

# WELCOME!

Örebro - Kumla - Hallsberg - Lekeberg - Tiveden

The beautiful Närke Plain spreads out between Bergslagen's formidable forests and Tiveden's enchanting wilderness. This has been the meeting place of the most important roads in Svealand since the Middle Ages, contributing to the region's rich history and excellent transport links. There are so many exciting things to do here – just look around. Pop into one of our tourist offices or visit any of the InfoPoints and we'll tell you more.

www.visitorebro.se
www.visitkumla.se
www.visithallsberg.se
www.visitlekeberg.se
www.tiveden.se

# **TOURIST INFORMATION OFFICES**

#### ÖREBRO Örebro slott turistbyrå

All yaer Tel. +46 19 21 21 21 www.visitorebro.se info@orebrokompaniet.se

# **Gustavsviks Camping**

Summer

Tel. +46 19 19 69 50 www.gustavsvik.se info@gustavsvik.se

#### KUMLA

Stadshuset, servicecenter Torget 1. Tel: +46 19 58 80 00 www.visitkumla.se

### **HALLSBERG**

Järnvägsstationen Tel. +46 582 68 53 36 www.visithallsberg.se turism@hallsberg.se

#### LAXÅ/TIVEDEN

Centrumtorget 10 Summer Tel. +46 584 109 20 All yaer www.tiveden.se turistbyran@laxa.se

# **INFOPOINTS**

Our InfoPoints around the destination provide have basic tourist information and a small selection of brochures and maps material. To see all the InfoPoints, go to www.visitorebro.se/infopoints



#### **ÖREBRO SLOTT**

Castle tours all the year round

Many chapters of Swedish history have been written inside the thick walls of Örebro Castle.

Sweden's first Parliament Act was adopted here, and it was also here that Karl XIII received the news that the 1810 Parliament in Örebro had chosen Jean Baptiste Bernadotte as the heir to the Swedish throne.

The oldest parts of the castle date from the 14th century, and, at the end of the 16th century, Duke Karl, later King Karl IX, transformed then dilapidated medieval castle into a magnificent Renaissance castle.

Örebro Visitor Centre is located in the castle's southwest tower. The visitor centre provides information and inspiration on everything there is to see and do in Örebro. You can also buy tickets to castle tours and get help booking

accommodation. In the shop you'll find souvenirs with connection to Örebro as well as designer Örebro items.

In the summer, there are daily guided tours of Örebro Castle that take you back in time. Listen to stories about the nobility, prisoners and servants, and well-known and little known events in the castle's history. The rest of the year, there are guided tours every Saturday and Sunday.

Easter is Witch Week for both children and adults, and for Halloween, Örebro is transformed into a Ghost Town with zombies roaming the streets and ghosts and other creepiness haunting the castle.

Örebro castle Visitor center +46 19 21 21 21 visitorebro.se/slottet



#### **SVAMPEN**

A magnificent view

The water tower Svampen (the mushroom) was built 1955-57 and officially opened in May 1958. The designer and architect was Sune Lindström, AB Vattenbyggnadsbyrån Stockholm. Since its opening, Svampen has been one of Örebro's most popular attractions, giving some 8 million visitors the chance to see Örebro from above.

The tower is 58 m high and holds 9 million litres of water. It has a sister tower in Riyadh, Saudi Arabia, which is 33% bigger.

Svampen is still used as a water tower, with the water being pumped up into the cap, which acts as a reservoir and pressure equaliser for Örebro's drinking water.

Dalbygatan 4 +46 19 611 37 35 svampen.nu



# WADKÖPING

Open-air museum

Discover what Örebro used to look like in Wadköping. The open-air museum, which opened in the 1960s, consists of farm buildings that were saved from demolition in central Örebro. Today, it is hard to imagine that the small wooden farmhouses were once Örebro's grandest buildings.

Nowadays, the small houses are home to craft shops, boutiques and museums, and some are also used as dwellings, making Wadköping a vibrant part of Örebro. Enjoy the atmosphere! Relax with a cup of coffee in the square, smell the freshly baked bread from the bakery, watch the wood-turner at work, or visit the exhibitions in Caisa Wargs Hus (Cajsa Warg's House, former home of the cookbook pioneer) and Kungsstugan (The King's Lodgings) from the 16th

There is always something going on in Wadköping, so don't forget to check the calendar on the home page for musical entertainment, summer theatre, puppetry and markets, including the popular Christmas and medieval markets, antiques and bricabrac, and the 'turn-of-the century' market.

Wadköping, Örebro +46 19 21 62 20 www.orebro.se/wadkoping





# ST. NICOLAI CHURCH TÅNGERÅSA CHURCH

Stortorget (the city square) is one of Örebro's most important historical places and the location of St Nicolai Church, the city's main church since the Middle Ages and the place where Jean Baptiste Bernadotte was elected heir to the throne in 1810 The neo-Gothic city hall with its glockenspiel is also in the square.

In Tångeråsa, you can visit one of Sweden's oldest wooden churches



# **KARLSLUND**

Nature and culture

Karlslund Culture Reserve is a scenic area with a long history, just 5 km from Örebro centre. This idyll has beautiful nature, cultural and industrial history. craft workshops, shops, a garden for children and the technology museum Tekniska Kvarnen

Karlslund Manor House +46 19 21 62 20 www.orebro.se/karlslund



# JÄRLE STATION

Vintage railway

In Järle, you really can travel in time. The vintage train departs from the small station to the mining community of Pershyttan and the idyllic wooden town of Nora. In fact. Järle is the oldest station in Sweden. It was built in 1854 next to Sweden's first railway line. Vintage trains depart throughout the summer.

Ervalla, Järle +46 587 502 90 nbvj.nu



#### **BREVENS BRUK**

Historical village

The small industrial community of Brevens Bruk, 50 km southeast of Örebro. is a cultural treasure. The village differs from other mining communities due to all its vellow buildings from the 17th century onwards that can be seen throughout the well-preserved village. Don't miss the midsummer celebration. Every year thousands of people visit Brevens Bruk to experience this beautiful Swedish summer event.

Brevens bruk brevens.se



### **BOO MANSION** A cultural treasure

Discover a real cultural treasure in the forests near the border to Östergötland with the fairy tale castle Boo with its pinnacles and turrets, and Boo mansion and its grounds. Many of the buildings were built in ancient Greek style. There is also exciting flora and rich wildlife to enjoy.

Boo. Hiortkvarn +46 582 405 40 boohembygdsforening.se Road 51 towards Norrköping



#### RISEBERGA

Monastery ruins

Riseberga Monastery outside Fjugesta was founded in the 12th century. At its height, it owned 240 properties in six provinces, but Gustav Vasa and a great fire in 1546 put a stop to its activities, and the buildings were left to fall into disrepair. Guided tours on wednesdays 28/6-30/8 at 6 pm.

Riseberga, Fiugesta +46 706 57 91 94 hembygd.se/riseberga 3 km south of Fjugesta



# **KVARNGÅRDEN**

Historic mill environment

Kvarngården in Mullhyttan is a living historic environment. There is an old mill used by the village since the 18th century. Organically grown wheat and rye are milled into flour using a 2.4 m waterwheel and then sold. The wood-fired baker's cottage bakes 'Hyttkaka' and 'Kvarnbröd'.

Kvarngården, Mullhyttan +46 70 657 91 94 Road 204 towards Mullhyttan



#### **HALLSBERG**

Railway station

Hallsberg plays a central role in the Swedish rail network. The marshalling yards are the largest in Scandinavia.

Hallsberg was built as a result of the development of the main line between Stockholm and Gothenburg, which was completed in 1862, with the station area being finished a few years later.

Summer at the castle

Visitors Centre and daily guided tours.

Welcome to Örebro castle!

www.visitorebro.se/slottet

rebro

www.visitorebro.se/karleksstaden

# **SIGHTS**



# **MILITARY MUSEUM**

Sannahed

Today, the small community of Sannahed, between Kumla and Hallsberg, is a quiet place, but 100 years ago, it was one of Sweden's largest military practice grounds and barracks. Here you can enjoy a walk on the 2.5 km trail 'Regementsmarschen' (the regiment march).

There is a newly opened equipment store 150 m north of the military museum. The storage building was built for military purposes and as a shop. Today, it is a 19th-century museum with different theme rooms showing how we once lived.

The grand hall that used to be the officers' mess, the Museum of Military History and the cottage of the Hussar officers, which shows what the Hussar Corps barracks were like during the 19th century, are all worth a visit. Kumla-Sannahed's community centre is across the road from the museum.

Kungsleden, Kumla Information/guided tours +46 19 58 80 00 visitkumla.se/militärmuseum





# SHOE INDUSTRY MUSEUM Kumla

At the shoe industry museum in Kumla, time has stood still. One of the floors still looks exactly as it did the day the old shoe factory Bengtar-sko closed down. Handmade shoes are manufactured here and sold in the shop.

The museum was voted Working Life Museum of the Year 2017.

Sveavägen 19, Kumla Information/guided tours +46 19 58 81 87, kl. 13-17 +46 19 58 80 00 skoindustrimuseet.se



# **FOSSIL MUSEUM**

Sköllersta

Visit Sweden's largest fossil museum in Sköllersta. For the past 20 years it has been housed in a 16th-century farmhouse south of Örebro. Call for a tour of the museum. Excursions in southern Sweden can also be arranged.

Knällinge Sköllersta +46 19 19 23 04 11 fossilmuseum.se



# STONEWORK MUSEUM

Hällabrottet

Stone has been quarried and worked east of Kumla since the Middle Ages. A new museum is being created here showing the history of the stonework with a marble collection and a unique collection of full-scale plaster models used by sculptors and ornament makers.

Yxhultsvägen 13, Hällabrottet Information/guided tours +46 19 58 80 00 visitkumla.se/ stenarbetsmuseum



# PETROL STATION MUSEUM Vretstorp

Travel back in time to a petrol station from the 1950s. Just outside Vretstorp, there is a reconstructed Shell station from the golden era of big American cars, complete with pumps, oil cans, signs, a vending machine and other objects from the period. In the museum shop, you can buy souvenirs and objects from the 50s and 60s.

Haggrenstorp, Vretstorp +46 582 720 45 mackssons.se E20 mot Hallsberg/Vretstorp



# **VW-MUSEUM**

Pålsboda

Do you remember the Beetle? Holmgren's Volkswagen museum is the world's largest private collection of VWs. Stroll through the history of the classic car model with all of the models from 1949 to 1975. There's even a beetle built in 2004 - one of the last of the original design.

Gjuterivägen 25, Pålsboda +46 582 400 10 vwmuseum.se 30 km south om Örebro



# **SCHOOL MUSEUM**

Hardemo

Teaching in Hardemo Parish started more than 40 years before the Swedish school reform was introduced. The school, which was used every day up until the 1960s, is now a museum showing the classroom and the teacher's accommodation from the end of the 19th century.

Hardemo, Kumla Information/guided tours +46 19 58 80 00 visitkumla.se/skolmuseum

# **SWIMMING**



#### **GUSTAVSVIK OCH LOST CITY**

Family camping and a great water adventure

#### Gustavsvik Family Camping

Welcome to Gustavsvik Camping. This is the perfect place for an exciting and lovely holiday together! Situated in a quiet and lovely location, the campsite is surrounded by water and greenery. Yet, you are only a short walk away from Orebro city, one of Sweden's most beautiful city centres.

With the amount of fun and relaxation you can find here, it's no surprise that Gustavsvik Camping is voted one of Europe's greatest campsites. You are within easy reach of everything from adventure clubs, adventure golf, bouncy castles, electric

cars, and Sweden's biggest adventure water park, Lost City, to our fine restaurant with swinging live music and great food.

#### Lost City - a great water adventure

If you want a water adventure out of the ordinary, head to Lost City and experience all the adventures of the lost jungle city. Throw yourself down Sweden's most thrilling and longest water slides: Jungle Escape, Treasure Hunter, and River Run. Swim among mysterious ruins, waves, and rushing rapids, or take the youngest ones and visit the playground.

Stenbackevägen +46 19 19 69 00 gustavsvik.se, lostcity.se



# DJUPADALSBADET

Swimming & camping

Djupadalsbadet is a modern family pool complex with activities for everyone. Indoor you'll find an adventure area, two water slides, a paddling pool, diving pool, climbing wall, and whirlpool, as well as a 25 m pool and a training pool. The facility also features a gym, relaxation area, spa, and café.

The outdoor area is open during summer and has heated swimming pools for young and old, a bouncy tower, and large inviting grassy areas.

The campsite is located right next to the complex and offers large and small cabins, plots, pitches, and a newly renovated service building. The camping fee includes free admission to the outdoor pool area.

Vattugatan 34, Kumla +46 19 58 87 00 djupadalsbadet.se



# **ALLÉHALLEN**

Hallsberg

Alléhallen in Hallsberg is a popular family water park with several pools. There are 1 m and 3 m diving towers, a water slide that is over 50 m long, a sculpture for the children to play on and an outdoor pool. For the very youngest, there is a playland with palm trees, a water slide and water sprinkler. There are two lanes for those who want to swim lengths, water cannons, a training pool, sauna, sports hall, gym, cafeteria, and grassy areas for sunbathing.

Södra Allén 6, Hallsberg +46 582 68 53 75 hallsberg.se/allehallen



### **SANNABADET**

Fjugesta

Sannabadet is accessible and has outdoor pools with water slides and lanes for swimming. There is also a paddling pool for the little ones. Stay overnight in a cabin, hostel, or book a caravan pitch with or without electricity. Vast grassy areas, restaurant, and events. Open during summer.

Bergavägen 1, Fjugesta +46 585 487 99 sannabadet.se

# LANNA BADGRUVA

Lanna

At Lanna badgruva, you can swim in a closed down limestone quarry, surrounded by beautiful nature. The water is turquoise and inviting, and the area has toilet facilities, great accessibility, and parking.

From road 562 in Lanna, turn at the sign toward the swimming area. visitlekeberg.se





# **LAKE HJÄLMAREN**

Boat trips and more

The beautiful Lake Hjälmaren just east of Örebro is best enjoyed from a boat, so why not come along on one of the cruises from Örebro harbour. M/S Gustaf Lagerbjelke runs lunch cruises, evening cruises with shrimp feasts, and trips all the way to Hjälmare Canal where you can experience the opening and closing of the lock gates in Örebro and on the canal.

The programme and timetable are available at www.lagerbjelke.com

There are also sightseeing trips on the renovated boat M/F Liden on River Svartån. www.mfliden.se

The beaches around Hemfjärden (the part of Hjälmaren closest to Örebro) are popular for hiking. There is also a nice 40 km cycleway round Hemfjärden (the western part of Lake Hjälmaren). The lake can be crossed on a cycle ferry at Norra Ässundet. The lake has many good beaches.

Boat trips / charter: arbogarederi.se, mfliden.se Hiking and cycling: visitorebro.se bergslagencykling.se



# BOATING

Lock and harbour

If you have your own boat. you can easily take the sea route to Örebro. The guest harbour is located in the city centre and is entered from Röda Tunnan in the westernmost part of Lake Hjälmaren. On the way, you pass the bird reserve Oset, the water park with Naturens Hus (nature house). Osetbron Bridge and the marina. Then continue past Skebäcksbron Bridge to the lock. After passing through the lock, you proceed towards the centre via Wadköping, Stora Holmen and the City Park and on to the guest harbour on the southern side of River Svartån.

At the height of summer, weeks 25-33, the lock gate is opened and closed regularly and there is no charge. For the rest of the year, see orebrohamn.com

Örebro harbour and lock: orebrohamn.com

Hjälmaren: hjbf.se Hjälmare kanal: hjalmarekanal.se

# SWIMMING LAKES

Take a dip!

There are many swimming lakes around Örebro, from Lake Hjälmaren to the small lakes in Kilsbergen nature area. See visitorebro.se/bad for a list of outdoor swimming places in the Örebro region.



### VINÖN

Idyllic island

The idyllic Vinön is the largest island in Lake Hjälmaren and a popular destination with tourists and Örebro's inhabitants. The Swedish Transport Administration's free ferry will take you there. It is best to leave your car on the mainland, rent a cycle on the island and experience Vinön on two wheels.

The island has restaurants, a bakery, hiking trails, beaches, exhibitions and performances.

Information: vinon.se vinonsvardshus.se



# CANOEING AND FISHING

The Örebro region has some of Sweden's most diverse canoeing waters. You can paddle from the city to Lake Hjälmaren, around Lake Vättern's outer isles, or make your way leisurely down the winding River Nittälven, with the wilderness as your closest neighbour. Don't forget you fishing rod. In Lake Hjälmaren and River Svartån you can fish without a permit. Otherwise a fishing permit is required in most areas.



# KATRINELUND

Restaurant

Katrinelund Restaurant is surrounded by wonderful nature and enjoys stunning views of Lake Hjälmaren. From noon till late, it offers an extensive menu with delicious and carefully balanced flavours. Take a walk, swim in the sea or enjoy a cold beer on the jetty. Katrinelund is well worth the trip. It has something for everyone.

Katrinelund, Stora Mellösa +46 19 44 90 60, katrinelund.se Approx. 30 km east of Örebro



# LONG WHITE

Sandy beaches

Tivedsbadet, with its 1-kilometre, child-friendly sandy beach, and Vitsand in the National Park are the most popular beaches. But there are many more to be found for those willing to look. On the way to the beach, you can stop for food and supplies in Laxå, Finnerödja, or Sannerud. For more information, visit visittiveden.se

# **SPORT**



# **ARENA SPORTS**

Range and excellence

Örebro is one of Sweden's foremost sports cities. This year, spotlight has been mainly turned on Örebro Hockey. As a team in the SHL, there are sure to be many hockey feasts throughout the season.

Two teams that have long been established in the top football leagues are Kif Örebro ladies and Örebro SK men. Both teams play their home games at Behrn Arena. Örebro floorball and Örebro Volley ladies are other teams that play in their respective top leagues. Home games are played at the newly renovated Idrottshuset. Former

champions Örebro SK Bandy presently play in the second highest league.

The popular speedway club, Indianerna, in Kumla mixes top-level sports with festivals at ICA Maxi Arena outside Kumla. Thousands of spectators of all ages gather here, some sitting on the stands, others on the grass. From here, they

watch Indianerna compete with the entire world elite.

Örebrotravet is one Sweden's horse racing tracks with races all year around.

In addition to the races, the venue also hosts girls' nights, horse racing galas, and guided tours of the stables with good food and a side of hot tips.





# **ÖREBRO CITY**

Shopping

Örebro's shopping areas are extensive but surprisingly concentrated. Many of the shops can be visited in a single afternoon. Besides the shopping centres and the national retail chains, the city offers unique shops selling classic clothing, vintage artefacts and furnishings, as well as delicatessen, food halls and much more.

cityorebro.com



#### **MARIEBERG**

Shopping

Marieberg, 7 km south of Örebro, is a large shopping mecca that is continuing to grow. Besides the big shopping centre Marieberg Galleria with approx. 100 shops, restaurants and cafés, there are a number of large retail outlets in the area, such as IKEA and Bauhaus.

Säljarevägen 1 marieberggalleria.se 7 km south of Örebro



#### FARM SHOPS AND EXCURSIONS

A trip out of the city

A trip out of the city centre to one or more of the great farm shops can brighten any day. And there are plenty of them! Here is a selection.

Hallagården, Lekhyttan

+46 19 29 20 92 hallagarden.nu E18 towards Karlskoga 20 km west of Örebro

Tant Grön, Vintrosa

+46 19 29 48 48 tant-gron.nu E18 towards Karlskoga 15 km west of Örebro

Smultrongården

+46 70 375 60 14 smultrongarden.se 17 km north of Örebro towards Ölmbrotorp, S. Dylta

Lantliga Rum Frösvidal

+46 19 28 31 43 frosvidal.se 15 km west of Örebro

Gårdsmejeri Ostbiten

+46 19 22 41 33 ostbiten.se E18 towards Örebro airport and then Sanna, continue 7 km towards Granhammar. Sy och sprätta

+46 70 210 90 73 syospratta.se Sannahed, Rala 127, 5 km south of Kumla towards Sannahed

Sickelsta Gårdsbutik

+46 19 57 41 41 Sickelsta gård 107 4 km west of Kumla

Ankis Magasin

46 585 200 35 ankismagasin.se Käxle, Fjugesta, 30 km west of Örebro towards Fjugesta, Gropen

Lanna Bokcafé

+46 19 29 10 30 lannabokcafe.se Lanna, Vintrosa, 15 km west of Örebro towards Vintrosa/ Lanna

Fyra Systrar, Mullhyttan

+46 76 815 00 97 fyrasystrar.se 40 km west of Örebro towards Fjugesta, Svartå



# **KAVAT BARNSKOR**

Fabriksförsäljning

Den svenska skoindustrin föddes i Kumla. De populära barnskorna Kavat för denna tradition vidare och du kan fabriksfynda i butiken i Kumla.

Radiogatan 2, Kumla +46 19 761 22 19 kavat.com



# ATRIA LITHELLS

Fabriksförsäljning

Atria Lithells är Sveriges största matföretag och på fabriksförsäljningen kan du handla korv, men också annan chark och färdigmat.

Sockenvägen, Sköllersta +46 10 482 30 00 atria.se



# Accommodation

Behrn Hotel +46 19 12 00 95

Best Western City Hotel +46 19 601 42 00

Clarion Hotel Örebro +46 19 670 67 00

Elite Stora Hotellet +46 19 15 69 00

First Hotel Örebro +46 19 611 73 00

+46 19 611 73 00 Hotel F11 +46 19 12 02 00

+46 19 12 02 00 **Hotel Göta** +46 19 611 53 63

Good Morning Örebro +46 19 17 07 07

Best Western Eurostop Örebro +46 19 777 12 10

Scandic Hotel Grand +46 19 767 43 00

Scandic Hotel Väst +46 19 767 44 00

Livin' STF Hotel & Hostel +46 19 31 02 40

Clarion Collection Hotel Borgen +46 19 20 50 00

Gustavsviks camping +46 19 19 69 61

Livin Station +46 19 31 02 40 Hotel Hjalmar +46 19 611 90 35



# Shopping malls

1 Krämaren Drottninggatan 29 www.kramaren.se

2 Vågen Våghustorget www.vagengallerian.se

Oscar C Köpmangatan 9

4 E20 towards Göteborg
Marieberg Galleria
Säljarevägen 1
www.marieberggalleria.se



# Facts and figures

Number of inhabitants (31/12 2016)

Hallsberg 15 649 Kumla 21 334 Laxå 5 709 Lekeberg 7 636 Örebro 146 631

#### **Biggest employers**

The Municipality, the County Council, SCB, Örebro University, University Hospital, Atlas Copco, Malmbergs Elektriska, the Prison and Probation Service, Procordia Food, Ahlsell, The Swedish State Railways and PostNord AB.

"rebro





# **GREEN OASES**



### **NATIONAL PARKS AND NATURE RESERVES**

Nature is near!

Garphyttan National Park, at the foot of Kilsbergen Mountains, is one of Sweden's oldest national parks. It has old preserved cultivated landscape characterised by stony, hilly terrain, and lush flowering meadows surrounded by dense natural forest. The park also has several hiking trails varying in length and difficulty.

Björka clay pit and the nature reserves of Hult and Viaskogen are near Kumla. The latter reserve offers diverse and sometimes unique species. Visitors can enjoy walks, barbeques and the illuminated jogging track. In Hällabrottet, east of Kumla, there is the unusual limestone plain Norra Mossby and a stone cist.

Skåle Klint Nature Reserve offers fantastic views of the surrounding countryside. Bring a packed lunch and enjoy the scenery from above on a clear day. Skåle Klint is part of the fault scarp that formed

the southern shore of Lake Tisaren. Primary rock dominates, forming a majestic area where deep, damp rift valleys cut through the area in several directions The views from Skåle Klint are fantastic. At its highest point, Skåle Klint reaches a height of 195 m above sea level and about 95 m above the surface of Lake Tisaren! At Skåle farm, on the edge of the hill, farming was still being carried out well into the 1960s, but nowadays the land around the farm is only used for grazing. The area is well equipped for visitors, with car parks, a beach, barbeque areas, etc.

Dovrasjödalen is a popular destination due to its wilderness character, with long, narrow lakes in a deep rift valley in the primary rock.

Herrfallsäng Nature Reserve is a classic habitat with nearly 300 known species of vascular plants.

www.t.lst.se





#### **TIVEDEN**

Sweden's southernmost wilderness

In the heart of Sweden. between Gothenburg and Stockholm, lie the great forests of Tiveden. A stone's throw from the crowds. noise, and stress, the silence and tranquillity spread out over one of Sweden's southernmost primeval forests Great adventures await those who look for enchanted, beautiful scenery with massive rocky blocks, deep mossy valleys, and steep mountain ridges with outcrops. Hike, bike, or go horseback riding between the many lakes, sights, and lush greenery. The discoveries are endless.

Tiveden National Park is one of Sweden's most beautiful parks. It may be largely pathless and inaccessible, but it's also infinitely inviting. The forest has been allowed to grow without human influence for a very long time. Soft mosses, clear lakes, and breath-taking views surround trails used since ancient times.

As the first municipality in Sweden, Laxå has proclaimed the entire municipality an eco-tourism area. Tiveden National Park, Skagerhultsmossen. Vargavidderna, and Lake Unden are some examples of sights for nature lovers. As an ecotourism area, tourists in Tiveden are expected to be extra considerate of the sights they come here to enjoy.

In Tiveden, you'll also find Örebro's best sandy beaches: Tivedsbadet and Vitsand. tiveden.se





# THE CITY PARK

Örebro

The City Park in Orebro has been named Sweden's most beautiful and ranked fifth in a vote on the most beautiful parks in Europe.

The park has many special areas including the beautiful Blomstergatan and tranquil Klostergården.
There is also a rose garden with almost 200 different varieties of roses, and a

herb garden with over 100 different kinds of herbs.

In addition, you'll find one of the city's largest playgrounds with a popular paddling pool, which is open during summer. In the summer, you can also enjoy a number of performances, both on the city park stage and in the adjacent Stadsträdgården restaurant and café.

www.orebro.se/park





#### **HACKVAD**

A natural gem

In 2015, Hackvad was named "natural gem of the year" in Örebro County. Hackvad is home to an unusual large number of drumlins. Oval and elongated, the drumlins were formed as glacial ice retreated about 12,000-13,000 years ago. The area also has plenty of large oaks with a rich flora and fauna. Many of the plants in Hackvad are those favoured by grazing animals. Hackvad's unusual geology and cultural environment are of national interest.



# **WILDLIFE**

Birds and snakes

Tysslingen is a swan lake without equal - Europe's largest single resting area for swans. Thousands of swans come here on their way north to regain their strength before continuing their journey. In spring, up to 4,000 birds can be seen in a single day.

Alnängarna Water Park is an oasis of tranquillity within walking distance of the city. It has hiking trails, barbecue areas and much more. In the midst of the greenery is the popular Naturens Hus (nature house) with a restaurant and café. Further east, Hjälmarstranden with its nature reserves Rynningeviken and Oset has some of the best bird-watching areas in Sweden.

Kvismaren, southeast of Örebro, is a classic bird lake with great diversity of species. In the autumn, visitors can see more than 10,000 cranes gather here on their way south. Next to Kvismaren in Öby Kulle, hundreds of grass snakes can be spotted basking in the sun in early spring.

Björka Vissberga clay pit is a 30-hectare nature reserve. A trail takes your around the old clay pit and from the bird tower, you can closely watch the birdlife.

naturenshus.se tysslingen.com visitkumla.se/bjorkalertag



# **KUMLA CITY PARK**

With Sjöparken greenhouse and Djupadalsparken

Kumla Sjöpark, with 30,000 m² of water, bridges, beaches and park areas, is a meeting place for everyone. The greenhouse includes an orangery, winter garden and restaurant.

The large playground "Tivoli" is located close to the City Park. The park is also adjacent to Djupadalsparken Park with mini-golf and a restaurant with outdoor seating.

visitkumla.se/kumlastadspark

# **OUT AND ABOUT IN NATURE**



#### **CYCLING**

A top-rate cycling city!

Örebro is the number one cycling city! It has 220 km of cycleways and hiking trails, offering an easy and convenient way to get around. The Örebro City Hike and Run Trails will take you along River Svartån out into the beautiful countryside, which is very close to Örebro city centre. Pack a picnic hamper and try one of the local cycle trails, such as Hemfjärden Runt, Lången Runt or, if you prefer something more strenuous, Tysslingerundan.

One of Sweden's longest fully interconnected MTB systems is also located here. There are over 1000 km of trails in Bergslagen in the north, Kilsbergen west of Örebro, and Tiveden in the south.

In Kumla you can combine nature, culture and science with a cycle ride that takes you past 25 sculptures by prominent Swedish sculptors. There are also five leisure and MTB trails in Kvarntorp's open-air recreation area, and a number of road cycle routes are planned.

visitorebro.se visitkumla.se/cykla bergslagencycling.se



#### HIKING

Bergslagsleden Trail

Kilsbergen with its magnificent and exciting wilderness is just 2 km west of Örebro. People have ventured here for decades to walk, swim, exercise and, not least, ski, cross-country and downhill. Here you can enjoy the views, clean air, silence and wildlife right on your doorsten

The 280 km Bergslagsleden is one of Sweden's longest hiking trails. It is divided into 17 stages ranging from 7 to 23 km. Stages 8-13 cross Kilsbergen Mountains and are easily reached from Örebro, İn Ånnaboda, there are several loops of varying lengths. The terrain on Bergslagsleden Trail generally gets more demanding the further north you go and flatter as you go south. Maps and more information can be found at www.bergslagsleden.se

There are many hiking trails in Örebro and the rest of the county besides Bergslagsleden. Kvarntorp's attractive open-air recreation area offers very varied flora and fauna, a golf course, hiking trails, bridleways, barbecue areas and nature reserves.

visitorebro.se, visitkumla.se bergslagsleden.se





#### HORSEBACK TOUR RIDING

For those with or without experience

Tour riding is both an exciting and beautiful way to discover nature.

About 20 km outside Örebro lies Ånnaboda riding adventure, welcoming beginners as well as the experienced. **ridaventyr.se** 

Erikslund's Islandshästar offers tour riding on Icelandic horses in an agricultural landscape bordering the beautiful Bergslagen district. erikslundsislandshastar.com

The horse trails in Kvarntorp's open-air recreation area wind through varied and beautiful nature with dense forests, open fields, and high hills adjacent to lakes, rest and barbecue areas. allemansland.se

Ramshyttan Horse Farm between Örebro and Nora offers horseback riding in magnificent nature. Ride through cultural landscape with both enchanting forests and old cabins. ramshyttanhorsefarm.se

In Tiveden, you'll find some of the country's most beautiful horse trails, 400 km through enchanting and magical nature in Sweden's southernmost wilderness. ridledertiveden.se



#### **GOLF**

Courses

Playing golf in Örebro and the surrounding region means that you play on some of the country's best courses.

Örebro City Golf and Country Club is an amalgamation of two golf courses close to Örebro city. The Citybanan, Gustavsvik is located just a few minutes outside the city centre, and Mosjö cour-

se is an open park course that challenges the best of golfers. Pay and play is available at Citybanan. orebrogolf.se

Just north of Örebro is Kårsta GK, a friendly golf club in a parkland environment. karstagk.se

Kumla GK has a slightly undulating parkland course next to Kvarntorpshögen slag heap. The club also has a spacious parking area for caravans and motor homes. kumladk.se

Lannalodge is a spectacular golf resort. In addition to the 18-hole course and a newly built 9-hole course, the resort has a restaurant, pizzeria, conference facilities, spa, and gym. The golf course opened in 1939 and is thus one of the oldest in Sweden. lannalodge.se

# **ACCOMMODATION**



#### ÖREBRO

Hotels

#### Behrn Hotell

Stortorget 12 +46 19 12 00 95

#### Best Western City Hotel

Kungsgatan 24 +46 19 601 42 00

#### Best Western Eurostop Boglundsgatan 2

+46 19 777 12 10

#### Clarion Collection Hotell Borgen

Klostergatan 1 +46 19 20 50 00

#### Clarion Hotel Örebro

Kungsgatan 14 +46 19 670 67 00

#### Elite Stora Hotellet

Drottninggatan 1 +46 19 15 69 00

#### First Hotel Örebro

Storgatan 24 +46 19 611 73 00

# **Good Morning Hotel**

Stenbackevägen 2 +46 19 17 07 07

#### Hotell F11

Fredsgatan 11 +46 19 12 02 00

#### Hotell Göta

Olaigatan 11 +46 19 611 53 63

#### Hotell Hjalmar

Storgatan 23 +46 19 611 90 35

#### Katrinelund Gästgiveri

Katrinelund 470 Stora Mellösa +46 19 44 90 60

#### **Livin Station Hotell**

Östra Bangatan 3 +46 19 31 02 40

# Scandic Grand Hotel

Fabriksgatan 21-23 +46 19 767 43 00

### Scandic Örebro Väst

Västhagagatan 1B +46 19 767 44 00

#### ÖREBRO

B&B:s, Hostels, rooms and camping

### Christinas Gästgifveri/B&B

Ervalla gård 257, Ervalla +46 70 393 09 09

#### Gustavsviks Camping

Sommarrovägen, Örebro 019-19 69 50

#### Hampetorps Camping Hampetorp

+46 19 45 30 15

#### Hult Säteri

Hult 220, Järle +46 587 500 70

#### Mogetorps Värdshus

Mogetorp, Ervalla +46 19 28 20 71

#### Rosängen B&B och stugor

Sommarrovägen 20 +46 19 24 67 85

#### Sanna-Kroa Motell

Sanna, Vintrosa, E 18 +46 19 29 44 14

#### Slussen Bed & Breakfast

Oljevägen 6 070-586 02 82

#### STF Vandrarhem & Hotell Livin

Järnvägsgatan 22 019-31 02 40

#### Vandrarhemmet Hagastrand

Hagastrand 10 + 46 70 936 04 11

# Vandrarhemmet Oden

Örebrovägen 12, Odensbacken +46 19 45 00 80

# Örebro City Vandrarhem

Tunnelgatan 3 +46 19 611 11 44

#### Ånnaboda/Storstenshöjden

Hotellrum och camping Ånnaboda, Garphyttan +46 19 29 55 00

# HALLSBERG, KUMLA, LEKEBERG, LAXÂ

Accommodation

#### HALLSBERG Hotell Stinsen

Stortorget 3, Hallsberg +46 582 139 20

#### Caravan Club Tisarstrands Camping

Kvarsätter +46 582 250 52

KUMLA Kumla Hotel Stationsgatan 4 +46 19 57 90 20

# Djupadalsbadets Camping

John Norlanders gata 50 +46 19 58 86 83

#### **Hästen och Hunden B&B** Stene 512

+46 19 57 32 08

#### Rösavi Vandrarhem

Rösavi 103 +46 19 56 04 56 +46 73 961 63 43

#### Torsta Gård Torsta 108

+46 19 23 64 32

#### Huldas Gård Julsta

Huldas gård 406 www.booking.com

#### Kumla Golf Camp

Högtorp +46 19 58 70 80

#### Fridhem Vandrarhem

Missionshuset Gränby 109 +46 19 17 90 07

#### LEKEBERG Lannalodge

Lanna

+46 19 16 40 70

#### Hallagården Lekhyttan

+46 19 292092

#### Sannabadet

Fjugesta +46 585 48799

#### LAXÅ/TIVEDEN Ösjönäs - Tivedens aktivitets och äventyrscentrum

Tived +46 505 250 22

#### Hamgården

Baggekärr 8, Tived +46 584 474030

### Rastpunkt Laxå Hotell

Revirvägen, Laxå +46 584 140 10

# **Tivedsbadets Camping**

Ullsandsmo, Finnerödja +46 76 091 39 50

#### Revelbadets Camping Östra Laxsjön, Laxå

+46 583 630 30

### Camping Tiveden

Baggekärr 2, Tived +46 584 47 40 83

# Caravan Club Skagern

Camp Skagern, Finnerödja +46 506 330 40

#### STF Vandrarhem Tivedstorp

Tived +46 584 47 20 90

### Röfors Vandrarhem

Bruksgatan 28, Röfors +46 584 520 09

# Rödjorna Retreat

Skyttatorp, Tived +46 73 975 10 97



# **FAMILY ATTRACTIONS**



#### ÖREBRO SKATEPARK

Created by skateboard pros

Experience one of Sweden's best, largest, and most beautiful skate parks. Örebro Skatepark is located in Drottningparken, right in central Örebro.

The skate park is designed by the Finnish landscape architect and former skateboard pro, Janne Saario. The 2,500 m² skate area enables top-notch skateboarding with challenges for both beginners and professionals.

The skate park has a large bowl area in the middle and a full-size, two-level so called "kidney bowl" in one corner. You'll also find great street surfaces with flat rails, curbs, manual-pads,

Euro gap, ledges, banks, and much more. The bowl area has sections for both young and old. The street surfaces have low flat rails for beginners as well as larger gaps and rails for more advanced skaters.

Örebro Skatepark is located in Drottningparken in central Örebro. Follow Drottninggatan south, past Krämaren mall towards Virginska High School. For more information on the skate park and other areas, visit **orebroskateboard.se** 

Örebro Skatepark Drottningparken, Fabriksgatan 1



# **TOY MUSEUM**

For all ages

The toy museum Leksaksnostalgirum is located just west of Fjugesta and is filled with old toys from all corners of the world. In a total of five rooms, you'll find aircrafts, dolls, and various sheet metal figures. You'll also find vehicles, wooden toys, and trains. Visit by appointment.

Kälkesta, Fjugesta +46 70 378 66 14 leksaksnostalgirum.se Road 204 towards Fjugesta



### **NEWLY OPENED**

Playland and trampoline parks

Andy's playland in Marieberg, behind IKEA, opens in May. A 4,000 m2 awesome playland with everything you could wish for and more...

In addition to a great 7-metre high jungle gym, the playland features Andy's Neighbourhood, where you can take on different roles, working at the vet, theatre, car workshop, etc. You'll also find a creative corner that encourages creative expressions and a park with activities for the little ones.

**Jump** is Sweden's largest trampoline park - a magnificent experience on 4,000 m2.

Whether you're a beginner or a pro, young or old, here's your chance to take on exciting challenges in a social, educational, and active setting. Come by and bring your kids, friends, family, or colleagues!

If the trampoline-thing turns out to be your cup of tea, you'll soon be able to visit **Yoump** and try trampoline workouts led by trained instructors.

Andy's lekland Säljarevägen 1 andyslekland.se/lekland/ orebro

Jump Örebro Firmavägen 1 jump.se/orebro

Yoump Boglundsängen i Örebro yoump.se



# **LEK- & BUSLANDET**

7.000 m<sup>2</sup> of fun

Lek- och Buslandet in Örebro is the largest indoor playland in Europe! Within the 7,000 m2 you will find almost everything: climbing frames, slides, a ball pit, crazy cars, trampolines, bouncy castles, laser games and a baby corner. There is also a restaurant and free wireless Internet

Skomaskinsgatan, Örebro +46 19 33 21 21 lekobus.se



# SKOJLANDET

For little ones

Skojlandet is a playhouse for little ones with an inspiring environment in which children can run, jump and play as much as they want!

Nastag. 13, Örebro +46 19 27 29 30 skojlandet.se

# **FAMILY ATTRACTIONS**



### **STORA HOLMEN**

Children's island

Stora Holmen is an island just for children. Rent a pedal car and drive around the miniature town. Run about in the play area or visit the animals. The miniature train will take you round the whole island. The island can be reached via bridges, but, in the summer, it's more fun to take the Wictoria ferry

Stadsparken, Örebro +46 19 14 96 10 storaholmen.se



# **TEKNISKA KVARNEN**

Exciting museum of technology

The old Karlslund mill from 1889 is now an exciting, modern museum of technology packed with experiences for the whole family.

The museum also houses Sweden's largest model railroad where seven trains rush past through a miniature Mälardalen.

Kvarnfallsvägen 9 +46 19 21 21 58 www.orebro.se/karlslund 5 km west of Örebro city



# **CITY PLAYGROUND**

Tivoli

A playground in Kumla for young and old. Climb the circus tower, jump high on the trampoline, and go round on the carousel. When your legs get tired, sit back and relax in the giant hammock. Be sure to capture your visit by the photo wall.

John Norlanders Gata 50, Kumla +46 19 58 80 00 visitkumla.se/tivoli



#### HALLAGÅRDEN

Mini-zoo, café and B&B

At Hallagården, a 17th century mansion, you can enjoy coffee and home-baked goodies in a beautiful, historical setting. At the mini-zoo, you can visit the alpacas.

Angora rabbits, reindeers, and many other exciting animals. Hallagården also offers courses focusing on the traditional. Learn how to handle a spinning wheel or felt a mat.

Hallagården, Lekhyttan +46 19 29 20 92 hallagarden.nu



# **CHILDREN'S**

Children's House of Discovery

How many teeth do you have? What is it like to be in a wheelchair? Upptäckarhuset has lots of activities for inquisitive children. Here, you can be a firefighter, open your own business, put on a stage show or try on the fantastic selection of fancy dress costumes. There is also a café.

Gärdesvägen 4 Hallsberg +46 582 61 13 37 childrens.se

# WINTER ACTIVITIES

### **WINTER FUN**

On snow and ice

Ånnaboda offers more than 70 km of groomed ski trails, ranging from short loops to the 27 km long Kilsbergs-spåret, which runs all the way to Nora. You'll also find a 5 km artificial snow trail. annaboda.com

annaboda.com

Nine groomed pistes, "crossover land", and toboggan slopes attract families and ski enthusiasts alike to Storstenshöjden, 20 km west of Örebro. storstenshojden.se

Great cross country trails can also be found in Örebro, including Karlslund and Markaspåret as well as Gustavsvik and Mellringe Golf Course. naturkartan.se



For alpine skiing, head to Kumla and ski down Kvarntorpshögen. The area also has a toboggan slope and groomed cross country trails. **kumlaskidforening.se** 

At Rävgången by Lake Hjälmaren, close to Örebro city centre, the ice is prepared for skating. One of the several ice trails found here is 7 km long and runs from Rävgången to Lindholmen. On the beach is a chalet with a fireplace where you can warm up. For ice reports and information, visit www.orebro.se

# **ART AND CULTURE**



# ÖREBRO LÄNS MUSEUM

A lively meeting place for all ages!

Through encountering art and cultural history, we want visitors to gain new perspectives on themselves and the outside world. In addition to exhibitions, we offer children's activities, workshops, lectures, and much more. Our premises also enable conferences in a beautiful setting.

#### Permanent exhibitions

Jag tror jag vet (I think I know)
Amazing, beautiful, big, small, ugly, and entirely unique art and objects from all ages. Through centuries, they've all carried with them their secrets and stories to today's people. Together, they tell us something important about our time.

Klenodkammaren (The Treasure Chamber) Klenodkammaren houses the true treasures of the museum. Silver, tin, coins, jewellery, and art glass are displayed in a beautiful room.

Fågel, fisk eller mittemellan (Bird, fish, or in between) In the fantasy world of Karl Axel Pehrson. An exhibition for all ages.

Vi blir Örebro (We are Örebro) (photo) How have the people who make up Örebro experienced the city over the years? Growing in numbers, how do their different stories and perspectives contribute to shaping the city?

Engelbrektsgatan 3 +46 19 602 87 00 olm.se



# **BERGÖÖS**

Museum, art and trains

Artist Karin Larsson, born in Hallsberg, worked in the shadow of her famous husband Carl Larsson, But with her elegant furnishings and beautiful textiles, Karin Larsson was far ahead of her time. Some of Karin's creations, furniture as well as paintings, are on display in her parents' home, Bergööska Huset. You may recognise some of the items, though you might not have known who was behind them

The largest room is decorated with Karin's husband Carl's impressive murals of the Bergöö family and Hallsberg at the time.

On the first floor you find an art gallery with exhibitions fom May-September and every summer there is a larger exhibition at Bergöös, see website for more information.

The model railway museum, adjacent to Bergöös, has a large model railway of the marshalling yard in Hallsberg.

Östra Storgatan 5, Hallsberg +46 582 68 53 35/37 hallsberg.se/bergoos

# **ART AND CULTURE**



#### ÖREBRO KONSTHALL

Contemporary art

Örebro Konsthall is a contemporary art gallery with temporary exhibitions that offer exciting experiences of Swedish and international contemporary art of high quality to the people of Örebro and visitors to the city.

In 2008, Örebro Konsthall initiated the art biennale Open Art for contemporary art. The exhibition is organised every other year and 2017 is Open Art year. From June 18 to September 10, the entire city is transformed into an amazing experience.

Olaigatan 17 B, Örebro +46 19 21 49 00 orebrokonsthall.se, openart.se



### **GALLERI ÖRSTA**

Kumla

A new glow-in-the-dark exhibition building makes Gallery Örsta Sweden's most exciting art gallery. The gallery exhibits works by Scandinavia's finest artists. The 350 m² gallery was designed by the architect firm Claesson Kojvisto Rune

Örsta 511, Kumla +46 19 57 88 23 galleriorsta.se



# **TEATER OCH MUSIK**

Kulturstaden Örebro

Örebro Concert Hall, home of the Swedish Chamber Orchestra under the direction of Thomas Dausgaard, has taken a clear position on the international stage, and since 2004 it has toured regularly in Europe, Japan and the United States. In addition to the classical music genre, the programme features everything from rock and pop to events for children and young people.

The prestigious Örebro
Theatre is home to the
Örebro County Theatre
group and puts on more
than 300 performances
every year. At the slightly
smaller Nya China Theatre,
performances are arranged
for special guests as well
and for children and young
people. The Hjalmar Bergman Theatre puts on the
National Theatre's touring
performances.

Conventum's arenas hold everything from rock and pop concerts to musicals, shows and fairs.

orebrokonserthus.se lansteatern.se conventum.se liveatheart.se





"JOHANSSON" by Peter Johansson

#### **ART ON HIGH**

Kvarntorpshögen, Kumla

Kvarntorpshögen is Sweden's most unusual industrial monument. So unusual, in fact, that it placed number one in the book "Sweden's 100 most unusual sights". The hot slag, formed when oil was extracted from slate during World War II, created a pile over 100 m high. The pile is now a popular excursion and an unusual setting for the sculpture exhibition "Konst på hög" (art on a heap).

The unique sculpture park, set on top of the slag heap, displays works by many of Sweden's leading artists, including Lars Vilks, Peter Johansson, Ulla Viotti, and Lenny Clarhäll. You'll also find a coffee shop, serving snacks and salads. Almost every year, a new work of art is added to the collection. Kvarntorpshögen also offers a magnificent view of the Närke plain.



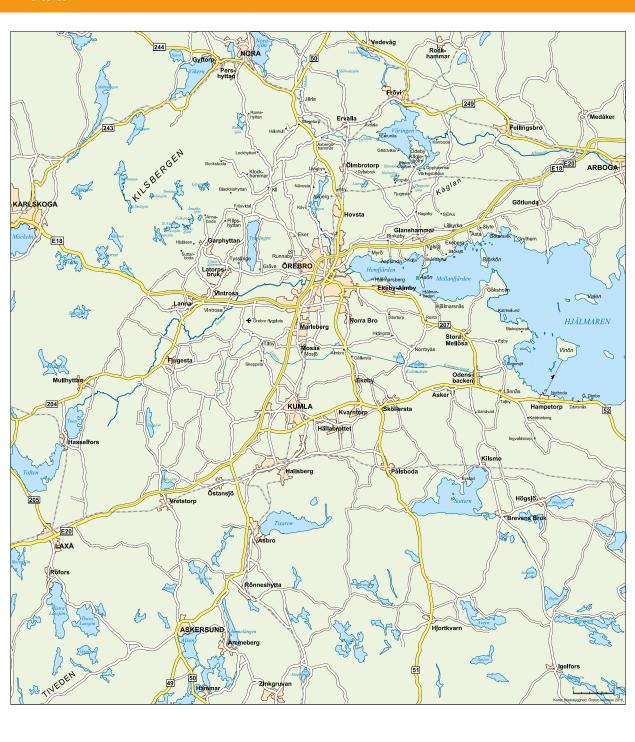
Since the opening in 1998, "Konst på hög" has attracted considerable media attention, including the Hollywood-inspired artwork "JOHANSSON" by Peter Johansson, You can reach the exhibition by car, but why not combine culture with exercise? One of the artworks is a 200 m wooden staircase with 427 steps. Take on the challenge "Beat the staircase", which involves climbing the steps 10 times in 5 hours. Learn more at www.besegratrappan.se. During winter, you'll find a ski slope here and wonderful ski trails in the open-air recreation





Kvarntorp, Kumla Information/guidad visning +46 19 58 80 00 visitkumla.se/konstpåhög

# **MAP**



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