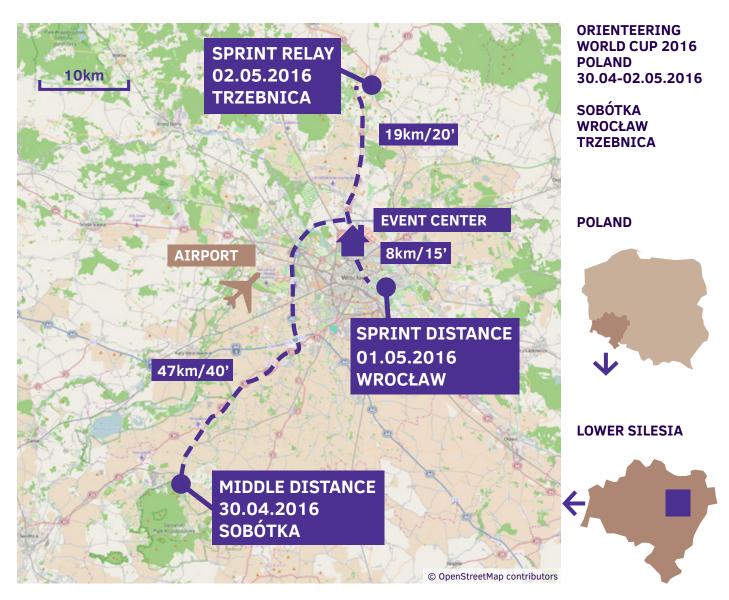


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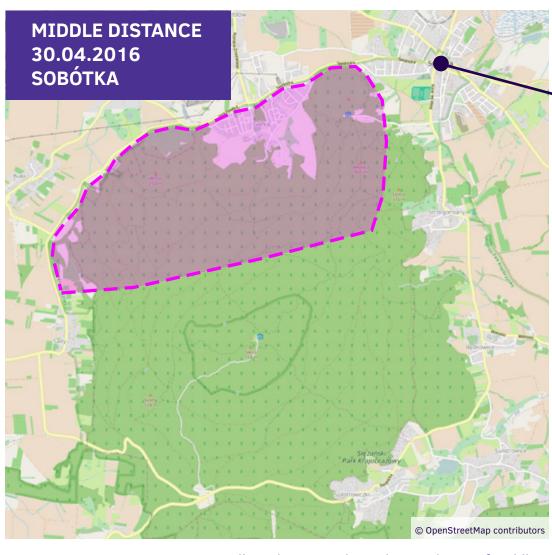


EMBARGOED AREA

With regard to the IOF Competition Rules (article 26.5), the embargoed areas applies to all potential National Team members (runners, team leaders, coaches, doctors, physiotherapist, etc.) and to all others with strong connections with National Teams.



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LOCATION OF EMBARGOED AREA 50.899528 16.743999

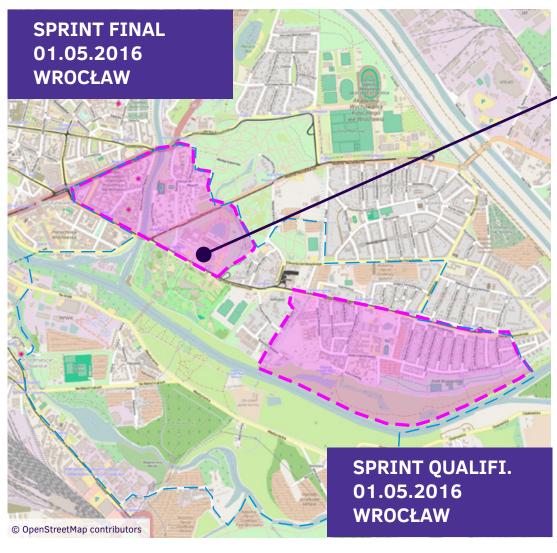
EMBARGOED AREA

- It is not allowed to go to the embargoed area of Middle Distance, this includes running or walking through terrain or on path, roads, etc,

NEW: - It is possible to use public roads going around border of Embargoed Area.



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ORIENTEERING WORLD CUP 2016 POLAND 30.04-02.05.2016

LOCATION OF EMBARGOED AREA 51.109896 17.076660

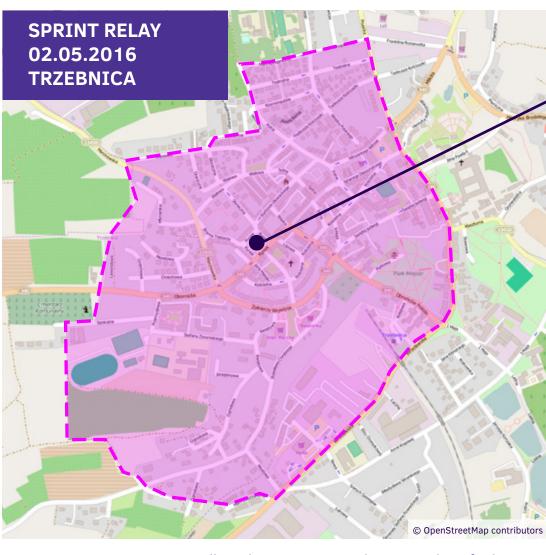
EMBARGOED AREA

- It is allowed to stay as a resident or student, for business purposes or as a tourist, e.g. for sight-seeing, visiting a restaurant, shopping, participating in an indoor sport event,
- It is prohibited to stay there with a map, to run, to jog, to orienteer through the embargoed area or to test route choices running or walking,
- No organised orienteering of any kind may take place in the embargoed areas until after World Cup. /partly overlaps with Emabrgoed Area for The World

Games 2017 - marked on map with blue dashed line/



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ORIENTEERING WORLD CUP 2016 POLAND 30.04-02.05.2016

LOCATION OF EMBARGOED AREA 51.306669 17.058118

EMBARGOED AREA

- It is allowed to stay as a resident or student, for business purposes or as a tourist, e.g. for sight-seeing, visiting a restaurant, shopping, participating in an indoor sport event,
- It is prohibited to stay there with a map, to run, to jog, to orienteer through the embargoed area or to test route choices running or walking,
- No organised orienteering of any kind may take place in the embargoed areas until after World Cup.