



# DM SPRINT 2019

## Bulletin 2 - Instruction



**Saturday 25<sup>th</sup> of may 2019, Grindsted City**

**Organizer** OK Gorm, Jelling

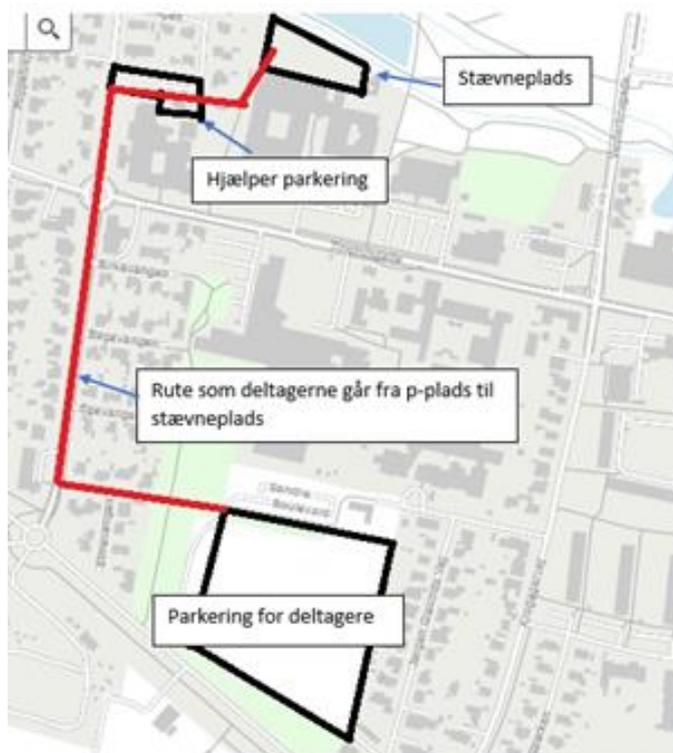
**Event and classification** Danish Championships Sprint, WRE (World Ranking Event).  
Classification A\*\*\*\*\* 



**Date** Saturday 25th of may 2019, event center / arena and eventoffice opens at 12:00

**Venue** Grindsted City ([map of region](#))

**Meeting point and parking** Access to the [parking](#) exclusively from Søndre Boulevard.



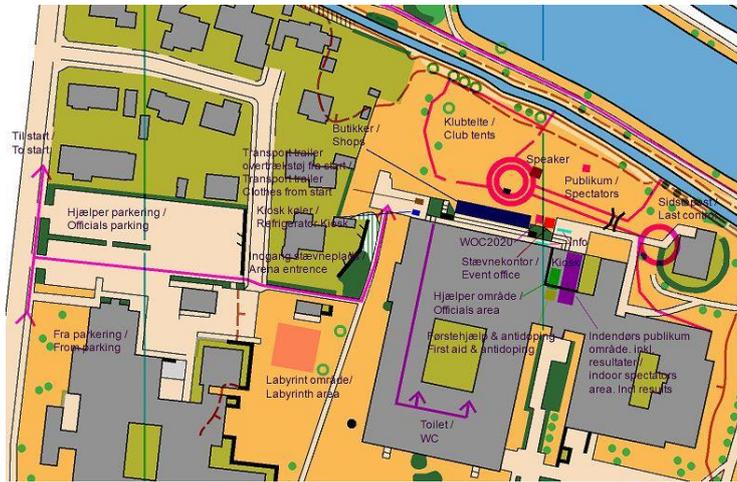
(Event centre)

(staff parking)

(Route to follow from parking to event center)

(Parking for participants)

**Event center** event center / arena is close to Grindsted Gymnasium. Address: Tinghusgade 20, 7200 Grindsted.



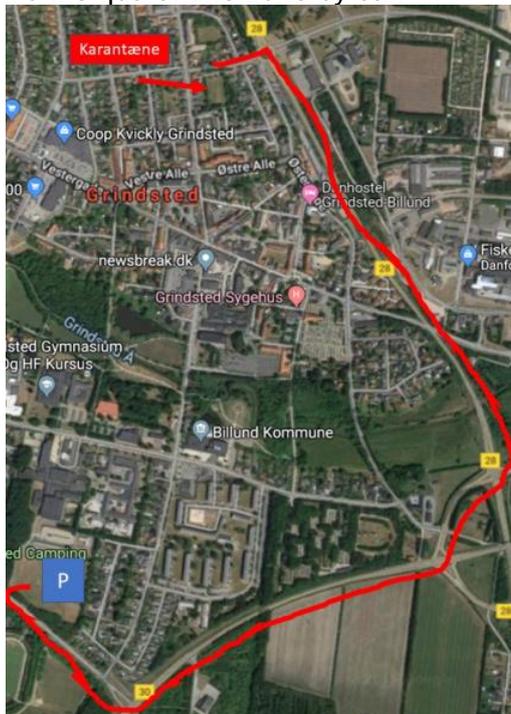
## Distances

From parking to event center: max. 8-900 m – Mandatory: follow the marked route.

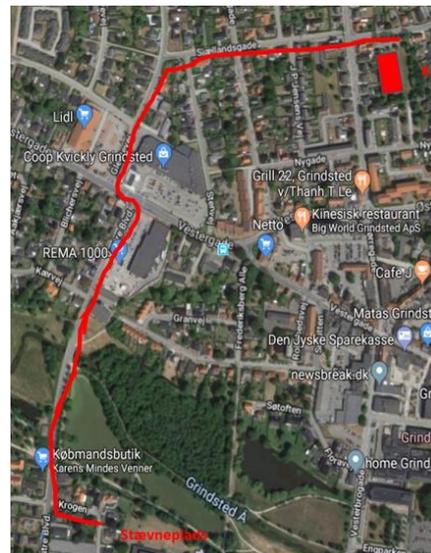
From event center to quarantine zone: 1300 m (follow signs and blue tape)

From event center to start 2: 600 m (red tape)

To the quarantine zone by car:



- on foot:



## Quarantine

Runners in classes D18/H18, D20/H20 and D21/H21 **MUST** be in the quarantine zone before 13:45. The quarantine zone opens 13:00.

Clothes and equipment will be transported from the quarantine zone to the finish area (event center), where you pick it up by self-service.

IOF rules for quarantine zones are followed: If a runner or a team official attempts to enter the quarantine area later than deadline, they may be refused entry. This decision will be made by the IOF Event Adviser. Use of mobile phones or other equipment for communication is not allowed in the quarantine area.

## Classes

DOF (Danish Orienteering Federation) makes the seeding in the classes D18/H18, D20/H20 and

D21/H21. D=Women, H=Men.

Class	Difficulty	Start	Controls / km	Note
D12	White–Easy	2	20 / 2,3	
D14	Yellow–Medium	2	20 / 2,7	
D16	Black–Difficult	2	17 / 2,5	
D18	Black–Difficult	1	21 / 3,3	D18 and D20 same course WRE
D20	Black–Difficult	1	21 / 3,3	
D21	Black–Difficult	1	22 / 3,5	
D35	Black–Difficult	2	17 / 2,5	
D40	Black–Difficult	2	17 / 2,5	
D45	Black–Difficult	2	17 / 2,5	
D50	Black–Difficult	2	16 / 2,4	
D55	Black–Difficult	2	16 / 2,4	
D60	Black–Difficult	2	14 / 2,2	
D65	Black–Difficult	2	14 / 2,2	
D70	Blå–Difficult	2	14 / 2,1	
D75	Blå–Difficult	2	13 / 1,8	
D80	Blå–Difficult	2	13 / 1,8	
D85	Blå–Difficult	2	13 / 1,8	
H/D90	Blå–Difficult	2	13 / 1,8	
H12	White–Easy	2	20 / 2,3	
H14	Yellow–Medium	2	20 / 2,7	
H16	Black–Difficult	2	17 / 2,8	
H18	Black–Difficult	1	20 / 3,6	H18 and H20 same course WRE
H20	Black–Difficult	1	20 / 3,6	
H21	Black–Difficult	1	22 / 3,8	
H35	Black–Difficult	2	19 / 2,8	
H40	Black–Difficult	2	17 / 2,8	
H45	Black–Difficult	2	17 / 2,8	
H50	Black–Difficult	2	19 / 2,8	
H55	Black–Difficult	2	19 / 2,8	
H60	Black–Difficult	2	16 / 2,7	
H65	Black–Difficult	2	16 / 2,7	
H70	Blå–Difficult	2	14 / 2,1	
H75	Blå–Difficult	2	14 / 2,1	
H80	Blå–Difficult	2	13 / 1,8	
H85	Blå–Difficult	2	13 / 1,8	

Some controls are radio-controls. There are near the starts and at the finish.

The following courses are offered for Open Entry. You can enter through the ordinary entry or buy

a course at the event office from 13:00 to 13:45. <sup>1)</sup>

Open Classes:

Course	Difficulty	Comment
Åben1	Black-Difficult	Length approx H40
Åben2	Yellow-Medium	As D14/H14
Åben3	White-Easy	As D12/H12

Open courses (<= 20 year): 80 DKK

Open Courses: 120 DKK

Rental of SI-card: 20 DKK

<sup>1)</sup> When purchased on the day, an additional fee of 10 DKK will be added to the price. Courses bought on the day may be printed maps – not offset.

### **Punching system**

The competition will use SportIdent.  
Runners using their own SI-card must provide the SI-card number at the time of entry.  
Entry without SI-card number will be provided a rental SI-card at an additional fee of DKK 20.

Numbers are placed horizontal on the controlunits. In addition numbers may appear vertically on the post stand.

Rental SI-cards will be handed out at the start and must be returned at the finish.  
Missing return of a rental card costs DKK 500.

A runner who has forgotten the SI-card can get a rental card in the event office at a 20 kr fee.

### **Terrain**

Urban area with minor open grass areas, parking areas and parks.  
Only small height variations.

### **Map**

Grindsted, 1:4.000, 2.5 m contour interval

New map from autumn 2018, with corrections may 2019. Drawn according to ISSOM 2007 and with the quality stamp of DOF.  
Printed by offset technique on strong waterresistant paper.

One special symbol on the map:

- Outdoor sports facility  
or children's playground equipment

### **Mandatory crossings, passages and forbidden areas (rules)**

Grindsted is an active town, and on major/minor roads and walking paths you will encounter motorized traffic, bikes and pedestrians – take great care and keep an eye on the traffic.

It is the runners own responsibility to comply with the traffic rules!

Forbidden areas are marked on the map in the olive green color of the IOF sprint norm.

Additional areas out of bound (prohibited areas) are marked with purple color.

A black-green color is used for vegetation, eg. hedges where passage is prohibited.

Road areas, where passage is prohibited, are marked with purple hatching on the card.

Restaurations and building areas are out of bounds and marked with purple shading. Entrances or passages, which are out of bounds are marked with a purple crossing line.

Mandatory crossings are marked on both map and control description and must be used.

In some areas

In areas where we have estimated that doubts may arise, the prohibited areas are further marked in the terrain with red / white tape (snitzling).

Instructions from on-site officials MUST be followed.

Shoes with spikes are not allowed.

**Control descriptions**

Loose mail descriptions are provided in the start box - only for runners with suitable holders. They are also available on the map.

**Competitors accepted**

All runners who are members of a club under DOF or IOF may start. Only runners who are members of a Danish club under the Danish Orienteering Federation and are 1) Danish citizens or 2) have a Danish personal number (cpr-nummer) on the day of competition can receive prizes in this Danish Championship.

All – also runners without a club – can sign up for an open course.

**Start**

Individual start. 1-minute start interval.

First start is 14:00 – (D18, H20, D20, H20, D21, H21)

Other classes from 15:20

**Event bibs**

Event bibs are worn by all runners (except open courses). Bibs will be available at the start.

**Start procedure**

Call up 4 min before your start time:

Box 1: Call up and identification of runner and SI-card (hired SI-cards will be handed out here).

Clear and check units are in box 1. It is the runners own responsibility to get their SI-cards cleared and checked here.

Box 2: Control descriptions and example of the competition map.

Box 3: Example of the competition map. Participants on courses white/light are given the map and are offered starting help.

Box 4: The map must be checked for the correct class. The map must first be taken at the starting moment. Remember fairness!

Late starters should report to the start personnel and follow their instructions.

Foreign runners in H/D21 will be placed in the start list according to their position in the WRE-ranking. Foreign runners in other classes will be placed at the front of the start list in their respective classes.

**Finish**

Finish at the event arena.

Max. time 50 minutes.

You have to hand in your map after the finish line, but after the competition you get a new map - in bags per club

**Transport of clothes and luggage from the start** Clothes and equipment will be transported start to the finish area (event center), where you pick it up by self-service.

**Showers and changing facilities** Showers and changing facilities at the Magion Culture- and Sportcenter 15:00-19:00. Distance fra event center: 600 m. (Between parking area og event center)

**Toilets** Toilet facilities at the Gymnasium by the event center og toilets at start.

**Speaking** There are speaking.

**Labyrinth for children and others** A labyrinth course at the event center is offered. It is free of charge. Open 14:30 until 17:00

**Results** Results will be shown currently at the eventcenter and on Live Results (<http://liveresultat.orientering.se>). After the competition results will be shown at the homepage, O-Result, Winsplits and O-track (<https://www.o-track.dk/>), where the courses are seen after the competition.

**Prizes** Prizegiving ceremony is expected at 17:15

Only runners who are members of a Danish club under the Danish Orienteering Federation and are 1) Danish citizens or 2) have a Danish cpr-number on the day of competition can receive prizes in this Danish Championship.

**Café/Kiosk** Well-stocked kiosk at the arena

**1st Aid** Contact: Jonas Bo Kirk Egdal – Mobile: +45 30 29 53 44 or event office

**Event Director** Ole Binder, OK Gorm, Birke Allé 13, Ødsted, 7100 Vejle. +45 2144 3002 / [olebinder@hotmail.com](mailto:olebinder@hotmail.com)

**Course Planner** Jørgen Damgaard, OK Gorm

**IOF advisor, Event control** Erik Bobach, udpeget af DOF/IOF, Silkeborg OK

**Course control** Ole Gadsbølle, OK Esbjerg

**Jury-chairman** Erik Bobach, DOF/IOF, Silkeborg OK

**Jury-members** Anne Maarup, Allerød OK  
Flemming Thyssen, Horsens OK  
Lars Klogborg, OK HTF

The jury can be contacted by the event office.

**Map** Map by Gediminas Trimakas, GT MAPS, autumn 2018. Corrections until may  
may 2019 by Søren Germann, OK Gorm

**Map consultant** Troels Christiansen, Søllerød OK

## Sponsors:



## Ranglistesponsorer:

**TRIMTEX**  
Trimtex Cup

**LØBEREN**  
Løberen League

## Præmiesponsor (D12, D14, D16, H12, H14, H16):

**LØBEREN** Vejle