



OK Älgen, Sjöfäle OK, OK Tyr & Skattkärrs SOK invite you to Värmlandsdubbeln (long distance) in conjunction with Swedish League stage 3, Sunday 14/4 2019

Location	Tallmossen. Directions from E18 between Knöstad and Segmon. GPS: 59.247787, 12.937463. Parking at Ånäs farm. Distance from parking to arena max 1 000 m. Parking fee 20 SEK.
Entries	Entries should be made by 23:59 CEST on Sunday 7/4 via the Swedish Orienteering Federation's Eventor homepage: https://eventor.orientering.se/ (It is easy for orienteers from other countries to create themselves a user ID for the Swedish Eventor site.)
Late entries	Late entries will be accepted until 19:00 CEST on Wednesday 10/4 at a 50 % surcharge.
Entry fee	Under 17: 80 SEK 17 and over: 170 SEK (including an extra fee of 20 SEK for offset printing). Hire of SPORTident card: 30 SEK.
	Swedish clubs will be billed after the event. Competitors not representing Swedish clubs must pay in advance to: IBAN: SE87 8000 0815 6294 3535 0211. BIC/SWIFT: SWEDSESS Specify name, club, day and class when making payment. Recipient: Skattkärrs SOK.
Classes	Full selection of classes according to Swedish Orienteering Federation rules. See World Ranking Event bulletin nr. 1 for information about elite classes.
Start	First normal start: 10:00 CEST. Late entries start before this. Open classes, together with development and introductory classes have free start times

	between 10.00 and 11.30 CEST. Distance from arena to start max 1 800 m.		
Map	Daltjärn. Scale 1:15 00 for classes D/H16 to D/H35, 1:7 500 for D/H60 and older, 1:10 000 for all other classes. Contour interval 5m. New map produced in 2018 by Jerker Boman and Kalle Engblom.		
Terrain description	Undulating to hilly forest with many details and mostly extremely good runnability. The upper parts of the hills are covered in pine forest which in places is very thin. There are relatively few felled or thinned areas and not many areas with thick vegetation. Some slopes have lines of cliffs but apart from that the ground is not too rocky. Blueberry bushes are the dominant form of undergrowth. There are a small number of marshes. There are few paths or roads in the competition area.		
Punching system	SPORTident. All types of SI-Card can be used. If the card number is not specified when entering then the competitor will be given a hire card at a cost of 30 SEK. If the card is not returned after the competition then there will be a charge of 400 SEK.		
Competition rules	Swedish Orienteering Federation competition rules.		
Service	Changing area and heated showers will be beside the arena. Field lunch, other street food and cafeteria at the arena. To guarantee getting a field lunch, it should be ordered in advance via Eventor. For more details see event web site. Pay in cash, MasterCard/Visa or the Swedish mobile phone payment system Swish (123 521 5082). Sport equipment will also be on sale. There will be a crèche and a string course for children.		
Prizes	Prizes in relation to the number of entries in competition and development class. Lottery for prizes in open classes.		
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Welcome!