



**Poland 2016**

Jarosław, 30th June - 3rd July 2016

# Bulletin 1 - Invitation

Be O-Champion in  
**Poland2016**

## ORGANIZERS

Polish Orienteering Association  
Podkarpacki Okręgowy Związek Orientacji Sportowej – Local  
UKS Azymut Dębów Orienteering Club  
Jarosław City

## EVENT CONTROLLERS

IOF Advisor: Radosław Jonas (Slovakia)  
National Controller: Jerzy Antonowicz

## DATE

30 June – 3 July 2016

## PRELIMINARY PROGRAMME

30<sup>th</sup> June – Team arrivals: accreditation, model event  
1<sup>st</sup> July – Long distance, opening ceremony  
2<sup>nd</sup> July – Relay, Party  
3<sup>rd</sup> July – Sprint distance, closing ceremony



## CLASSES AND RESTRICTIONS

**M16** – men born 2000 or later

**W16** – women born 2000 or later

**M18** – men born 1998 or later

**W18** – women born 1998 or later

Each country may enter a maximum number of 4 competitors in each class and one relay team/class. All participants must be full passport holding citizens of the country they are representing.



## TERRAINS

**Long:** A highly technical terrain cut canyons. Difference of hills up to 70 m. Running speed about 8-9 min/km

**Relay:** Continental terrain, visibility from very good to difficult. Difference of hills up to 50 m. This area was never map

**Sprint:** Center of the old town with lots of small streets. This area was never map

## MAPS

**Long:** scale 1:10 000, e=5m, according to ISOM – previous map from 2013

**Relay:** scale 1:10 000, e=5m, according to ISOM – new map

**Sprint:** scale 1:4000, e=2.5m, according to ISSOM – new maps

## PUNCHING SYSTEM

SportIdent punching system in all races. ChronoTrack system in sprint distance.

## TRAINING

**1/** We will organize open 3-day competition at Spring 2016. It will take place in Przemyśl in very similar terrain to EYOC stages.

**2/** At 30<sup>th</sup> June in open training terrain for model event

We are happy inviting you for these competition and of course we can arrange anytime training session for you and your club.

## ENTRY FEE

**190eur**/participant(competitor or official) accommodation A in Turkus Hotel ( 50places)

**160eur**/participant(competitor or official) accommodation B (student dormitory)

Entry fee includes

- Start fee for three stages of EYOC and model event
- Accommodation and fullboard from dinner at 30<sup>th</sup> June to lunch at 3<sup>rd</sup> July
- Friendship party
- Transportation from accommodation to event areas and back

## ENTRIES

Deadline for general entries at 3<sup>rd</sup> April 2016

Deadline for nominative entries at 5<sup>th</sup> June 2016

Entry forms and payment will be available in Bulletin no 2

## PUBLIC EVENT

During EYOC2016 will be organized 36<sup>th</sup> edition of International Orienteering Competition Grand Prix Polonia. Competition will include 3 stages with total classification for classes from K/M-10 to K/M-80.

## BULLETIN 2

Bulletin no 2 will be published at competition webpage in Februar 2016.

