



World Masters Orienteering Championships 2016

Tallinn, Estonia

Bulletin 1



Organisers

Sports Club 100 and Estonian Orienteering Federation

Contact information

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Controllers

IOF Senior Event Adviser: Jari Kymalainen (FIN)

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Venue

Estonia is a small yet diverse country with a surprisingly rich selection of landscapes and culture that make it an ideal holiday destination. The event centre is located in Tallinn, the capital city of Estonia. Tallinn combines the comforts of the modern world, versatile nightlife and luxurious adventure with a rich cultural scene in the local historical setting.

Event Centre

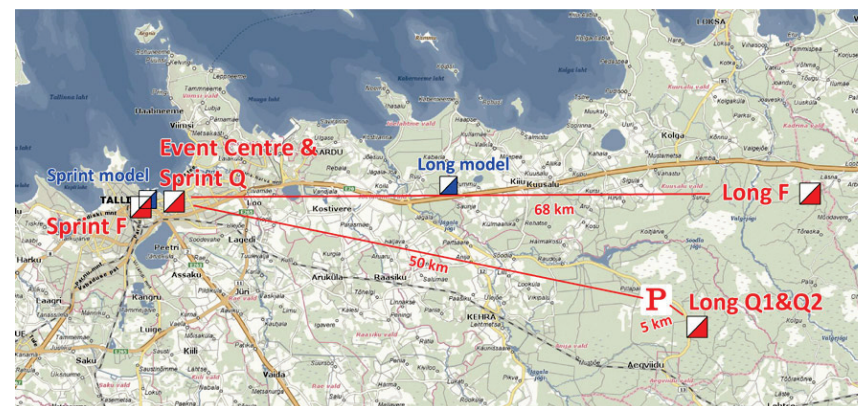
Tallinn Song Festival Grounds, Lauluväljak - the home of Estonian Song Festivals which is also known as "the cradle of Singing Revolution".

The Song Festival Grounds are located very close to the city centre of Tallinn and within walking distance from the Sprint qualification race.



Programme

Fri	August 5	Event centre is opened
Sat	August 6	Model event sprint Opening Ceremony
Sun	August 7	Sprint qualification
Mon	August 8	Sprint final Prize giving ceremony
Tue	August 9	Rest day Model event long distance
Wed	August 10	Long distance qualification I
Thu	August 11	Long distance qualification II Banquet
Fri	August 12	Rest day
Sat	August 13	Long distance final Prize giving and Closing Ceremony
Sun	August 14	Departure



Competitions

The Sprint distance competition consists of one qualification race and a final race. The Long distance competition consists of two qualification races and a final race. Qualifiers for each Final will be determined in accordance with IOF Competition Rules.





Sprint Qualification - Kadrioru park

Kadrioru Park is the most outstanding palatial and urban park in Estonia. The park has extensive maintained open park areas, including drainage ditches and new canals. The terrain has many roads and paths. Maximum height difference is 25m. Many tourist attractions are located in the terrain.



Map: ISSOM standard, scale 1:4000, contour interval 2.0 m, will be remapped in 2016.

Sprint Final - Tallinn Old Town

Tallinn's medieval Old Town is known for its well-preserved completeness and authentic Hanseatic architecture. One will find original cobblestone streets dotted with medieval churches and grandiose merchant houses, barns and warehouses some of which date back as far as the 11th century. Tallinn Old Town is a great sprint terrain



with parks, city streets, some climbing and interesting route choices.

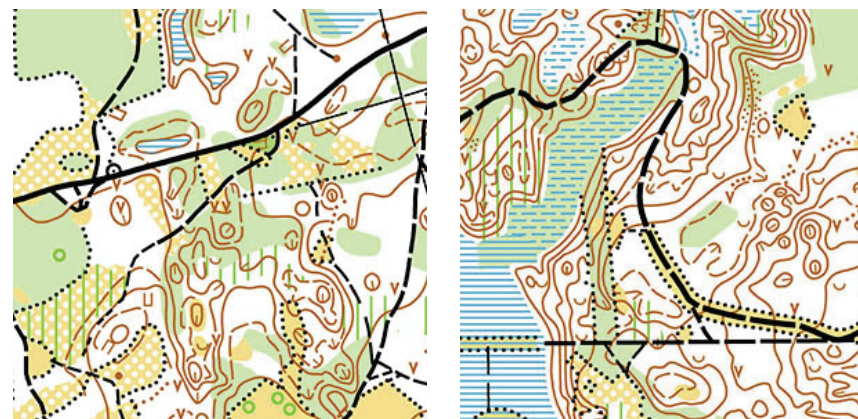


Map: ISSOM standard, scale 1:4000, contour interval 2.0 m, will be remapped in 2016.

Long Qualification - Kõrvemaa

Kõrvemaa is a wilderness area, dominated by glacial landforms, coniferous forests and extensive bogs.

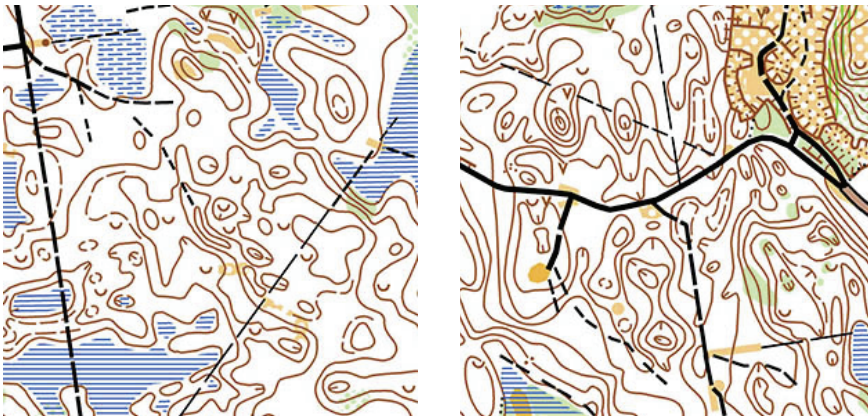
Runnability on the terrain varies a lot, however fast pine or spruce forests dominate. The terrain offers good variability in relief forms with interesting micro relief areas. Biggest height difference on one slope is approximately 20m. There are a lot of paths, some bigger roads and Kõrvemaa ski trails. Additionally, quite many trenches and trench lines have remained on the terrain from the use of this area as a military training ground.



Map: ISOM standard, scale 1:10 000, contour interval 5.0 m, will be remapped in 2016.

Long Final - Pikasaare

Competition centre is located in Estonian Defence Forces main military training field. Pikasaare is one of the most enjoyable terrains in Estonia offering fast running on large areas of the map and very interesting orienteering. This pine and spruce forest has many features typical of morainic terrain and is very variable. Height differences are up to 20m.



Map: ISOM standard, scale 1:10 000, contour interval 5.0 m, will be remapped in 2016.



Winning times are according to IOF Competition Rules

Class	Sprint Q and final winning time (min)	Long Q winning time (min)	Long Final winning time (min)		Class	Sprint Q and final winning time (min)	Long Q winning time (min)	Long Final winning time (min)	Born
M35	12-15	60	70		W35	12-15	45	55	-1981
M40	12-15	55	65		W40	12-15	40	50	-1976
M45	12-15	50	60		W45	12-15	35	45	-1971
M50	12-15	45	55		W50	12-15	35	45	-1966
M55	12-15	40	50		W55	12-15	35	45	-1961
M60	12-15	40	50		W60	12-15	35	45	-1956
M65	12-15	40	50		W65	12-15	35	45	-1951
M70	12-15	40	50		W70	12-15	35	45	-1946
M75	12-15	40	50		W75	12-15	35	45	-1941
M80	12-15	40	50		W80	12-15	35	45	-1936
M85	12-15	40	50		W85	12-15	35	45	-1931
M90	12-15	40	50		W90	12-15	35	45	-1926
M95	12-15	40	50		W95	12-15	35	45	-1921

Punching System

The SPORTIdent punching system will be used. SI-cards can be rented from the organisers by choosing this option in the entry form. Renting fee for the entire week is €15 if booked in advance. Without pre-registration the renting fee is €5 for one day or €20 for the entire week.

Embargoed areas

Embargoed areas are shown on the webpage:

<http://www.wmoc2016.ee/embargoed-areas/>

Old maps of the competition areas: <http://www.wmoc2016.ee/old-maps/>

Entries and payment

- 1) Registration will be open from 1 July, 2015 at www.wmoc2016.ee.
- 2) Payment will be done according to instructions at the IOF Eventor entry site.
- 3) It is possible as well to enter for one competition only (sprint or long distance).
- 4) Entries become valid only after payment of the entry fee.



Event fees (€)

Deadline	Accreditation fee	Entry fee Sprint	Entry fee Long distance	Total
28 Dec 2015	80	20	30	130
28 March 2016	100	20	30	150
11 July 2016	140	20	30	190

The entry fee includes 5 competition days, maps for model events and all the ceremonies.

Changes and late entries

Changes until 11 July 2016 are free of charge, from 12 July 2016 the fee is €10.

Late entries are possible from 12 July 2016 provided that vacancies still exist. A surcharge of €30 will be added.

Cancellation

Deadline	Refund
11 June 2016	70 %
11 July 2016	50 %
From 12 July	0 %

Public Race

Tallinn Orienteering Week will take place at the same time as WMOC and will serve as its public competition with classes M8/W8 - M21/W21. Tallinn Orienteering Week pre-entries can be made at www.tow.ee.

Open courses for all ages will be offered alongside WMOC (five different courses, suitable for all). No pre-entry available for open courses, entries are made at the Event centre or at the Event office at the competition venues.

Fees/day: €6 - competitors age up to 14
€12 - competitors over the age of 14.

Accommodation

Accommodation in Tallinn is high quality. A wide range of accommodation is available in Tallinn, and the number of choices grows yearly. Average 3 stars hotel price range is €35 to €60. These room rates generally include breakfast buffet.

WMOC organisers have agreements with many accommodation providers in different price classes in order to provide the participants with accommodation options at a discounted price. The majority of those hotels are centrally located within easy walking distance of restaurants, entertainment, culture, and shops. All hotels are also easily accessible from airport, harbour and the railway station.



Online booking for accommodation is available at our website from March 1, 2015:

www.wmoc2016.ee

For group bookings please contact info@wmoc2016.ee for an even better offer.

Food

Just as with Estonian culture, the local taste has been infused with the best of our neighbouring countries. Here you'll find traces of Scandinavian, Russian and German kitchens, not to mention other mainstream international influences such as the French nouvelle cuisine.

- Beer brewing tradition in today's Estonia is very much alive and kicking. Beer in Tallinn Old Town typically costs €2.50 to €5.50 (0,5l).
- Pizza is usually between €5 to €10.
- Steak meals cost around €8 to €15.

How to reach Tallinn

Tallinn is very easy to reach - the airport is located 2 km from the city. The harbour, bus station and train station are all located in the city centre.

For competitors arriving from Finland and Sweden by boat, Tallink is offering boat tickets with a 30% discount from the regular price. All competitors receive the discount code via email with the WMOC registration confirmation.



Transport/Parking

Transport to the long distance model event, long distance qualifications and final will be organised with buses from the event centre directly. The bus ticket price for 4 days (long distance model, two qualifications and a final race) is €40.

The sprint model event and sprint competitions can be reached by Tallinn public transport.

Travelling by own transport – a fee will be charged for parking at the long distance event centres, parking fee for a car is €30 per week. Parking fee includes shuttle-bus transport from parking area to competition centres and back. Coming with own transport, participants need to consider extra time for parking and shuttle-bus transport to reach competition centre.





Ceremonies and Banquet

The opening ceremony will be held at the Tallinn Song Festival Grounds on Saturday August 6. The closing ceremony will be held directly after the long distance final at the arena (August 13).

The 2016 official WMOC banquet will be held at one of the most exclusive locations in Tallinn - the

Seaplane Harbour. All guests receive a short tour of the harbour and half the exhibition remains open for the duration of the banquet. Exquisite food, top class entertainment and the company of fellow orienteering friends guarantee an evening to remember. The official banquet will be organised on Thursday August 11. Please make your entry for the banquet at the entry website: www.wmoc2016.ee

Sightseeing and WMOC culture programme

With half a million citizens, Tallinn is hardly a world metropolis. However: short distances and low traffic are advantages to cherish. Whether you have only few hours or few days, you get to experience a lot. Medieval Tallinn Old Town, one of the best preserved Hanseatic town centres in the world, is just a short walk away from the city business centre with modern towers, luxurious hotels, gourmet restaurants and shopping malls.



The WMOC team will organise sightseeing events and trips. Suggestions will be provided on the sights to visit during your stay in Estonia.



Visa

Nationals of the European Union (EU), the European Economic Area (EEA) and any third-country national holding a residence permit of a Schengen State do not need a visa to enter Estonia. **The required travel document for entry is a national ID card or passport.**

Visas are required for citizens of some countries including Russia, Belarus and South Africa.

A list of countries, whose citizens need a visa to enter The Republic of Estonia, can be found on the web site of the Estonian Ministry of Foreign Affairs:

<http://vm.ee/en/node/6978>

Travellers do not need a visa invitation from organisers. Travellers need to visit Estonian Embassy, the following documents shall be submitted upon application for visa:

- a valid travel document
- a filled in and signed application form.
- photo (size 35x45mm);
- insurance policy
- supporting documents

The organisers will help if you have questions, contact: info@wmoc2016.ee .

Insurance

Each competitor participates in the event at his/her own risk.

Child care

Child care is available to children over the age of 3 during all competitions. Children should be nappy free. Child care provides for a tent, toys, games and instructors. Please enter your need for child care at: info@wmoc2016.ee



See you in Tallinn

WMOC2016 - Forever young!

<http://youtu.be/N0dt4rJysFQ>