

## Bulletin 2

### International orienteering competition and world ranking event **Salming-Sprint (WRE) in Helsinki, Finland** April 13th 2018

#### See updated instructions 11.4.2018:

##### Added 11.4:

Pre start and quarantine (only WRE-classes, start 1),  
Route lengths and control numbers updated

##### Added 8.4:

Forbidden areas

#### Organiser

Helsingin Suunnistajat

[www.helsinginsuunnistajat.fi](http://www.helsinginsuunnistajat.fi)

<https://helsinginsuunnistajat.fi/salming-sprint/>

#### Main officials

Event director	Pekka Väisänen, <a href="mailto:pekka.vaisanen@pekkasport.fi">pekka.vaisanen@pekkasport.fi</a> , p. +358 400490837
Course setters	Hannu Lammi (head), Atte Lahtinen and Katja Lahtinen
Course controller	Ville Koponen Lynx
Jury	Mikko Ojanaho OH (head), Virpi Palmen EsSu, Kari Laukkarinen TVV
Starts	Aimo Kangas
Finish	Karin Rantamäki
Results	Result Fellows / Risto Kivinen
Terrain control	Henrik Tala
Info	Leena Salmenkylä-Mattila
Speaker	Harri Koski
Maps	Hannu Lammi
Permits to the area	Atte Lahtinen
Guide signs	Erkki Miettinen
Safety	Pekka Väisänen
Security officers	Jukka Paldanius ja Kirsi Ratinen
Information officer	Markku Sormunen, <a href="mailto:markku.sormunen@helsinginsuunnistajat.fi">markku.sormunen@helsinginsuunnistajat.fi</a> +358 45 2148 115

#### IOF event adviser

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## COMPETITION INSTRUCTIONS

### Short summary of the instructions

#### Start

Start 1 WRE-classes: 1,7 km to the pre-start, closes 6:00 pm. Number bibs available between 5:30 – 6:05 pm in the pre-start. No safety pins available.

Start 2 National classes: 1,2 km to the start, number bibs at the competition center. No safety pins available.

**Emit control strips** at the start. **Control descriptions** at the start, not printed on the map. **Toilets** at the competition center and at the WRE pre-start.  
Forbidden areas and road crossings are controlled by the organiser.

### Competition center

International Business High School (Kansainvälisen Liiketoiminnan Lukio), Isokaari 19, 00200 Helsinki. Competition center opens at 4.30 pm.

### Guiding to competition center

Guiding to the competition center starts from Koivusaari metro station. The competition center is about 800 m from Koivusaari station.

If you come by car, use normal city parking places, if available. **NOTE** that you are not allowed to park inside or go through the competition area (See map) by walking or by any means of transportation except by metro. Organisers monitor the competition area hours before the first start of the competition.

### Competition area and embargo

Before the competition the competitors are not allowed to go to the area marked by yellow on the map between 31.3-13.4.2018.



Competition area is marked yellow on the map. Route from Koivusaari metro station to the competition center is marked by red line.

### Rules of the competition

The rules of Finnish Orienteering Federation (SSL) and International Orienteering Federation (IOF) rules for WRE-competitions will be applied in the competition together with the orders of the organisers.

### Emit-cards

The competitors are responsible for having a fully functional Emit-card with the card number submitted during the registration. The organisers will not check the card number before the start. Competitor using the Emit-card with a wrong card number will be disqualified except in classes H/D14.

Changes to Emit-numbers should be given to the INFO well before the start of the competitor.

### Classes, length and number of controls

Class	Length (km)	Number of controls	Climb (m)	Start
H21E	3,96	24	45	1
D21E	3,33	19	45	1
H21EB	3,86	21	40	1
H21A, H35, H40, H20	3,41	19		2
D21A, H45, H18	3,25	19		2
H50, H16, D35, D40, D45	3,20	18		2
D20, D18, D16	2,85	17		2
H55, H60, H65, D50, H14	2,67	18		2
D55, D60, D14	2,54	16		2
H70, H75, D65, D70	1,93	13		2
H12, D12, H10, D10	1,92	13		2

The distances are given by the shortest permitted route.

### Competition map

Printed sprint map 4/2018 in plastic cover. Scale 1:4000, contour interval 2,0 m. The previous sprint map from the area is from 2014

(<http://helsinginsuunnistajat.fi/harveli/cgi-bin/reitti.cgi?act=map&id=108>). Part of the competition are has been used in Sprint Cup 3/2017.

Note that the later use of the map is not allowed without the permission of the lot holders

### Forbidden areas

Remember:

- Banned roads marked by violet vertical stripes are forbidden to run or cross. **Running on the pavements is allowed.**
- **Competitors are allowed to cross banned roads only on the marked crossing points.** These crossing points are marked by a pair of orange cones on the each side of the road. **Competitors must cross the road between the both pairs of cones.** The organisers control the crossings. **Those orienteers who do not follow these rules about road crossing points will be disqualified.**
- Other forbidden areas are marked by violet stripes on the map.

### Control descriptions

Control descriptions are available at the start. They are not printed on the map. Control codes are not printed along the control number on the map.



### Number bibs and Emit control strips

Number bibs for the national event classes are at the competition center. Number bibs for the WRE-classes are at the quarantine until 6.05 pm. Take your own safety pins. You don't have to return the number.

Emit control strips are available before start. Remember to use one, especially if this is your first run with the Emit after the winter.

### Model control

The model control point can be found in the event center. There is also a punching unit for testing the function of the Emit-card.

### Shoes

60% of the terrain is asphalt or similar, 20% gravel or grass and 20% forest and rock. Spikes or studs are not allowed.

**GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes**

### Start lists

Start lists are available on Wednesday 4<sup>th</sup> April 2018 at:

<https://helsinginsuunnistajat.fi/salming-sprint/>

### Pre start and quarantine (only WRE-classes, start 1)

The pre-start and quarantine are 1,7 km from the competition center.

The pre-start closes at 6:00 pm. The distance between the quarantine and start 1 is 0,4 km.

There is a toilet at the pre-start. **There is no indoor space but a dedicated area with a rain cover at the pre-start.**

### Start 2 (national competition)

Distance between the competition center and the start 2 is 1,2 km. No toilets at the start 2.

### Finish

There is a continuous marking from the last controls until the finish line where competitor will punch. After this he/she proceeds within the finish area to Emit control. Competitors may keep their maps after the finish. In line with the rules and fair play, the map is not to be shown to competitors who have not yet started.

### Closure of the start and finish

The start will be closed 15 min after the last start. The finish will be closed by the decision of the event director after all the competitors have finished, latest at 8:00 pm.

### Those who do not finish

In case of not finishing the race (DNF), the competitor must register him/herself at the finish.



### **First aid**

First aid can be found at the competition center.

### **Results and splits**

The results and splits will be published at the web pages of the competition.

<https://helsinginsuunnistajat.fi/salming-sprint/>

### **Complaints**

Complaints concerning the WRE classes (M21E and W21E) will be handled according to the WRE rules and complaints concerning other classes will be handled according to the rules of the Finnish Orienteering Federation. The complaints must be delivered in written form to the INFO within 30 minutes (15 minutes in WRE classes) after the end of the race.

### **Event office (INFO)**

INFO is at the competition center. INFO hands out the Emit cards rented at the time of the entry. You can rent Emit-card at INFO for 3 euros. INFO also takes late changes to the emit numbers for 1 euro. For unreturned Emit-card we charge 70 euros.

### **Cloth changing and toilets, no shower**

There are no changing room or shower possibility at the competition center. Toilets are at the competition center.

### **Shops**

Orienteering and other sports gear are sold by Suunnistajan kauppa and Pekka Sport at the competition center.

### **Prize giving seremony**

Prizes will be given short after the results are ready.

Full speed, no mistakes!

Pekka Väisänen

Event director