



EVENT INFORMATION

Fin5 Orienteering Week Seinäjoki-Lapua 15.-20.7.2018

Competition program

Sunday 15.7.2018 Virpimäki

- 1. day. Middle distance. First start at 2 PM.

Monday 16.7.2018 Virpimäki

- 2. day. Long distance (short long distance). First start at 11 AM
- Prizegiving ceremony: Days 1 and 2 at Lapua Central Sport Field at 6 PM.

Tuesday 17.7.2018 Törnävä, Seinäjoki

- Rest day of Fin5
- Open courses, sprint (iltarastit) at 5.30-7.30 PM

Wednesday 18.7.2018 Virpimäki

- 3. day. Middle distance. First start at 2 PM.

Thursday 19.7.2018 Lakeudenpuisto, Seinäjoki

- 4. day. Sprint. First start at 2 PM.
- Prizegiving ceremony: Days 3 and 4 Seinäjoki Market Square at 6 PM.

Friday 20.7.2018 Virpimäki

- 5. day. Long distance. (short long distance). First start at 9 AM.
- Prizegiving ceremony: At the competition centre after results are ready.

Competition rules

The competition will be governed by the rules of the International Orienteering Federation (IOF), Finnish Orienteering Association (SSL) and instructions given by organizer.

Competition organizer

Club union Lapuan Virkiä and Rasti-Jussit.

Terrains

All four terrain orienteering competitions will be arranged from one competition centre in Virpimäki area, located in border of Seinäjoki and Lapua nearby highway 19. Sprint competition will be arranged in Lakeuden puisto park next to Seinäjoki downtown. Rest day open courses (iltarastit) will be arranged as sprint orienteering in Törnävä in Seinäjoki.

Terrain in Virpimäki is mainly open rocky terrain with good runability and technically demanding orienteering. Virpimäki maps are made by Timo Joensuu and Seinäjoki sprint map made by Kimmo Viertola.

Embargoed areas

Organizer will set a full embargo on the competition areas prior to the competition. Detailed information can be found at the Finnish Orienteering Association map register.

Registration and entry fees

- Using of IRMA registration system.
- Participants from abroad can register via website <http://www.virkia.org/fin5/index.html>

Entry fee payments shall be made primarily via the IRMA registration system. When registering by website payment shall be made according to order confirmation. Bank account: IBAN: FI20 4747 0010 0763 05 and BIC: POPFFI22. The participant shall pay all bank transfer fees.

Registration fees are determined according to payment date as follows:

By 31st of December 2017

H/D 16E-21E	110 €/week or 25 €/day
H/D 18-80, H85-95	100 €/week or 23 €/day
H/D 12-16	55 €/week or 13 €/day
H/D 8RR – 12TR	35 €/week or 10 €/day
Open courses 14 years and over	55 €/week
Open courses under 14 years and family-RR	35 €/week

By 31st of March 2018

H/D 16E-21E	120 €/week or 27 €/day
H/D 18-80, H85-95	110 €/week or 24 €/day
H/D 12-16	60 €/week or 14 €/day
H/D 8RR -12TR	40 €/week or 11 €/day
Open courses 14 years and over	59 €/week
Open courses under 14 years and family-RR	35 €/week

By 18th of June 2018

H/D 16E-21E	140 €/week or 31 €/day
H/D 18-80, H85-95	130 €/week or 28 €/day
H/D 12-16	70 €/week or 16 €/day
H/D 8RR -12TR	45 €/week or 12 €/day

Open courses 14 years and over	59 €/week
Open courses under 14 years and family-RR	35 €/week

Late registration, by 30th of June 2018

H/D 16E-21E	170 €/week or 42 €/day
H/D 18-80, H85-95	150 €/week or 38 €/day
H/D 12-16	75 €/week or 18 €/day
H/D 8RR -12TR	50 €/week or 13 €/day

The on-site registration

Open courses 14 years and over	65 €/week or 15 €/day
Open courses under 14 years and family-RR	40 €/week or 10 €/day
Rastiralli	20 €/week or 5 €/day
Rest day open courses (sprint) in Törnävä	10 € (shall be paid on-site)

Cancelling registrations and changing categories

If you cancel your participation before 31st of May 2018, organizer will refund your participation fee. Organizer charge an administrative fee of 5 € per competition day for cancellations. If the participation fee is less than 30 €, organizer charge only one-day administration fee 5 €.

If you cancel your participation after 31st of May 2018, organizer will refund 50 % of your participation fee upon presenting an official doctor's certificate or equivalent document.

You can change your category free of charge before 31st of May 2018. After that organizer will charge an administrative fee of 5 € for category changes.

For all questions related to registration, participation fees or category changes, please check competition web page / for instructions.

Emit punching system

The Emit punching system will be used in all categories. Provide the number of your own Emit card in connection of your registration. Otherwise, the organizer will issue you with a rental card for 15 €/week or 5 €/day.

You can rent Emit cards from the information points for 15 €/week or 5 €/day. The organizer charges 85 € for unreturned Emit cards.

You can change your Emit card (number) free of charge until 1st of July 2018. After this the organizer will charge a 3 € administrative fee for changing the number.

GPS tracking

All participants in classes H/D16-21E must be prepared to use GPS devices.

Classes and course lengths

Middle and sprint course lengths are based on the instructions of the Finnish Orienteering Association. Long distance competitions are short long distance competitions.

Male classes:

H21E, H21A, H21AL, H35A, H35AL, H40A, H40AL, H45A, H45AL, H50A, H50AL, H55A, H55AL, H60A, H60AL, H65A, H65AL, H70A, H70AL, H75, H80, H85, H90, H20E, H20A, H18E, H18A, H16E, H16A, H14A, H13A, H13-14B, H12TR, H12, H10RR, H9RR ja H8RR

Female classes:

D21E, D21A, D21AL, D35A, D35AL, D40A, D40AL, D45A, D45AL, D50A, D50AL, D55A, D55AL, D60A, D60AL, D65, D70, D75, D80, D85, D20E, D20A, D18E, D18A, D16E, D16A, D14A, D13A, D13-14B, D12TR, D12, D10RR, D9RR ja D8RR.

The classes H21AL-H70AL and D21AL-D60AL have a free starting time. That means that the competitors can choose their starting times within a time frame set by the organizers. This makes it possible to be with your children and take them to their start, for example.

The overall competition

The entire overall competition of the Fin5 orienteering week is determined according to points earned from each competition and the four best competitions will be taken into account. From the four first competitions three best results are counted and last competition is obligatory for everyone to get overall competition result. The winner of each daily competition receives 1000 points. The points for the others will be counted according to the equation "1000 x the winner's result / own result".

In the classes H/D16- H90/D85 (not AL classes) there is an obligatory pursuit competition on the last day. Three best results from the four first days will be counted together and the differences in points are changed to the time differences for the start list of the pursuit competition. Overall competition results in pursuit classes are based on the order in which the competitors cross the finish line in the pursuit competition.

If you do not start on one day or get disqualified or do not finish the race on one day, you receive 0 points for that day. This does not exclude you from participating on the overall competition.

Competition centres

All four terrain orienteering competitions will be arranged from one competition centre in Virpimäki area, located in border of Seinäjoki and Lapua nearby highway 19. Sprint competition will be arranged in Lakeuden puisto park next to Seinäjoki downtown. Rest day open courses (iltarastit) will be arranged as sprint orienteering in Törnävä in Seinäjoki.

Competition village and accommodation

The competition village and accommodation centre are located at Lapua school centre. There is swimming hall, Lido, sport hall and sports field close to competition village. In accommodation centre there are places for caravans, campers and tents. Also school accommodation is available in accommodation centre

More information about all accommodation at our website 2018.fin5.fi.

Day care (Muksula)

The competition centres offer a "Muksula" child care facility that provides professional child care services for children. If you sign up in advance, the fee per day is 10 €, including a juice and fruit snack. Please, register by 1st of July 2018 by using the form found from 2018.fin5.fi. When registering, please fill the form with the child's name, age, days of participation, possible allergies, and name and telephone number of the guardian. The on-site registration with a fee of 14 € per day is possible in case of available places.

Training opportunities

There are training opportunities available. More detailed information on the competition website.

Signposting

Signposts to Virpimäki competition centre (days 1-3&5) are placed by highway number 19, about 12 km to Lapua direction from Seinäjoki. The address of competition centre is Uitonloukontie.

Signpost to Sprint and Rest day open course competitions are placed by road number 67 and Vaasantie intersection.

Competition maps

Competition maps (Days 1, 2, 3, and 5) are Offset printed in June 2018. The scale of the maps is 1:7 500, 1:10 000 with a contour interval of 2,5 m. The size of the map is either A4 or A3. The maps will be inside a plastic cover. Classes H/D45- and older use map in scale 1:7500. Further information in the competition instructions.

The scale of the sprint map (Day 4) is 1:4 000 with a contour interval of 2 m, and Offset printed.

Starts

The starts are located max 2 km from the competition centres. The exact distances to the starts will be given on the competition instructions. In the first competition on July 15 the first starts happen at 2 PM.

Selection for H/D21E classes

The Organizers have the rights to limit the number of competitors in classes H21E and D21E. Those not qualified for H/D21E will be transferred to H/D21A. The choice is made based on the IOF World Ranking, or the Finnish online ranking as of 1 June 2018, if there are no points at the IOF World Ranking.

Open courses

There is a daily choice of seven different open courses and PerheRR (Family RR, guiding strip marked to the map and terrain) and Rastiralli courses.

Open A long, Open A short, Open B long, Open B short, C ultra (trail running), Open C long, Open C short, Perhe RR ja Rastiralli

It is recommended to make registration in advance, but it can also be done at the competition centre's information points. Sign up for whole week in advance before 1st of July 2018 using a registration form at 2018.fin5.fi or via IRMA. Entry fee for Family RR is same as for children under 14 years.

Rastiralli

Rastiralli is a functional orienteering course meant for children (under 8 years). The length of the daily different route is approximately 0,5 km. Registration in the Muksula (Day care). Every participant is awarded with a small prize.

Prizes

There will be training scholarship prizes for overall winners in the categories H/D21E as follows:

1. 2000 €
2. 1300 €
3. 700 €
4. 500 €
5. 300 €
6. 200 €

At the Fin5 Orienteering Week, prizes in the form of goods are given in all competitive classes based on the overall results of the week. Additionally, the winners of the first four stages will be rewarded. The amount of the prizes in each class and places for prize giving will be informed on the competition instructions. Among the open classes participants, the daily prize winners are determined through a draw.

Parking and transportation

Parking areas are located 0,1 – 2,0 km from Virpimäki competition centre. You have to follow signposts to the parking areas.

Parking fees for cars and campers are 35 €/week or 10 €/day. Parking tickets are sold at the information points of the competition centres. It is also possible to order parking ticket in advance via website <http://www.virkia.org/fin5/>. The parking fees are controlled when exiting the parking area. It is forbidden to stay overnight in the parking areas. Parking is only permitted in the parking areas indicated by the organizer. Parking for families with small children is attempted to situate nearby the competition centre.

Parking areas for Sprint competition are at parking places of Seinäjoki-Areena, ice hall, swimming and sport hall. Parking area for Rest day open courses is at Törnävä sand field.

Bus transportation is arranged between competition village and competition centres. Signing up on the competition website <http://virkia.org/fin5/>. The ticket prices are 20€/week or 5€/day. Children under 5 years for free.

Tickets for buses are sold at the information points in the competition centres and the starting places of the buses, if there is space left (those who have bought their tickets in advance are a priority). The prices are 10 €/day or 6€/direction. More information will be published on our website 2018.fin5.fi.

The officials

President of organizing committee:

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Chiefs of competition:

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Information coordinator:

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Juha Nivukoski

(sprint) Jussi Pasanen

Technical advisor: Tapani Koskela, SSL (TA)

Course controllers:

Courses for adults: Arto Puro-Aho Ylistaron Kilpa-Veljet.

Courses for children: Tapio Karppi Laihian Luja.

Sprint: Jarmo Puttonen Vaajakosken Terä

Competition office

Email: fin5.2018@gmail.com

Welcome!



Lapuan Virkiä



Rasti-Jussit