



PORVOO 4.5. & TAMPERE 5.5.2019

BULLETIN 2

1. Organisers

Saturday 4th May 2019

PreO1 and Tempo will be organised by orienteering club Mäntsälän Urheilijat.

Event Director	Kristiina Mäkinen
Course Setter	Lauri Mäkinen
Event Adviser	Hannu Niemi (Epilän Esa)

Sunday 5th May 2019

PreO2 will be organised by orienteering club Koovee.

Event Director	Pinja Mäkinen
Course Setter	Juha Villikka
Event Adviser	Hannu Niemi (Epilän Esa)

Jury

Koji Chino (JPN), chairman

Martin Fredholm (SWE)

Jari Turto (FIN)

2. Event Programme

Date	Competition	First Start	Location
Sat 4.5.2019	FinTrailO Tempo competition	9.00	Porvoo
Sat 4.5.2019	FinTrailO PreO1 competition	10.00	Porvoo
Sun 5.5.2019	FinTrailO PreO2 competition	10.00	Linnainmaa, Tampere

3. Competition Rules

The Competition Rules for IOF Trail Orienteering Events (2019) as well as instructions given by the organizers apply. Copy of the rules is available for download on the IOF website (<https://orienteering.sport/trailo/competition-rules/>).

4. Terrains and Maps

Terrain FinTrailO tempo competition 4.5.2019

Park and forest terrain. Firm roads, no steep uphill. Total climb 25m.

Terrain FinTrailO PreO competition 4.5.2019

Forest terrain. Firm roads. One steeper hill where assistant for wheel chair provided. Total climb 45m.

Terrain FinTrailO PreO competition 5.5.2019

Forest terrain. Firm roads.



Maps Saturday 4.5.2019

Trail-O maps 2019. ISSOM 2007, scale 1:5000 (notice the scale change after Bulletin 1), contours 2,5 m. TempO map by Lauri Kontkanen. PreO map by Lauri Kontkanen and Petteri Hakala.

Maps Sunday 5.5.2019

Trail-O maps 2019, ISSOM 2007, scale 1:4000, contours 2,5m. Map by Pam-map / Pekka Ala-Mäyry.

5. Number bibs and other competition material

The competition material for all three competitions (A and B classes) can be picked up at the competition info at Kokonhalli, Porvoo. The individual envelope contains a number bib (same for all competitions), competition cards for TempO, PreO 1 and PreO 2.

Remember to take your own safety pins for the number bib. There are some extra safety pins available at the info desk.

There are also some pin punches for PreO to be borrowed at the Info desk.

Pay the remaining payments only by cash (in euros) when picking up the competition material.

Keep the number bib visible throughout the competition, especially when entering the TempO stations and PreO time control.

Be sure that the organizer knows about your official IOF eligibility certificate. We ask you to do this in advance via e-mail: fintrailo2019@gmail.com, but latest when picking up the competition material.

Classes HD10-14 will get their number bibs at then competition info at Linnainmaan koulu, Tampere. Pin punches can be borrowed and returned at the same place. Competition card will be given before timed control.

Those who competes only at Sunday in classes Elit and A-kunto will get their material (number and competition cards at competition info at Linnainmaan koulu.

6. Competition Centres

Saturday Porvoo

The competition centre is Sports centre Kokonhalli, address: Jääkiekkotie 3, 06100 Porvoo. There is an accessible toilet and a small cafeteria in the competition centre. The doors of Kokonhalli open at 8 am and close at 6 pm.

The cafeteria is open until 3 pm. Lunch reservations (fish soup or vegetable soup + salad, 7 €) before May 1st: fintrailo2019@gmail.com.

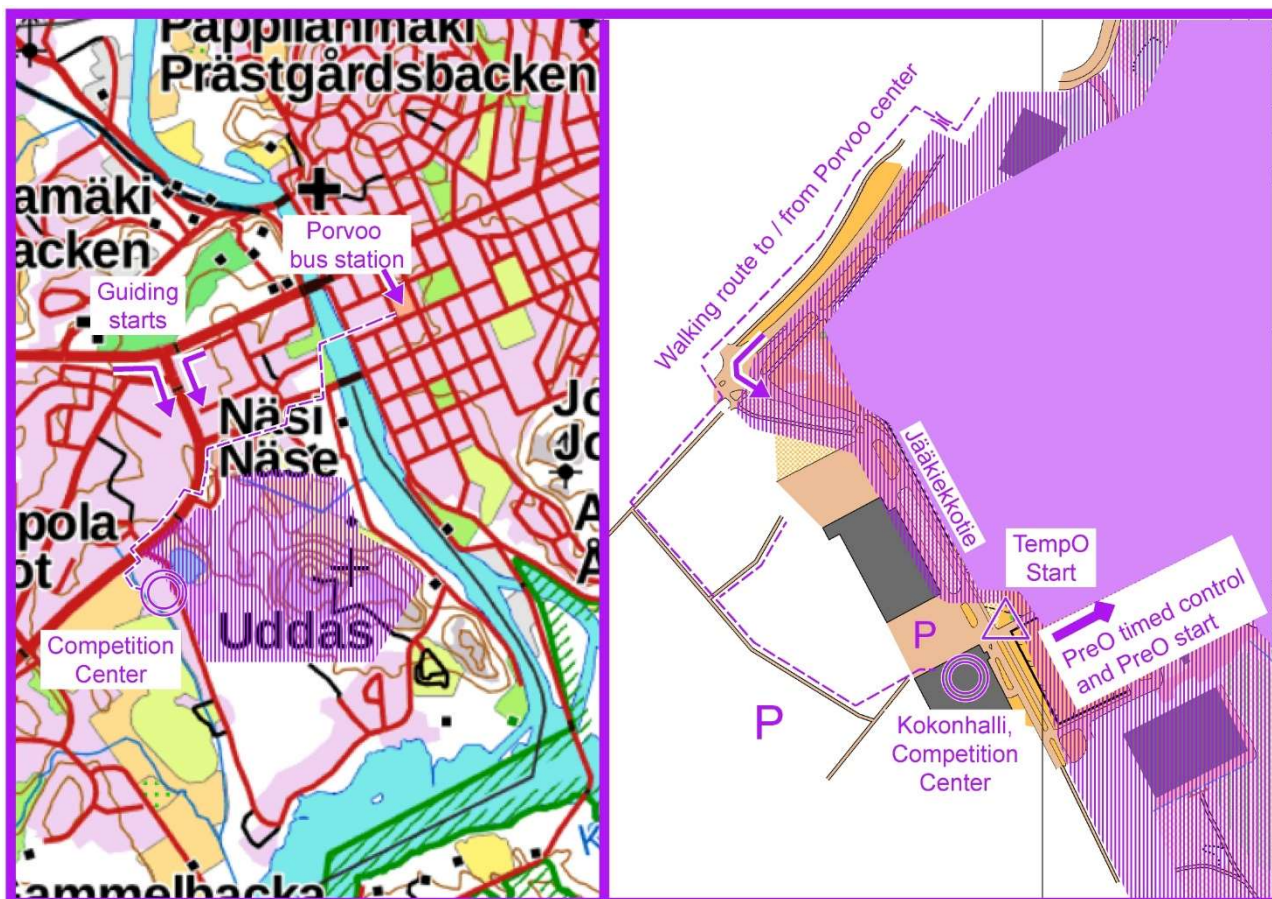
Guiding to the competition centre starts at the junction of roads 170 "Läntinen Mannerheiminväylä" and 1543 "Tolkkistentie". Signs will be visible at 7 am. See map attached. The forbidden areas are shown on the map.

If you come by car, you are allowed to drive along the road "Jääkiekkotie" only to the parking areas around the competition centre. The parking areas are marked on the map with sign "P". The parking space is shared with many simultaneous sport events in the same area.



If you enter the competition centre by foot or by bike, please study carefully the allowed route avoiding the forbidden areas. See maps.

Study the forbidden areas carefully on the map attached. Do not go across the road "Jääkiekkotie" after entering the parking area of the competition centre "Kokonhalli".



Sunday Tampere

The competition centre is Linnainmaan koulu (school), address: Linnainmaankatu 12, 33580 Tampere. There is an accessible toilet and a small cafeteria in the competition centre. The doors of Linnainmaan koulu open at 8 am and close at 6 pm.

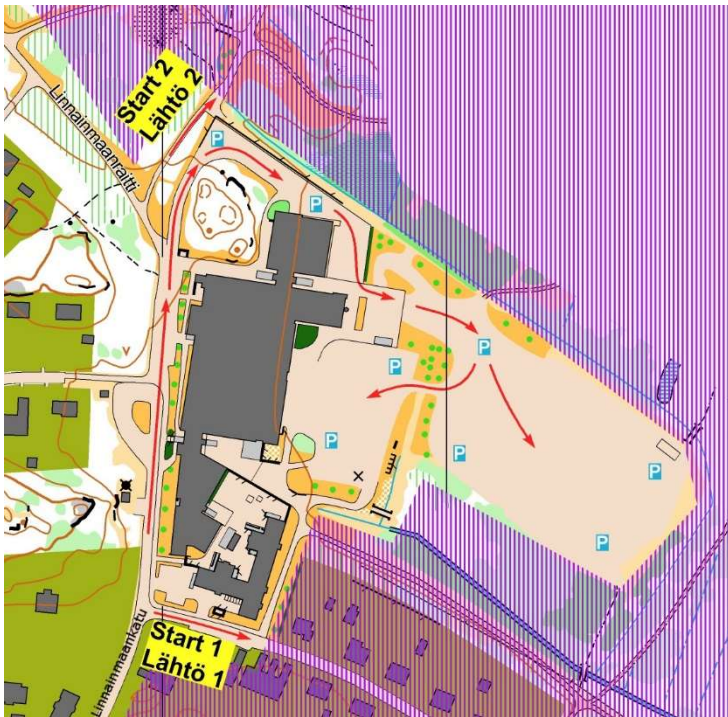
Guiding to the competition centre starts at the junction of streets Sammon Valtatie and Linnainmaankatu. Signs will be visible at 8 am. That is the only route which you can use when arriving to competition centre, see map attached. The forbidden areas are shown on the map.

There is guidance to the parking places.

If you are coming by foot or by bike you can use Linnainmaanraitti in addition to Linnainmaankatu. Same route can be used after competition if you want to have lunch at the nearby shopping malls (Citymarket and Prisma) or Auto-Center Areena. See map.

At the competition centre there is available coffee, bread and something sweet for eat. Payment only by cash. There are 3 toilet and 1 accessible toilet in the corridor and one in both dressing rooms. Dressing room is available for both men and women inside the school.

It is not allowed to use shoes or any other footwear in the sports hall.



7. Starts, Saturday

TempO competition starts on Saturday at 9.00. There are individual start times for TempO.

TempO start is less than 50 m from the competition centre.

PreO 1 start is 250 m from the competition centre. It is possible and recommended to continue to the PreO competition right after the TempO competition. The timed control for PreO 1 opens at 10.00.

In the PreO 1 competition there is a queue start. The order of the two competitions is TempO first even if you have a late start in TempO.

The distance from timed control to the start of the PreO route is 250 m.

8. TempO, Porvoo

50m to the start. The route length is approx. 1,2 km. You will get the route map when you start.

Both Elit and A-kunto classes have 6 stations with 6 flags and five tasks. Max time for each station is 150 sec. Articulate clearly the answers of the tasks using following alphabets: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Zero. "Zero" is a possible answer in both classes. If you want to point your answers (from the letters that are situated in front of your chair), please tell that to the officials immediately when arriving to the station.

TempO maps can be chosen as bound or loose. An official asks you which ones you want to use, when you arrive ("Bound or loose?"). In TempO 30 sec per every incorrect answer is added to the total time.

When arriving to the TempO station, give your competition card to the official and sit down on the chair. Don't stand up before having completed the tasks. Officials stand between the chair and the control flags. When seated, select either bound or loose maps given to you. There is a cover page on the map bunch. The maps are in right order if you see numbers from 5 to 1 running in descending order on the

right side of the bunch. If this not the case, hand the bunch to the official and it will be put in order. Check also, that you are given the map bunch for the right class (E or A on the cover page).

One of the officials introduces you the flags starting from the left: "Alpha, Bravo, Charlie, Delta, Echo and Foxtrot." If you do not see all the flags, you have to tell immediately and the official will show again. After that the official announces: "Time starts NOW!" After the NOW command, turn the cover page to the bottom of the map bunch and you see the first map. Based on the map and the control description below it, you can find out where the correct position of the flag is, or which flag is to be asked. Announce your answer with clear voice, e.g. "Delta". If you think none of the flags is correct, answer "Zero". The answer given once cannot be changed.

After telling the answer, turn the next map on sight and answer to it. The map you are answering must be visible until you have given the answer. The previous map is not to be re-opened and it is not allowed to have two maps in sight at the same time. Maps are not to be thrown to the ground but placed at the bottom of the map bunch. If an answered map is re-opened or two maps are left in sight at the same time, the answer is rejected.

When you give the answer to the last or fifth task, the time will stop. The officials write down your answers and the time used on their list and on your competition card. The official tells you the answers and the time marked on the list before leaving the station. If the answers or times in the competition card differ from those marked on the list, the ones in the list are valid.

Leave your competition card to the officials at the last TempO station.

After finishing TempO it is recommended to continue straight to the PreO timed control, which is situated near the last TempO station. If needed, you may return to the competition centre for a short break before that. Keep in mind, that you are not allowed to tell anything about the competition to the competitors who have not yet competed.

The solution maps for both competitions are available in the info after the PreO competition.

9. PreO 1, Porvoo

Elit: course 1,3 km, total climb 45 m, 28 controls, max time 123 minutes (136 minutes for those having an official IOF eligibility certificate).

A-kunto: course 1,3 km, total climb 45 m, 20 controls, max time 93 minutes (106 minutes for those having an official IOF eligibility certificate).

The competition begins with a timed control, which is situated near the last TempO station 250 m from the competition centre. There is a queue start in PreO. If you are not taking part in the TempO competition, please enter the PreO timed control queue at 14.00 latest.

At the timed control there are 6 flags and three tasks in both classes. The operation at the timed control is similar to the TempO stations, except that there are no "Zero" answers.

After the timed control you are directed to the PreO course start ca. 250 m further.

During the competition it is allowed to use roads, paths and other areas marked on the map with brown colour. Prohibited areas are marked on the map with a purple line. Prohibited areas are marked in the terrain only when it is considered relevant.

The class (E and A-kunto) and the number of the control are marked on the "decision poles". Elit class is marked with blue and A-kunto with red. The "poles" are boards lying on the ground. There



are poles also for controls with only one flag. The controls must be punched in numerical order. We recommend to use own pin punches – there are some to be borrowed at the competition Info.

At the PreO start the official marks the start time on the competition card and you get the competition map.

Along the PreO course there is a "ONE WAY" part. It is marked on the map with a violet, dotted line arrow. "ONE WAY" is also written in the control description. In a ONE WAY part it is allowed to stop but it is forbidden to return back. The ONE WAY part is an uphill. There is an official available, in case assistance for the uphill is needed.

The flags of the controls E 22-23 and A 16 are raised exceptionally high (130 cm) in order to be seen well and there are double flags. There may be also some other double flags along the route, but elsewhere the height is normal (100 cm).

At the end of the course there is an official who marks the finishing time on the competition card. After finishing the PreO course return to the competition centre and hand in the competition card at the Info.

Use of a personal assistant is permitted. An assistant is allowed to help in moving and punching. The assistant can also help in handling the map and the compass according to the competitor's advice. The assistant is not allowed to help in solving the tasks.

The course consists of an outdoor route. Take into account other people using the route!

From the finish of the PreO it is 1,5 km back to the competition centre. Return by proceeding the PreO route back.

10. PreO 2, Tampere

The competition begins with a timed control. Start in the starting list means time for timed control. There are two timed controls and starts. Start 1 for Elit-class. There will be maps available for guidance to start 1. Start 2 is for the rest of the classes. There is guidance to timed control and then to start 2.

Class	Course	Distance	Controls	Max time (min)	Total climb	Start
Elit	E	1,4km + 0,9 km	34	171	30 m	1
A-kunto	A	0,9 km	17	78	10 m	2
D10	B	0,9 km	11	60	10 m	2
D12	B	0,9 km	11	60	10 m	2
D13	A	0,9 km	17	78	10 m	2
D14	A	0,9 km	17	78	10 m	2
H10	B	0,9 km	11	60	10 m	2
H12	B	0,9 km	11	60	10 m	2
H13	A	0,9 km	17	78	10 m	2
H14	A	0,9 km	17	78	10 m	2

During the competition it is allowed to use roads, paths and other areas marked on the map with brown colour. Prohibited areas are marked on the map with a purple line. Prohibited areas are marked in the terrain only when it is considered relevant.



The course (E, A or B) and the number of the control are marked on the "decision poles". E course is marked with blue, A course with red and B course with green. The "poles" are boards lying on the ground. There are poles also for controls with only one flag. The controls must be punched in numerical order. We recommend to use own pin punches – there are some to be borrowed at the competition Info.

At the Finish there is an official who marks the finishing time on the competition card. Your competition card and map will be collected at the finish.

Use of a personal assistant is permitted. An assistant is allowed to help in moving and punching. The assistant can also help in handling the map and the compass according to the competitor's advice. The assistant is not allowed to help in solving the tasks.

The course consists of an outdoor route. Take into account other people using the route!

Elit class

Distance to timed controls is 1,9 km and from there to start 150 meters.

At the timed control there are 6 flags and three tasks. The operation at the timed control is similar to the TempO stations, except that there are no "Zero" answers.

After the timed control you are directed to the PreO course start ca. 150 m further.

E-class course is splitted into two parts. Each part will have an own map. After 1st part of the course there is Finish 1. Competition card 1 and map are collected there. There is guidance to start 2 (Start is same as A- and B-courses). In the part 2 you will use your second competition card (starting from control 20).

Please be careful that you use competition cards in the correct order. You can see it from control numbers in the card (2nd card is starting from 20).

At the PreO start1 and start2 the official marks the start time on the competition card and you get the competition map.

Along the PreO course there are two "ONE WAY" parts. They are marked on the map with a violet, dotted line arrow. "ONE WAY" is also written in the control description and marked in the terrain. In a ONE WAY part it is allowed to stop but it is forbidden to return back.

Other classes

Distance to timed controls is 400 meters and from there to start 650 meters.

Classes A-kunto. D14, D13, H14 and H13 will use A-course. Classes D12, D10, H12 and D10 will use B-course. B-course does not have any "Zero" answers.

At the timed control there are 5 flags and three tasks. The operation at the timed control is similar to the TempO stations, except that there are no "Zero" answers. See instructions from chapter TempO, Porvoo.

After the timed control you are directed to the PreO course start ca. 650 m further.

At start your starting time is marked to your competition card by an official. They will give you a map and tell when you can start.

Classes HD10-14 competitors can have an adult to escort to start. They are not allowed to see maps or go to timed control when competitor is there. A person who is participating in the competition cannot escort anyone to start.



11. Fair play

After you have finished your route you are not allowed to tell anything about the tasks or route to the competitors who are still competing or have not yet started.

During the course do not make any extra noise. Give way to others, especially for those who are using wheelchair.

12. Wheelchair assistants

Porvoo

People who have asked for wheel chair assistants in advance will find their assistants 10 minutes before their individual Tempo start in front of the entrance of the competition centre. As same assistants are helping with many competitors in Tempo, the assisted competitors come back to the competition centre after Tempo. There are more assistants available after the Tempo competition is over, so most of the assisting for PreO will start after 13.30. More information at the info desk.

Tampere

People who have asked for wheelchair assistants in advance will find their assistants 20 minutes before their individual start time for course A and 35 minutes for course E in front of the entrance of the competition centre.

13. Use of electronic tools

The use of a cell phone or any electronic tool during the competition is forbidden. You are not even allowed to carry electronic tools during the competition.

14. Results

Online results: <https://preoresultat.se/> as soon as all the competitors have started.

Results afterwards can be found on competition web-pages.

Combined results of FinTrailO are formed using "relay method" changing all the results into seconds:

"times of timed controls + times of Tempo stations + 60 second per mistake in PreO course + 30 second per mistake at PreO timed controls + 30 second per mistake in Tempo"

The competitor with the shortest total time is the winner.

15. Complaints and protests

The time limit for complaints in PreO is 10 minutes after the final results have been published at the competition centre. In the Tempo competition, the complaint time (10 min) begins when all competitors of the PreO1 competition have returned to the competition centre. In case the results are not ready at that time, the complaint time will start when the results are published. Written complaint must be returned to info. There are empty complaint/protest forms at the info. Any protest shall be made in writing to a member of the jury no later than 15 minutes after the organiser has informed the complainant of the decision about the complaint.



16. Prizes

In E-class and A-kunto class, winners of all separate competitions will get a prize. Prizes are given also according to combined results of the three events. The six best in Elit class and the winner of A-kunto class will receive a prize. Prize giving will take place as soon as the final results are available on Sunday and the protest time has passed.

All competitors in classed H/D10-14 will get a prize. Those will be given when results for these classes are ready and published.

17. Zero tolerance, Saturday

5 meters.

18. Zero tolerance, Sunday

In Z controls distance to the nearest flag is at least 4 meters in the area objects. For point objects, the flag is at least 120 degrees apart from the side shown in the control descriptions, so that the answer is zero (Z).

B-course does not have any Zero answers.

Welcome to Porvoo and Tampere
Mäntsälän Urheilijat and Koovee

