

2. Swiss National Race (Sprint) in Richterswil / IOF World Ranking Event

Directives – Bulletin 2

Organiser	OL Zimmerberg
Event director	Thomas Attinger / Martin Gross
Course planners	Sara Rüegg / Fabio Würmli
IOF Event Adviser	Konrad Becker (assistant Simone Niggli-Luder)
Competition Judge	Marlies Laager
Competition Jury	Therese Achermann, Christian Schneebeli, Matthias Niggli (Representatives of Swiss Orienteering)
Map	Richterswil, Spring 2019, 1:4'000, contours 2,5 m
Terrain	Urban sprint terrain; winding streets in the old town of Richterswil
Information	sprintol@olzimmerberg.ch / +41 78 709 06 78 / Thomas Attinger
Internet	olzimmerberg.ch
Meeting place	School Boden, Göldistrasse 19, 8805 Richterswil With the exception of participants in the selection races categories HE/DE, H20/D20, H18/D18 and H16/D16: Meeting place and quarantine at the school Feld, see below.



Event centre	Event information, registration for Open-/sCOOL-categories, start numbers, first aid, food & drinks, changing rooms, showers, toilets.
Day-care centre	The day-care centre for children is on the way from the bus stop, train station, and the car park, to the event centre, at the "Kindergarten Im Leemann"; 5 mins walk from the event centre; from 9:00 am to 1:30 pm; for children 2 years+; no registration required.
School-Race/Kids-Race	From 9:00 am to 1:30 pm; free of charge.
Getting there (train)	Burghalden SOB train station (compulsory for participants in the selection race categories!) or Bus 170 from Richterswil main station to the bus stop „Im Leemann“. From there 500m on foot (10'); You may not leave the marked route. No access on foot from the main station through the village! Competitors not following the above guidelines will be disqualified.
Getting there (car)	Signposted from the Richterswil motorway (A3) exit; please follow any instructions provided by event volunteers; Parking outside the official event car park will lead to disqualification. Parking is limited. Public transport recommended. approx. 1,5 km on foot to the event centre (15'); You may not leave the marked route.
Start times	Elite race 9:00 am, all other classes approx. 10 am – 1 pm.
Start sequence	Regional draw; Selection race with specific regulations.
Start list and results	Will be published under http://www.swiss-orienteering.ch and http://www.ol-zimmerberg.ch .
Distance to Start	Start 1: 1 km, 15' / Start 2: 0,3 km, 5
Toilets	Only at the event centre
Classes	All categories according to Swiss standards (incl. D/H10).
Open Categories	Open short, middle, long, family und sCOOL, registration only on the day.
Fees Open Categories	Born in 1999 and later: CHF 10.-- Born in 1998 and older: CHF 15.-- For groups and families the youngest member counts, residents of Richterswil start free of charge.
Late registration	As long as places available, until latest 9th May.
Registration changes	Until latest 11th May In writing via Compass ZOS andre_schnyder@hotmail.com . Fee of CHF 10.--, payable at the event centre.
Starting procedure	No start without a start number! 4 mins to go: Check start number, clear and check SI 3 mins to go: Control descriptions (IOF standard) printed cut-outs and available on the map 2 mins to go: prepare for access to map boxes; 1 min to go: final check, then access to map boxes Start: the map may only be removed from the box when the start signal sounds. Each runner is responsible for making sure they have the correct map. Open categories: flying start triggered by punching start control.

Artificial fences

Artificial fences are marked on the map (as thick purple line) as impassable barrier. These may not be crossed. Vau-ban-fences are used for marking these artificial fences on the ground. Crossing these will lead to disqualification.



Maximum time

1 hour; finish closes 1 hour after the last start

Finish

approx. 300 m to the event centre; drinks available at finish.

Map collection

Maps will not be collected at the finish, fair play please

SI download

In the event centre at the information stand. Please download immediately on arrival.

Retirements

Any runners who retire must download their SI card.

Timing system

SPORTident / COMPASS ZOS GmbH

Anti-Doping

Anti doping controls may be performed for runners of any category. With registration, the participants accept the rules of Swiss Olympic. In the classes HE/DE/H20/D20, only those athletes having acknowledged the Swiss Olympic Association's anti-doping rules will be allowed to compete. More information and the acceptance form can be found at www.swiss-orienteeing.ch. If not done already, before their start athletes will have to sign the anti-doping agreement of the Swiss Olympic Association at the meeting place in quarantine.

Insurance

Each competitor is racing at his/her own risk and is responsible to have adequate and personal insurance coverage. The organisers are declining any liability to the extent permitted by law for incidents occurring before, during or after the competition. With registration, the participants accept these insurance conditions.

Traffic during the race

The race is taking place in a low traffic area, with generally only limited traffic from local residents. However, traffic is not regulated and the usual traffic laws apply!

First aid

At the finish and in the event centre.

Media / press

Martin Gross, Kirchstrasse 7, 8805 Richterswil
m.gross@active.ch; +41 79 827 59 53

Food & Drink

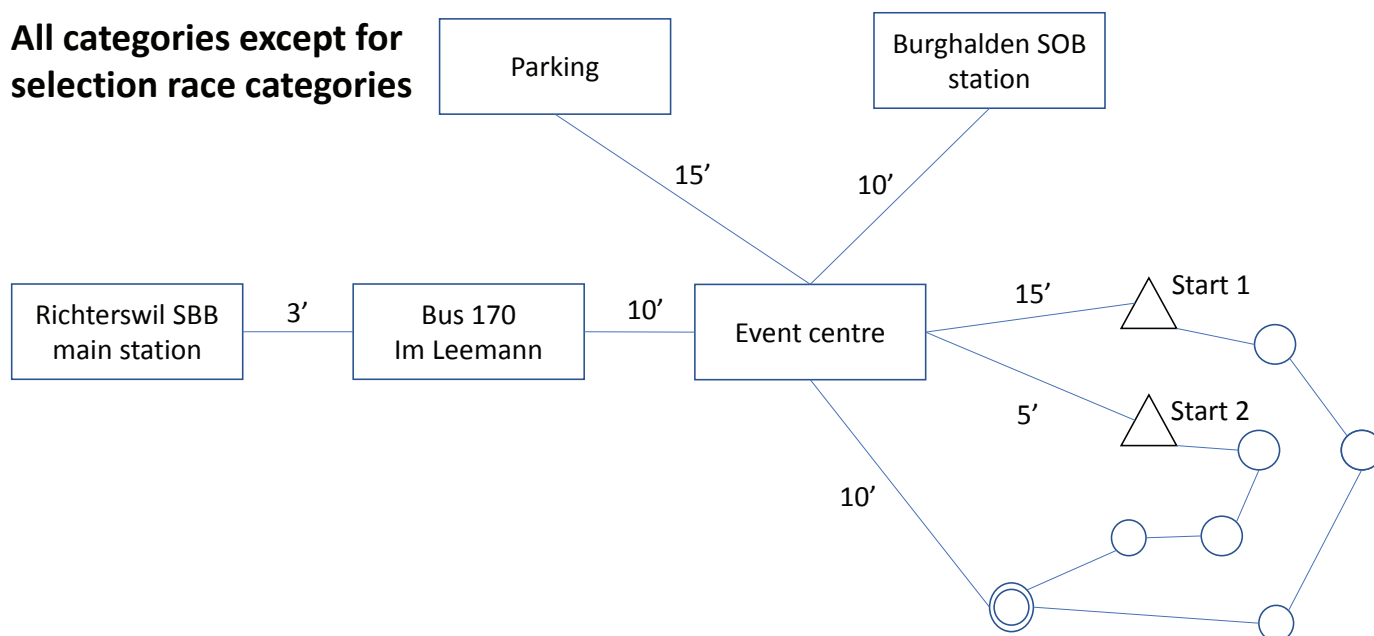
Wide choice of food and drink suitable for Sprint- und Sprint-Relay races.

Quarantine

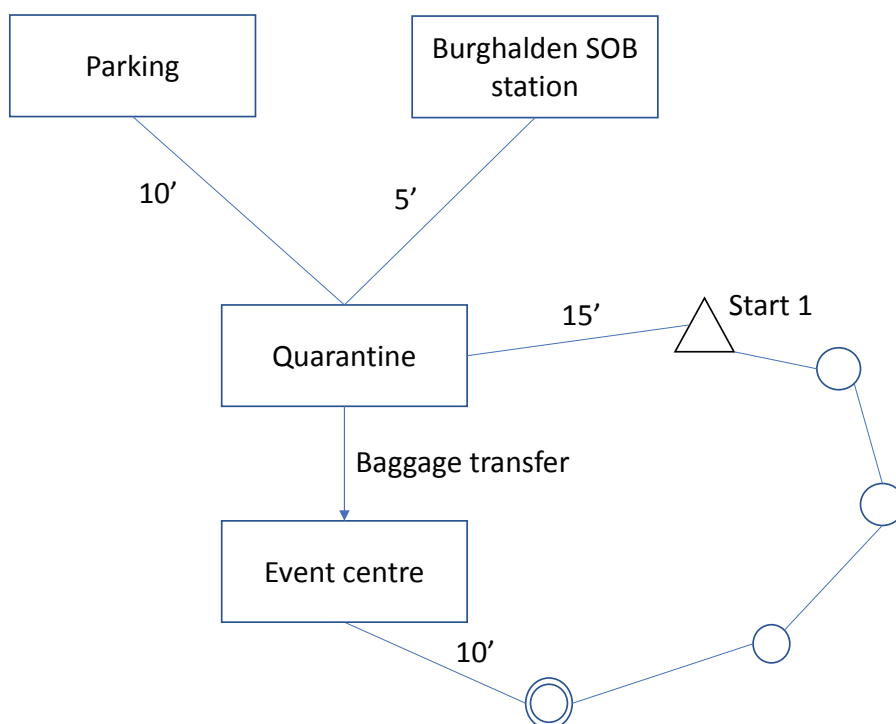
There will be a quarantine set up for the participants of the selection race categories HE/DE, H20/D20, H18/D18, H16/D16 (in the Feld school) close to the event centre. Access is compulsory via public transport to the Burghalden SOB station or alternatively by car. Same parking as mentioned by „Getting there (car)“. Start numbers will be available directly in quarantine. The event centre may not be accessed until after the race. Entry into quarantine by 9 am for Elite runners and by 10 am for all other selection race participants. Clothing transport from quarantine to the event centre will be available. For runners in the quarantine a warm-up map and controls will be available.

Access / times

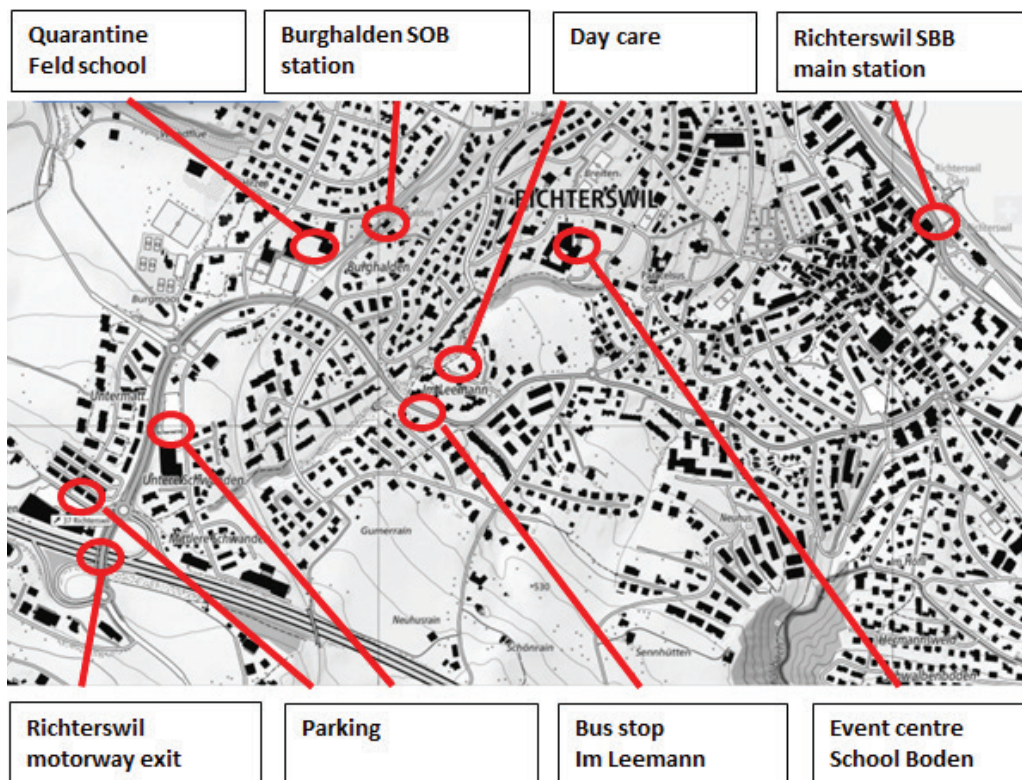
All categories except for selection race categories



Selection race categories HE/DE, H20/D20 H18/D18, H16/D16

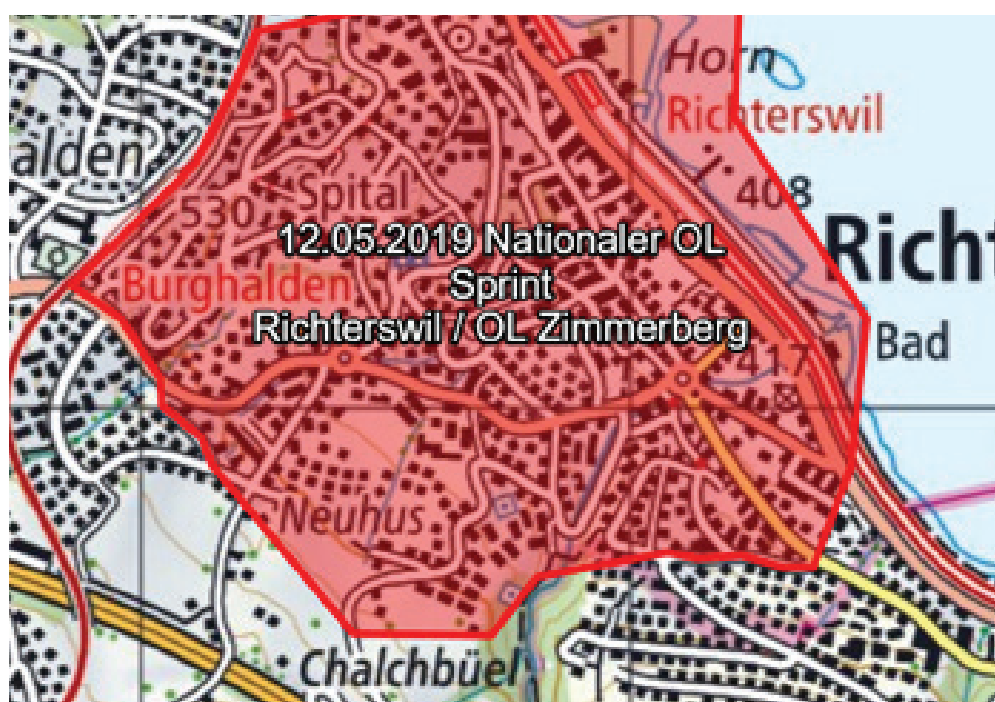


Overview



Out of bounds

The Richterswil youth hostel is within the out-of-bounds area. You are still permitted to stay here. Please follow the same rules as when arriving by public transport. Participants to the selection race categories arriving by public transport must use the Burghalden SOB train station; No access on foot from the main station through the village! Competitors not following the above guidelines will be disqualified.



Classes and courses

Category	Distance (km)	Climb (m)	Controls	Start	Category	Distance (km)	Climb (m)	Controls	Start
H10	1.13	15	12	2	D10	1.15	10	14	2
H12	1.27	15	15	2	D12	1.32	10	15	2
H14	1.72	20	19	1	D14	1.65	25	17	1
H16	2.08	25	19	1	D16	2.04	40	22	1
H18	2.50	50	24	1	D18	2.41	45	25	1
H20	2.50	50	24	1	D20	2.41	45	25	1
H35	2.54	55	24	1	D35	2.13	40	22	1
H40	2.47	40	21	1	D40	2.07	35	21	1
H45	2.32	40	22	1	D45	2.04	25	21	2
H50	2.12	40	20	1	D50	1.87	30	20	1
H55	1.92	40	20	1	D55	1.58	15	19	2
H60	1.68	35	18	1	D60	1.51	20	16	2
H65	1.49	50	17	2	D65	1.36	15	15	2
H70	1.27	15	15	2	D70	1.21	15	15	2
H75	1.21	15	15	2	D75	1.12	10	13	2
H80	1.19	15	15	2					
HB	1.32	15	15	2	DB	1.17	20	15	2
HAK	2.13	40	22	1	DAK	1.92	35	21	2
HAM	2.27	50	23	1	DAM	2.04	25	21	2
HAL	2.62	55	25	1	DAL	2.32	40	22	1
HE	2.81	55	28	1	DE	2.43	45	22	1
OK	1.02	10	14	2					
OM	1.21	10	14	2					
OL	1.38	40	15	2					
FAM	1.02	10	14	2					
sCOOL	1.00	10	13	2					