XXI World University Championship **ORIENTEERING** Kuortane • FINLAND





ORIENTEERING 2018

Kuortane Finland FISU World University Championship



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Suomen Suunnistusliitto





December 2017

FOREWORD The very first World University Orienteering Championship was organized in 1978 in Jyväskylä, Finland. 129 athletes from 17 countries took part in the competitions. The host country was not too polite to its guests, however, as Finnish athletes won gold medals in the individual competitions of both men and women along with the relays.

> Liisa Peltola (formerly known as Veijalainen) was crowned as the first World University Champion in the women's category. She was already a merited world-class athlete who had won gold medal in the 1976 IOF World Championships. Since then, the WUC Orienteering has established its place as an important event, where the future stars challenge some of the world's best athletes.

> In 40 years the World University Orienteering Championship has grown remarkably and doubled the number of participants and participating countries. It is truly one of the jewels in the FISU championships' programme. In FISU Gala 2017, the WUC Orienteering in Miskolc, Hungary, was awarded as "The Best World University Championship in 2016". At the same occasion, IOF was nominated as "The Best International Sport Federation".

All the above-mentioned is putting us, the organizers of the 21st WUC Orienteering, to a real test. The preparations for the championships have progressed smoothly, though, and after the FISU inspection visits we are even more convinced of being on the right track. Kuortane Sports Institute has already hosted two FISU championships – floorball 2008 and wrestling 2012 – and showed its quality as an organizer providing the participants with all the services needed. There's a lot of work still to be done, but in July 2018 everything will be ready for the games to begin. We are happy and excited to welcome you all to the Kuortane Athletes' Village, the home of the World University Orienteering Championships 2018!

Jukka Tirri

Vice-chair of the Organizing Committee Leader of the Finnish team in WUC Orienteering 2012-2016 University sport manager, Finnish Olympic Committee



KUORTANE, LAPUA AND SEINÄJOKI

The Organizing Committee warmly welcomes you to the 21^{st} World University Orienteering Championship 2018 which will be held on $17^{th} - 21^{st}$ of July 2018 in Kuortane, Lapua and Seinäjoki in Western Regions of Finland.

The Championship Event Center/Athletes' Village will be located at Kuortane Sport Resort/ Olympic Training Center, the same venue, where the 3rd World University Floorball Championship and the 10th World University Wrestling Championship were successfully arranged in 2008 and 2012.

Kuortane is a small, lively municipality in Southern Ostrobothnia with an area of 485 km2 and a population of about 4.000. Kuortane is set in a peaceful countryside environment on an idyllic lakeside. Kuortane is proven to be one of the safest surroundings in Finland (survey in 2015). The village is best known for the Sports Resort and the Sports High School.

Lapua is a vibrant town with its 14,800 inhabitants in South Ostrobothnia. Lapua has a rich cultural life and there are a wide range of leisure facilities to choose from. Thanks to the cultivated wide plains, rivers and Simpsiö hill, Lapua also provides a wide variety of landscapes to enjoy the serenity of nature.

Seinäjoki is the centre of South Ostrobothnia and one of the fastest growing urban areas in Finland. Seinäjoki 's population is 61,500. Formed by nine municipalities, the urban area of Seinäjoki has a population of 150,000.

Seinäjoki offers high-quality education from comprehensive school to university level as well as good employment opportunities and, as Finland's sixth largest market area, very competitive and attractive commercial services.

Seinäjoki is well known for its unique administrative and cultural centre, The Aalto Centre, designed by the architect and academic Alvar Aalto, as well as for its summer events e.g. Provinssirock, Solar Sound, Tangomarkkinat, and Vauhtiajot.

- **ORGANIZERS** On behalf of the International University Sports Federation (FISU), the World University Orienteering Championship 2018 will be organized by
 - Kuortane Sports Resort/Olympic Training Center
 - Finnish Olympic Committee
 - Finnish Orienteering Federation

in co-operation with

- Finnish Student Sports Federation
- Municipality of Kuortane
- City of Lapua
- City of Seinäjoki and
- local orienteering clubs



SCHEDULE

July 2018	Programme	
Saturday 14 th	Arrivals and accreditation	
Sunday 15 th	Arrivals and accreditation, training (optional, self-service)	
Monday 16 th	Model event (forest), 1 st General Technical Meeting, WUOC	
	Opening Ceremony	
Tuesday 17 th	WUOC Sprint Relay	
Wednesday 18 th	WUOC Middle Distance	
Thursday 19 th	WUOC Sprint	
Friday 20 th	WUOC Long Distance	
Saturday 21 st	WUOC Relay, Closing Ceremony, Banquet, Departures	
Sunday 22 nd	Departures	

COMPETITION RULES

The FISU Regulations for World University Championships and the Competition Rules for the IOF Foot Orienteering events (valid from 1st of January 2018) will be followed in the event.

PARTICIPANTS Only the competitors, who satisfy the following conditions may take part in a FISU World University Championships in 2018:

- must be a national of the country they represent;

- must be at least 17 and less than 25 years of age on January 1st in the year of the event; for 2018, athletes must be born between the 01/01/1993 and the 31/12/2000

- have to be students who are currently officially registered as proceeding towards a degree or diploma at a university or similar institute whose status is recognised by the appropriate national academic authority of their country;

- have to be former students of the institutions mentioned above, who have obtained their academic degree or diploma in the year preceding the event

Each country may enter a maximum of seventeen (17) persons of which twelve (12) competitors with maximum of six (6) males and six (6) females and five (5) officials.

Long distance	four (4) males and four (4) females	
Middle distance	four (4) males and four (4) females	
Sprint distance	four (4) males and four (4) females	
Relay	two (2) male teams of three (3) persons and two (2) female teams of three (3) persons	
Mixed Relay	one (1) team of two (2) female runners and two (2) male runners	

Each country may enter in:

REGISTRATION AND FEES

Deadlines for Entries

General Entries	By 17 th January 2018
Quantitative Entries	
25 % deposit of participation fees	By 17 th of April 2018
Individual Entries	
Travel schedules of the delegations	
Media Individual Entries	By 17 th of June 2018
Balance of participation fees	Upon arrival/by invoice
Final confirmation of competitors	At 1 st General Technical Meeting

All the general, quantitative and individual entries as well as travel schedules for each person should be filled in online, using FISU's new online accreditation system at: https://accreditation.fisu.net/Pages/Home.aspx.

FISU has provided all National University Sports Federations the passwords for the system.

The Organizing Committee would like to emphasize already at this early stage the great importance of following the deadlines for the entries. Entries arriving after the expiration of the required deadlines will not be taken into consideration

FISU Registration Fees

- FISU shall receive from each competing country the following FISU registration fees:
- member-associations of FISU: 20 €uros per participant
- non-member associations: 40 €uros per participant

These fees will be invoiced to the participating delegations by FISU.

Participation Fees to the Organizing Committee (full board and event services):

- a participation fee of 70 €uros per person per night
- extra officials will pay a participation fee of 140 €uros per person per night

The Organizing Committee will provide you with invoices by request for the payment of the participation fees or the fees may be paid to the following bank account:

Kuortane Sports Institute SWIFT: NDEAFIHH IBAN: FI951192300000901 Ref. 81708

VISA REQUIREMENTS AND TRAVEL DOCUMETS ACCEPTED BY FINLAND

The Schengen states have jointly agreed which countries' citizens are required to present a visa. Each Schengen state decides which passports and travel documents it accepts from different countries' citizens.

Even if you did not need a visa to visit Finland, you need a valid passport or some other travel document accepted by Finland. It must be valid for at least ninety days after your intended date of departure from the Schengen area.

In addition, the passport or other travel document must have been issued no later than ten years ago.

In case you do not need a visa, you can stay in Finland or in the territory of other Schengen state for ninety days in any 180-day period.

For more information on visa requirements and travel documents accepted by Finland please visit: <u>http://formin.finland.fi/public/default.aspx?nodeid=15720</u>

Visas have to be applied for at your nearest Finnish Embassy. For a list of Finland's missions abroad, please visit: http://formin.finland.fi/public/default.aspx?nodeid=17195&contentlan=2&culture=en-US

Please remember to start your visa application procedure in time!

EVENTS CENTER/ATHLETES' VILLAGE (please visit http://www.kuortane.com/en/)

The Event Center/Athletes' Village of the Championship is located at Kuortane Sport Resort's campus area. The campus offers high standard accommodation, catering services, meeting rooms and sports facilities for all participants.

All the team officials' meetings will be held at the Event Center.

The Athletes' Village will be open from Saturday 14th till Sunday 22nd of July 2018.

For teams interested in arriving in Kuortane earlier, the Sports Resort is happy to make a precamp offer. Please contact Ms Riina Pakkala, e-mail: <u>riina.pakkala@kuortane.com</u>.



Accommodation Kuortane Sports Resort offers more than 500 beds in dormitories and in hotel, which all are located within walking distance from the other Sport Resort's services and facilities.

All participants will be accommodated mainly in double rooms or in twin double rooms.



Catering All restaurants and cafés of the Sports Resort will serve the Championships. During the Championship week the Buffet Restaurant offers daily breakfast, lunch and dinner for all participants, officials and guests.

On some days due to the tight time schedule, lunch will be served at the finish areas of the races.

ACCREDITATION The accreditation office will be at Kuortane Sports Resort. All participants must obtain accreditation from International Control Commission of FISU and from the Local Organizing Committee (LOC).

TRANSPORTATION

A bus/car transport for arriving and departing participants will be arranged from/to **Vaasa airport** (VAA, 110 km) or **Seinäjoki train station** (40 km) to/from Kuortane according to their arrival and departure schedules received by 17th of June 2018.

Transfers/transportation from Helsinki (appr. 360 km/5 hours by bus) and Tampere (appr. 170 km/2 hours by bus) can be organized by the LOC against separate fee.

More information on trains from Helsinki/Tampere to Seinäjoki can be found at: <u>https://www.vr.fi/cs/vr/en/frontpage</u>. There are daily many train connections from Helsinki airport to Seinäjoki.

LOCAL WEATHER CONDITIONS

July	Average	Maximum	Minimum
Temperature	17,2 C	23,6 C	6,4 C
Precipitation	75 mm	yearly average 515	
Sunshine	270 hrs	yearly average 1700 hrs	

INFORMATION AND MEDIA

The official website for WUC Orienteering 2018 is online at **www.wuoc2018.com**. On Facebook you can find us by name: WUC Orienteering 2018. The contents of the pages are updated continuously.

There will be a media center in Kuortane, with facilities for interviews and daily media briefings for local and international media. Media representatives and any other official representatives are requested to register by contacting the LOC.

MEDICAL Doping controls will be organized during the championship by the Finnish Antidoping Agency in accordance with the FISU and the IOF guidelines.

EMBARGOED AREAS

With reference to the Competition Rules for IOF Foot Orienteering Events, the listed areas are out of bounds for all potential WUOC 2018 team members (competitors, team leaders, coaches, doctors, escorts, etc.) and other persons who, through their knowledge of the terrain or the events, may influence the result of the competitions being held during WUOC 2018.

Spelt out in detail this means:

- no organized orienteering activities may take place in these areas.
- no training sessions, i.e. running/races, testing routes may take place in these areas.

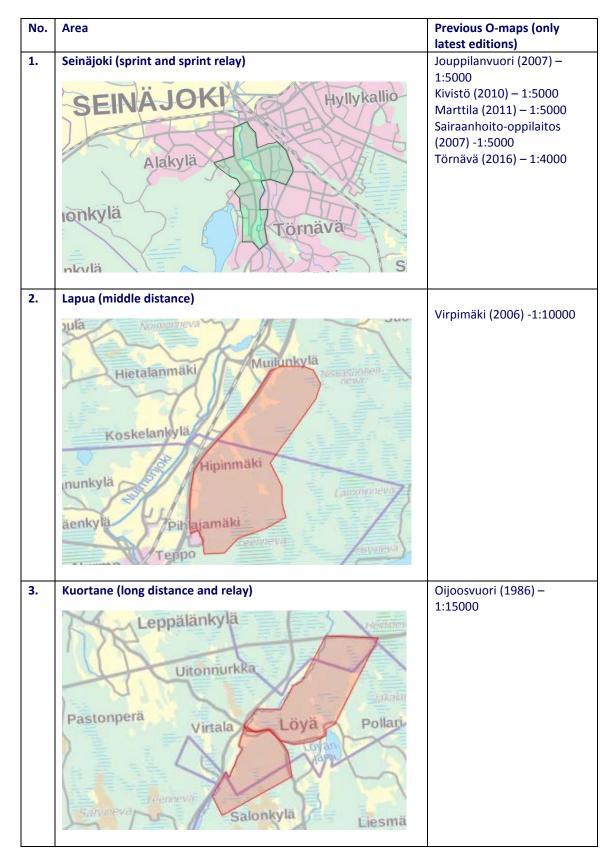
• no-one with potential connection to a team (athletes or others) may visit the embargoed areas.

Offences must be reported to the Competition Manager Jukka-Pekka Sorvisto at the WUOC 2018 Office, e-mail: wuoc2018@kuortane.com.

Copies of the most recent versions of the orienteering maps of the embargoed areas are published on the website of WUOC 2018.

Embargoed areas of WUOC 2018 and previous O-maps:

(bigger maps for embargoed areas and previous maps are available on website at www.wuoc2018.com).



MAP DETAILS

WUOC Competition map	Scale	Contour interval
Sprint Relay	1:4 000	2 m
Middle Distance	1:10 000	2,5 m
Sprint	1:4 000	2 m
Long Distance	1:15 000	2,5 m
Relay	1:10 000	2,5 m

Maps are drawn according to the International Specification for Orienteering Maps (ISOM2017) and the International Specification for Sprint Orienteering Maps (ISSOM2007).

PECULIARITIES The special symbol of ant nest has a country-specific marking in the control descriptions: a brown cross (see below).

The special symbol of the tar-burning pit has a country-specific marking in the control descriptions: a circle (see below).



ant nest







TERRAINS DESCRIPTIONS

WUOC 2018 Sprint Relay		
Land form	Flat area between 80-90 meters asl.	
Vegetation	Parks and urban areas.	
Runnability	Excellent.	
Visibility	Excellent.	
Paths and	Urban area and developed network of paths.	
roads		

WUOC 2018 Middle Distance		
Land form	Located 50-90 meters asl. Mainly quite a flat terrain. Some gentle hills up to 30 meters height.	
Vegetation	Mostly old forest with undergrowth. Just some small green parts. Only a few harvested areas. Some swamps also.	
Runnability	Ranging from very good to good.	
Visibility	Mostly very good.	
Paths and roads	Developed network of paths.	

WUOC 2018 Sprint		
Land form	Flat area between 80-90 meters asl.	
Vegetation	Parks and urban areas.	
Runnability	Excellent	
Visibility	Excellent	
Paths and	Urban area and some developed paths.	
roads		

WUOC 2018 Long Distance and Relay		
Land form	Located 110-165 meters asl. Gentle hills up to 40 meters height. Some point or specific features (tar-burning pits, ant nests). Some areas with many stones.	
Vegetation	Mostly pine and fir forest. Undergrowth in many places. Some green areas and swamps.	
Runnability	Ranging from good to difficult.	
Visibility	Ranging from very good to limited.	
Paths and roads	Developed network of some paths and forest roads.	

PUNCHING AND TIME-KEEPING SYSTEM

Emit punching will be used on all events. There will be emiTag on sprint relay. All chips and ecards are provided by WUOC2018 organization.

CLOTHING There are no regulations applying to runners concerning the type of clothing they choose to wear but organizers recommend using long trousers for the forest events.

It is forbidden to use shoes with spikes in the Sprint and Sprint Mixed Relay competitions.

TRAINING OPPORTUNITIES AND TRAINING MAPS

For all training, a permission has to be obtained from the authorities. Organizing a training without this permission is not allowed. All contact with authorities must be made through Mr Ville Sivén at least 3 weeks before the planned trainings. E-mail: wuoc2018@kuortane.com.

Maps can be purchased laser-printed.

The following areas have been designated as official training areas for teams participating in WUOC 2018. The maps are surveyed and partially drawn between 2016 and 2017.

No.	Area/Relevant	Previous O-map (latest edition)
1.	Rumavuori (middle / long / relay)	2017
2.	Simpsiö (middle)	2017

In all the training forests, number of areas have been designated as out of bounds. It is very important that these areas are respected and kept clear of all training. The areas are marked on the maps.

All controls set out in the training areas must be labelled with the name of the group and the dates when the controls are put out and will be removed.

Prices:

Laser printed maps with controls, per copy

5,00 EUR

All enquiries about training opportunities should be addressed to: Mr Ville Sivén - e-mail: wuoc2018@kuortane.com

Please also have an eye on the website wuoc2018.com for updated information about the training arrangements, facilities and maps.

Recommended O-events for WUOC2018:

5th May 2018	Lapuan Virkiä
6th May 2018	Lapuan Virkiä
20th May 2018	District Championship Kurikka
11th – 131h July	Merenkurkun Rastipäivät – Kvarkenträffen / Three days mini tour
2018	on Vaasa area
14th July 2018	Relay Cup Kauhava

Overview map:



FIN5 ORIENTEERING WEEK

A five-day public international orienteering event will be organized during the WUOC2018. The same competition areas and maps will be used as for WUOC 2018. The programme of the FIN5 Orienteering Week will enable participants to witness each and every WUOC medal race.

Schedule (subject to change)

Date	Fin5	Arena
Sun 15.7.2018	1 st Competition day (Middle)	Seinäjoki
Mon 16.7.2018	2 nd Competition day (Long) §	Seinäjoki
Tue 17.7.2018	Rest day – Open course orienteering	
Wed 18.7.2018	3 rd Competition day (Middle)	Lapua
Thu 19.7.2018	4 th Competition day (Sprint)	Seinäjoki
Fri 20.7.2018	5 th Competition day (Long)	Lapua

For more information on FIN5 Orienteering Week, please visit: <u>http://2018.fin5.fi/?lang=en</u>

LOC CONTACT Contact information:

Secretary General Ms Maarit Laitinen Kuortane Sports Resort P.O. Box 49 FIN-63101 Kuortane FINLAND Tel. +358-6-516 6268 Fax +358-6-516 6229 E-mail: maarit.laitinen@kuortane.com www.wucoc2018.com

Office E-mail: wuoc2018@kuortane.com

Facebook: WUC Orienteering 2018



Welcome to Finland and WUOC 2018!

AREA MAP OF KUORTANE SPORT RESORT/OLYMPIC TRAINING CENTER

OLYMPIC

TRAINING

(ENTER)

Kuortaneen Urheiluopisto Kuortane Sport Resort

