

Team officials meeting Middle distance

March 23th 2019



Meeting held – Pite Havsbad, March 22th 2019, 19.00



1. Opening

- **Congratulations to yesterdays winning federations**
 - Finland – Niklas Ekstrom, Nina Karna
 - Russia – Sergey Gorlanov
 - Sweden – Tove Alexandersson, Erik Rost, Sofia Westin
 - Switzerland – Nicola Mueller

2. Q & A from yesterdays competition

- Unused bibs?

3. Presentation of officials

- **Course setters** – Lena Turesson / Claes Turesson

4. Time schedule

- As in Bulletin 4

...but if we for safety reasons have to postpone the start it will be announced on Eventor and in the competition office at 07.00.

5. Competition centre

- Pre-start
- Competition area
- Cool down
- Quarantine



6. Pre start





7. Start procedure

- **10m of double poling (without classic tracks) at the start**
(Bulletin says 40 m)
- **Distance to start point is ~200m**



8. Courses

Course details

Class	Distance [km]	Shortest sensible route [km]	Total climb [m]	# of controls	# of map changes
W21	9.5	12.8	200	31	3
M21	11.4	15.6	250	33	3

Course details

Class	Distance [km]	Shortest sensible route [km]	Total climb [m]	# of controls	# of map changes
W20	6.9	9.0	140	22	2
M20	7.7	10.8	170	27	2
W17	5.5	7.1	110	20	2
M17	6.5	8.6	130	20	2

9. Equipment controls and coaching zone in terrain

- No point in having equipment or refreshments at the arena.
- Equipment control and coaching zone close to the start (follow marked route to the start). Once in the coaching zone you are not allowed to go back to start or quarantine.
- All equipment will be brought back together after the last competitor has passed.



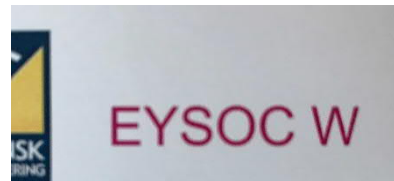
10. Tracks

- **Specifications of different tracks**



- **Latest preparation:
Friday evening**

Example of marking of maps (EYSOC W, bib nr 437, 1st map)



(Third exchange)





11. Loop and map change procedure

Example of equipment exchange

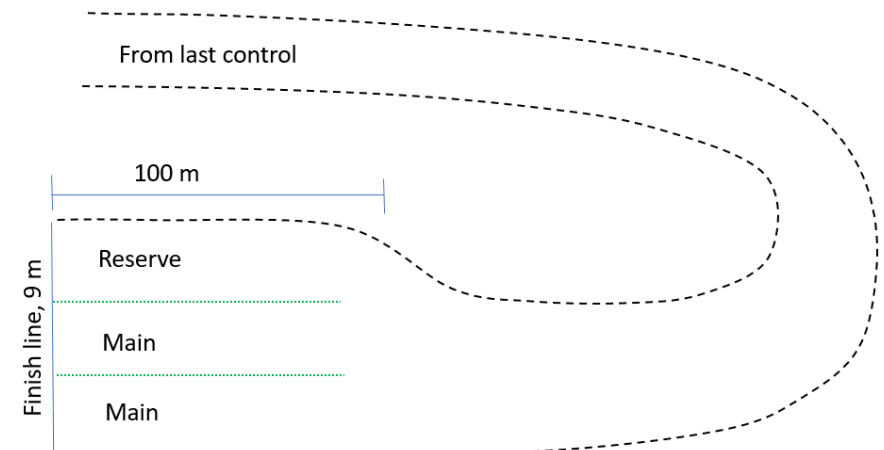


Example of refreshment point
(Only water, *bulletin says sports drink*)




















12. Finish procedure

- V-boards will show the way from last control to finish (not taped route).
- Three corridors will be available, once entered into one of them you are not allowed to change.
- Maps should be handed in after finish



13. Weather forecast

Swedish meteorological institute

kl. 00		2 °C	0 mm Fre 23 - Lör 00	↑ 5 (11) m/s	78 %	1007 hPa
kl. 01		2 °C	0 mm Lör 00 - Lör 01	↑ 5 (11) m/s	75 %	1005 hPa
kl. 02		2 °C	0 mm Lör 01 - Lör 02	↑ 4 (11) m/s	76 %	1004 hPa
kl. 03		2 °C	0,1 mm Lör 02 - Lör 03	↑ 3 (9) m/s	84 %	1002 hPa
kl. 04		2 °C	0,2 mm Lör 03 - Lör 04	↑ 3 (8) m/s	95 %	1001 hPa
kl. 05		2 °C	0,2 mm Lör 04 - Lör 05	↑ 3 (6) m/s	97 %	1000 hPa
kl. 06		3 °C	0,1 mm Lör 05 - Lör 06	↑ 3 (7) m/s	96 %	999 hPa
kl. 07		3 °C	0 mm Lör 06 - Lör 07	↑ 3 (7) m/s	96 %	998 hPa
kl. 08		4 °C	0 mm Lör 07 - Lör 08	↑ 3 (6) m/s	95 %	997 hPa
kl. 09		5 °C	0 mm Lör 08 - Lör 09	↑ 3 (7) m/s	90 %	997 hPa
kl. 10		6 °C	0 mm Lör 09 - Lör 10	↑ 4 (10) m/s	76 %	996 hPa
kl. 11		6 °C	0 mm Lör 10 - Lör 11	↗ 5 (12) m/s	63 %	996 hPa
kl. 12		7 °C	0 mm Lör 11 - Lör 12	↗ 6 (13) m/s	57 %	995 hPa
kl. 13		7 °C	0 mm Lör 12 - Lör 13	↗ 6 (14) m/s	52 %	995 hPa
kl. 14		7 °C	0 mm Lör 13 - Lör 14	↗ 6 (14) m/s	50 %	994 hPa
kl. 15		6 °C	0 mm Lör 14 - Lör 15	↗ 7 (15) m/s	50 %	994 hPa
kl. 16		6 °C	0 mm Lör 15 - Lör 16	↗ 6 (15) m/s	53 %	993 hPa



14. Other matters

- Paper forms for Relay entry will be available in the competition office tomorrow morning.
- Please deliver as soon as possible!



15. Presentation will be uploaded to IOF Eventor

16. Q&A

- Y
- Z

17. Thank you and good luck