

BULLETIN

✱ 01



World **Masters**
Orienteering
Championships
August 7-15, 2020
Slovakia, Košice



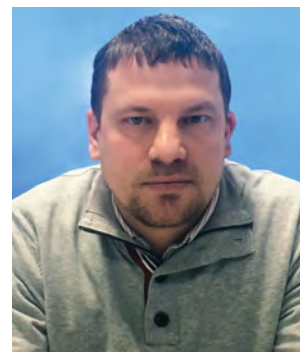
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✧ Dear Orienteering Friends,

The Slovak Orienteering Federation (SZOŠ) is honoured to be awarded the organisation of the 2020 World Masters Orienteering Championships in Slovakia. We would like to invite you to Košice city and its surroundings in South-Eastern Slovakia. The second largest city of Slovakia, situated on the river Hornád, will offer excellent venues for your enjoyable stay and entertaining. The historic centre with many cultural monuments, boutiques, cafés, and summer restaurants will bring you opportunities to spend some pleasant moments between sports activities.



The local organisers from ATU Košice have picked beautiful and challenging terrains for you. For the long distance, the unique Silická plateau with negative karst terrain, widely known for having been used for many important orienteering events such as World Cup, World University Championships, Junior World Orienteering Championships and World Orienteering Championships, which have been organised on the border of Hungary and Slovakia. The middle distance final will take place in technically very demanding terrain situated between Košice and Prešov. This terrain has never been used for orienteering before. And the sprint final in the heart of beautiful city Košice should satisfy all orienteering enthusiasts too. Various types of terrain requiring different specific skills of runners will offer an opportunity for fair and memorable competitions.

The SZOŠ and the organisers from ATU Košice would like to assure you that they will do their best to bring you a great WMOC 2020.

Come, visit us and enjoy yourself!

Andrej Patráš
president of SZOŠ

Organisers Slovak Orienteering Federation
Orienteering club ATU Košice
Orienteering club Kysak

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✧ Slovakia

Slovakia is a mostly mountainous country located in central Europe with a population of 5.5 million people and Poland, Ukraine, Hungary, Austria and the Czech Republic border it.

Slovakia is a member state of the European Union, NATO, the UN and many other international organisations. The national currency is the EURO (€). Slovakia's capital and its largest city is Bratislava.

✧ Košice

Košice is the second largest city in Slovakia with around 250 000 inhabitants. Being the economic and cultural centre of eastern Slovakia, the city is home to the Košice Self-governing Region, the Slovak Constitutional Court, four universities, several museums, galleries and theatres.

Most of the historical monuments are concentrated in the centre of city, the size of which makes it the biggest Town Monument Reserve of Slovakia. The gothic Saint Elizabeth Cathedral dominates the town centre with the State Theatre located near by. The main street, fringed by aristocratic houses with restaurants, boutiques and cafes serves as a city promenade.

In 2013 the city was awarded the prestigious title of European Capital of Culture and in 2016 the title of European City of Sport.

Košice is known as a city with a rich sporting tradition. The oldest marathon race in Europe has been organised there regularly since 1924. In the past there were many world events hosted in Košice such as the World University Orienteering Championships 2006 and the Junior World Orienteering Championship 2012.

Many other events will take place in Košice in the near future. The most significant will be the World Ice-hockey Championships 2019 and European Youth Olympic Festival 2021.

Košice has a humid continental climate with an average high temperature in August of 25°C and rainfall of 70mm.

✧ Event Centre

The WMOC 2020 Event Centre will be situated in Košice Culture Centre which is 10-15 minutes walk from the City centre and is easily accessible by car or public transport.

Competitors will have the opportunity to use the WMOC Office, Coffee bar, Press centre, Information desk and visit some sport shops during the registration days.



Event centre address Kulturpark, Kukučínova 2, 040 01 Košice, Slovakia
GPS coordinates 48.714112, 21.256424

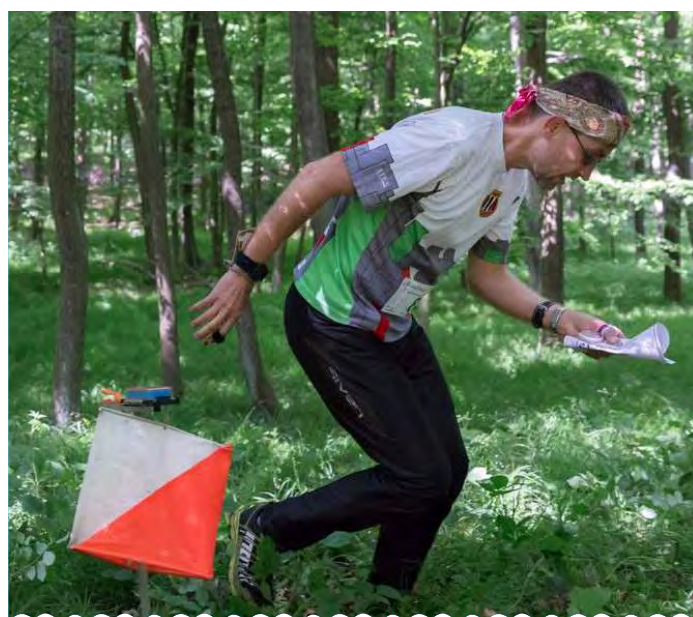
✧ Programme

Thursday	6th August	Event Centre opens
Friday	7th August	Model event Sprint, Opening ceremony
Saturday	8th August	Sprint Qualification
Sunday	9th August	Sprint Final, Prize giving ceremony
Monday	10th August	Rest day, Model event Forest Qualification and Middle Final
Tuesday	11th August	Forest Qualification
Wednesday	12th August	Middle Final, Prize giving ceremony, Banquet
Thursday	13th August	Rest day, Model event Long Final
Friday	14th August	Long Final, Prize giving ceremony, Closing ceremony

✧ Competitions

The WMOC Sprint distance competition consists of one Qualification race and a Final race. The WMOC Forest distance competitions consist of one Qualification race, a Middle Final race and a Long Final race. Qualifiers for each Final will be determined in accordance with IOF Competition Rules.

Details will be published in Bulletin 02 and on the WMOC website www.wmoc2020.sk



WMOC
2020
 World Masters
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 Slovakia, Košice

✦ Winning times according to IOF Competition Rules:

Class	SQ+SF	FQ	MF	LF	Class	SQ+SF	FQ	MF	LF	Born
M35	12-15	50	30-35	70	W35	12-15	40	30-35	55	-1985
M40	12-15	50	30-35	65	W40	12-15	40	30-35	50	-1980
M45	12-15	45	25-30	60	W45	12-15	35	25-30	45	-1975
M50	12-15	45	25-30	55	W50	12-15	35	25-30	45	-1970
M55	12-15	40	25-30	50	W55	12-15	35	25-30	45	-1965
M60	12-15	40	25-30	50	W60	12-15	35	25-30	45	-1960
M65	12-15	40	25-30	50	W65	12-15	35	25-30	45	-1955
M70	12-15	40	25-30	50	W70	12-15	35	25-30	45	-1950
M75	12-15	40	25-30	50	W75	12-15	35	25-30	45	-1945
M80	12-15	40	25-30	50	W80	12-15	35	25-30	45	-1940
M85	12-15	40	25-30	50	W85	12-15	35	25-30	45	-1935
M90	12-15	40	25-30	50	W90	12-15	35	25-30	45	-1930
M95	12-15	40	25-30	50	W95	12-15	35	25-30	45	-1925
M100	12-15	40	25-30	50	W100	12-15	35	25-30	45	-1920

Legend

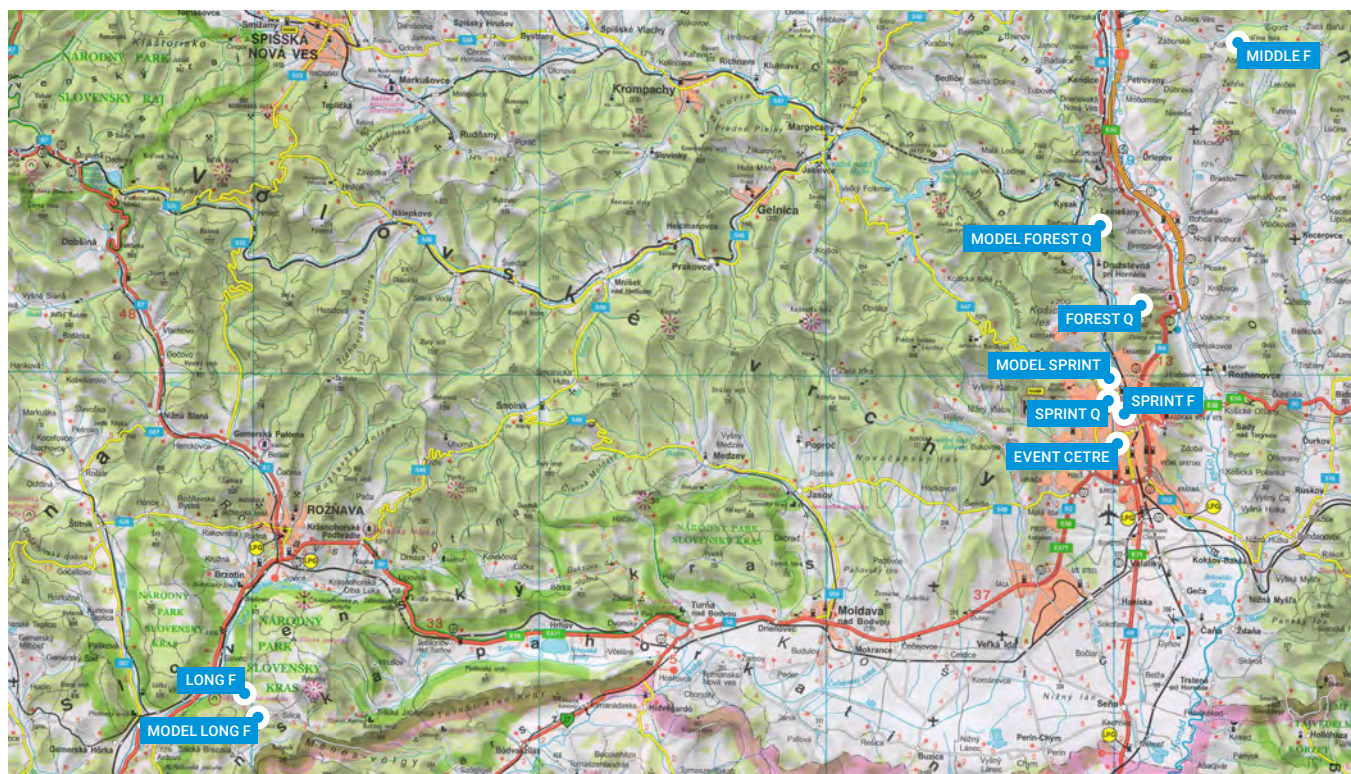
- SQ** Sprint Qualification – winning time in minutes
- SF** Sprint Final – winning time in minutes
- FQ** Forest Qualification – winning time in minutes
- MF** Middle Final - winning time in minutes
- LF** Long Final – winning time in minutes
- Born** In order to participate, the athlete must be born in the year indicated or earlier.

✦ Medals

Will be awarded to the competitors finishing in top 3 places in each class (A-finals).



✧ Competition locations



✧ Travel distances from the Event Centre (EC):

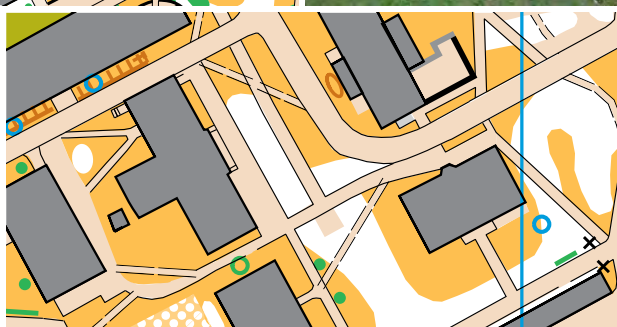
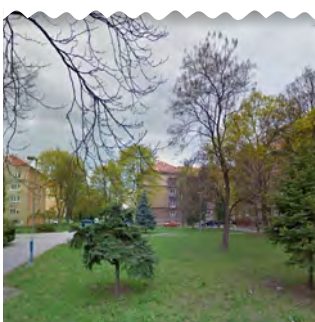
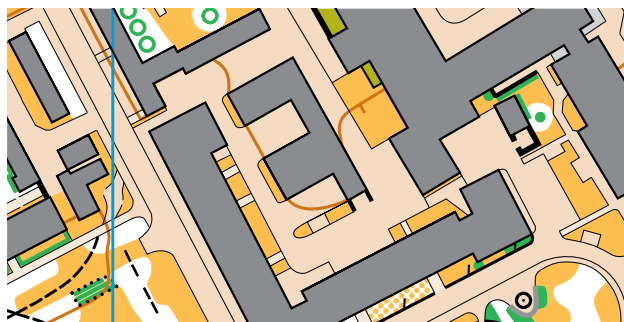
Model Sprint	Sprint Qualif	Sprint Final	Model Forest	Forest Qualif	Middle Final	Model Long	Long Final
4 km	4 km	3 km	20 km	15 km	39 km	69 km	70 km



➤ Sprint Qualification

Košice, Technical University campus

The Sprint Qualification race will take place in the Technical University campus and in the adjacent housing estate. The competition area is flat and consists of two different parts. One is the university campus with administrative buildings and adjacent parks. The second part is formed of older type of urban apartment blocks and small parks located between them. There are a few new residential buildings in the area too.

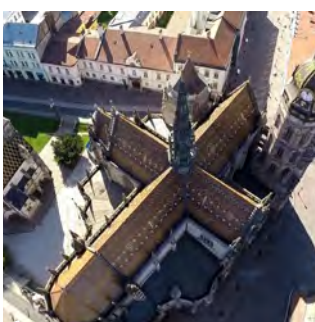
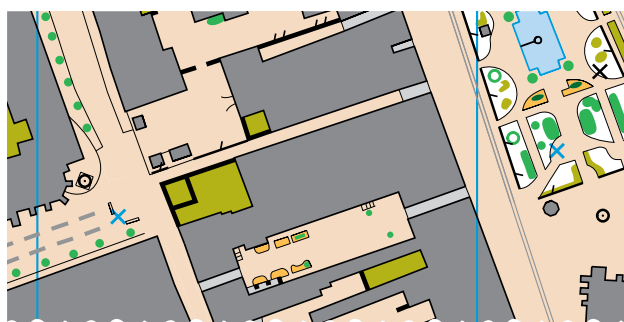


Map: ISSOM standard
Scale 1:4 000 or 1:3 000
Contour interval 2 m
Remapped 2020

➤ Sprint Final

Košice, City centre

The Sprint final will be held directly in the centre of the town. The competition area is very flat with almost no climb and is a mixture of two different types of terrain. One is the historic city centre, consisting of a combination of streets, passages, courtyards and small squares with a few vegetation features. The other is formed by City Park. There are several vegetation features such as flowerbeds, hedges and some artificial features like statues and monuments. The arena will also be located in the park.

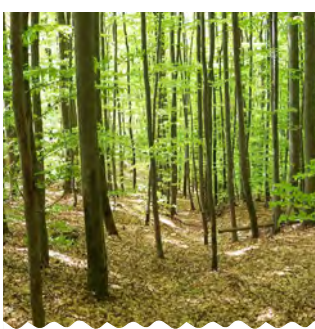


Map: ISSOM standard
Scale 1:4 000 or 1:3 000
Contour interval 2 m
Remapped 2020

Middle and Long Qualification

Budimír

Middle and Long qualification will take place only a short drive from Košice. The area is a combination of typical continental terrain with more detailed areas. There is a good path and forest road network. The tree cover is predominantly deciduous with very good runnability and visibility. There is only a small area of dense vegetation in the competition area. Navigating through the variety of terrain will require choosing optimal running speed.



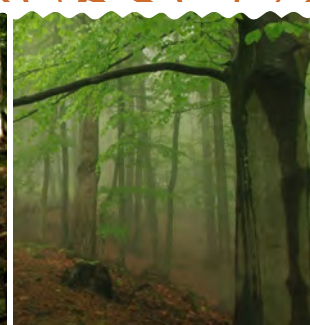
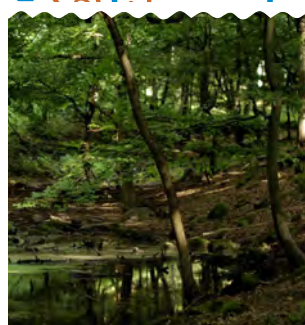
Map: ISOM 2017 standard
Scale 1:10 000 or 1:7 500
Contour interval 5 m
Remapped 2020



Middle Final

Sigord

The Middle Final competition will be held in the surroundings of the recreation centre Sigord which has never been used for orienteering before. The area is located between 420 and 570 m above sea level and is rich in terrain details originating from landslides and erosion where marshes are not uncommon. The forest is mostly deciduous and offers good runnability and visibility. Only a few green areas are located in the terrain. There is a good network of forest roads and paths. Detailed reading of map in demanding terrain with combination of compass use will be a great experience for all competitors.

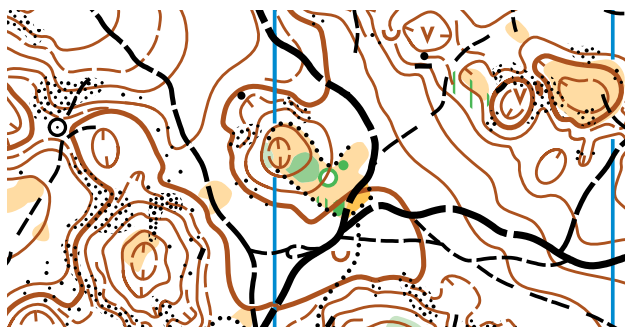


Map: ISOM 2017 standard
Scale 1:10 000 or 1:7 500
Contour interval 5 m
Remapped 2020

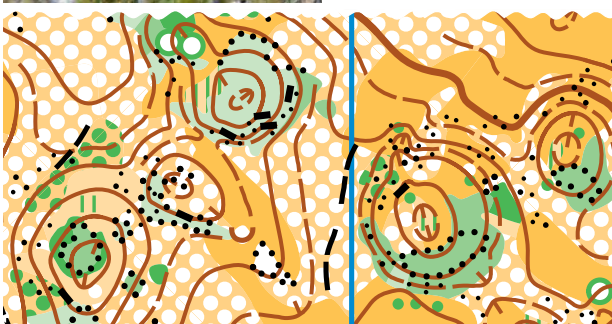
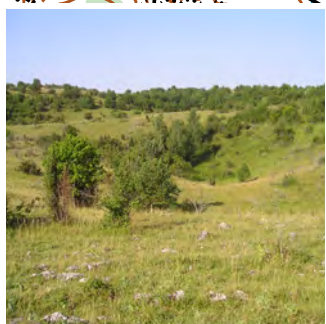
Long Final

Silica

Silická plateau, the most popular and attractive part of the Slovenský kras national park, will be the venue for the last final race. The area is well known for its karst terrain that is characterised by big depressions. A great variety of rock details such as rock fields and cliffs of height of 1 to 3 metres can be found on the slopes of depressions. In the terrain there are several ravines originating from karst terrain erosion. Runners can experience three different kinds of vegetation in the area - deciduous forest with occasional coniferous trees, where runnability and visibility is very good, semi-open or open areas with varying runnability and visibility and parts of the terrain with dense vegetation. The competitors will find it challenging to execute the right route choice in this terrain.



Map: ISOM 2017 standard
Scale 1:10 000 or 1:7 500
Contour interval 5 m
Remapped 2020



✧ Punching System

The SPORTident punching system will be used. Touch free mode (Air+) will be activated in addition to classic SPORTident punching. Both SI-cards and SIAC cards can be used. SIAC cards can be hired from the organisers by choosing this option in the entry form. The hire charge for the entire week is € 15 if booked in advance. Without pre-registration the hire charge is € 5 for one day or € 20 for the entire week.

✧ Embargoed areas – old maps

Embargoed areas are shown on the webpage

<http://wmoc2020.sk/embargoed-areas> or <http://eventor.orienteering.org/Events/show/5550>

Old maps of the competition areas are available to download on the webpage

<https://www.wmoc2020.sk/classesandmaps> or at the contact info@wmoc2020.sk

✧ Clothing

There are no restrictions regarding clothing. Organisers recommend full leg cover for the Forest Qualification, Middle Final and Long Final. Spike shoes are not allowed for Sprint Qualification and Sprint Final.

✧ Antidoping

IOF Anti-doping rules apply <http://orienteering.org/anti-doping>

✧ Entries and payment

Entries will be open from 1st of June 2019 at www.wmoc2020.sk

It is possible to enter for one competition only (Sprint or forest competitions).

Entries become valid only after payment of the entry fee.

✧ Entry fees (€)

Deadline	Sprint only	Forest only	Both Sprint and forest
7 th of January 2020	90	100	130
7 th of May 2020	110	120	150
30 th of June 2020	140	150	180

✧ Changes and late entries

Changes until 30th of June 2020 are free of charge. Afterwards the fee for a change is € 10.
After 30th of June 2020 late entries are possible if vacancies still exist. Extra fee € 30.

✧ Cancellation

Before 7th of May 2020 - 70% refund.
Before 30th of June 2020 - 50% refund.
Afterwards no refund.

✧ Training possibilities

Competitions held in similar terrains before the WMOC 2020 will be mentioned at www.wmoc2020.sk with links to the event.

The best opportunity to compete in terrains relevant to WMOC Long and Sprint Finals is the Slovak karst cup 2019 – <http://karst2019.obkosice.sk>

Maps of relevant areas for self-training can be provided by the organisers – contact info@wmoc2020.sk

✧ Public Race

A 5-day competition “Slovak Karst cup” <http://karst2020.obkosice.sk> (website launched in August 2019) will be organised in the WMOC areas taking place simultaneously or right after WMOC 2020 races. Entry for individual days is also possible.

✧ Accommodation

WMOC 2020 offers all kinds of accommodation from luxury hotels to campsite accommodation.

You can find categories for hotels and guest-houses, and for student hostel, camp and hard floor accommodation on www.wmoc2020.sk website.

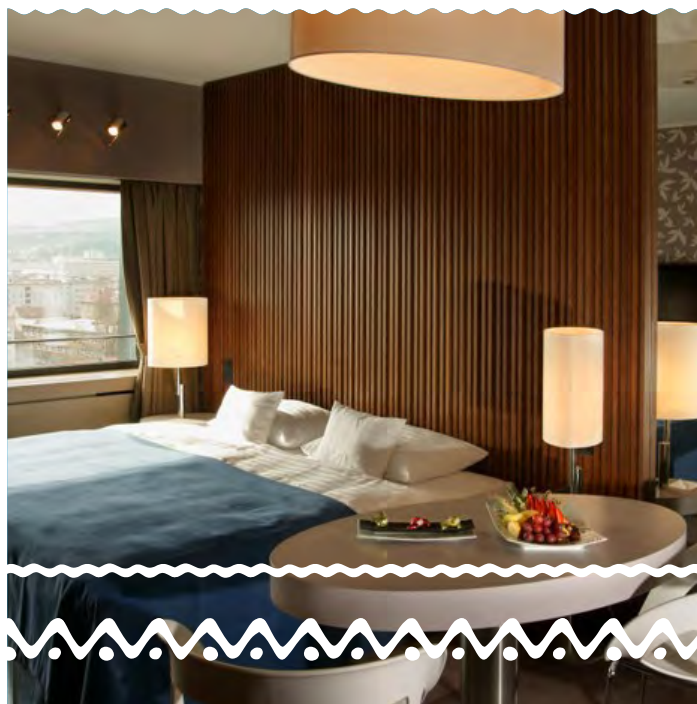
For more information or booking please feel free to contact:

iveta.koniarova@progress.sk

(hotels and guests-houses)

accommodation2@wmoc2020.sk

(student hostel, camping, hard-floor)



✧ Food

Košice has a plenty of restaurants to choose from where many different kinds of food are on offer. Most of these restaurants have summer gardens where you can sit, eat and drink. There are also places with fast food such as hotdog, kebab, pizza (from € 2-3) and of course with traditional Slovak food. Beer brewing in Slovakia has a long history and a great tradition. Besides world-famous beers you can taste the locally produced beers from € 1,50.

You will be able to purchase a meal in catering tents in the arenas during competitions.

✧ Transport

There will be no organised transport for the sprint model and sprint competitions. Both sprint arenas will be accessible by public transport which will have extra capacity at the times concerned.

The Organiser will provide transport to forest models and forest competitions to a limited extent. Transport tickets can be purchased for € 55 via Eventor at the time of registration and by 7th of May 2020 at the latest. After that the cost will be € 80, subject to availability. Bank details are shown below.

The price of daily transport will be published at the website www.wmoc2020.sk from 1st of June 2019.

✧ Parking

Car parking will be organised only for forest models and forest competitions. The price of the parking permit for cars is € 15. Parking for vans, caravans and buses will be available for sprint and forest competitions, including models. The price of a parking permit for each van/caravan is € 35, and € 70 for buses.

Further transport and parking information will be published at www.wmoc2020.sk

Parking permits can be ordered via Eventor at the time of registration or at transport@wmoc2020.sk together with payment to the WMOC bank account:

Name of the account:	Klub orientacneho behu ATU Kosice
IBAN:	SK04 0900 0000 0051 5469 3324
BIC/SWIFT:	GIBASKBX
Owner address:	Watsonova 4A, 040 01 Kosice
Bank:	Slovenska sporitelna
Bank address:	B. Nemcovej 30, 040 01 Kosice

✧ Visa

You do not need a visa if you come from EU or the Schengen area.

Other international travellers may be required to hold a Slovak visa prior to travel to Slovakia, depending on your country of residence. For more information please visit <http://www.slovak-republic.org/visa-embassies>

If you require further assistance, please send an email to info@wmoc2020.sk

✦ Insurance

Each competitor participates in the event at his/her own risk. We recommend you obtain personal health and/or travel insurance prior to travel.

✦ Child care and luggage store

We can take care of your children and luggage while you are out running.

Children must be 3 years or older and nappy free. Enter your need at info@wmoc2020.sk

✦ Travel to Košice

Košice is easy to reach by all means of transport. There is an international airport, railway and bus station with many international direct train and coach connections.

Direct flights to Košice are from London, Dusseldorf, Istanbul, Munich, Prague, Vienna, Warsaw and Bratislava. The city can be reached from airport by bus or by taxi. Several car rental companies have their offices in the airport.

Direct train connections to Košice are from Prague, Bratislava, Budapest, Krakow, Kiev and Vienna.

✦ Welcome

We look forward
to meeting you at the
start of great event
– WMOC 2020 in Košice.





#PERFECTTERRAINS
#CHALLENGINGORIENTEERING
#HIGHQUALITYSERVICES
#TOURISTATTRACTIONS
#UNIQUEHOLIDAYEXPERIENCE



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