



BikeEst 2015

IOF WRE July 18-19

BULLETIN 1

PROGRAMME:

17.07. – BikeEst sprint, Sõmerpalu. First start at 17:00.

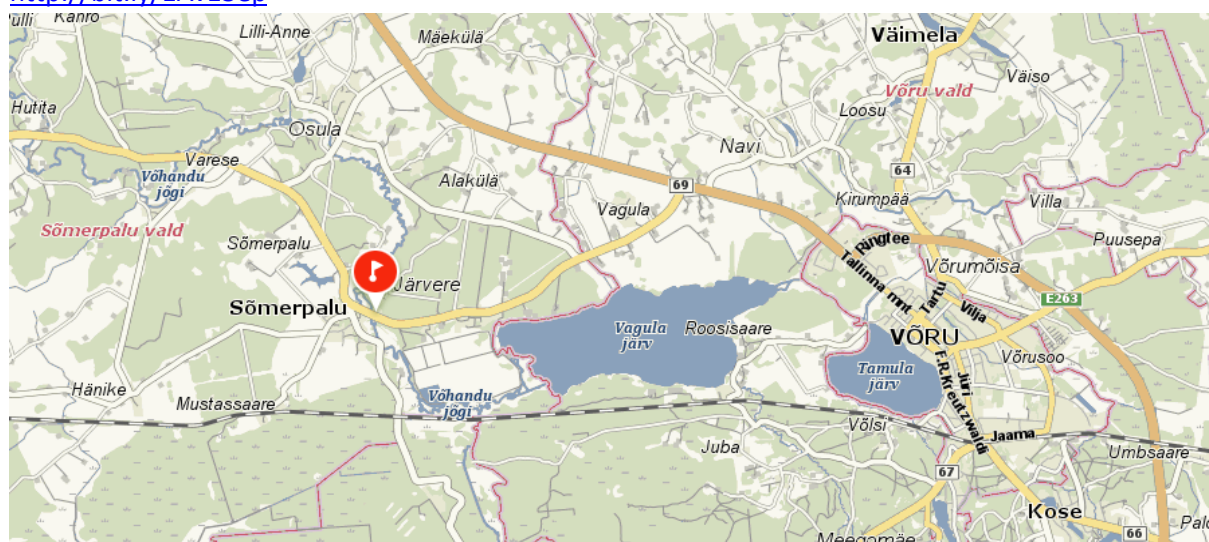
18.07. – BikeEst middle distance/Estonian Ch., Sõmerpalu (WRE for MW21). First start at 14:00.

19.07. – BikeEst long distance/Estonian Ch., Sõmerpalu (WRE for MW21). First start at 11:00.

COMPETITION CENTRE:

Võru county, Sõmerpalu parish, Sõmerpalu borough, at Sõmerpalu basic school. Location:

<http://bit.ly/1Av13ep>



ORGANIZERS:

Estonian Orienteering Federation, Orienteering Club Võru (www.okvoru.ee)
Event Director – Andy Karjus, e-mail andy.karjus@polvamaa.ee, phone +372 5110611
Course setter – Markus Puusepp
MTBO map – Markus Puusepp

EVENT CONTROL:

IOF Event Adviser – Alar Assor (OK Põlva Kobras)
Inspector – Sixten Sild (OK Võru)

PARTICIPANTS:

CLASSES: MW 17, 20, 21, 40, 50, M60.

Competitions are open for all participants. To be eligible for Estonian Championship medals, one needs to be either an Estonian Citizen or a member of an EOF club.

RULES:

According to Estonian competition rules:

http://www.orienteerumine.ee/eol/failid/2013/EOLvoistlusreeglid2009_muudatud2010_2011_2013_lisad.doc.

NB! In MW21 IOF rules for MTBO will be followed on all days!: <http://orienteeing.org/wp-content/uploads/2010/12/Competition-Rules-for-IOF-MTB-Orienteering-Events-2015.pdf>.

EMBARGOED AREAS:

It is not allowed to visit, to train or to organize competitions in the embargoed areas until the competition dates in the programme. Embargoed areas are based on orienteering maps:

[2011022](#), [2013019](#), [2012067](#). List of embargoed areas:

<http://www.orienteerumine.ee/kalender/keelualad/index.php>

START LISTS:

MW21 startlist order in all days is based on the IOF World Ranking list as published 7 days before the event. Participants without IOF ranking will be allocated a place in the beginning of the startlist.

START INTERVALS. In sprint at least 1 minute, in middle distance at least 2 minutes and in long distance at least 3 minutes.

ENTRIES:

Entries until 13.07.2015 through www.osport.ee (each day separately), except for MW21 WRE's on 18.07. ja 19.07. - registration through IOF Eventor.

18.07. MW 21 WRE entries <http://eventor.orienteeing.org/Events/Show/4871>

19.07. MW 21 WRE entries <http://eventor.orienteeing.org/Events/Show/4872>

MW17 – 4 EUR/day
MW20, OPEN – 8 EUR/day
MW21 – 12 EUR/day
MW40, 50, M60 – 12 EUR/day

SI-card rent from organizers 1,5 EUR/day.

Registration will be confirmed after receiving the payment. Participation fees must be cleared by end of the registration date.

Bank Details:

Receiver: Orienteerumisklubi Võru, address
Jüri 31 Võru, Estonia
IBAN: EE391010402006021008 (SEB bank).
Bank address: Tornimäe 2, 15010 Tallinn,
Estonia.
SWIFT: EEUHEE2X.

PRELIMINARY COURSE LENGTHS:

Class	Sprint (km)	Middle distance (km)	Long distance (km)
M21	7	15	27
W21	6	11	19
M20	6	11	21
W20	5	8	15
M17	5	7	15
W17	4	6	12
M40	5	11	18
W40	4	7	12
M50	4	8	15
W50	3,5	6	10
M60	3,5	6	10
AVATUD	3,5	6	10

MAPS:

Previous maps of the terrain: Sõmerpalu ([2011022](#)), Sõmerpalu-Soe ([2013019](#)) and Sulbi-Osula ([2012067](#)).

Map scales:

sprint – 1:5 000

middle distance – 1:10 000

long distance – 1:15 000.

Contour interval 2,5 meetrit. Maps have been prepared in 2015. aastal.



TERRAIN:

Sandy, dry left bank of the Pühajõgi river right before flowing into Vagula lake. Up to 25 m slopes are changing with flatter areas and more gentle slopes. Marshes almost missing, coniferous forests mainly with good or excellent passability and visibility. Many different ages of clearings and young forest. Regular network of roads and paths. Sõmerpalu settlement is typical countryside borough with private and apartment buildings and green areas between them. There are motorcycle cross tracks near the competition centre.

TECHNICAL INFORMATION:

Attachement of SI-card to bike is not mandatory. Usage of helmets is obligatory. Participants must start with complete bikes and The course shall be completed by the cyclist riding, carrying or pushing his/ her mountain bike. Competitors may carry tools and spare parts during the competition, but shall not use spares or tools other than carried by themselves or another competitors. Riding off tracks is allowed until its not marked as prohobited area on the maps. On the narrow roads slower

participants must make way on first request of a faster rider, this does not apply on the marked route to the finish. Opposing participants should pass from right side. On the narrow road in the case of opposition climber must make way for descender.

Competitors may not use or carry telecommunication equipment between entering the pre-start area and reaching the finish in a race, unless the equipment is approved by the organizer. GPS data loggers with no display or audible feedback can be used. The organizer may require competitors to carry a tracking device and/or a GPS data logger.

START NUMBERS:

Start numbers are in use. Same numbers are used in all days. Start number should be attached in front of the bike. Organizers will provide necessary accessories for that.

ACCOMMODATION POSSIBILITIES (www.visitvoru.ee)

- Hotel „Kubija” Võru (16 km from event centre), <http://www.kubija.ee>, tel. +372 78 66000
- Guesthouse Varese (3 km from event centre), <http://www.varese.ee>, tel. +372 516 5309
- Roosu farmstead Sulbi (9 km from event centre) <http://www.roosu-talu.ee/majutus.htm>, tel. +372 505 5707
- Uma Kuup appartments Võru (11 km from event centre) <http://www.uma.ee>, tel +372 528 0780
- Guesthouse Hermes Võru (11,5 km from event centre) <http://www.hot.ee/hermes>, tel. +372 782 1326
- Guesthouse Veski Antsla (23 km from event centre) <http://www.euroveski.ee/majutus>, tel +372 521 5290
- Floor accommodation at Sõmerpalu school (at event centre), <http://www.somerpalupk.edu.ee>. Price 2 EUR/night. Booking: Tiia Linnas +372 516 5646, tiia.linnas@mail.ee