

Sprint Distance

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Roll Call

Bulgaria

Canada

Chinese Taipei

Czech Republic

Estonia

Finland

Germany

Italy

Norway

Romania

Russian Federation

Sweden

Switzerland

Ukraine

United States



Sponsors

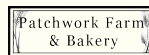
Gold



Silver



Bronze



Organizers

Event Director: Adrian Owens

Technical Director: Ed Despard

National Controller: Ken Walker, Sr. (USA)

IOF Event Advisor: Staffan Tunis (FIN)

IOF Senior Event Advisor: Antti Mylärinen (FIN)

Course Setters: Alex Jospe and Andy Hall

Timing: Bullitt Timing (www.BullittTiming.com)



Jury

- Carl Fey (USA)
- Mika Tervala (FIN)
- Richard Klech (CZE)

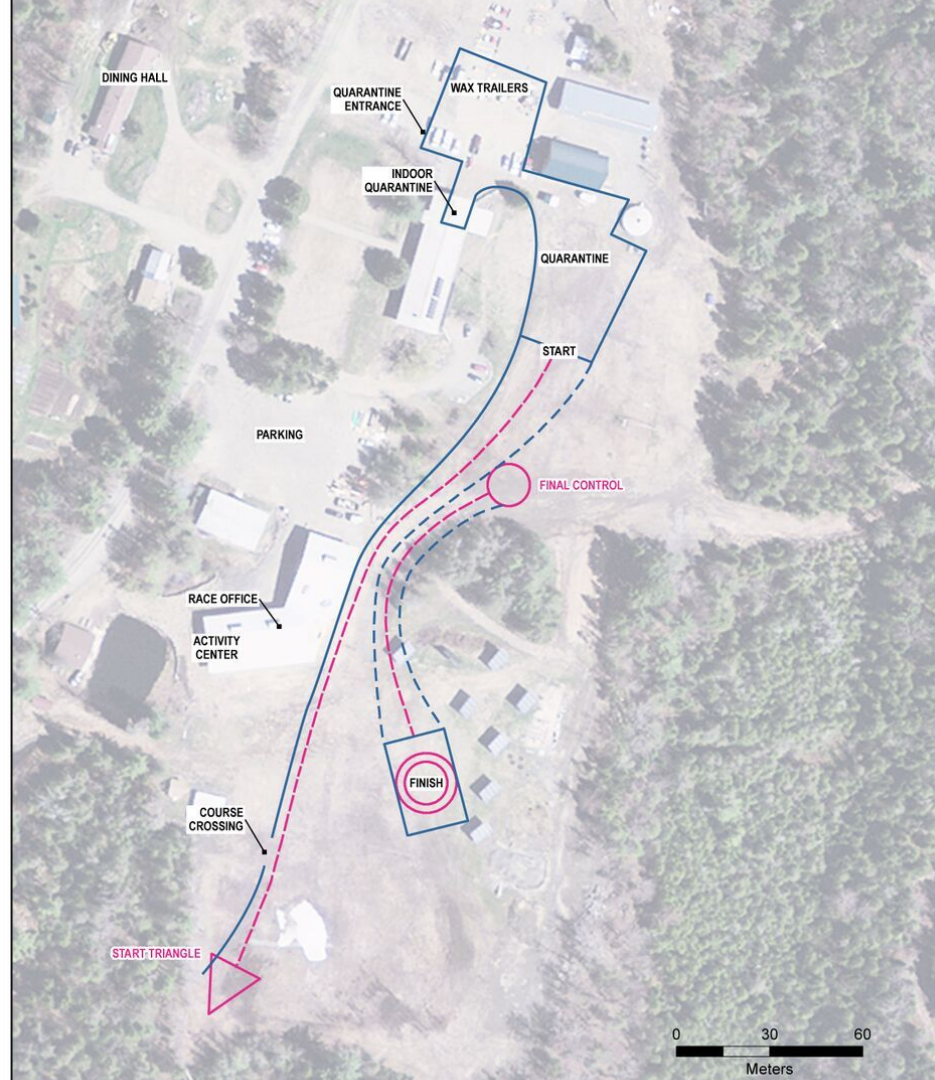


Detailed Schedule - Tuesday

- Race Office hours: 8:00 -17:00
- **9:00 am Quarantine Area open for warming up**
 - Clothing drop available in quarantine
- 10:00 Quarantine area closes, no entry allowed after 10:00
- 10:40 Last Sprint Start; quarantine ends
- 11:15 Flower Ceremony for men and women
- 15:00 Deadline for Middle Distance Name Entry and Start group designations
- 19:00 Team Leaders' Meeting at COC- Sterling College



Arena Map

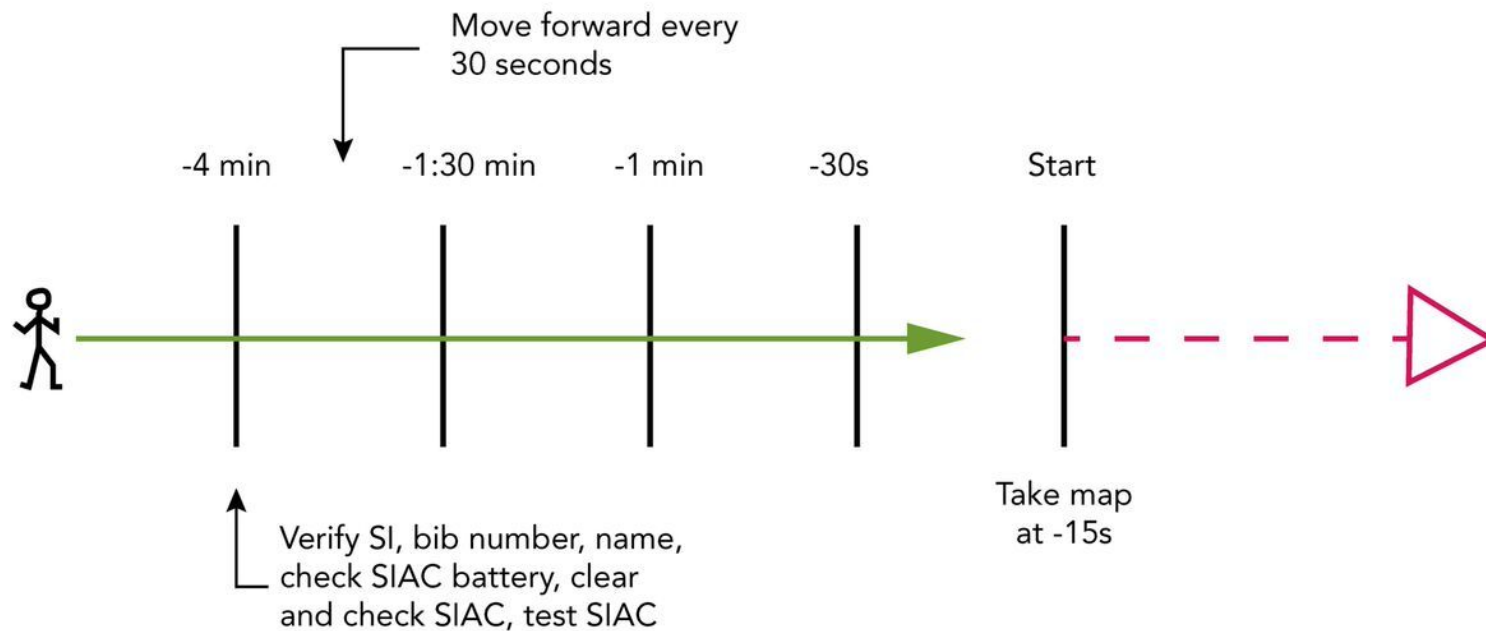


Timing Notes

- A wand start gate is used at the start. No punching is required.
- Start is allowed from -5 sec to 0 sec.
- No punch is needed at the finish.
- After download, a volunteer will provide the "off" box
- Give up your map before exiting finish corral



Start Map - Tuesday



Weather Forecast

Tonight (Mon. March 5 - Tues. March 6)

- Cloudy, then gradually becoming partly cloudy, with a low around 22°F (-6°C). North wind 6 to 9 mph (10 to 14 km/h).

Tuesday (March 6)

- Sunny, with a high near 38°F (3°C). Northeast wind 3 to 6 mph (5 to 10 km/h).

Source: weather.gov (US National Weather Service)



Weather (continued)

Tuesday Night: Mostly cloudy, with a low around 24 (-5°C). East wind around 6 mph (10 km/h).

Wednesday: A 40 percent chance of snow after noon. Cloudy, with a high near 33 (1°C). East wind 5 to 8 mph (8 to 13 km/h). New snow accumulation of less than a half inch (1 cm) possible later in the day.

Wed. Night through Thursday: Snow, 5 to 8 inches (12 to 20 cm) expected. Temperature dropping to about 27°F (-3°C) early Thursday then holding steady (-4°C to -2°C) through early Friday. Wind 8 mph (13 km/h).



Cautions

- Wide trails are open to recreational skiers, and they may be surprised by skiers emerging from new and different directions. Yell “Hello” if you need you need to warn someone
- Racers should keep their eyes alert to avoid collisions
- We have warned recreational users to stay off narrow trails, but other users and two way traffic of racers are possible.
- Ski in control!
- There is steep terrain, sharp corners , icy trails and soft spots, and trees with sharp branches. On the tracks stumps, down logs, rocks, briars and twigs coming up through the snow in places. A couple leaning trees to duck under.



Cautions -continued

- If you need to report an injury, look for a volunteer along the course, or come to the finish.
- There are some signs in terrain about steep downhills



Course notes

- Wide solid green trails are groomed daily by large machines
- Dashed green tracks are from 1-1.2 meters wide
 - All dashed trails have been groomed today
- Dotted trails are generally thin cover, sometimes gray ice exposed ground and logs, sometimes lots of tree droppings on the trail
- This is a multi-use area, and there are a lot of snowshoe and mountain bike trails. These are not on the map, and we have tried to block them in terrain at the intersections.
- There are some manmade objects in the terrain; these are not on the map



Course Notes -cont'd

- All forest areas are mapped as white. No forest vegetation density is mapped. Most of the forest has fallen trees that make short-cuts difficult.
- The small dashed blue marsh/swamp symbol is often associated with impassable terrain if in the forest.
- Open Areas are mapped as yellow.



Course Notes -cont'd



Course notes

Track dotted: 5% Track dashed: 39%

Track 1.5-3.0m: 1% Track >3.0m: 56%

Total track network: 32km

| Course | Distance | Skiable distance | Controls | Climb |
|--------|----------|------------------|----------|-------|
| M21 | 3.5km | 4.4km | 11 | 150m |
| W21 | 2.9km | 3.7km | 9 | 130m |



Other notes

- If doping control happens,
 - Athletes will be notified at the finish line
 - They will be accompanied by a chaperone to a location in easy walking distance
 - They can pick up their warm up clothes, and picture ID while accompanied by the chaperone



World Cup Social Activities

- Social mingling
 - Wednesday, 5-7pm
 - Highland lodge
 - All are welcome, bar is open
- Saturday banquet \$20 tickets must be purchased
 - Highland Lodge
 - 5pm bar opens



Logo ski hats



- Locally made hats by Skida
 - Custom World Cup and World Masters logo
 - \$36

