



# Team Officials Meeting

5 July 2015

Middle distance - qualification

# Topics



1. Summing up the Sprint
2. Middle distance qualification
3. Other topics







# Fair Play



- Great performances!
- Several disqualifications
  - Running in olive green and forbidden areas
- And lots of fair play!
  - Some runners going straight to red zone when finishing
  - Runners and coaches accepting their mistakes
  - No protests to organizers decisions

# Middle distance qualification Monday 6 July

Rauland (Lid)



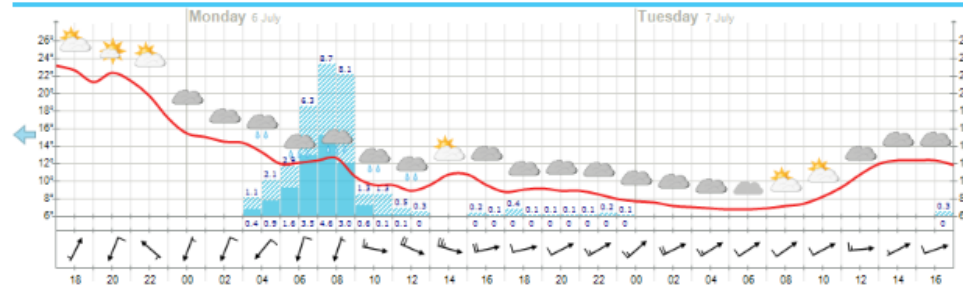


# Weather will be very different!



**OBS-forecast warning for Telemark:** Fra natt til mandag lokalt mye nedbør ifm kraftige regnbyger. Lokalt kan det komme 20-30mm/8t. Det ventes også lokal torden og kraftige vindkast ifm bygene. I tillegg er det fare for lokale oversvømmelser, små jordskred og/eller flomskred der bygene treffer. Følg værradar og oppdatert informasjon på yr og varsom. Mandag formiddag minkende bygeaktivitet.

Meteogram, next 48 hours



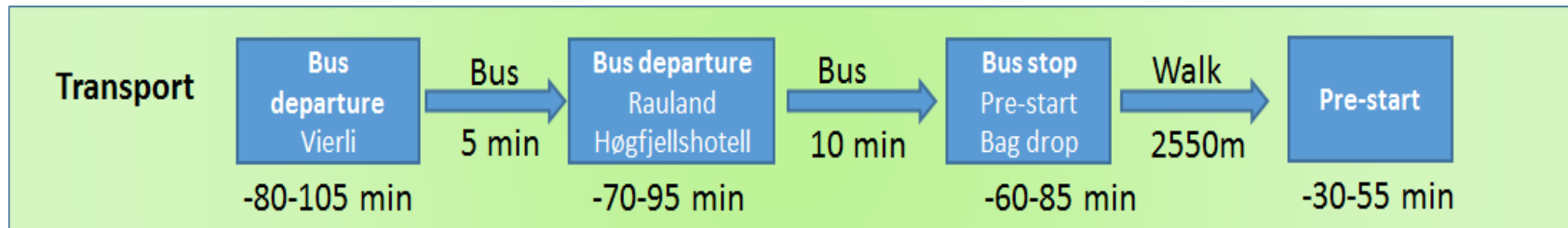
Today and tonight, 05 July 2015

Time	Forecast	Temp.	Precip.	Wind
Sunday 17:00		23°	0 mm	Light air, 2 m/s from south-southwest
Sunday 18:00		23°	0 mm	Light breeze, 3 m/s from north-northeast
Sunday 19:00		21°	0 mm	Moderate breeze, 6 m/s from north-northeast
Sunday 20:00		22°	0 mm	Light air, 2 m/s from east
Sunday 21:00		21°	0 mm	Light breeze, 3 m/s from southeast
Sunday 22:00		20°	0 mm	Light air, 2 m/s from east
Sunday 23:00		17°	0 mm	Light breeze, 3 m/s from north-northeast
Monday 00:00		15°	0 mm	Gentle breeze, 5 m/s from north-northeast
Monday 01:00		15°	0 mm	Gentle breeze, 5 m/s from north-northeast
Monday 02:00		14°	0 mm	Gentle breeze, 5 m/s from north-northeast
Monday 03:00		14°	0.4 – 1.1 mm	Gentle breeze, 4 m/s from northeast
Monday 04:00		13°	0.9 – 2.1 mm	Gentle breeze, 4 m/s from east-northeast
Monday 05:00		12°	1.6 – 2.9 mm	Moderate breeze, 6 m/s from north-northeast

Tomorrow, 06 July 2015

Time	Forecast	Temp.	Precip.	Wind
Monday 06:00		12°	3.5 – 6.3 mm	Moderate breeze, 6 m/s from north-northeast
Monday 07:00		12°	4.6 – 8.7 mm	Light breeze, 3 m/s from north-northeast
Monday 08:00		13°	3.0 – 8.1 mm	Light air, 2 m/s from northwest
Monday 09:00		10°	0.6 – 1.3 mm	Moderate breeze, 8 m/s from west
Monday 10:00		10°	0.1 – 1.3 mm	Fresh breeze, 10 m/s from west-northwest
Monday 11:00		10°	0.1 – 0.5 mm	Fresh breeze, 11 m/s from west-northwest
Monday 12:00		9°	0 – 0.3 mm	Fresh breeze, 10 m/s from west
Monday 13:00		10°	0 mm	Strong breeze, 13 m/s from west-northwest
Monday 14:00		11°	0 mm	Strong breeze, 12 m/s from west
Monday 15:00		11°	0 – 0.2 mm	Fresh breeze, 9 m/s from west-southwest
Monday 16:00		10°	0 – 0.1 mm	Moderate breeze, 7 m/s from west-southwest
Monday 17:00		9°	0 – 0.4 mm	Gentle breeze, 5 m/s from west-southwest
Monday 18:00		9°	0 – 0.1 mm	Gentle breeze, 4 m/s from southwest

# Transport schedule



The walking distance from bus stop to pre-start is 2.550m with 150 climb along a narrow road. Walking time is 25-30 minutes

Departure Vierli	Departure hotel	Arrival Bus stop	Start times due	# Athletes	# Coaches	Check-in quarantine
10:10	10:15	10:25	11:31 - 11:55	40	20	when getting on-board
10:25	10:30	10:40	11:57 – 12:11	40	20	when getting on-board
10:45	10:50	11:00	12:12 – 12:27	50	10	when getting on-board
11:00	11:05	11:15	12:28 – 12:46	60		when getting on-board
11:20	11:25	11:35	12:47 – 13:05	60		when getting on-board
11:40	11:45	11:55	13:06 – 13:32	42		when getting on-board
12:10	12:15	12:25	13:33 – 13:52	30		when getting on-board



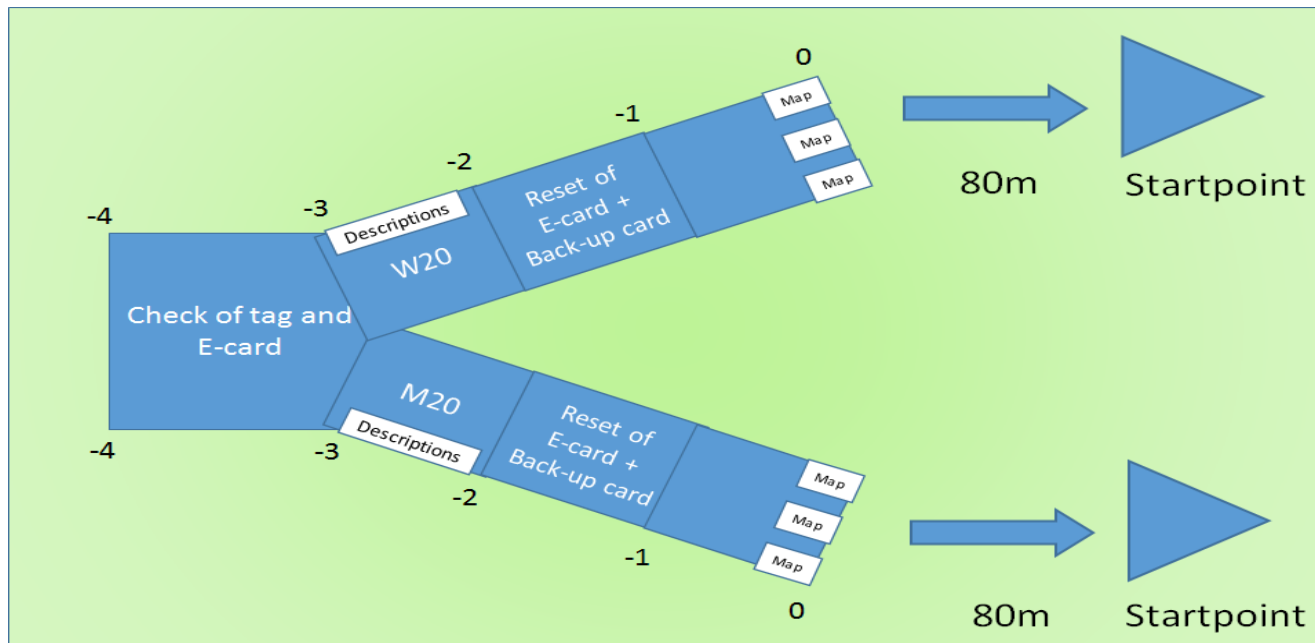
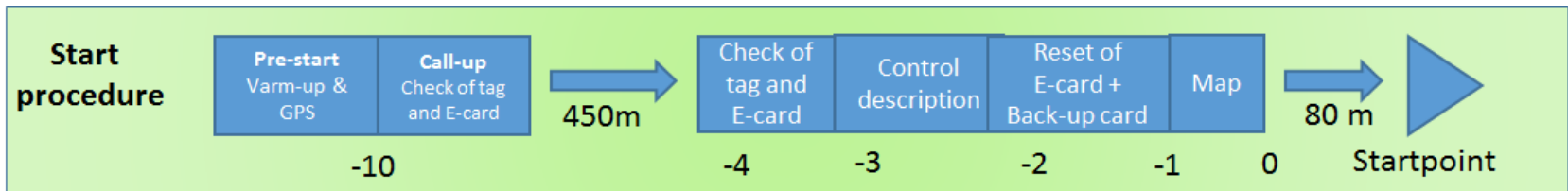
# Transport of coaches



- Transport of coaches to the Middle Qualification will be done in the same way as to the Sprint. (And the same system will also be used for Middle Final):
- Coaches will be allocated guaranteed places on different buses.
- Allocation has been made to match with the athletes start times.
- Bus places are shown in table which will be posted
- We also allow for team cars to drop off coaches at the bus stop before continuing to the finish area.
- Team leaders that will be dropped off from team cars need to register with organizers' buses, and team cars drive together

Bus 1 <u>Vierli 10.10/ Raulandhotel 10.15</u>	BUS 2 10.25/10.30	BUS 3 10.45 / 10.50	BUS 4 11.00 / 11.05	BUS 5 11.20/ 11.25	BUS 6 11.40/ 11.45	BUS 7 12.10/ 12.15	
TUR NZL RUS AUS FIN FRA SWE DEN HUN JPN ITA GBR POL HKG EST CAN GER LAT IRL NOR CZE SUI ESP AUT LTU 2 USA RUS	POR BEL 2 ISR SVK UKR FRA NZL NOR TUR SWE CZE JPN SUI FIN RUS CAN AUT GBR POL JPN	PRK 2 BUL CRO DEN HUN LAT GER BEL IRL USA UKR	SRB	Lots of places	Lots of places	Lots of places	

# Start procedure



# Map



**Scale:** 1:10.000, ISOM, contour interval 5 m, issued 6/2015.

Size of map: 210 mm x 297 mm.  
(A4)

**Cartography:** Helge Gisholt

**Special features:** There are several anthills of different size and appearance in the terrain. (1-1,5 m)

**These are not shown on the map!**





# Courses



Competition	Class	Winning time	Length	Climb	# controls	# refreshment points
Middle qualification	Women	24 min	3,3 – 3,4 km	75 - 105 m	15-16	None
	Men	25 min	3,8 – 4,0 km	85 - 120 m	15-17	None

**Maximum running time:** 90 min

**Course planners:** Per Christian Hagen and Thore Kornmo

**Arena passage:** No arena passage.

**Coaching zone:** No coaching zone.

**Refreshments:** No refreshment controls.

# Miscellaneous



- **Cool-down area:** A map defining the allowed cool-down area will be available in the team-zone after having finished the race.
- Parts of the terrain are detailed and technical and might be more difficult than it appear.
- Controls might be situated close to each other and on similar looking features.

**! Check codes!**

**! It is strictly forbidden for all team members to enter the competition area until after the finals.**

# Arena



# Other topics



- Travel schedule to airport after races will be announced tomorrow team leader meeting
- Mixed relay teams
  - Deadline for entry: **Wednesday 8 July 12:00** CET for announcing which countries that will have mixed teams together. The names of runners can be given later, according to the same rules as for normal teams



# Q&A TOM#2



Q: Can we put up tents at the bus stop?

A: Yes

Q: Can we bring a big bag to the pre-start?

A: Yes, we will bring everything back.

Q: Is single electricity lines on the map?

A: No, only bigger, like on the model map.

# Q&A TOM#2



Q: How much space will it be in the tents at the pre-start

A: Space for approx 50 persons

Q: Will there be more space in the team tents than today?

A: Yes!

Q: Map questions: Height of stones?

A: Minimum 1 meter

# Q&A TOM#2



Q: Will there be better control of access to the pre-start and team zone at the arena than today?

A: Tomorrow it will be more control. It is important for all the athletes and leaders to wear the accreditation.

Q: How is the distinction between marshes and normal forest?

A: The model map, training maps and warm-up maps show this. Normally it is different vegetation

# Q&A TOM#2



Q: Will the north lines be parallel to the map edge tomorrow?

A: Yes

Q: Today it was only 4 toilets. Will it be more tomorrow?

A: Yes, we will increase the capacity tomorrow

Q: Is it fair that the speaker gives info, while the team leaders are not allowed. Is this fair?

A: We all want to have a good speaker, not a silent arena, and the speaker may say whatever he want



# Q&A TOM#2



Q: Is it allowed to wear a sprint singlet tomorrow?

A: No, it should be a shirt with short arms, a T-shirt

Please inform the runners to bring accreditation and start-bib when entering the but! This will help the process to happen faster

