

WOC2019 - Team Official Meeting 3

Thursday 15.08.2019

Agenda

- Long Distance
- General issues
- Middle Distance
- Relay

- Questions received are included



WOC2019

woc 2019 Long Distance – medal ceremony

Congratulations to the winners and athletes ending top 6.

If they need transportation from Mørk arena to Sarpsborg town square on Friday 16 August, this must be requested from the accredited WOC 2019 transport as soon as possible. Contact:

- Thursday 15 August: Lasse Kristiansen (tel. +47 474 56 147)
- Friday 16 August: Ingolf Lauritzen (tel. +47 950 34 870)

Meeting point for transport: Quarantine tent at Mørk arena.

- Departure time transport 1: 18.45
- Departure time transport 2: 19.00

Meeting at Sarpsborg town square

- Matstova, St. Mariesgate 121, 1707 Sarpsborg



Remember to bring back emiTag & GPS vest

- Those teams that have runners that are not running the Middle distance final or the Relay should return the emiTag and GPS Vest in the Event Office.
 - Lost emiTag will be charged 80 Euro
 - Lost GPS vest will be charged 30 Euro

woc 2019 Long Distance

Question: Is it possible to see the broadcast from the long distance in replay?

Answer:

IOF Livestream account (will be uploaded)

<https://livestream.com/accounts/8712572>

NRK

<https://tv.nrk.no/serie/orientering/2019/MSP048380119/avspiller>

(Geoblocked)

woc 2019 Long Distance

Question: Is it correct that a few runners who entered the long distance final but who didn't have over 600 WRP (requirement in Rule 6.8), were allowed to run today's long distance final?

Answer:

- The start list for the Long Final was distributed at the TOM.
- At the TOM, it was discovered that 6 athletes did not meet the requirement.
- A complaint was made that these athletes were not qualified.
- The organizers removed the athletes from the start list.
- Complaints about removing the runners from the start list at this late state was filed and followed by a protest that was presented to the jury at 21:00
- All Jury members agreed, that *the current case* should not justify a change in the start list that was already handed out to the teams.

woc 2019 Middle Distance

Question: Could you give one runner from all nation entered the middle distance, regardless of the results of the qualification's race, qualifications to run middle distance final?

Answer: No, not according to the rules.

woc 2019 Middle Distance and Relay

Question: Where is the team parking at Mørk for the middle distance and the relay?

Answer: The team parking at Mørk for the middle distance and the relay is the same as for the long distance.

woc 2019 **Middle Distance and Relay**

Question: Will the quarantine for tomorrow and Saturday look like the one at long distance?

Answer: Quarantine 2 for middle distance will be similar as for the long distance, which means tent(s) on hard surface with floor, and possibilities for team tents (also on hard surface).

Answer: The quarantine for the relay is the same as quarantine 2 for the long distance.

woc 2019 Middle Distance and Relay

Question: Are the info about out of bound areas and bridges relevant for middle or relay?

Answer: Yes.

woc 2019 Middle Distance and Relay

Question: Will there be map exchange on the middle or the relay?

Answer: No

Remark for the relay (Bulletin 4):

The arena passage ends at the same location where the start triangle is printed. Please make sure you complete the loops in the correct order.

woc 2019 **Middle Distance and Relay**

Question: Can you please instruct the quarantine transfer drivers to turn off the radio / not play the arena speaker on the radio and drive slowly?

Answer: Yes – we will remind them.

woc 2019 **Middle Distance and Relay**

Question: Is it possible to have the warm-up maps in scale 1:10'000 for middle and relay, even if this means they are small?

Answer: Yes, we will provide 1:10000-maps

General reminder on punching (Bulletin 4, 11.1)

The punching is performed by holding the emiTag 0 - 50 cm above the Emit control unit for a short moment.

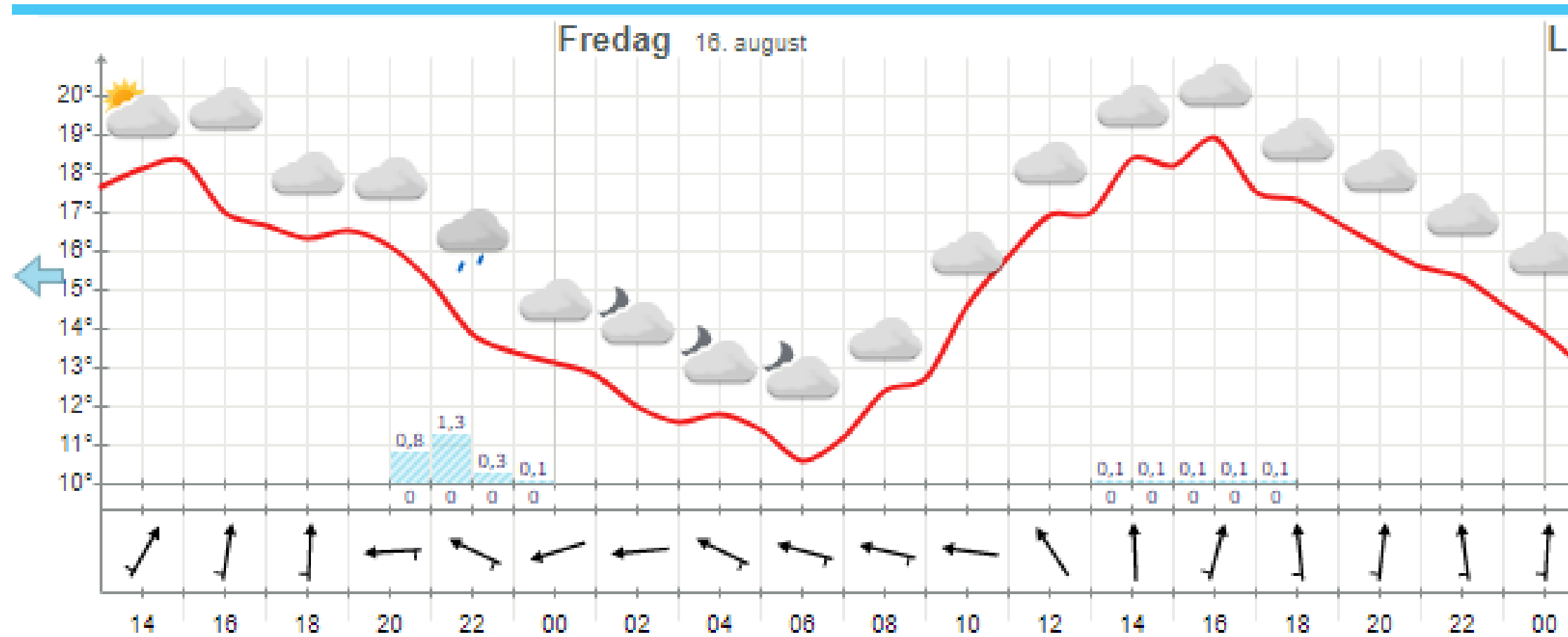
The LED light in the emiTag will start flashing after a successful punch and will keep flashing for 5 seconds.

In case of any Emit-unit failure (no feedback signal) athletes must punch using the second Emit unit as a backup.

woc 2019 Middle Distance

Weather forecast

Meteogram, neste 48 timer



woc 2019 **Middle distance**

- The transport from arena back to quarantine 1 to pick up the car, will be at 16:30 and 18:30 from the entrance to the Team Zone.



woc 2019 Middle Distance

Question: Is the start organized like at the long distance: water & toilets at quarantine, prestart time at the prestart?

Answer: Yes

woc 2019 Middle Distance

Question: At which % of the middle distance is the coaching zone?

Answer: It is allocated in the last quarter of the course and close to the last control (See Bulletin 4)

Question: Travel time from Q1 to Q2?

Answer: For long we said 35; it was only 10.
We thought it would be more, because of the
spectator race on the road – and the driver
were very fast. And some reserve/buffer.
Similar calculation = 25 minutes

Question: How is it marked from Q2 to the arena for coaches?

Answer: No marked route, you have to follow the shuttle transport we set up, or the instructions you are given. On the long, those instructions were easy to follow; might not be that easy tomorrow.

Question:

Are there areas around the arena where there is a mix of spectators/coaches and runners, due to passage. Are coaches allowed to pass through these areas?

Answer:

Yes, it can be. Fairness rules apply also tomorrow. Coaches are allowed to go anywhere in the arena, after quarantine has been left.

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Question:

The winning time was lower on the long than estimated. How will it be in the middle?

Answer:

We don't expect that, and hope not. The calculation was done in a different way.

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Question:

Is there an advantage for those who ran the long distance?

Answer:





The finish is the same place. We have provided maps from the public races to all teams.



woc 2019 Relay

Weather forecast

Saturday, 17/08/2019

Time	Forecast	Temp.	Precipitation	Wind
00:00–06:00		14°	0 – 0.5 mm	↑ Light breeze, 3 m/s from south
06:00–12:00		13°	4.1 – 5.3 mm	↑ Light breeze, 2 m/s from south
12:00–18:00		13°	10.1 – 18.1 mm	↘ Gentle breeze, 5 m/s from south-southeast
18:00–00:00		15°	0.7 – 4.0 mm	↑ Gentle breeze, 4 m/s from south



woc 2019 Relay

Remark: Check of emiTag and hand-out of GPS for the relay will be in the quarantine under roof 10 min before call up.



woc 2019 **Relay**

Question: It is written you can change relay runner until 120 min before start of valid reason. What is valid reason and how does it need to be confirmed?

Answer: “E.g. accident or illness” (Rule 9.11)

Changes are done in written form at the Event office, or by e-mail to entry@woc2019.no. A request of change is valid when the Federation has received a confirmation from WOC2019.

woc 2019 Relay

Question: Are there any toilet in the starting area for 1.leg runners?

Answer: No

Question: Are there any toilet after call up - 10 in the relay.

Answer: Yes, one (1) in the waiting area for the change over to leg 2 and leg 3.

woc 2019 **Relay**

Question: How many meters of the course are marked in the relay (as it is specified in the individual competitions)?

Answer: We know it is not consistent to the individual competitions, but we do not want to answer that question.



woc 2019 **Relay**

Question: Is there enough place for runners waiting to change over (2 and 3 leg) to warm up? What in case of predicted heavy rain (some runners could wait there for even more than 20 minutes)?

Answer: It is enough area for the runners to stay and warm up, and there will be a tent.

WOC 2019

Question:

Answer:

Mass start for the women's relay is 17:40

WOC 2019

Question:

Can athletes leave clothes in -10 tents?
What if it is seriously wet?

Answer:

Yes, there is a plastic bag at -10.

1st leg/mass start 3rd leg: we will bring a plastic bag to collect jacket/ponchos, and bring it to the team zone.

Remember to mark your clothes!

WOC 2019

Tickets for Saturday night dinner

...are to be picked up at Event Office after this meeting.



Good luck for tomorrow and Saturday!



