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SABATO 6 APRILE 2019  
SATURDAY, APRIL 6TH, 2019

# SPRINT RACE TOUR

3° PROVA

WORLD RANKING EVENT  
CASTIGLIONE DEI PEPOLI  
(BO)



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Foto  
Thomas  
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DOMENICA 7 APRILE 2019  
SUNDAY, APRIL 7TH, 2019

# COPPA ITALIA MIDDLE DISTANCE

2° PROVA

WORLD RANKING EVENT

VALSERENA  
(BO)

[WWW.POLMASI.IT/WRE2019](http://WWW.POLMASI.IT/WRE2019)



Comune di  
Castiglione dei Pepoli



Comune di  
San Benedetto Val di Sambro

Unione dei comuni dell'Appennino bolognese

REALE  
MUTUA

REALE GROUP

AGENZIA DI BOLOGNA S. FELICE



# BULLETIN 3

## PROGRAMME

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Saturday 6th April – SPRINT RACE TOUR 3<sup>^</sup> round – World Ranking Event

- 13.30 event centre opening
- 14.55 Elite quarantine closing
- 15.00 first start
- 18.00 prize giving ceremony

Sunday 7th April – ITALIAN CUP 2<sup>^</sup> round - MIDDLE distance – World Ranking Event

- 8.30 event centre opening
- 10.00 first start
- 14.30 prize giving ceremony

## ORGANISING COMMITTEE

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IOF event adviser:	Daniele Guardini
Race director:	Alessio Tenani
Course setter:	Lucia Curzio
Controller:	Samuele Curzio
Start:	Federico Bacci
Finish:	Marisa Bernagozzi
Race office:	Anna Pettenò
IT:	Davide De Nardis
Venue:	Martina Paone
Speaker:	Stefano Galletti

## ORGANISING CLUB

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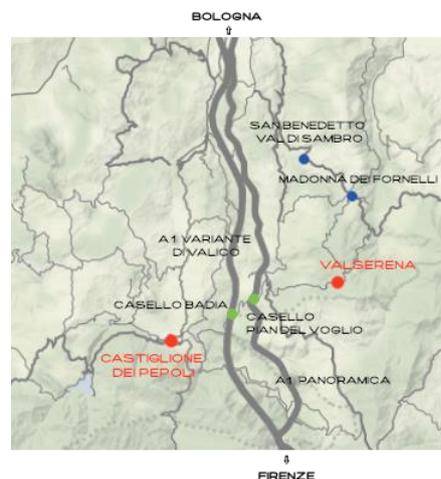
Polisportiva Giovanni Masi ASD – cod. FISO: 0221  
v. Nino Bixio 12, 40033 - Casalecchio di Reno (Bo)  
[www.polmasi.it/orienteering](http://www.polmasi.it/orienteering)  
[orienteering@polmasi.it](mailto:orienteering@polmasi.it)  
Alessio Tenani: 349 6159580

## AREA

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Saturday: by car, exit A1 VAR (“direttissima”) motorway at BADIA junction (6 km to the arena).

Sunday: by car, exit A1 (“panoramica”) motorway at PIAN DEL VOGLIO junction (5 km to the arena). From the highway to the arena follow the arrows, not navigator!



## PUNCHING SYSTEM

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Sport Ident system will be used for all classes. Air+ touch free system won't be activated.

## BIBS

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All competitors, except Elite, will use the same bib number for both competitions. Elite runners will have one bib for each race; sprint's bibs will be distributed into the quarantine, middle's bibs will be available on the pre-start.

## PRIZE GIVING CERIMONY

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Best six Elites, the first of DIRECT, A, B (only Sunday) and C, and best three runners of other classes will be awarded.

## SUSTAINABILITY

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The event is supported by UISP and Regione Emilia-Romagna in the context of the project "Primo è l'ambiente" (Environment first).

To raise awareness about waste reduction, each competitor will receive a reusable plastic glass to be used at the refreshments and at the bar.

Recycling bins will be available at the arena, please use them correctly.



## LENGHT

Lengths are shown below.

SPRINT			categoria	MIDDLE		
lunghezza/length	dislivello/climb	punti/controls		lunghezza/length	dislivello/climb	punti/controls
1950	75	12	<b>M 12</b>	2370	40	10
2600	62	13	<b>M 14</b>	3020	95	13
2600	62	13	<b>M 16</b>	3130	115	14
3060	70	13	<b>M 18</b>	4650	170	21
3060	70	13	<b>M 20</b>	4650	170	21
3470	122	18	<b>M E</b>	5520	250	28
			<b>M A</b>	4270	175	19
3470 *	122	18	<b>M B</b>	3360	135	14
			<b>M C</b>	3020	95	13
3060	70	13	<b>M 35</b>	4650	170	21
3060	70	13	<b>M 40</b>	4270	175	19
2700	82	15	<b>M 45</b>	3830	180	13
2700	82	15	<b>M 50</b>	3830	180	13
2700	82	15	<b>M 55</b>	3360	135	14
2700	82	15	<b>M 60</b>	3360	135	14
2550	62	13	<b>M 65</b>	2850	110	12
2550	62	13	<b>M 70</b>	2480	80	11
2550	62	13	<b>M 75</b>	1920	70	9
1950	75	12	<b>W 12</b>	2370	40	10
2200	50	13	<b>W 14</b>	278	70	11
2200	50	13	<b>W 16</b>	2820	105	13
2610	67	12	<b>W 18</b>	3150	120	13
2610	67	12	<b>W 20</b>	3150	120	13
2740	72	14	<b>W E</b>	4270	175	19
			<b>W A</b>	3000	115	15
2740 *	72	14	<b>W B</b>	2580	75	11
			<b>W C</b>	2780	70	11
2610	67	12	<b>W 35</b>	3150	120	13
2610	67	12	<b>W 40</b>	3000	115	15
2300	62	13	<b>W 45</b>	2850	110	12
2300	62	13	<b>W 50</b>	2580	75	11
2550	62	13	<b>W 55</b>	2580	75	11
2550	62	13	<b>W 60</b>	2480	80	11
2250	67	11	<b>W 65</b>	2480	80	11
2250	67	11	<b>W 70</b>	1920	70	9
2250	67	11	<b>W 75</b>	1920	70	9
1950	75	12	<b>ESO</b>	2370	40	10
2500	75	11	<b>DIRECT</b>	2820	105	13

The courses of M/W B will be the same of Elite classes, but without quarantine and with earlier start than M/WE.

# SPRINT RACE TOUR - WRE

## ARENA

Castiglione dei Pepoli  
Piscina Val di Sole, via del Loghetto 4  
Coordinate: 44.144619, 11.158500

Access to toilets, showers and dressing rooms. Club tents are welcome.

Kindergarten is available at the arena.

Bar service, run by Pro Loco of Castiglione dei Pepoli, will be prepared at the arena.



## PARKING

You can drive to the parking only by using the following roads: via Bolognese, via Aldo Moro, via Dante Alighieri, via U. Nobili (like shown on the map). If you arrive after 14:00 you'll need to print a pass. You can print the pass in the [download area](#) on FISO website.

Dedicated parking areas will be available, please follow the stewards' instructions. Parking area to arena: 400 m maximum.

Some parking spots will be inside the quarantine area, access to these cars is forbidden between 3 p.m. and 6 p.m.

# SPRINT RACE TOUR - WRE



## EMBARGOED AREA

The entire area of Castiglione dei Pepoli is embargoed. Access to the embargoed area before the competition, as well as return to the competition area before the end of the event, is strictly forbidden.

Embargoed areas are shown [here](#).

# SPRINT RACE TOUR - WRE

## CLASSES

Competitive classes:

M/W-14, M/W-16, M/W-18, M/W-20,  
M/W Elite, M/W B (\*), M/W35+, M/W40+, M/W45+, M/W50+, M/W55+, M/W60+, M/W65+,  
M/W70+, M/W75+

Non-competitive classes:

M/W12, BEGINNERS, DIRECT

\* The courses of M/W B will be the same of Elite classes, but without quarantine.

## MAP

Castiglione dei Pepoli – scale 1:4000 – contours interval 2,5 m -  
Production 2019.

A4 format; the map is printed on water resistant pretex paper.

Plastic bags are available at the start.



## TERRAIN

Urban terrain between 650 and 700 metres above sea level featuring some small parks. Courses will mostly be on asphalt with several steep slopes and steps.

Asphalt 80-95%, park 20-5 %, suggested running shoes or orienteering shoes without spikes.

Race area in partially closed to traffic, be careful when crossing road and oncoming cars.

## QUARANTINE

For M/W Elite classes there will be a quarantine area, entrance time limit at 2.55 p.m. Please do not use electronic devices.

Arena to quarantine: 300 m.

## GPS

This is the list of the athletes who will receive GPS. Vests will be available in the quarantine.

Live tracking will be on Loggator website. On Livelox all courses will be available right after each competition.

M ELITE	W ELITE
1. Debertolis Mattia	101. Donadini Eleonora
2. Pezzati Tobia	102. Zagonel Viola
3. Scalet Tommaso	103. Guizzardi Michela
4. Inderst Sebastian	104. Caglio Anna
5. Seppi Marco	105. Kirchlechner Christine
6. Tait Samuele	106. Pozzebon Irene
14. Caraglio Michele	107. Palumbo Martina
18. Zagonel Giacomo	111. Pezzati Elena
19. Brunet Fabio	114. Scalet Nicole
22. Ferrari Mattia	118. Giovanelli Anna

# SPRINT RACE TOUR - WRE

## START

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Distance from arena to prestart: 300m. It's possible to warm up only on the way from the arena to the start and in the areas shown in the arena scheme.

Prestart will be at -4.

Control descriptions are in the start corridor and on the map, maximum size 13,8 x 4,8 cm.

The start is delayed start, point K is 20 m from the pick-up map's place.

## TECHNICAL INFORMATION

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### BARRIERS

There will be barriers in the city centre in order to ensure traffic restriction. Traffic wardens will guard the majority of them. These barriers won't be marked on maps and can be crossed by athletes during the competition.

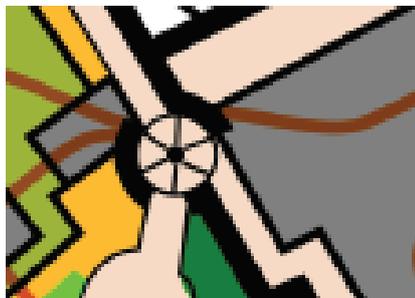
### MARKED AREAS

Small construction sites and forbidden areas can be found in the competition area. Forbidden areas are marked on maps with the designated magenta symbol and will be taped off with "Masi tape" (see below) if on possible route choices. In addition, remarkably dangerous walls, mapped as impassable walls, will be taped off.



### SPIRAL STAIRCASE

In the competition area there is a spiral staircase with exits on three different levels.



# SPRINT RACE TOUR - WRE

## CLOTHES RACKS

Within the running arena there will be clothes racks marked on maps with the power line symbol.



## PROMINENT MAN-MADE FEATURES

Control no. 100 is positioned on a Masi flag, marked on maps as a prominent man-made feature.

## TIME LIMIT

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Maximum time limit to complete the course is 1 hour.

## EVENT JURY

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1st member: CARBONE GIANLUCA (Am. Orienteering Genova)

2nd member: BAZAN FRANCESCO (Or. Treviso)

3rd member: BIANCHI MASSIMO (IKP)

Reserves: GRASSI SIMONE (Sportclub Meran) , BENINI IVANO (Polisportiva Besanese)

## COMPLAINTS

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Complaints must be addressed to the Race director, who will manage them in conformity with paragraph 3.7.7 of the RTF FISO.

Complaints must be made no later than 30 minutes after official results' publication.

## ARENA

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San Benedetto Val di Sambro  
Chalet Valsereana, via Sdroscia 2  
Coordinates: 44.164807, 11.249434

From the highway to the arena follow the arrows, not navigator!

Club tents are welcome. Access to toilets and dressing rooms.

We are guests of the Chalet. Therefore, we kindly ask not to leave garbage on the grass and not to damage plants and flowerbeds. Toilets reserved to the athletes can be found near the pool and inside the event centre's building. We kindly ask not to use the restaurant's toilets except for during the lunch.

Food will be available at a reduced price at the event centre (see below).

Kindergarten will be available at the arena.



## PARKING

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Please follow the stewards' instructions. Parking area to arena: 700 m maximum.

Free campervan overnight parking will be possible by Chalet Valsereana.

## EMBARGOED AREA

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Embargoed areas are shown [here](#).

During the event days cars will be allowed only on SP79 road.

## CLASSES

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Competitive classes:

M/W-14, M/W-16, M/W-18, M/W-20,  
M/W Elite, M/W A, M/W B, M/W C, M/W35+, M/W40+, M/W45+, M/W50+, M/W55+, M/W60+,  
M/W65+, M/W70+, M75

Non-competitive classes:

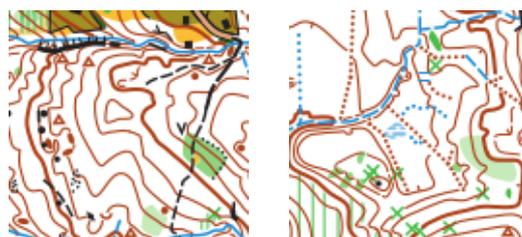
M/W12, BEGINNERS, DIRECT

## MAP

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Valsarena – scale 1:10000 – contours interval 5 m  
Production 2017, update 2019.

A4 format; the map is printed on water resistant pretex paper. Plastic bags are available at the start.



## TERRAIN

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Broadleaf woodland between 900 and 1100 metres above sea level with several valleys and good visibility. The terrain includes some very detailed areas with poor visibility. Good to excellent runnability depending on the steepness and vegetation. There are private houses in the woodland.

Suggested orienteering shoes with spikes.

## GPS

---

This is the list of the athletes who will receive GPS. Vests will be available at the race office.

Live tracking will be on Loggator website. On Livelox all courses will be available right after each competition.

M ELITE	W ELITE
1. Inderst Sebastian	101. Troi Verena
2. Debertolis Mattia	102. Pozzebon Irene
3. Krajcik Michal	103. Zagonel Viola
4. Pezzati Tobia	104. Caglio Anna
5. Caraglio Michele	105. Pezzati Elena
6. Seppi Marco	106. Donadini Eleonora
7. Tait Samuele	107. Guizzardi Michela
10. Scalet Tommaso	108. Scalet Nicole
16. Zagonel Giacomo	111. Kirchlechner Christine
17. Stanfer Matjaz	116. Fauner Renate

## START

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Distance of pre-start from the arena: 1000 m + 125 (25' walking).

Along the taped path to the pre-start, warm-up maps with a couple of controls will be available to be taken.

Garments left in pre-start will be brought back to the arena.

Prestart will be at -4.

Control descriptions are in the start corridor and on the map, maximum size 20 x 4,8 cm.

The start marked on maps corresponds to the pick-up map's place.

## TECHNICAL INFORMATION

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In the forest there are some areas with a massive presence of fallen trees. those areas are marked with the undergrowth symbol.

Roots are marked with a green X only if isolated and/or prominent.

There will be several private areas surrounding houses. Not all of them are fenced. We remind not to cross them anyway.

From the second to last control to control no. 100, all the classes will have to pass through a crossing point in order to get to the other side of the paved road. The crossing point will be guarded, but great caution is still recommended. From the crossing point to control no. 100 there is a compulsory path to follow, delimited by cones. Since this path will cross the arena, we ask everyone to be careful not to hinder running athletes.

## TIME LIMIT

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Maximum time limit to complete the course is 2 hours.

## EVENT JURY

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1st member: GRASSI SIMONE (Sportclub Meran)

2nd member: BIANCHI MASSIMO (IKP)

3rd member: NEUHAUSER INGEMAR (Sportclub Meran)

Reserves: CARBONE GIANLUCA (Am. Orienteering Genova) , BELLOTTO CRISTIAN (Erebus Orientamento Vicenza)

## COMPLAINTS

---

Complaints must be addressed to the Race director, who will manage them in conformity with paragraph 3.7.7 of the RTF FISO.

Complaints must be made no later than 30 minutes after official results' publication.

## FOOD

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At the Chalet Valslerena it will be possible to have lunch at reduced prices.

*Typical and home cooking.*

View on the finish line from veranda and restaurant.

### BAR:

breakfast, paninis for 4 / 5 €, drink and beer, desserts.

### VERANDA:

- pasta + water: 7 €
- pasta + vegetables + water: 12 €
- vegetables + water: 5 €

### RESTAURANT:

menu with

*first dish*

*main dish*

*side dish*

*beverage*

- 22 € on the race day



<http://www.chaletvalslerena.com/>

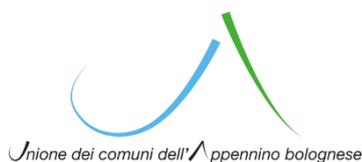
Evento organizzato da / Event organized by:



FEDERAZIONE  
ITALIANA  
SPORT  
ORIENTAMENTO



Con il patrocinio di / With the patronage of:



comune di  
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comune di  
San Benedetto Val di Sambro

Evento sostenibile realizzato con il contributo di Uisp e Regione Emilia-Romagna / Sustainable event realized with the contribution of Uisp and Regione Emilia-Romagna.



Main sponsors:



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Si ringrazia / Thanks to:



ENJOY APPENNINO  
let's explore together

