



Poland 2016

Jarosław, 30th June - 3rd July 2016

Bulletin 2

Be O-Champion in
Poland2016



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European Youth Orienteering Championships - Poland 2016
Jarosław, 30th June - 3rd July

Poland **2016**

ORGANIZERS

Polish Orienteering Association
Podkarpacki Okręgowy Związek Orientacji Sportowej
UKS Azymut Dębów Orienteering Club
Jarosław City
Podkarpackie Region

ORGANIZING COMMITTEE

Event director: Stanisław Leśnicki
Mainrefree: Lech Trzpil
Mapper: Piotr Pietroń
Course setters: Long distance: Wojciech Dwojak
Relays&Sprint KostiaMajasow
Timekeeping: Marcin Leśnicki, Marcin Fastyn

EVENT CONTROLLERS

IOF Advisor: Radoslav Jonas (Slovakia)
IOF EA Assistant: Jozef Wallner (Slovakia)
National Controller: Jerzy Antonowicz (Poland)
IOF FootOCommission: Aron Less (Hungary)

DATE

June 30– July 3 2016

PROGRAMME

30th June (Thursday)

- Accreditation
- Model event
- 1st Stage of GP Polonia
- Team Leaders Meeting



1st July (Friday)

- Breakfast
- LongDistance
- 2nd Stage of GP Polonia
- Lunch
- Openingceremony
- Prize-givingCeremony
- Team Leaders Meeting
- Dinner

2nd July (Saturday)

- Breakfast
- Relay
- 3rd stage of GP Polonia
- Lunch
- Prize-givingCeremony
- Dinner
- Team Leaders Meeting
- Friendship Party

3rd July(Sunday)

- Breakfast
- Sprint distance
- Prize-givingceremony
- Closingceremony
- Lunch
- Departure

PARTICIPATION

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYOC.

Competitors representing other member Federations of the IOF can participate in EYOC but will not be eligible for European titles, medals or diplomas.

CLASSES AND RESTRICTIONS

M16 – men born 2000 or later

W16 – women born 2000 or later



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M18 – men born 1998 or later

W18 – women born 1998 or later

Each country may enter a maximum number of 4 competitors in each class and one relay team/class. All participants must be full passport holding citizens of the country they are representing.

TERRAINS

Long: A highly technical terrain cut canyons. Difference of hills up to 70m. Running speed about 8-9 min/km

Relay: Continental terrain, visibility from very good to difficult. Difference of hills up to 50m. This area was never mapped

Sprint: Center of the old town with lots of small streets. This area was never mapped.

MAPS

Long: scale 1:10 000, e=5m, according to ISOM – previous map from 2013

Relay: scale 1:10 000, e=5m, according to ISOM – new map

Sprint: scale 1:4000, e=2.5m, according to ISSOM – new map

PUNCHING SYSTEM

SportIdent punching system will be used in all races. ChronoTrack will be official run time for sprint distance.

Every competitor can use their own Si-cards, reported in the nominative entry form. Organizer will provide SI card for those who have no Si card and ChronoTrack tags for all competitors in sprint distance.

PRELIMINARY COURSE DATA

	Long		Relay		Sprint	
	Approx. Winningtime	Approx. Length/climb	Approx. Winningtime	Approx.Length per leg	Approx. Winningtime	Approx.Length
W16	35-40min	4.440km/180m	75min	4.270km	10-12min	2.230km
W18	40-45min	5.380km/250m	90min	4.670km	10-12min	2.420km
M16	40-45min	5.800km/235m	90min	5.130km	10-12min	2.480km
M18	45-50min	7.280km/315m	105min	5.700km	10-12min	2.950km

TRAINING

1/On May 20, open training at open part of long distance map “Helusz”

2/We will organize 3 stage competitions “Przemyśl Fortress Cup” (<http://www.fortresscup.pl>) on May 21-22, 2016. It will take place in Przemyśl in very similar terrain to EYOC stages.

3/On June 30, open training at open part of long distance map “Helusz”

We are happy to invite you for these competitions and of course we can arrange anytime training session for you and your club.

EVENT CENTER

Event Center of EYOC2016 is located in:

Miejski Ośrodek Sportu i Rekreacji w Jarosławiu
Jarosław, ul. Gen. Wł. Sikorskiego 5
GPS: 50.014804, 22.684874

TRANSPORTATION

The organizers will provide free of charge transportation from accommodation to model event, event arenas and to all other official activities.

The organizers will arrange upon request transportation from and to airports. Price list is available in document „Extra prices” published at competition website.

Order for transportation should be send till June 10 at office@eyoc2016.pl



ENTRY FEE

190eur/participant(competitor or official) accommodation A

160eur/participant(competitor or official) accommodation B(student dormitory)

Entry fee includes

- Start fee for three stages of EYOC and model event
- Accommodation and fullboard from dinner at 30th June to lunch at 3rd July
- Friendship party
- Transportation from accommodation to event areas and back

ENTRIES

Deadline for general entries at 10th April 2016

Deadline for nominative entries at 5th June 2016. Nominative entries should be done by online entry form that will be available from 12th April at competition page.

PAYMENT

Payment should be done till 15th June by transfer at organiser's bank account:

Podkarpacki OZOS,

SWIFT: POLUPLPR

PL63 9106 0008 2006 0014 3042 0001

Transfer title: „<country>”

HEALTH INSURANCE

The Event Organizer will not bear any responsibility related to the cost of medical services for participants. Each Federation is responsible for the health insurance of all their delegates

Organizer is insured against liability.

For Poland emergency phone number is **112**



Organizer will provide first-aid in competition center and ambulance for every stages.
Closest hospitals:

Przeworsk

SPZOZ w Przeworsku
Szpitalna 16, Przeworsk
+48 16 649 15 00
GPS: 50.065049, 22.478226

Jarosław

Centrum Opieki Medycznej
3 Maja 70, Jarosław
+48 16 621 54 21
GPS: 50.013028, 22.693348

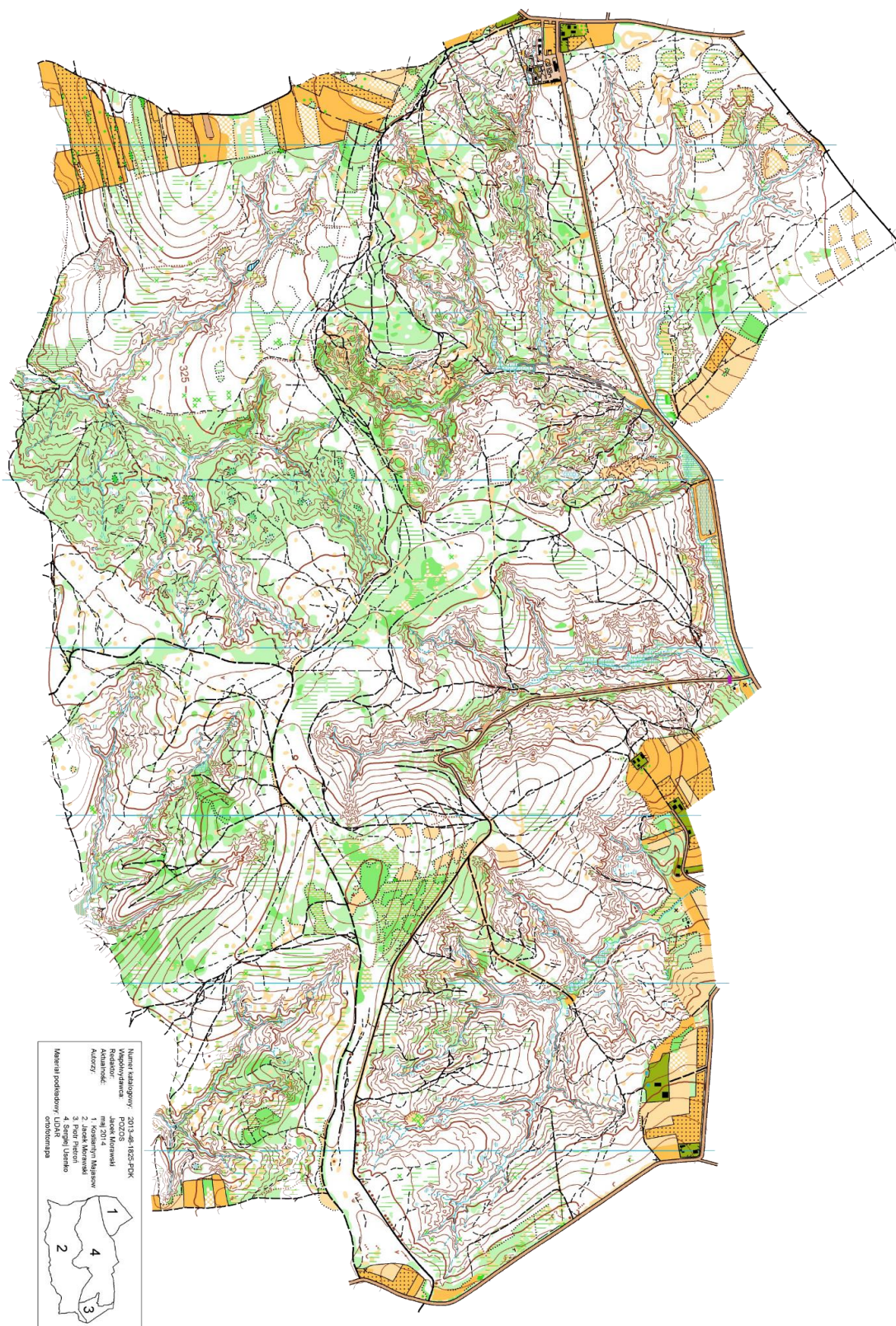
PREVIOUS MAPS

There are no old maps for relay and sprint distance. These maps are new.
Old map from long distance terrain is included below.

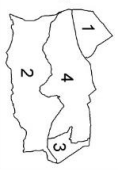


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Projektant: Jarosław Krawczyk
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Autorzy: 2. Jarosław Krawczyk
3. Piotr Piotrowski
Materiał pod redakcją: LUBUSKI
orientowania





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PUBLIC EVENT

During EYOC2016 will be organized 36th edition of International Orienteering Competition Grand Prix Polonia. Competition will include 3 stages with total classification for classes from W/M-10 to W/M-80. All information about competition will be published at EYOC website.