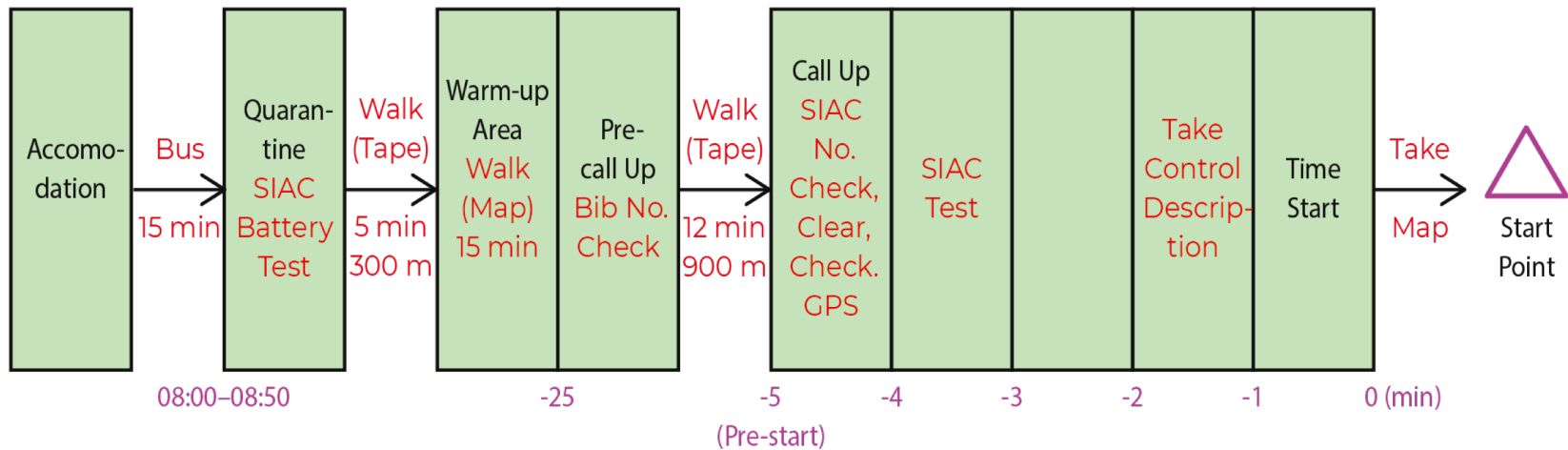
- After the Middle Distance, please return all SIAC to the event center of **Accommodation** before the banquet.



Technical Information

Start Close	13:20
Finish Close	15:10
Maximum running time	110min

Start Procedure



Technical Information

Change of watercourse and marsh

- Due to seasonal change, some minor watercourses(307) and minimum marshes(310) in the terrain have changed from the map. There is possibility of existence of some undrawn minor watercourses.

Safety matters regarding habitat in the terrain

- Ticks and hornets sometimes are seen in the terrain.
- There are no need to be careful about them during the race.

Medical care

- You can use only these tools at first aid.
- If you need more, you need to retire.

Technical Information

Rare plant

- There are out-of-bounds area covering the spot where are rare plants.
 - ① with Blue and Yellow tape on ground shown on the map
 - ② with Blue and Yellow tape on ground not shown on the map
 - ③ without any tapes on ground shown on the map (there are little risk to enter)
- Please walk carefully on the marked route to the pre-start because there are the rare plant.



Technical Information

Special symbols

- Prominent man-made feature (539 & 540)

① Ruin of a charcoal kiln (539)

② Permanent flag, sign board (540)



①



Technical Information

Clothing

- You should cover fully your legs in the Middle Distance.

1.1 Conventions

Several words are used to signify the requirements in this specification.

- *Must / Shall / Required* mean that the definition is an absolute requirement.
- *Must not / Shall not* mean that the definition is an absolute prohibition.
- *Should / Recommended* mean that there may exist valid reasons in particular circumstances to ignore a particular item, but the full implications must be understood and carefully weighed before choosing a different course.
- *Should not / Not recommended* mean that there may exist valid reasons in particular circumstances when the particular behaviour is acceptable or even useful, but the full implications should be understood and the case carefully weighed before implementing any behaviour/action described with this label.
- *May / Optional* mean that an item is truly optional.

Technical Information

Jury

EUGENE CHOW (Singapore)

FRANCIS KO (Hong Kong)

SHIN MURAKOSHI (Japan))-being away

Reserved Jury

GUANGSHUO ZHANG (China)

BYUNGJO SO (Korea)

HISAKO MURAKOSHI(Japan)

GPS tracking

GPS tracking

- In M20/W20, there is GPS tracking for selected persons.

GPS vest

- All competitors in M20/W20 need to wear GPS vests.
- Team officials have to return all GPS vests of the team to the **event center at the accommodation** after Middle Distance before the banquet.

M20			Sprint		Middle	
No.	Nation	Name	Start	GPS	Start	GPS
101	KAZ	ADIL TOLEUBAYEV	13:40	○	12:49	○
102	JPN	ASAMA RYO	13:24	○	12:51	○
103	MAC	CHAK LON KONG	13:22	○	12:43	○
104	TPE	KAI-MAO CHENG	13:30	○	13:05	○
105	HKG	CHEUK WANG WONG	13:34	○	12:47	○
106	MAC	CHON HEI CHAN	13:16	○	12:31	○
107	CHN	HONGCHENG ZHOU	13:42	○	13:03	○
108	TPE	BO-YUAN HUANG	13:14	○	12:37	○
109	KOR	HWI MIN JO	13:20	x	12:33	○
110	KOR	JEONG SOO HA	13:26	○	12:39	x
111	HKG	KA WANG SO	13:48	○	12:55	○
112	JPN	KANEKO SATOSHI	13:12	○	13:09	x
113	TPE	HSIEN-HUNG LAI	13:36	x	12:57	○
114	JPN	MORIKEYO SEIYA	13:44	○	12:45	○
115	JPN	OHISHI YOSUKE	13:38	○	12:35	○
116	KOR	SEON GJIN KIM	13:46	○	13:07	○
117	JPN	SHIINA AKIHIRO	13:28	x	13:01	○
118	CHN	XIAO TANG	13:10	○	12:41	○
119	CHN	YAO WEN HU	13:18	○	12:59	○
120	CHN	YI HUANG	13:32	○	12:53	x

W20			Sprint		Middle	
No.	Nation	Name	Start	GPS	Start	GPS
151	JPN	ABE YU	13:23	○	12:33	○
153	HKG	HEI TUNG LEUNG	13:19	○	12:45	○
154	TPE	MIN-HUEI HUANG	13:15	○	12:39	○
155	JPN	KATORI MIZUHO	13:27	○	12:49	○
156	JPN	KAWANO JURIA	13:13	○	12:43	○
157	TPE	CHIEH-FANG LIN	13:31	○	12:51	○
158	JPN	OGURI YUKI	13:35	○	12:37	○
159	CHN	SILU YANG	13:33	○	12:53	○
160	CHN	XUEQIN YANG	13:25	○	12:41	○
161	CHN	YAN WANG	13:29	○	12:47	○
162	JPN	YOSHIDA MARIE	13:17	○	12:55	○
163	KOR	YU JIN LEE	13:21	○	12:31	○
164	CHN	ZIYUN YE	13:11	○	12:35	○

Weather

Hokuto-city (elevation : about 850m) - 31.08.2019

TIME	9:00	12:00	15:00	18:00
WEATHER	light rainy	light rainy	light rainy	light rainy
TEMPERATURE	22.6°C	25.1°C	23.6°C	21.6°C
RAINY PERCENT	60%	60%	40%	30%
PRECIPITATION AMOUNT	0 mm/h	0 mm/h	1 mm/h	1 mm/h

Weather forecast 14:00 30.08.2019

Japan Weather Association

Q&A

Q: First start is at 12:30 but bus leaves very early. Why?

A: Because the spectator race is held before AsJYOC race.
Quarantine has enough space to relax.

Q: Can all athletes stay indoor during waiting time?

A: Yes. There are two big rooms.

Q: Can we bring lunch bag to quarantine?

A: Lunch box will be given in quarantine at 9:30.

Q: Is there a tent in prestart area?

A: No.

Q: Can officials go to prestart or call up point?

A: To prestart, and can go back to quarantine. If you head to the arena you cannot come back.

Q: Quarantine to arena, how long walk?

A: 25-30minutes.

Q: Is there a map to arena?

A: Yes. You can get it in quarantine.

Q&A

Q: Can runners run from pre-call up to call up?

A: On the road, walk please. On the trail, you can run.

Q: Blue and yellow tapes not shown on the map doesn't affect navigation?

A: It does not affect navigation.

Q: What does the 15 minutes in the warm up section mean?

A: It takes 15 minutes to get to the end of the warm up area.

It takes 32 minutes from quarantine to call up, but athletes need to leave 45 minutes before for pre-call up.

Q: Athletes will be called 25 minutes before start time?

A: Yes.

Q: Why is there a caution against hornets and ticks?

A: Just to let athletes know as a fact.

Q: Kiyosato 3 days said to carry a bearbell. No need for AsJYOC?

A: It's for the deers. Public class runs before noon. At the time deers may be there but the public racers should scare away the deers before AsJYOC race.

Q: Will there be any bag drop after quarantine?

A: Same as other races. no transport after quarantine.