

New Zealand National Championships 2018

Including 2 WREs – Sprint and Long Distance
Auckland, New Zealand

Bulletin 1

Organisers

Auckland Orienteering Club (AOC) on behalf of
Orienteering New Zealand (ONZ)

Contacts and Information

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Controller

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Programme

You are warmly invited to the New Zealand National Orienteering Championships 2018 incorporating two WRE's – a sprint and a long distance. The events will be held over Easter 2018 and also include a middle distance and a relay.

Friday 30th March

Sprint, WRE
University of Auckland – City Campus
First start: 2:00pm

Saturday 31st March

Long distance, WRE
Woodhill Forest – Hedley Dunes
First start: 10:30am

Sunday 1st April

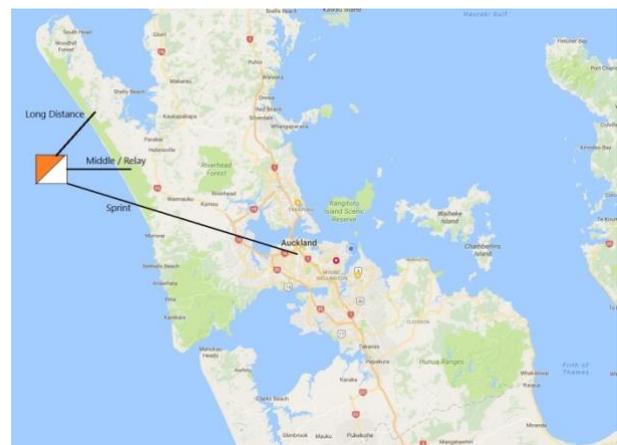
Middle Distance
Woodhill Forest / Temu Rd
First start: 10:00am

Sunday 1st April

Dinner, prizegiving and microsprint
Mt Albert War Memorial Hall, Mt Albert. Auckland
From 4:00pm

Monday 2nd April

Relay
Woodhill Forest / Temu Rd
Mass Starts from: 9:30am



Competitions

The Sprint and the Long are WRE races, and the M/W21E grades/courses will be run in accordance with the [Competition Rules for IOF Foot Orienteering Events 2018](#).

The [ONZ FootO Competition Rules 2016](#) apply to other New Zealand Orienteering Championships grades and events.

SuperSeries 2018 Round 2: Results in the M/W21E and M/W20A grades will earn points towards the 2018 SuperSeries competition for all 3 individual races. The relay will also count for the teams competition.

Selection Trials: The 2018 National Championships will be a selection trial for teams for WOC 2018, JWOC 2018, and WUOC 2018.

Event locations

Sprint: The sprint will be held on The University of Auckland's City Campus – a maze of university buildings, on multiple levels, set in undulating park-like surroundings with some formal gardens.

Long Distance, Middle Distance and Relay:

These events are being run in Woodhill Forest, an extensive commercial exotic forest and recreation area northwest of the city. The terrain is similar for all three races. The forest is mostly radiata pine planted on undulating to moderately steep sand-dune terrain, with good runnability. There are also small pockets of native New Zealand bush with reduced visibility and runnability, and a coastal strip that contains more intricate dune systems and variable vegetation including some rough open areas and some areas of windblown sand. There is a network of widely spaced forestry roads and some motorbike tracks, but otherwise there are few paths.



The distance from central Auckland to the forest events is over 50km, and there is no public transport to this area. Competitors will require their own private transport.

Relay format

The 2018 Relay Championships will trial a new relay format, with four relay races replacing the existing two races.

The Mixed Short relay will remain similar to the current format.

The Mixed Long relay will be replaced with a Long (Open), a Medium (Masters) and a Short (Veterans) relay, all set at red level to provide quality technical orienteering for A-level runners, but with leg lengths set appropriate to the different age grades.

More information about the Relay grades and lengths will be posted on the NZOC2018 website as they become available.

Classes

The Long WRE and Sprint WRE events will be for W/M21E.

For the Sprint WRE, M/W20A will run the same course as M/W21E and can also gain world ranking points.

In addition to the elite classes there will be a full set of other grades available, including M/W10A to 20A in 2 year age groups, open M/W21A, M/W35A upwards in 5 year age groups, B and Short grades, Open Easy and Open Very Easy. A MW10N (shadowed) grade will also be available. Class eligibility is determined by your age on 31 December 2018. For further details see: www.orienteeringauckland.org.nz/nzoc/entries/

Details about course-class combinations for each event will be added to the event website as soon as they are available.

Winning times

For the Sprint WRE the expected winning time will be 12-15 minutes for all grades.

Long Event WRE target winning times (minutes):
M21E – 90-100 minutes
W21E – 70-80 minutes

Target winning times for other grades will be in line with ONZ guidelines, and will be posted on <http://www.orienteeringauckland.org.nz/nzoc/>

Shadowing

Shadowing by parents is not permitted in any championship classes, including M/W10A. If parents wish to shadow or directly assist their younger children, they must enter them in the M/W10N class, which is non-competitive.

Punching System

The SPORTident ActiveCard (SIAC) touch-free punching system will be available in all races. Competitors may use their own SIAC cards if they own one, or hire a SIAC if they would like to try it.

Competitors using the SIAC cards do not need to pause at the control to punch, they only need to pass near to it (within ~30cm). Regular SI-Cards that you punch the control with will still work like normal.

At least 170 SIAC sticks will be available for hire through EnterO (\$5/event, or \$15.00 for all 4 events).

Regular SI-cards may also be hired if required when registering through EnterO (\$3/event).

Maps

Sprint: University of Auckland City Campus map. ISSOM standard, scale 1:4000, contour interval 2.0m. Made in 2015, re-surveyed during 2016-17. Previously used only for the WMOC 2017 sprint distance final.

Long Distance: Hedley Dunes map. ISOM standard, scale 1:10000*, 1:7500; contour interval 2.5m. Surveyed in 2015-16. Previously used only for the WMOC 2017 long distance final.
*M/W21E courses may run on 1:15000, pending IOF decision.

Middle Distance: Temu Rd map. ISOM standard, scale 1:10000, 1:7500; contour interval 2.5m. Surveyed in 2015-16. Previously used for the WMOC 2017 long distance qualifiers.

Relay: Temu Rd map. ISOM standard, scale 1:10000, 1:7500; contour interval 2.5m. Surveyed in 2015-16. Previously used for the WMOC 2017 long distance qualifiers.

Old maps can be found on the event website:
<http://www.orienteeringauckland.org.nz/nzoc>

Embargoed areas

All of the areas being used for the NZ Orienteering Championships 2018 are embargoed:

1. University of Auckland City Campus. As this is a sprint map in a public area, participants are allowed in the area but not for organised events or training.
2. The current Hedley Dunes map.
3. The current Temu Rd map.

See the event website for more details:
<http://www.orienteeringauckland.org.nz/nzoc>

Training Opportunities

There will be some local events being held on the Sundays before the carnival, which will be added to

the AOC website closer to the date. You can check www.orienteeringauckland.org.nz for details.

Access to Woodhill Forest is strictly controlled. Individual training there is not possible.

There will be an opportunity to practice using a SPORTident ActiveCard (SIAC) on the days of the NZOC2018 Sprint, Middle and Long Distance events.



Entries

Entries are open at:
<http://www.orienteeringauckland.org.nz/nzoc/entries>
Standard fee entries close Friday 9th March 2018,
Late fee entries close Friday 16th March 2018.

Event fees (NZD)

| Standard Fees | | | Until 9-Mar-2018 | | |
|---------------------|--------|--------|-------------------|-------|-------------|
| | Sprint | Middle | Long | Relay | All 4 Races |
| Junior (MW10-MW20) | 20 | 30 | 30 | 20 | 90 |
| Senior | 30 | 40 | 40 | 30 | 130 |
| Family | 80 | 110 | 110 | 80 | 350 |
| Late Fees (+30%) | | | Until 16-Mar-2018 | | |
| | Sprint | Middle | Long | Relay | All 4 Races |
| Junior (MW10-MW20) | 26 | 39 | 39 | 26 | 117 |
| Senior | 39 | 52 | 52 | 39 | 169 |
| Family | 104 | 143 | 143 | 104 | 455 |
| Non-Member ONZ Levy | | | | | |
| Junior | 5 | 5 | 5 | 5 | 20 |
| Senior | 10 | 10 | 10 | 10 | 40 |
| Sport Ident Hire | 3 | 3 | 3 | 3 | 12 |
| SIAC Hire | 5 | 5 | 5 | 5 | 15 |

Race Clothing

Full body cover is recommended at the forest competitions. You may prefer long sleeves to protect your arms from pampas grass cuts. Shorts may be worn for the Sprint race.

For the sprint event running shoes are preferable, rubber studs are allowed, but metal tipped studs are not.

For the long events orienteering shoes with rubber or metal studs will be best. Spiked shoes are forbidden in all competitions.

It is recommended that a whistle is carried.

Risk and Insurance

Each competitor participates in the event at their own risk. Travel Insurance is recommended.

Transport/Parking

The sprint competitions can be reached by foot from downtown Auckland or by public transport from further afield. Private transport is needed to reach the forest events.

Child Care

Parents need to make their own child care arrangements. An unsupervised tent will be available as a shelter for parents minding children; children are not to be left in the tent unattended.

Split start times for parents may be requested for the NZOC Sprint, Middle and Long Distance Championships.

Please note that due to WRE requirements, split starts may not be possible where both parents are running in the WRE races.

Food

A café will be open at the Sprint event for food and coffee and cold drinks.

At the forest events there will be a coffee van on-site, and food will be on sale at each event.

Time Zone – CHANGE DURING EVENT

New Zealand will change from using New Zealand Summer Time to New Zealand Standard Time

(NZST, “winter” time) at 2am on Sunday 1st April (clocks will be put back 1 hour).

Venue

Auckland is New Zealand’s largest city. The Auckland region is home to 1.5 million people, about a third of New Zealand’s total population.

Accommodation

Auckland offers a wide range of accommodation options, from luxurious resorts and 5-star international hotel chains to bed and breakfasts, holiday homes for rental, backpackers and camp sites. You can explore the numerous options for accommodation and vehicle rental that can be found by searching the web.

Eateries/Supermarkets

Auckland is a cosmopolitan city with restaurants, cafes and shops offering food from every corner of the world at a wide range of prices. Convenience stores in the inner city and supermarkets and shopping malls further out are open 7 days a week (except Good Friday, March 30th and Easter Sunday, April 1st otherwise often 24 hours.

Climate

April falls between the end of summer and early autumn in New Zealand. In the north of the country, Auckland (36.8°S, 174.7°E) enjoys a sub-tropical climate, with average low and high April temperatures of 15 and 20°C (59 and 68°F) and a mean rainfall of 100 mm for the month. New Zealand is a small landmass surrounded by ocean however, and the weather is therefore quite variable and prone to rapid changes. Come prepared for rain or shine.

Visas

Visitors from overseas may need a visa to enter New Zealand. The New Zealand Government’s visa information website provides details: <http://www.immigration.govt.nz/migrant/stream/visit>

