# Bulletin 1, Jan Kjellstrom Weekend 2019

The Jan Kjellstrom 2019 weekend consists of four Foot Orienteering races

Friday 19th April	Sprint Distance (including **World Ranking Event**)	Aldershot
Saturday 20th April	Middle Distance (including **World Ranking Event**)	Old Windmill Hill
Sunday 21st April	Long Distance.	Cold Ash
Monday 22nd April	Relay for teams of three.	Minley

Location of competitions
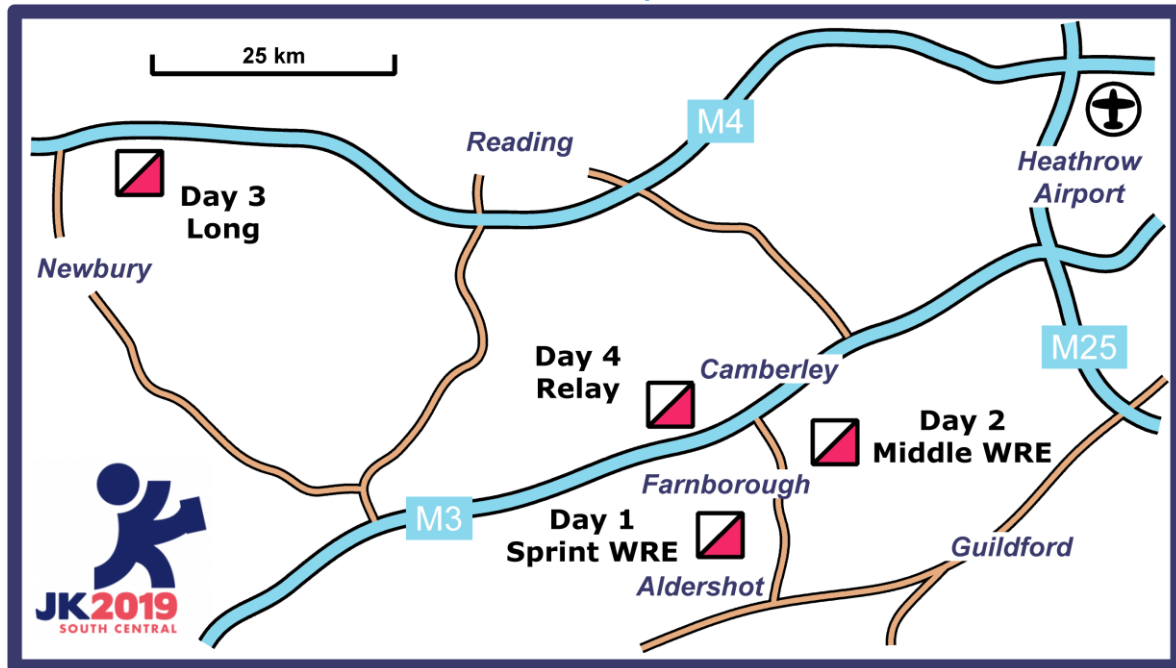
All competition areas are embargoed. A map of the embargoed areas is available here:
https://www.britishorienteering.org.uk/embargoed_areas

General information

Entry is available from the 27th November 2018 via the JK 2019 website: http://www.thejk.org.uk/

There are three dates for entry and the fee increases after each date has passed. Entries should be made via the online entries system. All fees must be paid at the time of booking.

Entries by	JK Sprint	JK Middle
Sunday 13th Jan	£17	£26
Sunday 24th Feb	£19	£28
Sunday 24th Mar	£21	£30

There will be no event accommodation or any event transport provided.

EMIT Touch Free punching will be used for the Foot Orienteering races for the weekend. All competitors will be issued with an Emitag at no additional cost. There will be the opportunity to practise punching and view demonstration controls on each day.

There will be a small Sprint model event on Day 1, Fri 19th April.

Weather conditions even in mid-April, can be very variable, including both warm spells and occasional snow. The average minimum temperature in the main competition locations in April is 4C, average maximum is 13C.

Enquiries
- For general enquiries contact jkenquiries@britishorienteering.org.uk
- For Entry enquiries contact jkentries@britishorienteering.org.uk
- For visa information: https://www.gov.uk/browse/visas-immigration.
- Event coordinators Di and Terry Smith jkcoordinator@britishorienteering.org.uk

Sprint Distance race and World Ranking Event for Men & Women Elite Friday 19th April
Location: Aldershot Garrison is located in Aldershot, a few miles south of junction 4 of the M3.

Terrain: Mons and Wavell Barracks are typical military camps consisting of a mixture of accommodation blocks and various work areas. Consisting of mainly hard surfaces with some grassed areas, it offers typical estate style navigational challenges of detailed map reading and rapid decision making.
The area was used for the 2015 British Sprint Championships.

Map: 1:4,000 2.5m contour interval to ISSOM 2007, updated in 2018/19 by Peel Land Surveys.

Classes: Men and Women 21 Elite, target winning times 12 – 15 minutes. If entries exceed the available start times, selected competitors may be removed from the Elite class into the appropriate age class. Start times will be allocated in reverse IOF ranking order as per IOF Rules.

Clothing: Shorts and running vests are permitted for this race. Stud-less shoes are recommended.

Officials:
Organiser:	Chris Huthwaite
Planner:	Colin Duckworth
Controller:	Philip Gristwood

Middle Distance race and World Ranking Event for Men & Women Elite Saturday 20th April
Location: Old Windmill Hill, Frimley, near Farnborough. Easy access from junction 4 of the M3.

Terrain: A sloping wooded area with some intricate contour detail, many pits and knolls and a path network

Map: 1:10,000 5m contour detail to ISOM2017, remapped in 2018/19 by Peel Land Survey using LIDAR data for the first time.

Classes: Men and Women 21 Elite, target winning times 30 – 35 minutes. If entries exceed the available start times, selected competitors may be removed from the Elite class into the appropriate age class. Start times will be allocated in reverse IOF ranking order as per IOF Rules.

Clothing: British Orienteering Rules of Orienteering require clothing that fully covers the torso and legs. There may also be an additional requirement for a wind and waterproof top to be carried by each competitor. If this is required, there will be notices about this on the day of the race.

Officials:
Organiser:	Steve McKinley
Planner:	Pete Jones
Controller:	Neil Crickmore

IOF Advisers
David May (Sprint); Ronan and Julie Cleary (Middle)