

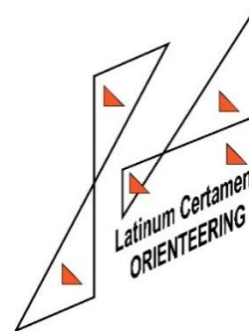
# SAOC

South American Orienteering Championships



SAJOC  
South American Junior Orienteering Championships  
Classes W/M 20E

SAYOC  
South American Youth Orienteering Championships  
Classes W/M 16E & 18E



BULLETIN No. 1

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**Dear Orienteers:**

As the Director of Sports of Lavalleja and on behalf of the same, I am pleased to invite you to participate in the South American Orienteering Championship and Latin Cup 2018 to be held in our department, from 8 to 11, November, 2018.

Our department is placed between the Sierras de Minas and Carapé, the area is characterized by a landscape of mountains, that along with the green vegetation, the richness of flora and fauna constitutes an idyllic environment for physical and spiritual enjoyment, which makes it very suitable for the practice of this beautiful sport of contact with nature.

The Municipality of Lavalleja and myself, are working hard to provide an excellent stay and a real enjoyment of sports.

We hope to have you present in our events.

**Dr. MAURICIO BAUBETA**

Director of Sport and Youth  
Department of Lavalleja


**Dear Orienteers:**

On behalf of the Uruguayan Orienteering Federation and the Eastern Republic of Uruguay, I am pleased to invite you to participate in the 2018 South American Orienteering Championships and Latin Cup to be held in our country, from November 8 to 11, 2018.

There will be six international events: South American Orienteering Championships, valid for the World Ranking (WRE), **South American Junior Orienteering Championships, South American Youth Orienteering Championships**, the XXIV Latin Countries Cup, South American Master Orienteering Championships and South American Open Orienteering Championships.











Our organizing team is working hard to offer you a high level event in accordance to the rules.

We hope to see you in our events.



**VÍCTOR PÉREZ**  
F.U.O. President




# ORGANIZING COMMITTEE

	<p>Event Director:</p> <p><b>VÍCTOR PÉREZ</b></p> <p><a href="mailto:saoc2018dt@gmail.com">saoc2018dt@gmail.com</a></p>		<p>Assistant Event Director:</p> <p><b>JUAN ACUÑA</b></p> <p><a href="mailto:saoc2018sdt@gmail.com">saoc2018sdt@gmail.com</a></p>
	<p>Technical Director:</p> <p><b>MARTÍN LÓPEZ</b></p> <p><a href="mailto:maalopez1905@gmail.com">maalopez1905@gmail.com</a></p>		<p>Logistics:</p> <p><b>ÁLVARO MORENO</b></p> <p><a href="mailto:saoc2018dtlog@gmail.com">saoc2018dtlog@gmail.com</a></p>
	<p>Course Planning</p> <p><b>MARIO IBÁÑEZ</b></p> <p><a href="mailto:mario.orientador@hotmail.es">mario.orientador@hotmail.es</a></p>		<p>Timing:</p> <p><b>ANDRÉS VIDELA</b></p> <p><a href="mailto:videlachocho@hotmail.com">videlachocho@hotmail.com</a></p>
	<p>Start Line Official:</p> <p><b>FREDDY HERNANDEZ</b></p> <p><a href="mailto:sanramonfreddy1@gmail.com">sanramonfreddy1@gmail.com</a></p>		<p>Finish Line Official</p> <p><b>VIRGINIA MÉNDEZ</b></p> <p><a href="mailto:virginia98@hotmail.com">virginia98@hotmail.com</a></p>
	<p>Secretary:</p> <p><b>TATIANA DE LOS SANTOS</b></p> <p><a href="mailto:saoc2018seccom@gmail.com">saoc2018seccom@gmail.com</a></p>		<p>Web Master:</p> <p><b>VÍCTOR VAZ</b></p> <p><a href="mailto:orientalinformatica2000@gmail.com">orientalinformatica2000@gmail.com</a></p>

# MAP MAKER NATIONAL CONTROLLER

	<p>Map Maker:</p> <p><b>GELSON LUIS TOGNI</b> (BRAZIL)</p> <p>+55 41 99573 4320 (Tel./WhatsApp)</p> <p><a href="mailto:gelsonluistogni@ibest.com.br">gelsonluistogni@ibest.com.br</a></p>		<p>National Controller:</p> <p><b>ÁLVARO PÉREZ</b> (URUGUAY)</p> <p>+598 92 294 071 (Tel./WhatsApp)</p> <p><a href="mailto:vaperezsanchez@gmail.com">vaperezsanchez@gmail.com</a></p>
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# IOF SEA & ASSISTANT

	<p><i>IOF Senior Event Adviser:</i></p> <p><b>CARLOS ALBERTO XAVIER</b> (BRAZIL)</p> <p>+55 41 99691 2234 (Tel./WhatsApp)</p> <p><a href="mailto:orientista.xavier@hotmail.com">orientista.xavier@hotmail.com</a></p>		<p><i>Asistent of IOF SEA:</i></p> <p><b>SÉRGIO LUIZ DE OLIVEIRA</b> (BRAZIL)</p> <p>+55 55 98142 3367 (Tel./WhatsApp)</p> <p><a href="mailto:sergioslopr@gmail.com">sergioslopr@gmail.com</a></p>
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## EVENT PROGRAMME

Date	Time	Activity	Venue
Thursday, November, 08	All day	Arrivals	Event Center Parque Vacaciones UTE-ANTEL
	10:00 to 18:00	Accreditation	UTE-ANTEL
	09:00 to 16:00	Model Event	Salus y Villa Serrana Park
	To be defined	Team officials meeting	
Friday, November, 09	09:00	Opening ceremony	Event Center Parque Vacaciones UTE-ANTEL
	09:30 to 12:30	<b>Sprint Course (WRE)</b>	
	12:30 to 13:00	Sprint Award Ceremony	
	To be defined	South America Working Group Meeting	
Saturday, November, 10	09:00 to 14:00	<b>Long Distance Course (WRE)</b>	Villa Serrana
	To be defined	Latin Cup Annual Meeting	
Sunday, November, 11	08:00 to 12:00	<b>Middle Distance Course (WRE)</b>	Event Center Parque Vacaciones UTE-ANTEL
	14:00 to 15:00	Award Ceremony	
	15:00	Departure	

## EMBARGOED AREAS

- The areas embargoed for the event can not be used by competitors for training according to the regulations in force, since they are private areas with public zones, the competition venues are specific areas within these places that are not authorized to general public.



## ENTRIES

- According to item 4. (Eligibility and Classes) of Appendix 13 of the Competition Rules for IOF Foot orienteering Events.
- All competitors must be full passport-holding citizens of the country they are representing.

### Entry forms

- Entries are open from **June 1<sup>st</sup>, 2018**.
- Each competitor must make 2 different entries:
  - 1) Through the event website: [www.saoc2018.com.uy](http://www.saoc2018.com.uy)
  - 2) Through the IOF Eventor website: <https://eventor.orienteering.org/Events/Show/6066>
- This second (Eventor) entry is necessary for IOF control. There is **no need** for payment when entering via Eventor. Payment is made only when entering via the event website.

### How to pay your entry fee

**ALL DATA REGARDING THE PAYMENT OF THE ENTRY FEES WILL BE AVAILABLE WHEN THE REGISTRATIONS ARE OPEN IN OUR WEBSITE, FROM JUNE 1<sup>ST</sup>, 2018**

### Entry, accreditation, SI-Card hire and transport fees

- All fees in American Dollars (US\$).
- Those runners who entry for all courses will have a US\$10.00 discount.

Deadline	Per Course			All Courses	Accreditation (SAJOC/SAYOC)	TOTAL	SI-Card8 Hire	Transport
	Sprint	Long	Middle					
03 August	25	30	30	<b>75</b>	25	<b>100</b>	5	20
07 September	30	35	35	<b>90</b>	25	<b>115</b>	5	20
05 October	35	40	40	<b>105</b>	25	<b>130</b>	5	25

Dollar Exchange rate at the day on April 2, 2018: **1 US\$ = \$28,37** (pesos uruguayos).

## CLASSES

Event	CLASS	Difficulty Level	Age
SAJOC (Junior)	M20E / W20E	ELITE	Born in or after 1998
SAYOC (Youth)	M18E / W18E	ELITE	Born in or after 2000
	M16E / W16E	ELITE	Born in or after 2002

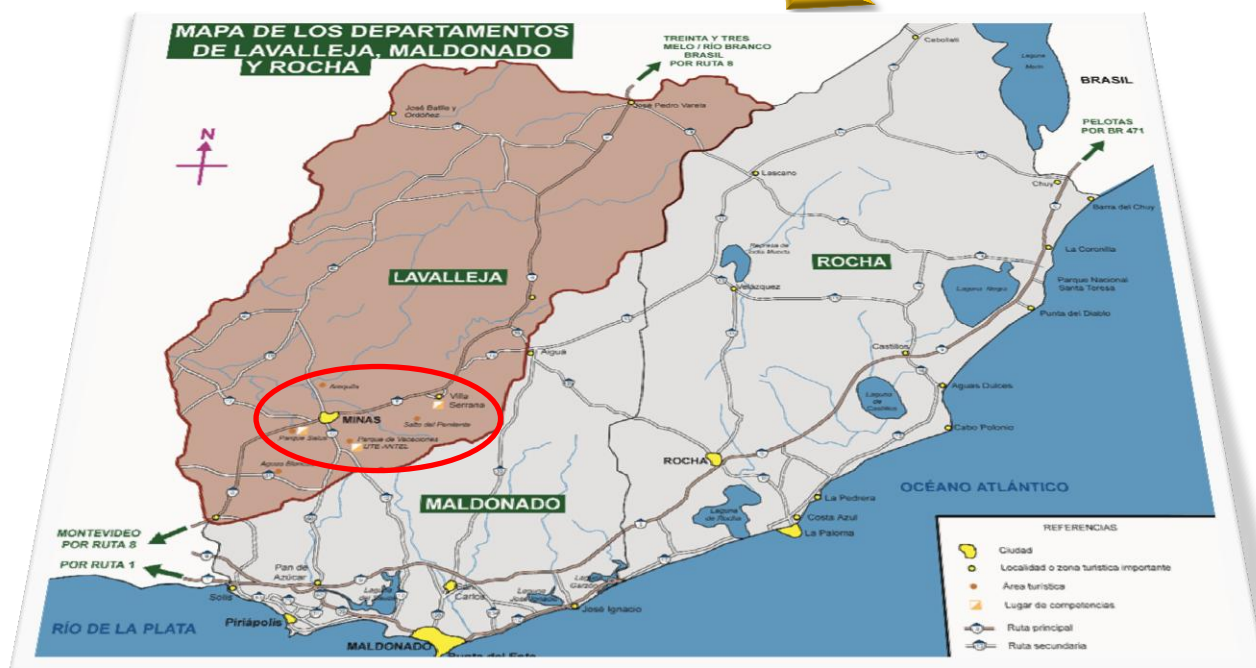


## VENUES

### Departament of Lavalleja

- The SAJOC and SAYOC will be held in parallel to SAOC and the Latin Cup. The events will be held in the Department of Lavalleja, located in the eastern region of our country, being one of the nineteen Departments that form the political division of Uruguay.

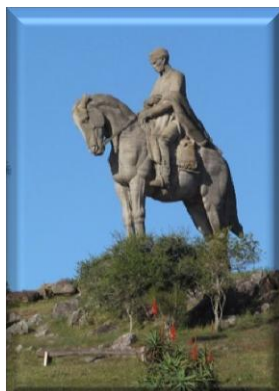
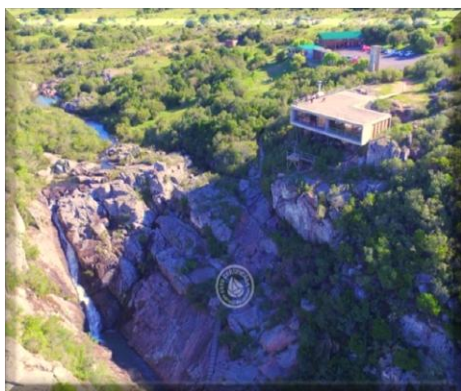
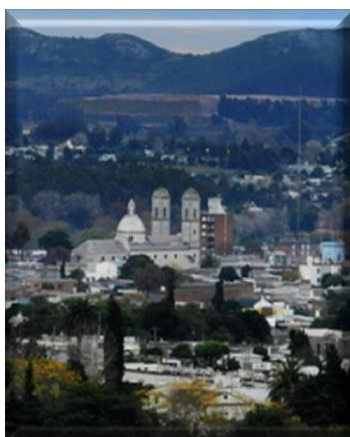
### GENERAL MAP OF THE EVENT AREA



- Its proximity to Montevideo, the capital, only 100km away via Route 8, its large and varied natural attractions; the hills, and its vicinity to the beautiful oceanic coasts of Maldonado, Punta del Este and Rocha, makes this place a true tourist attraction. The variety of access roads, coming from the neighbouring countries of Argentina and Brazil and also the closeness to international airports and fluvial ports, provide easy ways of reaching the competition area.

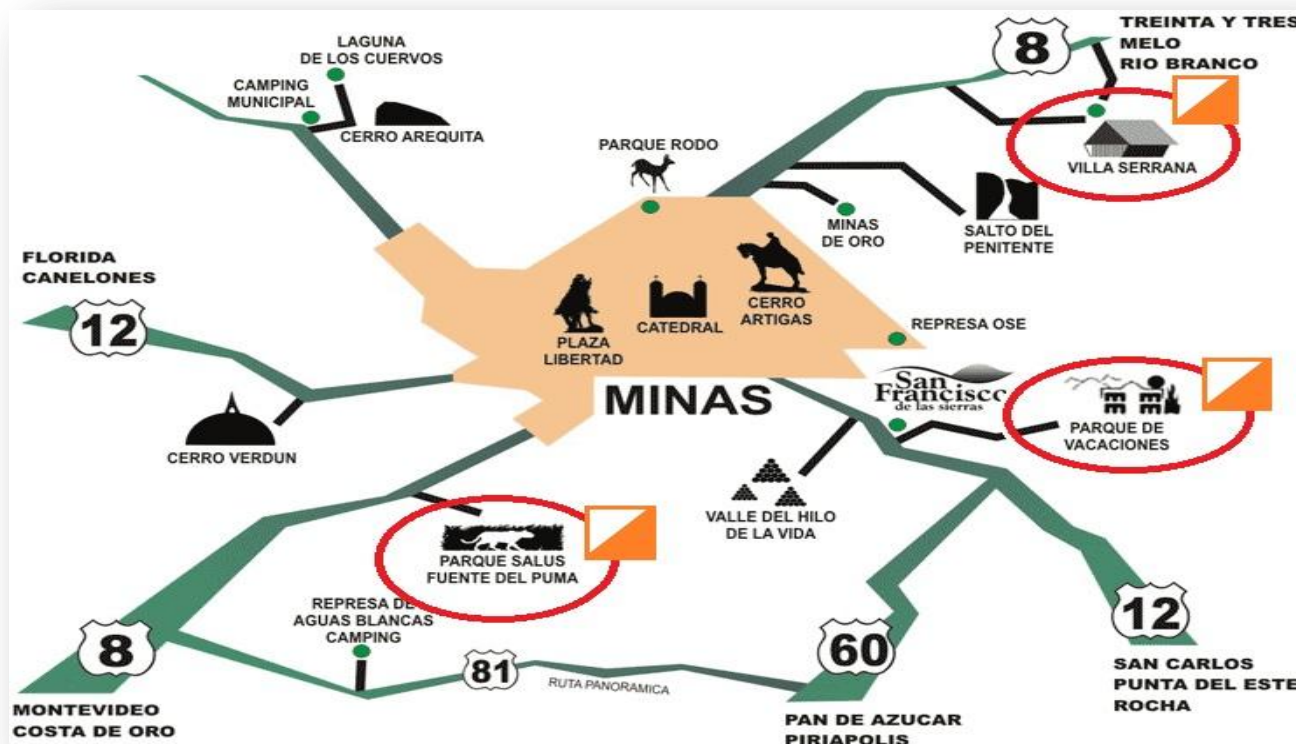
### **City of Minas – Lavalleja's Capital**

- The event centre is placed in the capital of Lavalleja, Minas. It is a place surrounded by beautiful hills and tourist attractions, which offers excellent terrain for the competition, several tourism options to the participants and their companions. Minas is a typical countryside city of Uruguay, where the warmth and simplicity of its inhabitants and also their hospitality are among its main characteristics. This will make the participants to feel at home.





- The places where the activities of the event will take place are: Parque Vacaciones UTE-ANTEL, Villa Serrana and the Salus Park. The first will be the Event Centre and the Sprint and Middle Distance competitions place and the Long Distance and the Model Event in the other two.



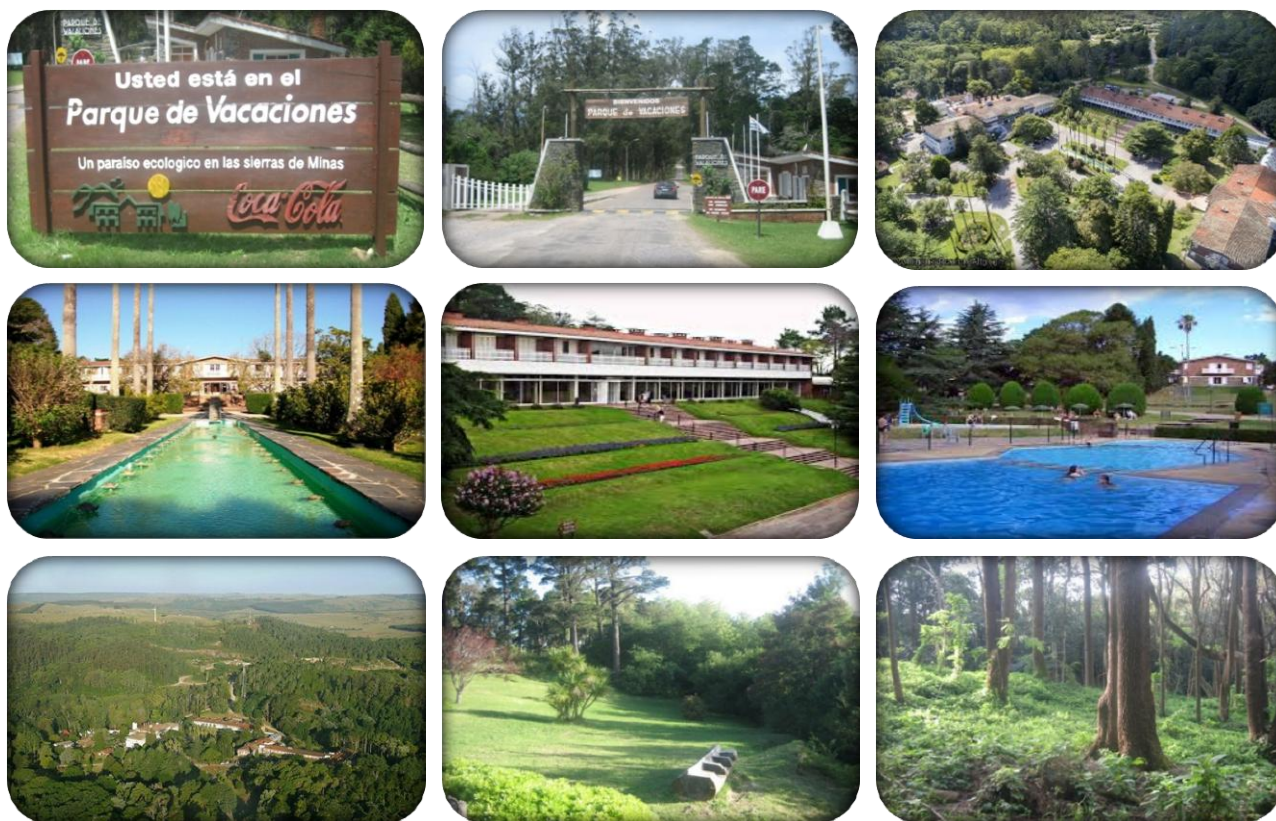
### Parque Vacaciones UTE-ANTEL (Holiday Park)

- Parque Vacaciones UTE-ANTEL is placed in the Southeastern region of Minas, via Route 12, Km 347, 8,4km away from the city (15 minutes driving), inside the hills. As a holiday centre, it offers all necessary facilities for an excellent stay and also, due to its large size, it offers separate areas that permit to organize the different courses of the event.





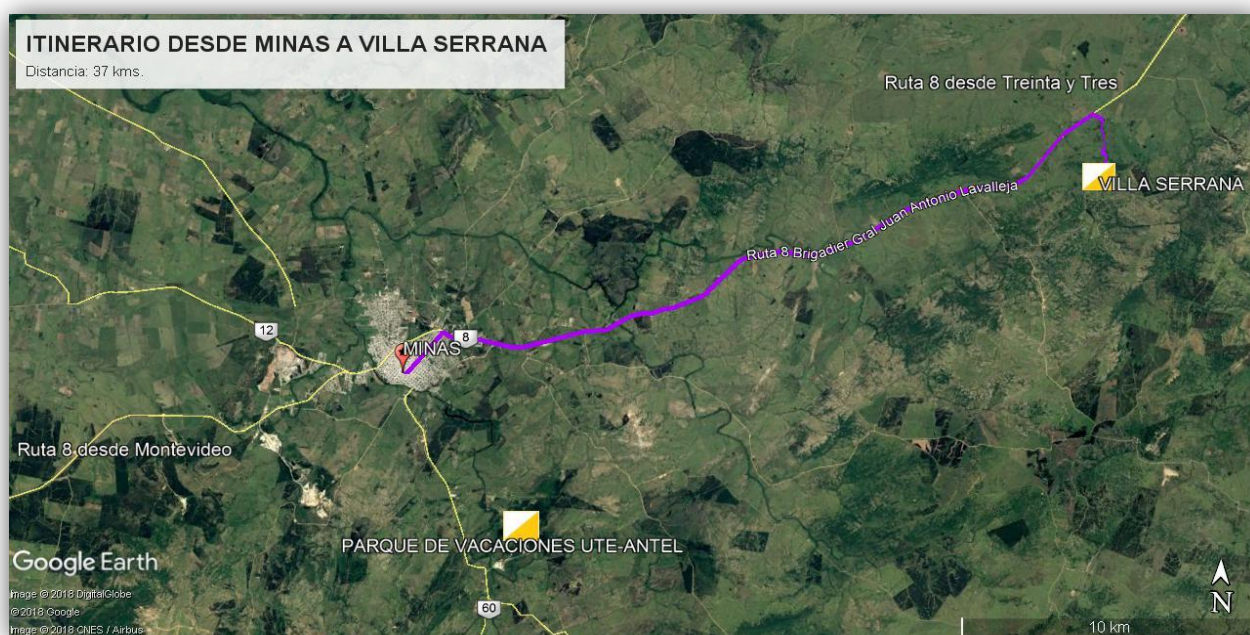
### Event Centre, Sprint & Middle Distance Courses



[www.youtube.com/watch?v=94zdFnQjMc](http://www.youtube.com/watch?v=94zdFnQjMc) / [www.youtube.com/watch?v=rKrM0SJp2e8](http://www.youtube.com/watch?v=rKrM0SJp2e8)

### Villa Serrana

- The Long Distance and the Model Event will be placed at NE of the department's capital, in Villa Serrana, about 31 Km from Minas (35 minutes driving). It is placed in the hills between the vales Penitente and Marmarajá, with beautiful landscapes which are characteristics of the Minuano Hill. To reach the place go via Route 8, Km 145 and then drive South for 3 Km till its typical welcome gateway.





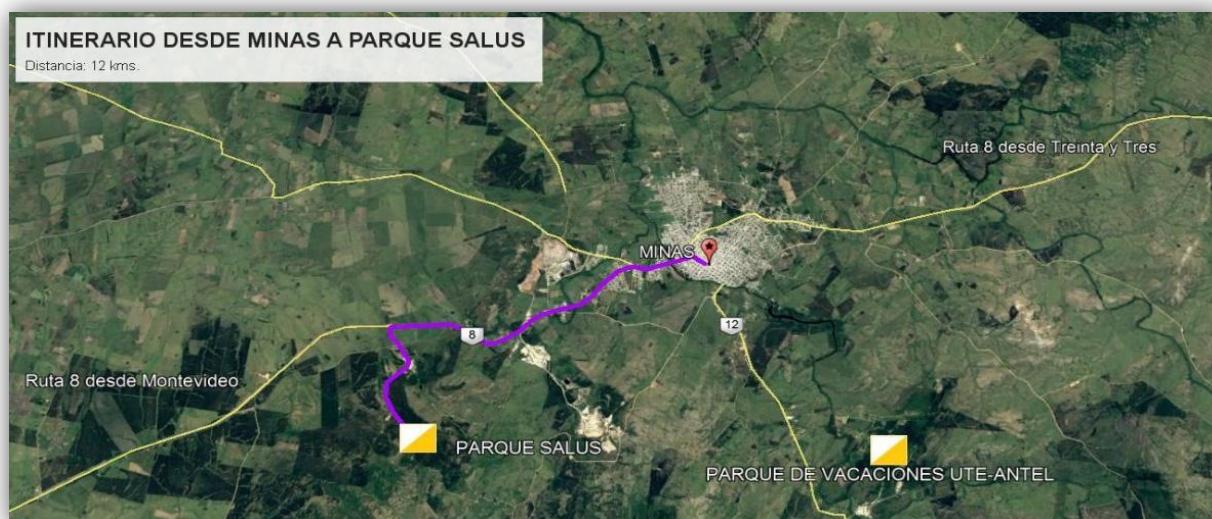
### Long Distance and Model Event



[www.youtube.com/watch?v=XK6a6PrW4Fg](http://www.youtube.com/watch?v=XK6a6PrW4Fg) / [www.youtube.com/watch?v=SJ86PC7tbGg](http://www.youtube.com/watch?v=SJ86PC7tbGg)

### Salus Park

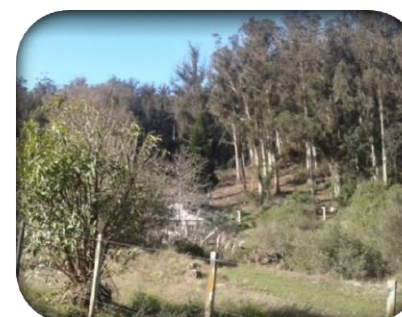
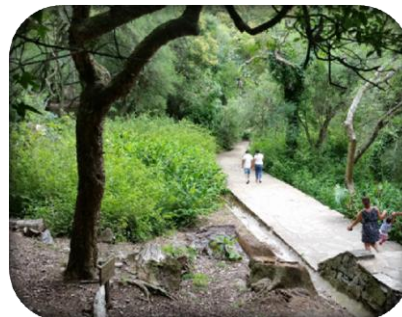
- In Salus Park we will have the Event Model for the Middle Distance course. It is placed in La Cornilla hills and you may reach it through Route 8 (Km 109,5), 13,4 km away from Minas (25 minutes driving). It is the head office of the natural water fountain of the Minas hills and it belongs to SALUS Company.





- It is a natural reserve that permits us to appreciate the beauty of nature in a pleasant environment offering an excellent touristic attraction potential. It is important to point out that the visitors should not leave before visiting the mystical Fuente del Puma, one of the most important attractions in this area.

## Middle Distance Model Event



[www.youtube.com/watch?v=ckTKwJbhIL0](http://www.youtube.com/watch?v=ckTKwJbhIL0) / [www.youtube.com/watch?v=4FMO-Lzishs](http://www.youtube.com/watch?v=4FMO-Lzishs)

## RULES

- The competition will follow the IOF Rules for Foot Orienteering (Appendix 13: South American Orienteering Championships, which includes the South American Junior Orienteering Championships and the South American Youth Orienteering Championships).
- This is an event of the International Orienteering Federation calendar and antidoping control may be conducted by the competent authority.

TIMING AND PUNCHING SYSTEM

- SportIdent is the official timing and punching system. Those participants who own a SiCard should inform its number at the moment of their registration. Those who do not own a SiCard must hire one. The cost is US\$ 5.00 to be paid along with the entry fee.
- In the case of a lost or damaged hired SI-Card the participant must cover its cost (US\$ 60.00).
- Partial results will be available via multimedia (TV screens) in the finish area.





## TRANSPORT

### **To reach the event area by land**

- From the capital, Montevideo, to Minas, there will be buses available. From Terminal Tres Cruces, where there are several companies that offer the service, the buses departure each 2 hours. Cost of the ticket: US\$ 8.00.

Information: [www.trescruces.com.uy/horarios-destinos/](http://www.trescruces.com.uy/horarios-destinos/)

- From Minas to Parque de Vacaciones UTE-ANTEL, you may travel by bus. COSU company offers the service from Minas Terminal in the following times: 8:20, 11:30, 14:30, 15:30, 16:20, 18:30 and 22:30. You travel back to Minas: 08:40, 12:15, 15:03, 16:03, 16:45, 20:03 and 23:03. Cost of the tickets: US\$ 1.50.

Information: [www.busbud.com](http://www.busbud.com)

### **To reach the competition area by plane**

- From Montevideo, entering via Carrasco International Airport, you must go to Tres Cruces Terminal by bus. You may find them inside the airport where three companies offer the service: COPSA, CUCTSA and COT. Buses depart every 20 minutes and the tickets cost is about US\$2.00. There is also taxi service available. Cost is about US\$ 12.00.

Information: [www.aeropuertodecarrasco.com.uy/home/es](http://www.aeropuertodecarrasco.com.uy/home/es)

- From Maldonado, arriving at the Punta del Este International Airport, from there to the Maldonado Bus Terminal, in taxi services and / or *remises* that can be hired and from there to Minas by the EMTUR bus company.

Information: <http://www.puntadeleste.aero/>

### **To reach the competition area by sea**

- Arriving at the Port of Montevideo by the company Buque bus from Buenos Aires, and from there to the Tres Cruces Terminal in taxi and *remises* services that you can hire in the environment of \$ 180 (US\$ 6).

Information: [www.buquebus.com.uy/](http://www.buquebus.com.uy/)

### **During the competition**

- The organization will coordinate a transport service, from the Event Centre to the competition places outside it, which will cover both trips (round trip transfer to the Model Events and Long Distance). Cost \$ 600 (US\$ 20 approximately).

- There is also the possibility of transfer at low cost, prior coordination for tourist tours through Lavalleja, Minas and Rocha, information will be detailed in bulletins 2 and 3.

## ACCOMMODATION

- Accommodation can be booked in two ways, through the organization or by individual arrangement (by yourself). When you choice is through the organization, it will allow us to provide better advice and we can tell you what is the best option to stay according to your requirements (quality, price and type of accommodation). We have worked in agreements with the different places of accommodation and the organization has managed to obtain benefits and preferential prices for all the competitors of the event, as well as different costs according to the booking terms. There are several options that will allow to meet different needs.

- As the main place of accommodation, the organization recommends Parque Vacaciones UTE-ANTEL (Holiday Park), which has multiple services and full board during the entire stay.

### Accommodation Options

#### 1. Through the organization

#### **Holiday Park – Parque Vacaciones UTE-ANTEL**

- Offers from simple to sextuple rooms with several options. The place has various services from indoor and outdoor heated pool, gym, spa, recreation and leisure activities.
- The accommodation option obtained by the organization includes three meals a day (breakfast, lunch and dinner).
- The preferential price obtained is very good so it is expected a great demand, we ask those interested to communicate as soon as possible with our contact to book the accommodation of your preference.
- Daily cost per person: \$ 2400 (approximately US\$ 84).






## Posada Bentos

- It offers collective accommodation with bathroom from four to eight places. It has a small kitchenette and its distance to Parque Vacaciones UTE-ANTEL is 12 km approximately. Here it is also offered the possibility of camping and hard floor, with shared bathrooms and cooking area. There is also the possibility of hiring food service (described in food).
- The preferential price obtained is very good so it is expected a great demand, we ask those interested to communicate as soon as possible with our contact to book your accommodation.
- Daily cost per person in accommodation: \$ 450 (US\$ 15 approximately, without food)
- Camping and hard floor, per person: \$ 240 (US\$ 8 approximately, without food)



Information and contact: Álvaro Moreno +598 94 707 631  saoc2018dtlog@gmail.com



saoc2018dtlog@gmail.com

- Soon on our website we will publish more similar options to meet the needs of competitors and companions.

## 2. By yourself

- Directly through the web you can find different and varied types of accommodation, we offer some of them. It is also recommended the search engines of the web that allow you to compare the different options.

[www.nuevohotelplaza.com.uy](http://www.nuevohotelplaza.com.uy)

[www.sanfranciscodelassieras.com](http://www.sanfranciscodelassieras.com)

[www.vallededomos.com](http://www.vallededomos.com)

[www.hotelminas.com](http://www.hotelminas.com)

- It is also recommended web site search engines that allow you to compare the different options.

■■■■■■■■■■ HARD FLOOR ■■■■■■■■■■


- The organizing committee will offer a place for hard floor to the participants who desire so.
- All information and details about the place of hard floor will be disclosed in the bulletin 2

## FOOD

- The detailed information about food will be published in bulletin 3. We can emphasize that the accommodation in Parque Vacaciones UTE-ANTEL has three meals a day (breakfast, lunch and dinner) which are included in the cost of accommodation.



- There are options of an economic menu, such as in Posada Bentos, at \$ 350 (US\$ 12) per meal and per person in different places in the city of Minas.

Information and contact: Álvaro Moreno +598 94 707 631  saoc2018dtlog@gmail.com

## MAPS

- According to the International Specification for Orienteering Maps and International Specification for Sprint Orienteering Maps (ISOM/2017 and ISSOM/2006).
- Further details about maps in bulletins 2 and 3.

## COURSES

### **Model Events**

- Model Event maps will be available for all athletes regularly registered in the event, at no additional cost.

### **Sprint, Long and Middle Distance**

- The courses will be in totally different areas.
- Further details about the tours will be published in bulletins 2 and 3.

## AWARDS

- The eligible winners of each class (M/W) will be declared South American Champions in the SAJOC and SAYOC.
- The first 3 places in each class of SAJOC and SAYOC will be awarded with medals per course (sprint, middle and long), and diplomas from 1st to 6th place.
- Athletes from countries that are not part of South America (not eligible) that are classified among the first 3 places of the, SAJOC and SAYOC, will receive special prizes from the organizers.

 VISAS 

- Currently, the following countries are exempt from a visa for visiting Uruguay: Germany, Argentina, Australia, Austria, Bahamas, Barbados, Belgium, Belize, Bolivia, Brazil, Canada, Colombia, South Korea, Costa Rica, Croatia, Chile, Cyprus, Denmark, Ecuador, El Salvador, Slovakia, Slovenia, Spain , United States, Finland, France, Great Britain, Greece, Guatemala, Holland, Honduras, Hungary, Ireland, Iceland, Israel, Italy, Jamaica, Japan, Latvia, Lichtenstein, Lithuania, Luxembourg, Malaysia, Malta, Mexico, Monaco, Nicaragua , Norway, New Zealand, Panama, Paraguay, Peru, Poland, Portugal, Republic of Bulgaria, Czech Republic, Dominican Republic, Romania, South Africa, Seychelles, Sweden, Switzerland, Trinidad Tobago, Turkey, Venezuela, Laissez Passer European Commission, OAS Passports
- Those countries that are not on the list of visa exemptions, must process the same in the embassy or consulate of our country in the country of origin, to request the corresponding authorization.

## HEALTH INSURANCE

- Foreign competitors must sign a disclaimer and present a health insurance policy; National competitors submit the medical form and disclaimer only.
- The event will have primary health coverage for competitors, in case of any injury or accident.

## INFORMATION CONTACTS

Language	Contact	Phone/WhatsApp	Information & Requests
Spanish	TATIANA DE LOS SANTOS	+598 99 369 757	E-mail: <a href="mailto:saoc2018@gmail.com">saoc2018@gmail.com</a>
Portuguese	ÁLVARO PÉREZ	+598 92 294 071	Facebook: <b>SAOC2018</b>
English	JUAN ACUÑA	+57 311 8764280	WhatsApp: <b>+598 99 595 285</b> Web site: <a href="http://www.saoc2018.com.uy">www.saoc2018.com.uy</a>

Vito Rf

**VÍCTOR PÉREZ**  
President of F.U.O.

*Ch. H. Miller*

**CARLOS ALBERTO XAVIER**  
IOF SEA SAOC 2018



## ORIENTADO: EVENT MASCOT



We have elected ÑANDÚ as the mascot of our event, which is the largest bird in South America and its main feature is that it does not fly but it is a good runner, it can exceed 60 km / h and it changes direction by zig-zagging races. The plumage of the body is gray; under the wings it is white. The head is small, it has large eyes and a long neck. The long legs are adapted to run and have no feathers. It generally is 1.50 m high and weighs up to 50 kg. It feeds on vegetables and small preys. It lives in open pastures, crops and marshes.

Our friendly friend is a caricature of this beautiful bird, which we call "**ORIENDU**".

The male has black feathers on the neck and chest, and it is larger than the female. It is found in groups of 10 to 100 individuals. In breeding season the female can mate with several males. The male builds the nest in the ground, hidden among the vegetation, where several females deposit the eggs. The eggs can weigh up to 600 g and are golden yellow or pale white. The young's are named charabones. They have gray plumage with black lines. You can see them walking with their father in search of food. Its diet is vegetarian, but it can be completed with small vertebrates and insects. Also, eat stones, which facilitate digestion.



[www.youtube.com/watch?v=waDuRvIk\\_oU](http://www.youtube.com/watch?v=waDuRvIk_oU) / [www.youtube.com/watch?v=U2cCV1AP9xc](http://www.youtube.com/watch?v=U2cCV1AP9xc)

## SUPPORT

