

| Organiser | Orienteringsklubben Roskilde |
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| Classification | WRE |
| Event Center | Thalægården" in Roskilde. <br> There is a large kiosk tent, it's not possible and allowed to <br> set up club tents. <br> It is not possible or allowed to set up the club flag using <br> ground spike - instead we would like to form a club flag <br> portal along the run-in alley, so please bring your club flag <br> along! <br> The arena will open at 13:30 |
| Parking | At Roskilde City Hall, marked from the intersection Køgevej / <br> Østervang, p-guards' instructions must be followed. |
| From parking: the marked route, as indicated in this bulletin, <br> shall be followed, see sketch. Any deviation from this route <br> will results in disqualification. |  |
| Changing and showers | Østervangsskolen, Astersvej. Open 13.00 -20.00 <br> Coming to the event <br> Because of two other major events in Roskilde on the same <br> day, it is recommended to follow access routes as indicated <br> in this bulletin, see sketch. There may be more traffic around <br> the city because of those events, please consider some extra <br> time. <br> Because of this, it might pay to take the train! No parking <br> problems and shorter distance to walk, because the train <br> station is closer to the event center than the parking lot. |



## Access by car



Marked route from parking to the event center.


| Distances | Parking at City Hall -> event center: 1700 m, marked by <br> black \& white "Adidas" tape. <br> Event center -> start: 1500 m, marked by red \& white tape. <br> Start -> warm up area: 250 m, marked by black \& white <br> "Adidas" tape. |
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| Hotels in Embargoed <br> area | Hotel Prindsen: The entire Saturday: For participants in DM <br> Sprint is not allowed to go to the hotel until after the last <br> start. Sunday - no limitation. <br> Scandic Hotel: It is allowed to go to the hotel throughout the |
| weekend. However, access to and from the hotel shall take |  |
| place via Søndre Ringvej, south of the Embargoed area, see |  |
| the event website. |  |
| Bed and Breakfast Roskilde City: The entire Saturday: For |  |
| participants in DM Sprint it is not allowed to go to the B \& B |  |
| until after the last start. Sunday - no limitation. |  |$|$


| Classes |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |
|  |  | distance <br> (m) | controls | climb(m) |  | distance <br> $(\mathrm{m})$$\|$ controls | \|climb(m) |
|  | W21 | \|3520 | 22 | 25 | M21 | 390023 | 32,5 |
|  | According to IOF Rules for WRE-sprint classes the distance is the shortest possible route choice. |  |  |  |  |  |  |
|  | Class | distance ( m ) |  | controls | Class | distance (m) | controls |
|  | W-12 | 1310 |  | 16 | M -12 | 1310 | 16 |
|  | W-14 | 179 |  | 17 | M -14 | 1790 | 17 |
|  | W-16 | 195 |  | 19 | M -16 | 2190 | 23 |
|  | W-20 | 2020 |  | 21 | M- 20 | 2370 | 22 |
|  | W 35- | 195 |  | 19 | M 35- | 2190 | 23 |
|  | W 40- | 176 |  | 19 | M 40- | 1960 | 18 |
|  | W 45- | 176 |  | 19 | M 45- | 1960 | 18 |
|  | W 50- | 169 |  | 18 | M 50- | 1720 | 18 |
|  | W 55- | 169 |  | 18 | M 55- | 1720 | 18 |
|  | W 60- | 155 |  | 16 | M 60- | 1580 | 17 |
|  | W 65- | 155 |  | 16 | M 65- | 1580 | 17 |
|  | W 70- | 155 |  | 16 | M 70- | 1550 | 16 |
|  | W 75- | 155 |  | 16 | M 75- | 1550 | 16 |
|  |  |  |  |  | M 80- | 1550 | 16 |
|  |  |  |  |  | M 85- | 1550 | 16 |
| Controls | Controls are either located in the ground or in an orange cylinder, see pictures below: |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Radio controls | 2 radio controls. |
| :---: | :---: |
| Refreshments controls Tracking | None, there is refreshment at start and at finish (water). Selected runners in M21 and W21 shall wear a tracking device from TrackTrack, see separate list. TrackTrack device is handed out at the start. |
| Punching system Map | SportIdent. Rented SI cards are handed out at start. <br> Roskilde City 2015, offset printed, scale: 1:4000, contour interval 2,5 m <br> Prohibited areas marked with violet shading on the map, must be respected. <br> Some areas marked on the map as allowed to pass, but not possible to get to, if the gates are locked. These areas are not marked with olive green (see map norm) but included and drawn, as normal areas. We have done so because we cannot be sure that all gates will be closed at the time of the race and then to give the runner an opportunity to find his or her position we have chosen not to use olive green in these sections. See an example: <br> Gated square <br> It is emphasized that no obvious route choices will go through these areas and no controls are located in these areas. <br> Most classes can pass an intersection with traffic lights. To avoid runners being stopped by traffic lights it is not permitted to pass close by the intersection or pedestrian crossing, see drawing: |

\begin{tabular}{|c|c|}
\hline \& Therefore, a marked route is established on the ground and shown on the map which shall be followed. It is not allowed to cross the road, where it is marked as an out of bounds area. The thick violet line represents the marked route. The thin purple line is put on, in order to clarify the boundary of the forbidden area. This is not taped. The red arrows show the permitted trace. \\
\hline Warm up area and map \& Warm up map is handed out at start. \\
\hline Construction work \& Construction work is ongoing nearby the event center, these areas are marked by hatching on the map. \\
\hline \begin{tabular}{l}
Control descriptions \\
Number Bibs \\
Start
\end{tabular} \& \begin{tabular}{l}
Printed on the map and free descriptions are available at start, only to be used if you bring a device to wear them. All participants shall wear a number bib, available at start. Runners are responsible to go to the start 4 minutes before start time. \\
Late starters contacts starting staff, starting when it fits into the start process. \\
Participants in the \(\mathrm{W}-12\) and \(\mathrm{M}-12\) receive the map two minutes before their start time, all other runners start on their start time.
\end{tabular} \\
\hline Quarantine and quarantine area \& \begin{tabular}{l}
Runners in the classes M/W21 must be registered at start no later than 15:15 and must thereafter only be at the start, in the warm up area or between the start and the warm up area. A runner who arrives late may be disqualified. \\
The quarantine area is defined by the warm up area. \\
Clothing's for these runners are transported to the event center.
\end{tabular} \\
\hline Finish

Toilets \& | Control on the finish line shall be punched. Maximum time is 50 minutes. After the finish line, maps shall be turned in. After the last start, new maps will be issued in club bags from the Event Office. Any runner who retires from the course, must report to the finish. |
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| At event center and in the warm up area | <br>

\hline Clothings \& Clothings are not transported to the event center, except for M21 and W 21. <br>
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\end{tabular}

| Traffic | All courses cross roads although traffic is limited at the time of the race. Parents / clubs are responsible for instructing their children / youth runners to succeed in sprint race under these conditions. |
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| Prizes | In classes M/W 21-, winners receive Danmarks IdrætsForbund's (DIF) championships medals. <br> Second- and third-place getters receive DOF's silver and bronze medals for their classes, respectively. <br> The fastest in all other classes receive DOF's medals: gold, silver and bronze. <br> Foreign runners can't receive medals but other types of prizes! <br> Prize-giving Ceremony is expected to start 17.45 |
| Entry on the day | 4 courses: <br> - easy, $1300 \mathrm{~m}, 16$ controls <br> - moderate, $1800 \mathrm{~m}, 18$ controls <br> - difficult short, $1500 \mathrm{~m}, 16$ controls <br> - sdifficult short, 2200 m, 23 controls <br> Courses are sold at the event center between 15-16.30, start between 17-17.30. <br> Fee: M/W-20: DKK 50, M/W21- DKK 80 <br> Rent a SI card: DKK 25. |
| childrens course | Free childrens course 14.00-18.00 |
| Kiosk | Kiosk with limited range of products is available at the event centre. |
| Complaints and protest | Under the DOF Procedure $\S 7.8$ and $\S 7.9$. Contact the event office at the event center. |
| Event Organisers | Event Coordinator: Anders Laage Kragh anders@laagekragh.dk, +4523236250, Course Planner: Andreas Hougaard Boesen, OK Roskilde. Course Controller: Gert Nielsen, Allerød OK. Mapper: Asger Jensen, OK Roskilde IOF Event Advisor: Finn Blom Christensen, Lyngby OK Jury Chairman: Finn Blom Christensen, Lyngby OK Jury: Ellis Sommer, OK Øst Karl Kristian Terkelsen, OK Gorm Flemming Nørgaard, OK PAN |

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