





Bulletin 1

WRE – Orienteering competition

World Ranking Event

Finnish Championships in Long Distance R1 Raasepori, Finland, September 5-6, 2015

Welcome to the Finnish Orienteering Championships in Long Distance in Raasepori with WRE status in the classes of M/W21.

Event organizer: Orienteering club Karjaan Ura

Main officials:

Event Director: Course setter: Info and media: Results Service: English-speaking	Marja-Liisa Lehto Markku Lehto Sanna Hosio Risto Kivinen	<u>marja-liisa.lehto@2me.fi</u> <u>markku.lehto@2me.fi</u> <u>sannahosio@yahoo.com.au</u> <u>risto.kivinen@resultfellows.com</u>	+358452063324 +358408447864 +358408659911
contact person	Titti Fritzén	titti168@hotmail.com	+358405081379
Technical Adviser: Course controller:	Ari Kattainen Jari Laitamäki		
IOF Event Adviser:	Vesa Elovaara		

Event information:

Rules:

The rules of The Finnish Orienteering Federation, the special rules of the Finnish Championships and instructions given by the organizers will be applied in the competition. The rules of The Finnish Orienteering Federation are available on the website <u>www.suunnistusliitto.fi</u>.

Punching system:

The electronic punching system Emit will be used. Rental Emit cards available from the event organizer, fee $5 \in$.

Classes:

The classes of H21 (=M21) and D21 (=W21) have WRE status. To enter the WRE competition, participation in the qualification race is mandatory. Estimated winning times for women are about 1.15 hours and for men about 1.35 hours.

The Finnish Championships in Long Distance R1 take place at the same time. They offer classes from H/D15 to H/D21.

Entries and entry fees:

The entry fee of qualifications and A finals is 33€. Entry and payment no later than Thursday 27th August. No late entries allowed. Entries and payments primarily through IRMA.

You must include your Emit card number in your entry. If your Emit card number is missing, the organizer will reserve an Emit card for you and charge you 5€. Your rental Emit card should be picked up from the info desk at the event centre. Competitors from abroad with no access to the IRMA system enter through **Eventor**. The new IOF World Ranking system only uses the Latin alphabet from a to z. **It is very important for all runners to check that the information about them is correct.** Please check the following: the spelling of your first and last name, birth year and nationality. If you find any mistakes, please report them to <u>changes AthleteData@orienteering.org</u>. When reporting, make sure you add your complete birth date (day, month, year).

It is not possible to pay through Eventor. The bank details for entry fee payment without access to IRMA are as follows:

Account owner:	Karjaan Ura
Bank name:	Aktia, Karjaa
Bank address:	Kauppiaankatu 10, 10300 Karjaa, Finland
IBAN:	FI97 4055 8740 0058 13
BIC:	HELSFIHH

IOF ID:

WRE athletes have to include their IOF IDs in their entry. Athletes who don't yet have an IOF ID will get one by registering a user account in IOF Eventor: <u>https://eventor.orienteering.org/Register</u>

Signposting and venue:

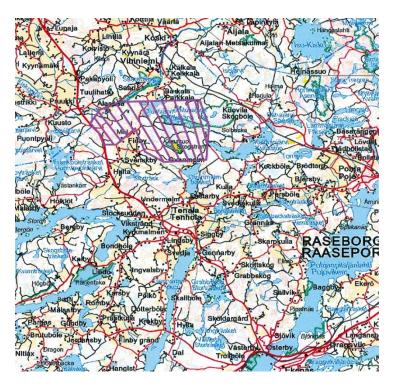
Driving instructions will be signposted from the main road between Tammisaari and Salo (road 52), at the Koski turning (road 1011). The distance from there to the parking area is about 4 km. Signposts from 7.00 am on Saturday 5.9. The event centre is in a field. Its navigation address is Koskentie 341, Raasepori.

Field parking about 1600 m from the event centre. The parking fee is $5 \in$ for the whole weekend, to be paid at the info desk at the event centre.

Competition map:

Scale: 1:15 000. Contour interval: 5 m. 6-colour offset printing 8/2015. The size of the map is A4 in the qualifications and A3 in the finals. The maps are in plastic cases.

Map of the area and embargoed area:



Terrain:

The competition area consists mainly of bare-rock terrain typical of southwestern Finland. Runnability is mostly good. There are some felled areas, which makes the trees of the terrain quite young and the forest dense at places.

On the qualifications map, there are some detailed hills with steep slopes, where the biggest difference in elevation is 50 metres.

The terrain of the finals is characterized by fairly steep south-facing slopes.

Training opportunities:

Maps for training can be ordered from Jari Laitamäki, jari.laitamaki@kisakeskus.fi, +358404560919 or Markku Lehto, <u>markku.lehto@2me.fi</u>, +358408447864. A4-sized maps at a cost of 6€/map + postage. Please order your maps at least one week prior to your planned date of training.

Timetable of the competition:

The first start of the qualification race on Saturday 5.9 is at 11.00 am. The first start of the A finals on Sunday 6.9 is at 11.00 am.

Food:

A warm lunch will be served at a low cost at the event centre both on Saturday and Sunday.

Accommodation and travelling to Raasepori:

Raasepori is easily reached by train from Helsinki to Karjaa. The railway station in Karjaa is about 35 km from the event centre. There is no public transport to the event centre.

This link will help you find accommodation in the area: <u>http://www.visitraseborg.com/en/accommodation</u>.

Weather and clothing:

In early September, the weather in the south of Finland could be anything from pleasantly warm and sunny (about 15-20 degrees C) to terribly cold, windy and rainy (about 5-10 degrees C). Competitors should be prepared for changeable weather.

Visa requirements:

According to current regulations, citizens of some countries must obtain a visa in order to enter Finland. Please check the following website for more information: www.formin.fi

Visas should be applied for at your closest Finnish Embassy. Please note that conditions of entry may change and all participants are advised to keep themselves updated on the current situation by consulting their local Finnish Embassy.

Final event instructions, start times and other information:

There will be more information on the organizer's web page closer to the date of the competition.

Bulletin 2 will be published at the end of August.

We are looking forward to meeting you in Raasepori on Saturday and Sunday September 5-6!