



Suunnistuksen
SM-Pitkä
2019
7. - 8.9.2019



FISKARS
VILLAGE

Bulletin 1

IOF World Ranking Event (WRE), Finnish Long Distance Orienteering Championships in Raseborg, Finland, 7–8 September 2019

Welcome to the Finnish Long Distance Orienteering Championships in Fiskars, Raseborg with WRE status in the M/W21 classes!

Event organisers: Orienteering clubs **Fiskarin Urheilijat -47**, **Hiidenkiertäjät**, and **OK Raseborg**

Event website: <https://sm-pitka2019.blogspot.com/>

Main officials:

Event director: Kristian Forsell

Course setters: Arvo Paulin, Petri Forsman, Sune Forsström and Kaj Hällfors

Information and media: Jouko Nurmiainen and Charlotta Wolff

Results service: Kari Mamia

English-speaking contact persons: Charlotta Wolff +358 50 5689259,

charlotta.wolff@gmail.com, and Ville Luoma +358 440 476070, ville.v.luoma@gmail.com

IOF Event Adviser and Technical Adviser: Juha Miettinen +358 45 6088475

Course controller: Risto Gustafsson, Rasti-Perniö

Competition rules:

This event follows the rules of the Finnish Orienteering Federation, the IOF guidelines for World Ranking Events, the special rules for the Finnish Championships, and the instructions given by the organisers. The rules of the Finnish Orienteering Federation and the special rules for the Finnish Championships are available at the website <http://www.suunnistusliitto.fi>.

Spiked shoes are forbidden in the competition, but shoes with studs are permitted. Competitors qualified for the A-final must carry a GPS-tracking device provided by the organisers.

Punching system:

The electronic punching system Emit will be used. Rental Emit cards are available from the event organiser, fee 5 €. If the rental Emit card is not returned after the competition there will be a charge of 80 €.

Classes:

The H21 (=M21) and D21 (=W21) classes have WRE status. To enter the WRE competition, participation in the qualification race is mandatory. Estimated winning times for women are 70–80 minutes and for men 90–100 minutes. The Finnish Long Distance

Orienteering Championships take place at the same time with classes from H/D15 to H/D85. There are about 2 000 orienteers in the competition.

Entries and entry fees:

The entry fee for the WRE classes (both qualifications and A/B finals) is **38,65 €**. Entry and payment **no later than Thursday 29 August**. No late entries allowed.

Entries and payments should be made primarily through the IRMA system of the Finnish Orienteering Federation, <https://irma.suunnistusliitto.fi>. Include your Emit card number in your entry. If your card number is missing, the organisers will reserve a rental Emit card for you at a 5 € fee. Rental Emit cards should be picked up and paid in cash at the information desk at the event centre.

Foreign competitors without access to IRMA enter through IOF Eventor. The new IOF World Ranking system only uses the Latin alphabet from a to z. It is very important for all runners to check that the information about them is correct. Please check the following: the spelling of your first and last name, your nationality and your year of birth. If you find any mistakes, please report them to changes_AthleteData@orienteering.org. When reporting, make sure you indicate your complete date of birth (day, month, year). It is not possible to pay through IOF Eventor.

The bank details for entry fee payment without IRMA are as follows:

Account owner: Suunnistuksen SM-pitkä 2019
Bank name: OP Corporate Bank plc
Bank address: Gebhardinaukio 1, HELSINKI, FINLAND
IBAN: FI13 5549 0440 0038 92
BIC: OKOYFIHH

Payments are accepted in euros only. Please indicate the names of the competitors in the message field of the payment form.

IOF ID:

WRE athletes have to include their IOF IDs in their entry. Athletes who do not yet have an IOF ID will get one by registering a user account in IOF Eventor:
<https://eventor.orienteering.org/Register>.

Signposting and venue:

The competition venue is located at 1 h 20 minutes by car to the west from Helsinki Airport and Helsinki harbour and at 1 h 20 minutes to the east from Turku harbour.

Directions for arrival will be signposted from the junctions between roads 104 and 111, as well as between roads 104 and 186. Distance from the signposts to the parking areas is about 4 km (southern route from road 111) or 12 km (northern route from road 186). Signposts will be ready from 6.00 pm on Friday 6 September. Venue navigation address is Peltorivi 1, 10470 Raasepori, Finland / Åkerraden 1, 10470 Raseborg, Finland.

The venue is located in the middle of the old industrial village of Fiskars, while the parking areas are mainly fields. Distance from the parking to the event centre is about 500 metres.

The parking fee is 5 €/vehicle/day, to be paid in cash at the information desk.

General map of the region and the embargoed area:

The embargoed area is indicated on the map below:

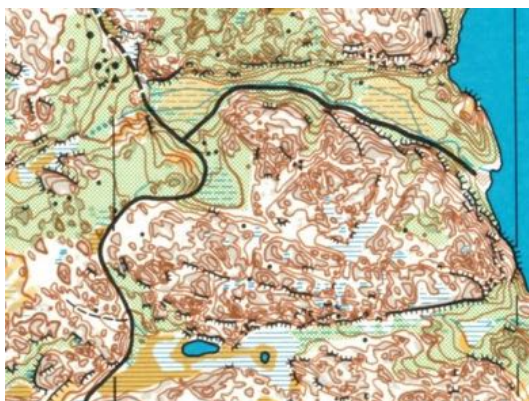


Terrain:

The terrain consists mainly of wooded, rocky hillslopes and plateaus rich in details but with mainly good runnability, separated by depressions with lush vegetation and small lakes. Maximum height difference in the terrain is 50–60 metres. There are few footpaths, but there are tracks and small roads for forestry purposes.

The previous orienteering maps of the terrain are from the 1990s. Before that the terrain was used for the first ever World Championships in Orienteering in 1966.

Excerpts (1:15 000) from the 1990s map:



Old maps can be studied on the competition website:

<https://sm-pitka2019.blogspot.com/p/vanhat-kartat.html>

Competition map:

Scale: 1:15 000, contour interval: 5 m, 6-colour offset printing 8/2019. Mapping made by Arvo Paulin. The size of the map is A3/A4 in the qualifications and the finals. The competition maps are in plastic cases.

Training opportunities:

A4-sized maps for training can be ordered from Benny Forsström, benny.forsstrom@gmail.com, +35840 5013519, or Veikko Paulin, pohjan.paulinit@pp.inet.fi, +35840 5604538, price 7 € / map (reduced prices for multiple orders). Please order your maps at least one week prior to your planned date of training. More information on training maps: <https://sm-pitka2019.blogspot.com/p/harjoituspaketit.html>.

First starts:

The first start of the qualification race on Saturday 7 September is at 10.00 AM. The first start of the A finals on Sunday 8 September is at 10.00 AM. The first start of the B finals on Sunday 8 September is at 09.00 AM.

Food:

A warm lunch will be served at low cost at the venue both on Saturday and Sunday.

Accommodation and Fiskars as a destination:

At the origin of the best scissors in the world, Fiskars, founded in 1649, is one of the many old ironworks villages of South-Western Uusimaa/Nyland. Today it is the idyllic centre of a lively and innovative artistic community and an appreciated weekend holiday venue. There are upscale restaurants, boutiques and small hotels in the village. More accommodation facilities, ranging from sports institutes to manor houses, can be found in the surrounding areas in Raseborg and Lohja. More information on tourism and accommodation can be found on the websites of Fiskars Village, <https://www.fiskarsvillage.fi/en/>, Visit Raseborg, <https://www.visitraseborg.com/en/>, and Visit Lohja <https://www.visitlohja.fi/en/main/>.

Weather:

In early September the weather in southernmost Finland can be anything from warm and sunny (18–23 degrees Celsius) to chilly, windy and rainy (5–10 degrees C). Competitors should be prepared for changeable weather.

Visa requirements:

According to current regulations, citizens of some countries must obtain a visa in order to enter Finland. Please check the following website for more information: www.formin.fi Visas should be applied for at your closest Finnish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Finnish embassy.

Final event instructions, start times and other information:

There will be more information on the competition website closer to the date of the competition. Bulletin 2 will be published on Saturday 31 August 2019.

We are looking forward to meeting you in Fiskars!

Fiskarin Urheilijat -47, Hiidenkiertäjät, and OK Raseborg