

### Organization :

**Organizing club:** Course d'Orientation Cœur de Savoie  
**Event organizer :** Charlotte BOUCHET  
**Course planner :** Laurent ASTRADE  
**IOF and FFCO Event Advisor :** Olivier BENEVELLO  
**FFCO representative :** Denis GENEVES  
**FFCO referee :** Hervé BODELET  
**Website :** <http://www.cfco2019.co>  
**Facebook page :** <http://www.facebook.com/CFCO2019/>  
**Contact :** [cfco2019@gmail.com](mailto:cfco2019@gmail.com) / +33 (0) 6 82 42 07 48

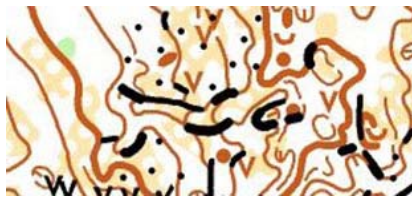
### Long Distance French Championship and WRE on June 2nd information

**Winner time:** 85 minutes for M21E, 75 minutes for W21E

**Punching system:** SPORTident, possibility to hire

**Map scale :** 1/10 000<sup>e</sup>

**Competition area and terrain description:** Karstic terrain (caves, chasms, sinkholes, lapiaz), between 1400 and 1845m above sea level, spruce forest, alpine grass in the upper part of the race area, a trail network not very dense but ski lifts and alpine ski tracks on a part of the race area.



### Online registration (before the 17th, May 2019 – Late entry possible until 24th, may 2019)

Without FFCO licence member

<http://bit.ly/CFC19WREOO>

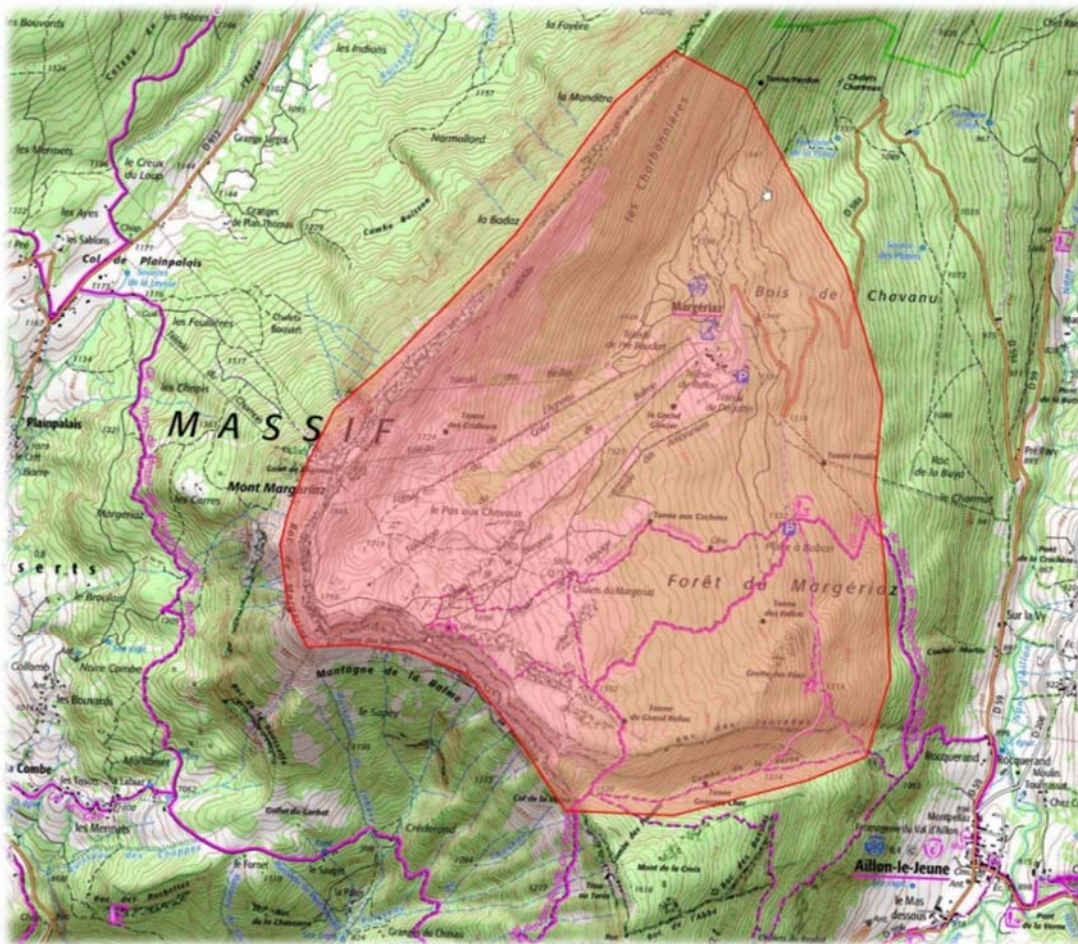
**Caution: In order to be timed, FFCO non-licensees must show a medical certificate dated less than one year before the race day.** Medical certificate example : <http://bit.ly/CFCO19certif>

**Payment by bank transfer to:**

Account holder : Course d'Orientation Cœur de Savoie  
Bank : BANQUE POSTALE  
Address : GRENOBLE  
RIB : 20041 01017 1114762F028 57  
IBAN : FR32 2004 1010 1711 1476 2F02 857  
BIC : PSSTFRPPGRE



WRE Restricted area : <http://bit.ly/CFCO19gel> Strictly forbidden access



**Program :**

*Courses for all age categories every day.*

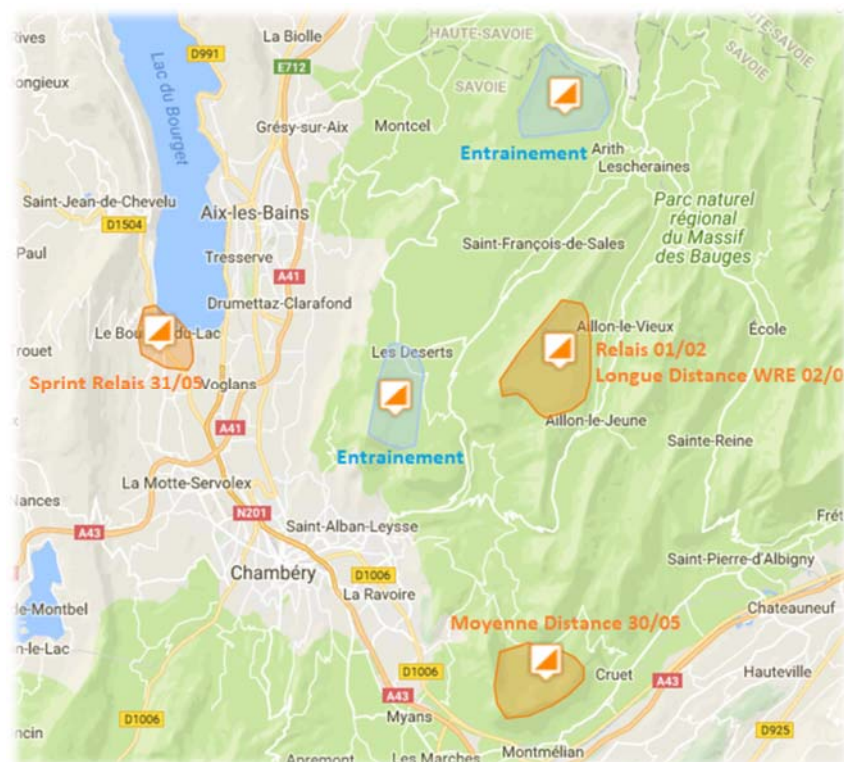
Dates	Courses	Places
From Mon 27th to Frid 31st of May	Training course planner : Thierry Gueorgiou, On WOC 2011 maps.	Arith La Féclaz
Thurs 30th of May (Bank holiday)	Regional Middle Distance	La Thuile
Frid 31st of May	Sprint Relay French Championship Open Savoie Sprint	Le Bourget du Lac
Satur 1st of June	Relay French Championship (by class)	Les Aillons Margérian
Sunday 2 <sup>nd</sup> of June	<b>Long Distance French Championship</b> <b>World Ranking Event for W21E ad M21E</b>	Les Aillons Margérian



# French Orienteering Championships 2019

Middle Distance La Thuile Thu. 30 <sup>th</sup> may	Sprint Relay Chambéry Grand Lac Fri. 31 <sup>st</sup> may	Relay Aillons - Margériaz Sat 1 <sup>st</sup> June	Long Distance Aillons - Margériaz Sun 2 <sup>nd</sup> June
<b>+ training possibilities on the maps of WOC 2011</b>			
<a href="http://www.CFCO2019.co/">http://www.CFCO2019.co/</a>			

Location map : <http://bit.ly/CFCO19maps>



## Airports and train station :

Lyon St Exupéry airport 1 hour driving from Chambéry.  
Geneva airport 1 hour driving from Chambéry  
SNCF train station in Chambéry

## Accommodation :

Several accommodations (gites, hotels, holiday centers) are proposed on the Aillon Margériaz website.  
<https://www.lesaillons.com/hebergement-savoie-station-de-ski.html>  
You can also visit the reservation center, at your disposal to help you in your search:  
+33 4 79 54 63 65, [infos@lesaillons.com](mailto:infos@lesaillons.com)

