

Estonian championships in ski orienteering Sprint (WRE) & sprint relay

19. January 2019
Haanja, Võru county

COMPETITION INFORMATION



TIME SCHEDULE

Saturday 19. January

- 10.30 First start in sprint
- 10.45 Start quarantine deadline
- 11.30 End of start quarantine
- 12.30 Prizegiving, sprint
- 14.00 Sprint relay start for classes M14-16 and M40
- 14.05 Sprint relay start for classes N14-16, N18-20 and M50
- 14.45 Sprint relay start for classes M18-20 and N21
- 14.50 Sprint relay start for classes M21 and N40
- 16.30 Prizegiving, sprint relay

ORGANIZERS

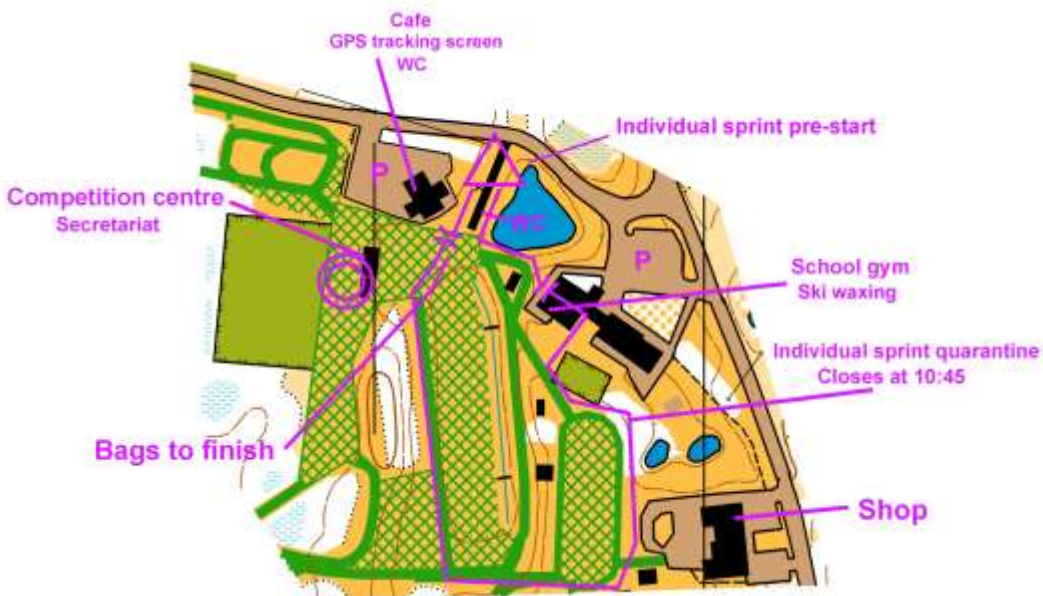
OK Võru, Estonian Orienteering Federation
Event director: Sixten Sild, sixtensild@gmail.com, +372 506 8377
Event office: Laura Joonas
Course setter: Taivo Timmusk
IT: Indrek Kuusk
Start: Ede Pähn

RULES

Competitions are organized according to the rules of Estonian Orienteering Federation.
NB! In individual sprint in classes M21 and W21 competition is organized according to IOF rules.

IOF Event Adviser (WRE): Markus Puusepp, +372 526 8279

EVENT CENTRE



START QUARANTINE (IN INDIVIDUAL SPRINT)

In order to avoid transfer of information from finished competitors to those ones, who haven't started yet, all participants must enter start quarantine area shown on the scheme above before 10.45. From that deadline it is prohibited to enter quarantine area. From quarantine area starting competitors move to start, coaches and other helping persons can exit the area, but not enter again before quarantine is over.

Quarantine area includes warm-up area, school's gym and pre-start area. It is not allowed to have contact with finished competitors in quarantine area! It is prohibited to use electronic devices for acquiring any information about maps and courses. For breach of this rule organizers have right to disqualify persons immediately. Entry to quarantine area occurs only through two gates shown on the scheme. The gates are manned by organizers.

There is a toilet in quarantine area. Before going to start competitors can leave their bags with clothes on the place shown on the scheme. The organizers carry the bags to the finish area. Quarantine ends at 11.30, from that moment all finished competitors have access to the school gym for their belongings.

WARM-UP AREA

For warm-up competitors can use both the upper and the lower ski stadium inside the quarantine area as shown on the scheme. Skiing outside of this area before start is prohibited!

NUMBER BIBS

All competitors must wear number bib attached with safety pins on the thigh. **In sprint it must be worn on LEFT THIGH and in sprint relay on RIGHT thigh.** Please bring your own safety pins. If needed you can buy safety pins at info desk for 0,1 EUR/pcs. Numbers are available at information desk.

START

SPRINT

Pre start is 3 minutes. During the first pre-start minute competitors have to cross a major road. Watch out for cars!

At the pre-start SIAC chips will be cleared and activated according to the organizers guidance.

During the last pre-start minute competitor stands next to his/her class' bucket. Command "Map!" will be given 15 seconds before start and competitor takes map from the bucket and puts it on mapholder. Start signal will be given by start clock with 5 beeps.

Competitors start to move from next to their buckets. Be careful in start area! Use only double-poling and/or classic technique while You are inside the start corridor!

SPRINT RELAY

First leg skiers start at the event centre where classic ski tracks will be prepared for that purpose. NB! Until the end of classic track use only double poling and/or classic technique!

First leg skiers will be invited to their start positions approx. 3 minutes before start according to the organizers commands. Maps will be distributed to the competitors approx. 1 minute before start. Competitors have to keep the maps behind their back. 15 seconds before start command "Maps!" will be given, then the maps can be placed on mapholders. Start will be given by speaker's voice command.

TERRAIN AND MAP

Moderately undulating terrain typical to Haanja upland, mostly forested. Many terrain features of different size and plenty of marshes between them.

Map scale 1:5000, h = 5 m. Mappers Madis Oras and Markus Puusepp. Previous map: [2018014 Haanja](#)

SKI TRACKS' NETWORK, PROHIBITED AREAS AND HAZARDS

Proportions of different tracks in the competition terrain:

SPRINT

Very wide track (3 m and more) 19 %

Wide track (1,5-3 m) 4 %

Track (0,8-1,2 m) 77 %

SPRINT RELAY

Very wide track 43 %

Wide track 57 %

It is prohibited to ski on uncrossable water bodies, which are mapped with prohibiting sign (dark blue with thick black line around it).

Possible hazards are narrow tracks on steep uphill and downhill sections and ski track crossings. NB! Always keep right when meeting another competitor and give way to descending competitor!

COURSES

Sprint

Class	Straight line	Optimal	Controls
M21	3,1	4,4	15
W21 M20 M35	2,6	3,8	13
M18 M45 N20	2,4	3,6	12

M16 M55	2,2	3,2	11
N18 N35	2,1	3,1	10
M65 N16 N45	1,7	2,4	9
M14	1,6	2,3	9
N14 N55	1,6	2,2	9

Sprint relay

Class	Straight line	Optimal	Controls
M21	1,7 - 1,9	2,2 - 2,3	8
M40 M18-20	1,6 - 1,7	2,0 - 2,13	7
N21 N18-20	1,5 - 1,6	1,9 - 2,0	6
M50	1,5 - 1,6	2,0 - 2,1	7
M14-16	1,4 - 1,5	1,7 - 1,8	6
N14-16	1,2 - 1,3	1,5 - 1,6	5
N40	1,3 - 1,4	1,6 - 1,7	5

FINISH AND RESULTS

SPRINT

Competitor's time will be recorded by SIAC-card when he/she crosses the finish line. The organizers will guide competitors to read-out point and collect the maps.

Competitor receives printout with his/her result. Results will be printed and hung out at the event centre. Official results will be available on organizers homepage www.okvoru.ee

SPRINT RELAY

After crossing finish line competitors move to the changeover area and change over to next leg skier by touch and move to read-out of the SIAC card according to the organizers guidance. After read-out competitor moves to waiting/warm-up area to wait for next leg. Outgoing skier takes a map with his/her number from map wall and proceeds to the course.

PUNCHING SYSTEM AND CONTROLS

In controls there are electronic SI-stations BS11-BS small (Vt <https://www.sportident.com/products.html#stations>).



Photo: SI-station BS11-BS small

Its working range in winter conditions is approx 150 cm. When competitor's SIAC card passes by inside this radius, the SIAC card will blink and beep giving so information about successful

punching. Stations are attached on poles next to the ski track. Control number and control flag are attached to the same poles.

NB! If touch-free station fails, there is an usual SI-station with hole hanging on the same pole and competitor has to punch in traditional way by punching in the hole.

GPS-TRACKING AND ONLINE RESULTS

There are selected skiers, who will carry GPS devices (it is obligatory). Devices will be distributed at pre-start. Selected competitors to carry GPS-devices in sprint:

GPS nr:	Stardi nr:	Nimi	Stardiaeg:	Grupp:
42	3	Nauris NEIMANIS	11:13	M21
43	7	Priit RANDMAN	11:17	M21
44	8	Sander LINNUS	11:18	M21
45	9	Lauri MALSROOS	11:19	M21
46	10	Kristjan LINNUS	11:20	M21
101	11	Tarvo KLAASIMÄE	11:21	M21
102	12	Kenny KIVIKAS	11:22	M21
103	16	Tõnis ERM	11:26	M21
104	17	Andres SAAL	11:27	M21
105	18	Georg Caius KUTSAR	11:28	M21
106	19	Rimmo RÕÕM	11:29	M21
107	20	Kevin HALLOP	11:30	M21
108	21	Mattis JAAMA	11:31	M21
109	22	Eveli SAUE	11:11	N21
110	27	Piret PÄRNIK	11:16	N21
151	29	Silvia LUUP	11:18	N21
156	30	Jonne ROOMA	11:19	N21
157	31	Epp PAALBERG	11:20	N21
161	32	Doris KUDRE	11:21	N21
162	33	Daisy KUDRE	11:22	N21

GPS-device users in sprint relay will be published separately. GPS-devices will be collected at the finish.

GPS-tracking links:

Sprint M21 <http://sportrec.eu/ui/#1e3h90b>

Sprint W21 <http://sportrec.eu/ui/#1e3u6cs>
Sprint relay M21 <http://sportrec.eu/ui/#1e3u737>
Sprint relay N21 <http://sportrec.eu/ui/#1e3u742>
GPS-tracking can be followed on screen in café building.
Online results: <http://otse.osport.ee/>

FAIR PLAY

Not yet started participants in both competitions are not allowed to acquire information about courses neither directly nor indirectly by following GPS-tracking. All smart devices and old orienteering maps are prohibited in quarantine area. It is prohibited to visit competition terrain between two competitions!

WAXING

There are special conditions for ski waxing in school's gym. During sprint relay it is allowed to wax on the ski stadium, in waiting area.

WASHING AND CLOTHING

Clothes can be left in school's gym. There is also clothing possibility in café building (on first floor).
In café building competitors can use shower and sauna for 3 EUR per person to be paid to the cafe.

TOILETS

In addition to the dry toilets there are toilets in the café building.

FINAL ENTRIES FOR SPRINT RELAY

Final entries with alla names and SIAC card numbers must be done until 22 o'clock on 18. January on registration website www.osport.ee .
Changes in teams on competition day can be done only due to exceptional circumstances like injuries, sickness etc.

CATERING

There is simply catering in café building. Charity café is run by Võru county Sports Assotiation and income goes to support of Võru county's best young athletes. Welcome!

PARKING

Free parking in official parking areas of Haanja sports centre and school. If needed, parking is allowed along the major road Võru-Haanja. Please do not park on narrow Haanja-Kurgjärve road!

SNOW CONDITIONS AND WHEATER FORECAST

Snow depth in the terrain is approx. 0,3-0,5 m. Rainy Thursday caused lot of dirt falling on tracks. In competition day it is expected to be semi cloudy wheather, temperature around minus 5-10 degrees C.