

## ITALIAN CHAMPIONSHIPS SPRINT & LONG 2019 - WRE

# 3GIORNI

ALPE CIMBRA

6-8<sup>th</sup> September 2019  
Folgaria - Millegrobbe (Trentino, ITA)

### ORGANIZING COMMITTEE

Chairman		Roberto Sartori
IOF Event Adviser		Dmytro Miller
National Adviser		Dmytro Miller
Event Director		Roberto Pezzé
Course Setters	Middle Prologue	Samuele Tait
	Sprint	Carlo Cristellon
Controllers	Long	Luigi Girardi
	Middle Prologue	Alessio Dalfollo
	Sprint	Samuele Tait, Pamela Gaigher
	Long	Giacomo Pezzé, Alessio Dalfollo
Secretariat		Paola Donà
IT Responsible		Alessio Dalfollo
Start Responsible		Caterina Pezzé
Finish Responsible		Giuliano Dalfollo
Speaker		Stefano Galletti

### ORGANIZING TEAM

Gronlait Orienteering Team A.S.D.  
Via Roma 67 - Folgaria (TN)

[www.3giornialpecimbra.it](http://www.3giornialpecimbra.it)  
Email: [info@3giornialpecimbra.it](mailto:info@3giornialpecimbra.it)

Contacts: Roberto Sartori, phone number +39 3386087332  
Samuele Tait, phone number +39 3463069444 (english-speaking)

## SCHEDULE

### Friday 6<sup>th</sup> September 2019 - Middle Prologue, Trentino Cup - Costa di Folgaria (TN)

Event Center opening: 14:00

First Start: 15:00

Prize giving ceremony: 18:00

### Saturday 7<sup>th</sup> September 2019 - Italian Championship SPRINT WRE - Folgaria (TN)

Event Center opening: 13:30

First Start: 15:00

Prize giving ceremony: 18:00

### Sunday 8<sup>th</sup> September 2019 - Italian Championship LONG WRE - Millegrobbe (TN)

Event Center opening: 08:30

First Start: 10:00

Prize giving ceremony: 14:30

## OVERVIEW MAP OF THE AREA



## RACE MAPS

### **Friday 6<sup>th</sup> September 2019 - Middle Prologue, Trentino Cup - Costa di Folgaria (TN)**

“Costa di Folgaria” Scale 1:10.000 Equidistance 5 m

Realization 2007 - Updating 2019

### **Saturday 7<sup>th</sup> September 2019 - Italian Championship SPRINT WRE - Folgaria (TN)**

“Folgaria” Scale 1:4.000 Equidistance 2,5 m - CS/T 0891

Realization 2013 - Updating 2019

### **Sunday 8<sup>th</sup> September 2019 - Italian Championship LONG WRE - Millegrobbe (TN)**

“Millegrobbe” Scale 1:10.000/1:15.000 Equidistance 5 m - CO 0328

Realization 2012 - Updating 2019

## TERRAINS

### **Friday 6<sup>th</sup> September 2019 - Middle Prologue, Trentino Cup - Costa di Folgaria (TN)**

The terrain is typically alpine with coniferous and broad-leaved woods, there are also open areas used for grazing. In some areas there are some crashed trees that can hinder the running. Runnability from excellent to limited, visibility from excellent to limited. The altitude is between 1250 and 1400 m a.s.l.

### **Saturday 7<sup>th</sup> September 2019 - Italian Championship SPRINT WRE - Folgaria (TN)**

In the center of the village of Folgaria most of the terrain is paved, there are narrow alleys and large roads, the village is located on a single slope facing south, the differences in altitude can also be very significant. There are also parts of the competition in public parks and / or woods with good accessibility. Excellent runnability and visibility. The altitude is between 1100 and 1275 m a.s.l.

### **Sunday 8<sup>th</sup> September 2019 - Italian Championship LONG WRE - Millegrobbe (TN)**

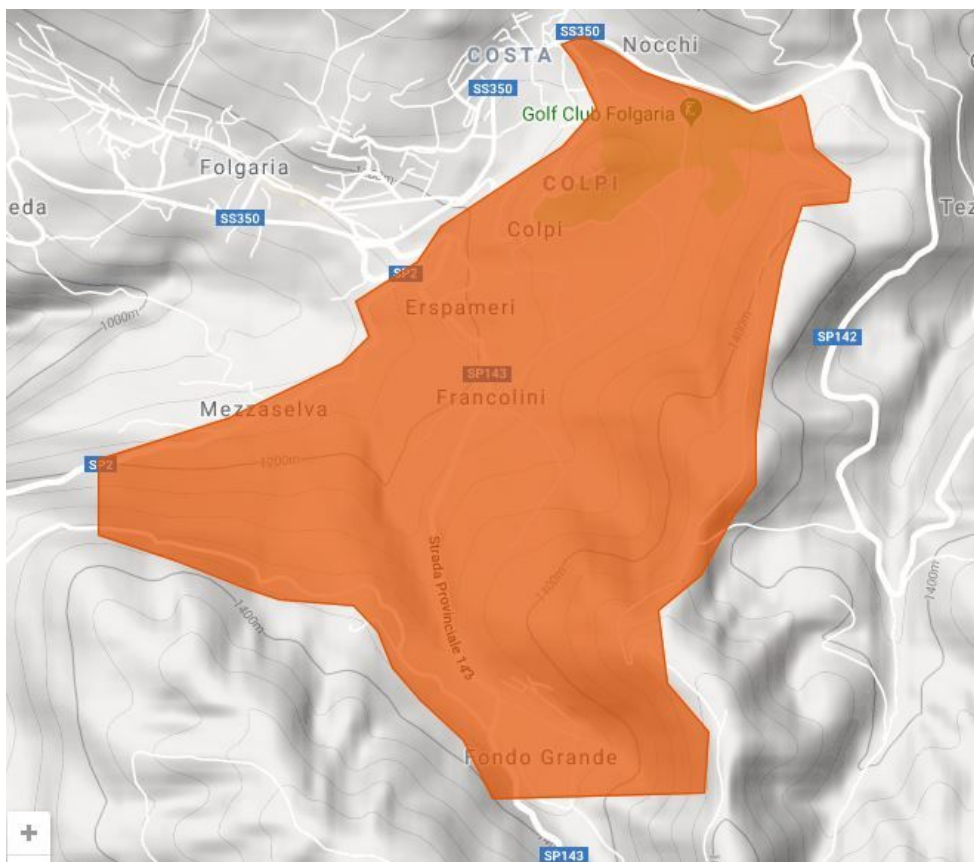
The terrain is typical alpine with coniferous woods, there are many open areas used for grazing. Runnability from good to excellent, excellent visibility. The altitude is between 1175 and 1550 m a.s.l.

## EMBARGOED AREAS

Link:

<https://www.google.com/maps/d/u/0/viewer?mid=1NoQbWe9WjIN18dlwTlaAV6bR3ZQyUXfq&ll=45.93648250548166%2C11.25962375000006&z=12>

### Friday 6<sup>th</sup> September 2019 - Middle Prologue, Trentino Cup - Costa di Folgaria (TN)



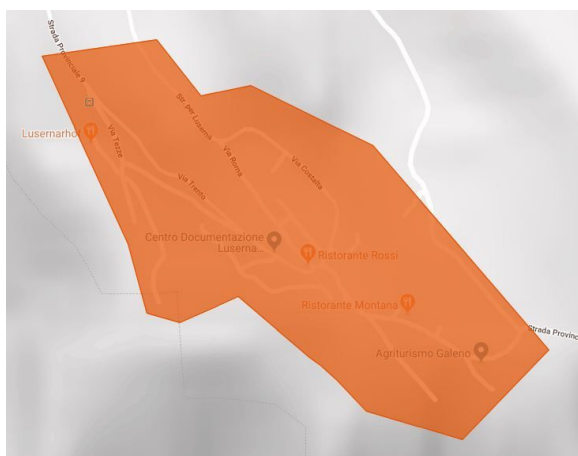
### Saturday 7<sup>th</sup> September 2019 - Italian Championship SPRINT WRE - Folgaria (TN)



**Sunday 8<sup>th</sup> September 2019 - Italian Championship LONG WRE - Millegrobbe (TN)**



## Reserve Areas - Sprint e Long - Luserna, Passo Coe and Forte Cherle (TN)



## CLASSES

**Friday 6<sup>th</sup> September 2019 - Middle Prologue, Trentino Cup - Costa di Folgaria (TN)**

M/W 21 ELITE

M/W -12, M/W -14, M/W -16, M/W -18, M/W 35+, M/W 45+, M/W 55+, M/W 65+, M/W 70+  
BEGINNERS and DIRECT

**Saturday 7<sup>th</sup> September 2019 - Italian Championship SPRINT WRE - Folgaria (TN)**

M/W 21 ELITE (WRE)

M/W -14, M/W -16, M/W -18, M/W -20, M/W 35+, M/W 40+, M/W 45+, M/W 50+, M/W 55+,  
M/W 60+, M/W 65+, M/W 70+, M/W 75+

Do not assign the Italian title: M/W -12, BEGINNERS, M/W B and DIRECT

**Sunday 8<sup>th</sup> September 2019 - Italian Championship LONG WRE - Millegrobbe (TN)**

M/W 21 ELITE (WRE)

M/W -14, M/W -16, M/W -18, M/W -20, M/W 35+, M/W 40+, M/W 45+, M/W 50+, M/W 55+,  
M/W 60+, M/W 65+, M/W 70+, M/W 75+

Do not assign the Italian title: M/W -12, BEGINNERS, M/W A, M/W B, M/W C and DIRECT

## ENTRIES

### ENTRY FEES

**Friday 6<sup>th</sup> September 2019 - Middle Prologue, Trentino Cup - Costa di Folgaria (TN)**

BEGINNERS, M/W -12, M/W -14, M/W -16 : € 3,50

All other classes: € 7,00

**Saturday 7<sup>th</sup> September 2019 - Italian Championship SPRINT WRE - Folgaria (TN)**

BEGINNERS, M/W -12, M/W -14 e M/W -16: € 5,00

All other classes: € 12,00

**Sunday 8<sup>th</sup> September 2019 - Italian Championship LONG WRE - Millegrobbe (TN)**

BEGINNERS, M/W -12, M/W -14 e M/W -16: € 5,00

All other classes: € 12,00

### ENTRY DEADLINE

23.59, Monday 2<sup>nd</sup> September 2019

### ENTRY METHOD

Italian athletes on: [www.fiso.it](http://www.fiso.it)

Athletes of M21E - W21E (WRE) classes **only** on: [www.eventor.orienteering.org](http://www.eventor.orienteering.org)

International athletes (no WRE) via e-mail: [info@3giornialpecimbria.it](mailto:info@3giornialpecimbria.it) or on  
[www.orienteeringonline.net](http://www.orienteeringonline.net)

### PAYMENT

By bank transfer (showing the receipt of payment the day of the race) to:

Gronlait Orienteering Team A.S.D.

IBAN: IT10X0801134820000040018886 – Bank: Cassa Rurale Vallagarina

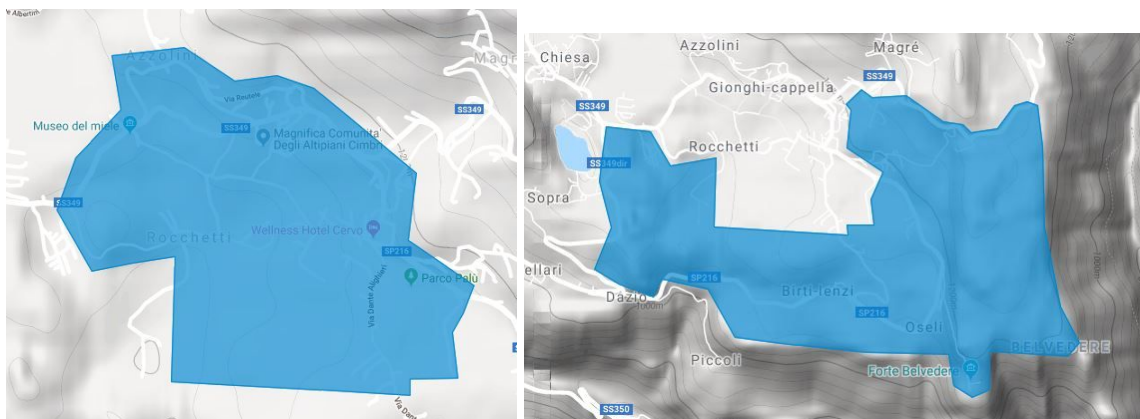
BIC: CCRTIT2T01A

Or by cash the day of the race.

## TRAINING POSSIBILITIES

### Training areas - Sprint and Long - Lavarone (TN)

Possibility to have maps for self-organized training on request by sending an email at:  
[info@3giornialpecimbra.it](mailto:info@3giornialpecimbra.it)



## TOURIST INFORMATIONS

Contacts: Paola Donà, phone number +39 338 3037 499  
email: [paola.dona31@gmail.com](mailto:paola.dona31@gmail.com)

*The organizing company declines all responsibility for damage to persons, animals and / or things that may occur before, during or after the event.*