

METROPOLITAN Sport Club Bucharest







to participate at The Great Orienteering Event:

CARPATHIAN O - TROPHY

NATIONAL Team Orienteering Champioship NATIONAL Urban Sprint Ch. St. 4 & Cornu Cup & OK Silva Cup COMARNIC City Cup – III Edition

2 World Ranking Events

CORNU, on 2019, May 31, COMARNIC, Gurguíata Síde, on 2019, June 1st-2nd

BULLETIN 4





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GHM TEAM

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PARKING

Urban Sprint

The parking will be at the Event Center, in front of the Sport Hall and on the nearby streets. The parking spots are practically unlimited.

LD and MD

The parking will be along the road, starting from the Event Center towards the direction from where you arrive. For avoiding the road blockage, please park on the next free space behind the last car, without passing the cars allready parked.

START AND FINISH

Urban Sprint

150m to START from Event Center 50m to FINISH from Event Center (Sport Hall in Cornu).

Long si Medium Distance

The FINISH will be at the Event Center area.

There will be 2 STARTS for each day. For each class and each day the distances to the Start from the Event Center are presented in the table below.

Categoria	LD		MD	
	START 1	START 2	START 1	START 2
W12		х		х
W14	Х			х
W16	Х		X	
W18	Х		X	
W20	Х		X	
W21E	Х		X	
W35	Х		X	
W40	Х		X	
W45	Х		X	
W50	Х		X	
W55	Х		X	
W60	Х		X	
W65	Х		X	
W75	Х		X	
M12		Х		х
M14	Х			х
M16	Х		X	
M18	Х		X	
M20	Х		X	
M21E	Х		X	
M35	Х		X	
M40	Х		X	
M45	Х		X	
M50	Х		X	
M55	Х		X	
M60	Х		X	
M65	Х		X	
M70	х		X	
M80	х		X	
Op. Th.	Х		X	
Open		х		x
Op. Fam.		х		x
Op. W <u><</u> 15		х		х
Op. M <u><</u> 15		х		х
Op. W <u><</u> 19		х		х
Op. M <u><1</u> 9		х		х
C.C Start	430m / 35m	400 m	470m / 40m	60 m

UPDATED START LIST FOR WRE

The start lists for M21E and W21E, for LD and MD, are modified to comply with IOF rules referring to WRE races and ROF rules referring to National Team Championships rules. The updated start lists are posted on fro.ro, orienteering.ro and <u>https://carpatho.ro</u>.

<u>MAPS</u>

The maps are printed on water resistant paper.

Maps Scale - for CN Team:

- 1:10.000 for M21E si W21E, M20, M18, M35 for LD;
- 1:10.000 for M21 E si W21E for MD;
- 1:7.500 for all the other classes.

Warm Up Maps – will be available at the registration desk.

Control Description For LD and MD, classes F12, M12, Op, Op.Fam., Op.MF<15, Op.MF<19, the control description will be with both, IOF symbols and explanatory text.

Confetti All control posts will have confetti spreaded on the ground. At Urban Sprint there will be **white** confetti. At CN Team there will be confetti with the control post code printed on them, **black** for LD and **red** for MD.

RUNNERS PARTICIPATE ON THEIR OWN RESPONSIBILITY