

Team Officials Meeting, August 10, 18:00-19:00 Long Distance



Agenda

- Welcome & Introductions
- Review Relay Competitions
- Long Distance Entry Deadline Issues
- Long Distance and Arena
- Closing ceremony
- Banquet
- Weather forecast
- Questions

Introduction



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Janis LazdansEvent DirectorDaniel LeibundgutIOF SEAUrs HoferIOF Assistant SEA Map & CoursesFinn ArildsenIOF Assistant SEA ITGuntars MankusNational ControllerJanis BukinsPresenter



Jury

Helge Lang Pedersen (DEN) Jerzy Antonowicz (POL) Unni Strand Karlsen (NOR) 4 - 8 August David Rosen (GBR) 9 - 11 August Blair Trewin (AUS) Áron Less (HUN)



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Relay - WOMEN

Congratulations to the medalists and their teams.



Photo: Janis Ligats

Photo: Janis Ligats



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Relay - MEN

Congratulations to the medalists and their teams.



Photo: Janis Ligats

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- Three Teams missed the Entry Deadline COL, CHN, and HKG
- One Team missed name change deadline: NOR «Due to a misunderstanding between the Norwegian coaches and the Norwegian Team manager, the name changes between Sigrid Alexandersen and Marianne Andersen was done after the deadline for the long distance. The team manager missed the rule 9.10, and delivered a written name change after deadline. We apologise for that and ask the team officals meeting to accept Marianne Andersens entry» *Birgitte Husebye, Team Norway*

TFFRING



- proposal by organizers and the EA-Team:
 - Accept late entries for COL, CHN and HKG and place them at the beginning of the start list
 - Accept name change: Marianne Andersen shall replace Sigrid Alexandersen
- No further changes in the Long Distance start list after our discussion and decision right now at TOM.
- → Need for a discussion? *Decision should be taken by* organizers and EA-Team.
- \rightarrow Decision to follow proposal above

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Special symbol for Long Distance

Black circle (o) – beach flag





Arena passage

- Arena passage: for women and *men* in the middle third of course
- At the beginning if the arena there is a sign with the distance to the coaching zone.



 Bowl with water and sponges at the coaching zone and after finish



Closing ceremony

- It is in the arena just after prize-giving ceremony for Long distance
- All WOC 2018 gold medalists will be asked to come in front for final picture





Banquet

- Please take purchased tickets with you in order to enter the event
- Tickets can be obtained at the Event Office
- Food will be available until midnight



Weather forecast

It will be warm 22 - 24°C, low wind and cloudy



Questions

Q: is "marked in control descriptions" meaning that those refreshment stations are at controls?

A: Yes at controls plus one in the arena passage

Q: Will there be some water at call-up? Will there be toilets at call-up? Will there be shelter at call-up?

A: Yes; No; No

Q: Having finished the race, may the runners go to designated Team Parking in Turaida?

A: Yes

Q: Landform description "hilly area". Is that fitting to all parts of the course?

A: You will see it on the map after receiving it



Questions

Q: Clarification - again all open/cultivated areas are crossable, unless marked as forbidden?

A: Yes

Q: If a forbidden field/meadow, is it allowed to use the edge?

A:Yes, as long as you are not stepping into forbidden area. This also applies to all olive colored areas (Symbol 520, ISOM 2017)

Q: Will some of the open areas be cut? Is the difference between cut and grown-up areas somehow marked in maps?

A: Yes; Yes by use of 401 open land and 403 rough open land to indicate runnability

Q: Is it allowed to run along the main road during the competition?

A: Yes, except where symbol 711 «Out of bounds route» is used **(= "**it is forbidden to go along it**" ISOM 2017 extract)**. 10.08.2018 19:08



Questions

Q: Is it possible to run through the private (olive) area if there is a road passing through?

A: Yes, if the road is continuous and not interrupted

Q: In which part of the course will be arena passage for man and women can you clarify?

A: See Bulletin 4 and TOM Long minutes

Q: Is it possible run along the main roads (asphalt) if it is forbidden how it will look on the map?

A: see previous answer



Questions

Q: How many toilets are there in the two quarantines?

A: As for middle distance: Quarantine: 2 men & 2 women, Quarantine 2: 4 toilets

Q: Is it correct that the passage is in the middle third of the course? And if yes, what does it mean?

A: Yes, it means it is between 33% and 66% of course length

Q: How often and how many (% of the race) refreshment points are there?

A: 5 for men and 4 for women with not more than ~20 minutes between them.

Q: Is there enough water / ice in all areas (quarantines, team zone, finish)?

A: There are emergency cooling packs in finish. Water and sponges in coaching zone and finish.



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Questions

Q: Are there any forkings / butterflies?

A: No comment

Q: The arena sketch in the bulletin is identical to the relay, is this correct or have you made any changes for tomorrow?

A: No, Bulletin 4 is correct

Q: Can we go back with our own transport after the race?

A: Yes, you can enter and leave arena and team zone as you wish



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Questions

Q: Comment on Organizer & EA decision

There is an impact on first starting group in women class (more than 30 runners). Can you redraw?

A: no, decision is taken

Q: Where is bag drop in Quarantine 2?

A: It is before the 400m mandatory route where also bus drop-off and the shelter is.

Comment: remove terrain description if organizers don't want to say anything.

Q: Where is coaching zone exactly?

A: It is 150 meters after entering the arena



Questions

Q: How big are the stones?

A: The mapped stone will be according to rules

Q: Maximal running time in Bulletin 4 for men is 3 hours but the rules say 4 hours?

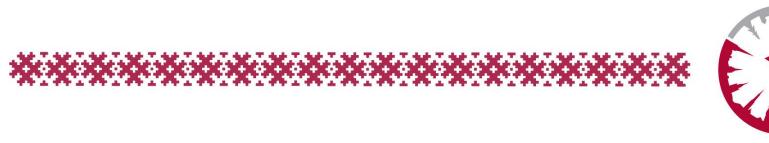
A: The maximal running time for men will be according to rules (4 hours)

Q: Stones: there were 2 very small stones on relay map

A: There are some smaller stones but if used for controls the they are according to rules

Q: Is there a crossing of big road? Are they maned?

A: No comment on this





VEIKSMĪGU STARTU!

GOOD LUCK!