



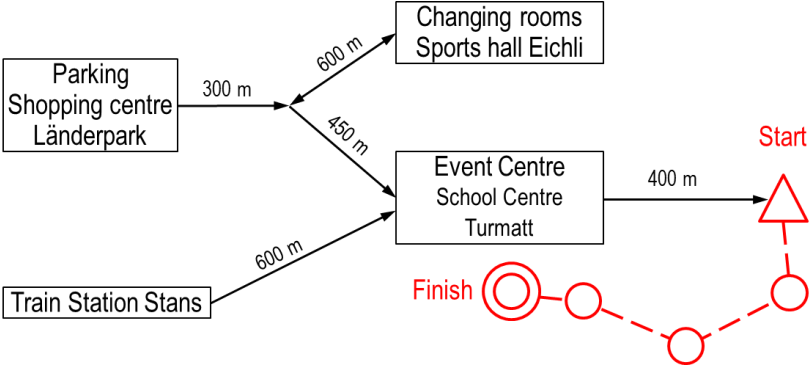
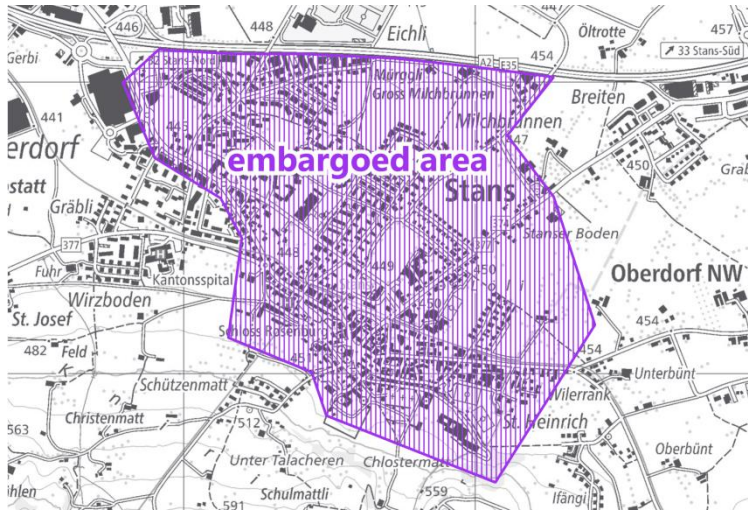
Swiss Sprint Orienteering Championship, Stans Sunday, 1st September 2019



IOF World Ranking Event (WRE), Event of the Swiss Orienteering Grand Slam, Event of the Junior Orienteering Championship Central Switzerland (ZJOM), and of the City Orienteering Cup 2019



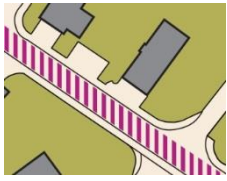
OLG Nidwalden+Obwalden and OLG Basel welcome you to the Swiss Sprint Orienteering Championship in Stans, the capital of canton Nidwalden!

The most important in brief	<ul style="list-style-type: none"> • Approx. 10 min walk from both train station and parking to the event centre • Approx. 10-15 min from changing rooms to event centre • Approx. 5-10 min from event centre to start • No late registration allowed • Bib numbers for all categories, self-service at the entrance to the event centre • Open categories: Registration at the day of the event from 09.30 h to 12.00 h • No transport or deposit of clothes • Maps to be handed in at the finish (will be returned from approx. 13.30 h) • Proclamation of results at 14.30 h
Organiser	OLG Nidwalden+Obwalden / OLG Basel www.olg-now.ch and www.olg-basel.ch
Event co-directors	Elisabeth Odermatt Niederberger / Cäsar Scherrer
Course planner / controller	Peter Tschümperlin / André Wirz
IOF Adviser	Claudio Wetzstein
Competition judge	Konrad Becker
Jury	André Schöpfer, Paul Corrodi, Therese Achermann
Information	Andrea Wyss, spm@olg-now.ch , 041 310 99 00
Media	Klaus Joller-Graf, joller-graf@hispeed.ch , 078 635 77 97
Event	Swiss Sprint Orienteering Championship
Map	Stans, 1:4'000, equidistance 2 m, August 2019 This is the first orienteering map of the area.
Terrain	Diversified urban Sprint terrain with labyrinthine alleys in the old centre of the village, school areas and partially open living quarters.

Overview													
Travel by public transport	<p>By train (Zentralbahn) to Stans, distance train station – event centre 600 m, 10 min. The access path to the event centre is marked from the train station building. When arriving on track 2, the underpass to the station building must be used.</p> <p>Access to the event centre on a different (non-marked) path or road will lead to disqualification.</p> <p>Because of further events in the region the Zentralbahn urges you when travelling via Luzern to use the connections with the suburban train (S-Bahn 4).</p> <table><tr><td>Luzern dep.</td><td>xx.27 h S4</td><td>Luzern dep.</td><td>xx.57 h S4</td></tr><tr><td>Stans arr.</td><td>xx.48 h</td><td>Stans arr.</td><td>xx.18 h</td></tr></table> <table><tr><td>Engelberg dep.</td><td>xx.02 h IR</td></tr><tr><td>Stans arr.</td><td>xx.33 h</td></tr></table>	Luzern dep.	xx.27 h S4	Luzern dep.	xx.57 h S4	Stans arr.	xx.48 h	Stans arr.	xx.18 h	Engelberg dep.	xx.02 h IR	Stans arr.	xx.33 h
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Travel by car / Parking	<p>Parking in the parking garage of the shopping centre Länderpark (gratis). Open from 07.45 h. Use motorway exit Stans-Nord. Marked from exit Stans-Nord.</p> <p>From the Engelberg valley access will only be possible via motorway (entrance Stans-Süd, exit Stans-Nord).</p> <p>Distance parking to event centre 750 m, 10 min (marked route).</p> <p>Other parking spaces must not be used.</p>												
Embargo / residence in the competition area	<p>On the day of the event the embargoed area (Laufgebiet) shown on the map below may only be entered during the own competition or on officially marked access paths/roads. Free visit to the area is only allowed after the last finisher (after approx. 14.00 h).</p> 												
Exception to the Swiss Competition Rules Art. 53	<p>Participants to the Championship, who stay overnight in residences within the embargoed area have to leave these residences on the day of the event before 07.30 h. Participants who stay in Hotel Stanserhof may remain there under the condition that, on the way to the event centre, they use the direct marked path (access path marked from the train crossing behind the hotel).</p>												

Event Centre (WKZ)	<p>School Centre Turmatt, Bluemattstr. 1, Stans, open from 08.00 h,</p> <ul style="list-style-type: none"> • Information and bib numbers • Registration for categories Open • Restaurant and proclamation of results • Luggage depot • Finish arena and speaker • O shops • First aid • WC • Kindergarten and orienteering for children • Please do not use the event centre as open air changing room. Limited space available. 	
Luggage depot	Luggage may only be deposited in the marked area of the event centre. Fire police rules do not allow leaving the luggage in the corridors.	
Changing rooms	Sports hall Eichli, Stans. Open from 08.00 h. 10-15 min walking distance from event centre or parking. Showers and toilets.	
Information	<ul style="list-style-type: none"> • Information on the event • GPS devices for Elite and H/D 20 • Signing the antidoping declaration for D/HE, D/H20. The bib numbers of participants who have not yet signed will be retained at the information desk until after signing. • Filing of written protests (complaints) 	
Kindergarten	In the event centre (gym hall) from 09.30 h onwards for children 2 years of age and older. Registration until Wednesday 28 th August 2019 required, send to manonbaader@hotmail.com.	
Orienteering for children	Punch sprint and labyrinth in different variations on the football field adjoining to the event centre. 10.00 h to approx. 14.30 h. Participation free of charge.	
Antidoping	<p>There may be doping controls for all participants. With the registration to the event each participant agrees to follow the Antidoping Rules of Swiss Olympic. In classes DE/HE/D20/H20 start will only be allowed if the acceptance declaration of the doping statute has been signed:</p> <p>www.swiss-orienteering.ch/files/doping/unterstellungserklaerung_d.pdf</p>	
Bib numbers	For all categories. Self-service at the entrance to the event centre. Participants in the Open classes receive them on registration. No start without bib number.	
Mutations	Mutations are not possible except changes of the SI card.	
World Ranking Event	For a start in categories DE/HE and D20/H20 an IOF-ID is required. In the IOF Eventor a personal account must be opened. https://eventor.orienteering.org/Events -> Create user account.	
Swiss Orienteering Grand Slam	<p>Third event 2019 for categories DE/HE/D20/H20. Designated runners of these classes must start with a GPS device. The designated runners will be informed beforehand by mail. If you do not own a personal GPS device you may get a device at the information desk. Livemotion will record videos in the area. Publication of the event videos is foreseen for the evening of 1st September.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>	
Quarantine	No quarantine	
Start window	From 10.15 h to approx. 13.30 h	

Start sequence	D/H Elite: Reversed sequence according to IOF Sprint World Ranking List (reference date 19.8.19). Registered participants not part of this list will start at the beginning in reversed order of the Swiss Ranking List (reference date 24.6.19). Start list by draw for all other categories. According to the Swiss Competition Rules, requests for particular start times cannot be accepted.
Open Categories	Open short, Open middle (Winkelriedsprint) and Open long. Registration only on the day of the event at the SI card reading station in the event centre: 09.30 h to 12.00 h, start time window 10.30 h to 13.00 h Registration fees: 1998 und older: CHF 28.00, 1999-2002: CHF 19.00, 2003 and younger: CHF 14.00. 2 nd map and further runners CHF 6.00 each. In groups, the youngest person will be used as basis for the calculation of the registration fee. Sportident badges for rent CHF 2.00. Participants from Nidwalden and Obwalden may start in the Open categories for a special price of CHF 10.00 per person or team.
SI card reading	Sportident/picoEVENTS.ch AIR+ system is activated, SIAC battery test available at the SI card reading station.
SI card	Please inform about SI card mutations before the competition (gratis) at the SI card reading station. Rental of SI cards CHF 2.00
Start lists	Will be published under www.swissorienteering.ch and www.olg-now.ch approx. from 24 th August 2019.
Access to start	0.5 km, 5-10 min, for all categories (incl. Open).
Warm up	On the access road to the start and at the pre-start.
Transport of clothes	No transport or depot of clothes
WC near pre-start	2 mobile WC shortly before the pre-start near a stable of a farm.
Start procedure	Categories with pre-fixed time (I.e. categories according to Swiss Competition Rules, WO): Start -4 min: Check of bib number on entering; SI card reset and test Start -3 min: Control descriptions (self-service), IOF symbols only (no text) Start -2 min: Plan with arrangement of map boxes Start -1 min: SI card start check, then access to the map boxes Start signal: The competition map may only be taken in the moment of the start signal. Each runner is responsible for taking the correct competition map. Start point: Control flag without SI unit, compulsory route to start approx. 10 m. Runners start at the map box of the corresponding category. Late runners announce themselves at the start zone for „verspätete Läuferinnen“. Open Categories: „Flying start“. Participants trigger the start time with the SI card in the SI card box at the start unit.
Control points	SPORTident AIR+. Each control point carries an SI control unit and a punching unit. If the SI unit does not work properly (no acoustic and optical signal) or the SI unit is missing, the punching unit must be used to punch the competition map. At the finish line and at the SI card reading station the staff should be informed of the SI card failure and the map must be handed over for evaluation of the punch. The control points must be visited in the prescribed order.
Courses	Courses and control descriptions are printed on the map.
Control descriptions	Self-service for control descriptions at the pre-start for all categories. They are furthermore printed on the map. • IOF-Symbols for all categories (no text)
Special objects	O (black, ISSOM 539): table with seating bench X (black, ISSOM 540): playing device or art object X (green, ISSOM 420): large container with plants

Out-of-bounds area	Out-of-bounds areas are printed on the map with red (magenta) hatches. Roads with transit traffic are marked on the map as out-of-bounds area, crossing for participants is forbidden. Disregard of this order will lead to disqualification. Following the closed road on the sidewalk is allowed (see map example to the right).	
Passable / impassable lawn	Lawn areas which may be crossed are shown on the map in yellow (= open area). Private lawns not to be crossed are shown in olive (= forbidden area). Under all circumstances the presentation on the map is decisive. Disregard of this order will lead to disqualification.	
Compulsory route	All categories will have to follow a compulsory route through an underground garage. The compulsory route is marked from the beginning (staircase down) to the end (staircase up).	
Dobb spikes	Dobb spikes are forbidden.	
General rules for sprint	See presentation of the general rules for sprint at the end of these directives.	
Traffic during competition	The village centre is closed for through traffic. But traffic to particular buildings may occur at any time. Please respect the regular traffic rules also during the competition! The organiser declines any responsibility. Each competition participant is responsible for not endangering other traffic participants.	
Control point for spectators	Runners in categories D/HE and D/H20 pass at a spectator control near the finish arena. The spectators may follow the passage of the top runners at the control point and cheer these.	
Finish	Adjoining to the event centre. After the finish passage the competition map must be deposited in plastic bags at the left handrail. Reading of the SI card. Please go immediately to the SI card reading station.	
Drinks in the finish	Rivella and water.	
Abandoning the competition	Runners abandoning the competition must read out their SI card at the SI card reading station!	
Maximum time	60 minutes	
Closing of the finish	60 minutes after the last start, approx. 14.30 h	
First aid	First aid in a first aid car near the event centre. Phone 079 667 46 41.	
Results	Results board with intermediate results in the restaurant. Live results may be obtained from http://results.picoevents.ch Results by category in the internet under www.solv.ch	
Returning competition maps	The competition maps will be returned at approx. 13.30 h (after the last start) at the point where they had been deposited.	
Draw of tickets for mountain rides	For those who deposit their bib number before 14.00 h in the restaurant in the specially marked boxes there will be a chance to win one of 20 tickets for mountain rides. The draw will take place at approx. 14.15 h before the proclamation of results. Tickets must be collected personally. Cordial thanks for this support to Stanserhorn-Bahn, Pilatus-Bahnen and Brunnli-Bahnen Engelberg.	
Proclamation of results	After 14.30 h in the restaurant. Championship medals for Elite and Junior categories. Money prizes for the three first-placed of Elite classes (CHF 300/200/100). Nice natural prizes from „Natürlich Nidwalden“ for the three first-placed of each category. Prizes are not sent to absentees.	
Complaints	Before filing a complaint the complainant has to discuss his/her complaint with the organiser (competition judge). If no mutually acceptable solution is found, the complaint must be filed within 1 hour at the latest after closure of the finish (15.30 h) at the information desk. Complainants must stay available to the jury.	
Restaurant	In the event centre Turmatt. Opening hours: 08.00 h to approx. 15.30 h. The restaurant offers a broad selection of food and drinks. Test the Stanser Orangenmost, sandwiches with alpine cheese, penne with tomato sauce, Chili Wurst with fresh bread or goodies from the cake buffet or the legendary OLG NOW Schwarzwäldertorte.	
Insurance	Responsibility of the participants. As far as legally possible the organiser declines any liability.	

Cancellation of the event	Information on a possible cancellation of the event from 18.00 h of the preceding day (31.08.19) on www.olg-now.ch
Special	In the frame of the orienteering weekend there will be a National Middle Distance Orienteering Event on Saturday 31 st August on Trübsee above Engelberg.

Course data:

Category	Effective distance [km] *	climbing [m]	Number of controls
H10	1.9	10	19
H12	2.4	10	20
H14	2.8	25	19
H16	3.2	30	22
H18	3.7	40	23
H20	4.2	35	29
HE	4.2	35	29
HAL	3.7	40	23
HAM	3.4	15	22
HAK	3.0	15	21
HB	2.8	25	19
H35	3.4	15	22
H40	3.4	15	22
H45	3.4	15	22
H50	3.0	35	20
H55	3.0	35	20
H60	2.9	5	19
H65	2.4	5	18
H70	2.4	5	18
H75	2.2	5	15
H80	1.6	5	11
OK	1.9	10	19
OM	2.6	15	18
OL	2.9	15	19

Category	Effective distance [km] *	climbing [m]	Number of controls
D10	1.9	10	19
D12	2.4	10	20
D14	2.6	15	18
D16	2.9	15	19
D18	3.2	30	22
D20	3.6	20	26
DE	3.6	20	26
DAL	3.0	15	21
DAM	2.6	5	17
DAK	2.4	5	18
DB	2.6	15	18
D35	2.9	5	19
D40	2.9	5	19
D45	2.9	5	19
D50	2.6	5	17
D55	2.6	5	17
D60	2.2	5	15
D65	2.2	5	15
D70	1.6	5	11
D75	1.6	5	11

* effective running distance on shortest route

Sprint Rules: What is ...

**...verboten
interdit
prohibito
forbidden**

- verbotenes (Privat)-Gebiet
- Mauer, Überqueren verboten
- Vegetation, Durchqueren verboten
- Gewässer, Überqueren verboten
- Zaun, Überqueren verboten
- Gebäude, unpassierbar
- Sperrgebiet
- vorübergehend gesperrtes Gebiet
- gesperrte Linie

Nebenstehe-
Routen sind
erlaubt, nehmen
jedoch Rücksicht
auf die Verbote.

**...erlaubt
permis
permesso
permitted**

- offenes Gebiet
- befestigte Strasse
- passierbare Mauer
- starke Behinderung, aber passierbar
- passierbares Gewässer
- passierbarer Zaun
- überdeckte Fläche, passierbar
- Durchgang durch gesperrten Zaun

sw!ss orienteering

Version Mai2013

Download a more complete collection of Sprint Rules from:

https://www.swiss-orienteering.ch/files/kommission_wettkaempfe/20180828_Was_ist_erlaubt_im_Sprint.pdf

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A great thank you to all of them!

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Pilatus-Bahnen
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