

Competition instructions

THE COMPETITION AREA IS BUSY OF CYCLISTS AND PEDESTRIANS. YOU MUST NOT CAUSE ANY DANGER TO THEM. TAKE CARE NOT TO CAUSE ANY HARM TO THE RESIDENTS AND THEIR PROPERTIES.

Short summary of the instructions:

- guidance to the quarantine of the qualifications, marked by blue tape, distance 800 m
- quarantine of the qualifications closes to all classes at 9.30
- Number bibs are at the quarantine, take your own safety pins
- Toilets at the competition center and at the quarantine
- Emit control tickets available at the quarantine
- Control descriptions available at the start, not printed to the map

RULES

The rules of IOF and FOF, specific rules for Finnish Championships 2017, WRE –rules and orders of the organisers are followed in the competition.

COMPETITION CENTER

Kannelmäen liikuntapuisto, adress Soittajantie 12. Competition center will be open at 8 o'clock. Competitors are not allowed to the area before 8. Next to competition center there are sport facilities and a skate ramp open to public.

More information about how to get to the parking by own car, public transportation and cycling to the competition center is on the page opastus (**tähän linkki opastussivulle**)

EVENT OFFICE (INFO) is at the competition center. It will be open at 8.00 and closes after the prize giving ceremony. Those who have made their entry via IOF-eventor, can pay the competition fee to INFO. INFO gives the rented emit cards and takes the late changes to the emit numbers.

FIRST AID is located next to finish and is provided by Mehiläinen Oy.

CLUB TENTS are allowed only to the area reserved for club tents. At the tennis court do not use stakes or any tools that may break the surface of the court.

CAFÉ and RESTAURANT are located at the competition center. The menu is available at the competition pages.

SHOWERS, CLOTH CHANGING AND TOILETS

There are no showers at the competition center. The nearest swimming halls are in Myyrmäki and Pirkkola. There is no changing room at the competition center.

There are toilets at the competition center and at the quarantine.

CHILDCARE

At the competition center. Please inform the information secretary sanekari@gmail.com beforehand of infants under 1 year.

MOTION ORIENTEERING

Routes 2, 3 and 5 km. Separate map selling, start and finish located near the competition center. Starting times between 13.30 and 14.30. The finish for the motion orienteering will be closed at 15.00. More information on motion orienteering pages ([LINKKI](#))

TERRAIN

The competition terrain is typical suburban terrain from 70's with the hint of Venice. The river Mätäjoki through the competition area can only be crossed via bridges.

SHOES

70% of the terrain is asphalt and 30% gravel or grass. Spikes or studs are not allowed.

MAP

Printed sprint map 9/2017, scale 1: 4000, contour interval 2 m. There is no previous map of the terrain.

Later use of the map is not allowed without the permission of the lot holders

MAP SIZES

Qualification: A4 all classes

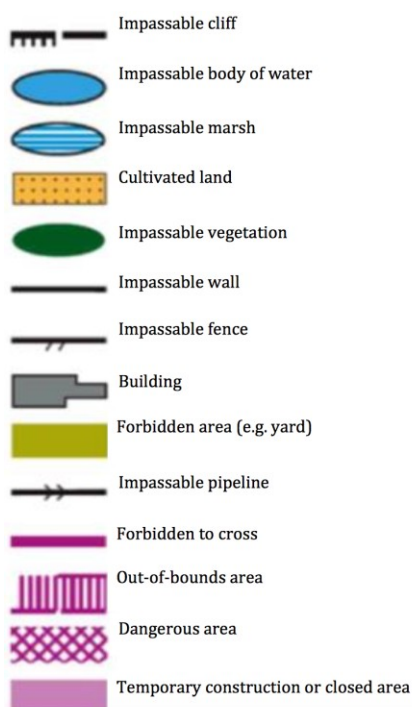
A-final: A3 classes H/D14A-21A, H35A and H40A, other classes A4

B-final: A3 classes H18B-H21B, other classes A4

Map is in the plastic cover. Every competitor takes the map at the starting point. There will be no competition map available at the start.

The qualification maps are collected to plastic bags for every club after the finish line. Maps will be returned at 3 pm.

List of objects in the competition map that are forbidden to cross:



COMPETITION CARDS

Emit-punch system is used in the competition. Competitors are responsible for having a fully functional Emit-card with the card number submitted during the registration. The competition organizers will not check the card number before the start. Competitor using the Emit-card with wrong card number will be disqualified except classes H/D14

Changes concerning the Emit-numbers shall be sent by Saturday, the 16th September, 2017 to Kari Sane (sanekari@gmail.com) latest 6 pm. After that time a written change of the Emit number and 5 euro fee are made at the INFO by 8.30 am on the competition day. Emit-competition cards can be hired at the INFO for 5 euros/piece. The fee for an unreturned Emit- card is 75 euros.

START LISTS

The start lists of the qualifying in categories H/D21 are formed based on the world ranking for sprint distance on the 8th of September 2017 and online ranking of the FOF for the sprint distance on the 6th September 2017. The start list of the qualifications for the other classes are based on online ranking of the FOF for the sprint distance on the 6th September 2017 in accordance with the rules of FOF.

CONTROL DESCRIPTIONS

Control descriptions are available at the start. The biggest size of the control description is about 6 cm x 18 cm.

NUMBER BIBS AND EMIT CONTROL STRIPS

Number bibs for the qualifying and the A-final can be found at the quarantine. Take your own safety pins!

In the B-final, the competitors are using the same number bibs as in the qualifying heats. A-finalists will get new number bibs.

The control strips of the Emit-card are available at the quarantine in the qualifying and In the A-final. The control strips in the B-final are at the prestart.

MODEL CONTROL

Model control point can be found in the event center at the guide post. At the model control point, there is also a punching unit for testing the Emit-card.

WARMING UP AREA

Near the quarantine area and Vanhaistenpuisto. The map of the area is found on the event pages and also on the way from event center to Vanhaistenpuisto.

ONLINE CONTROL both in qualifications and A-finals

QUARANTINE

There is a quarantine both in qualifications and A-finals. The quarantine zone will be open at 8.30 am and closes 9.30 am. Quarantine for A-finals opens at 1.15 and closes at 1.40 pm. Those who arrive late to quarantine will not be allowed to take part to the competition.

After arriving to the quarantine, competitors are not allowed to contact anyone outside the quarantine by phone or any other instrument. Coaches or other caretakers are not allowed to the quarantine area.

Number bibs and control strips for the Emit-cards are found at the quarantine area. There is limited amount of warm indoor space and shelter at the quarantine. No shoes inside. Take your own drinking water with you. There are 15 toilets at the quarantine.

The organizers will transport the equipment of the competitors from the quarantine to the event center. You are kindly requested to take your own bag with you for your extra clothes, marked with your name and competition number.

At the quarantine there is a prestart, where competitors are allowed to move to the start 20 min before the actual start time.

A competitor can move from the prestart to the start when the number board at the prestart shows his or her starting time. E.g. the number board shows 09.30 when the official competition time is 09.10 and then those who have the starting time 09.30 will move to the start.

START

3 min before start: calling

- picking the control descriptions. The descriptions are by the course not by the class

2 min before the start: clearing the Emit-card

1 min before the start: go to the maps

Start time: Go

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Special instructions for the qualifications

The quarantine opens at 8.30 am and closes 9.30 am. The distance to the quarantine from the event center is about 800 m, blue tape. The distance from the prestart to the start is 1200 m, marked with the blue tape.

Qualification, classes, distance and start

Sarja(t)	Matka (m)	Lähtö		Sarja(t)	Matka (m)	Lähtö
D21K1	2550 m	L1		H21K1	3380 m	L1
D21K2	2810 m	L1		H21K2	3430 m	L1
D21K3	2690 m	L1		H21K3	3310 m	L1
				H21K4	3440 m	L1
				H21K5	3390 m	L1
D14K1	2130 m	L2		H14K	2410 m	L1
D14K2	2090 m	L2		H15K	2500 m	L1
D15K	2160 m	L2		H16K	2680 m	L1
D16K	2190 m	L2		H17K	2790 m	L1
D17K	2470 m	L1		H18K	2840 m	L1
D18K	2580 m	L1		H20K1	3160 m	L1
D20K	2580 m	L1		H20K2	3280 m	L1
D35K	2150 m	L2		H35K	3030 m	L1
D40K1	2200 m	L2		H40K1	2640 m	L1
D40K2	2190 m	L2		H40K2	2570 m	L1
D45K	2060 m	L2		H45K1	2260 m	L2

Special instructions for the B-finals

No quarantine. The distance to the start from the event center 1600 m, marked with the yellow tape.

B-finals: classes, distance, start and first start

Sarja	Matka (m)	Lähtö	Sarjan 1.lähtö		Sarja	Matka (m)	Lähtö	Sarjan 1.lähtö
D21B1	3080 m	L5	13:33		H21B1	3670 m	L5	13:30
D21B2	2900 m	L5	13:33		H21B2	3310 m	L5	13:30
					H21B3	3070 m	L5	14:19
D14B	2700 m	L5	13:27		H14B	2740 m	L5	13:37
D15B	2890 m	L5	13:27		H15B	3040 m	L5	13:40
D16B	2890 m	L5	13:59		H16B	3040 m	L5	14:10
D17B	2900 m	L5	13:28		H17B	3000 m	L5	14:26
D18B	2900 m	L5	13:46		H18B	3000 m	L5	14:40
D20B	2900 m	L5	13:51		H20B	3070 m	L5	13:30
D35B	2720 m	L5	13:32		H35B	3080 m	L5	13:28
D40B	2720 m	L5	14:08		H40B	3030 m	L5	14:11
D45B	2310 m	L5	13:28		H45B	2770 m	L5	13:46
D50B	2310 m	L5	13:50		H50B	2720 m	L5	13:55
D55B	2150 m	L5	13:47		H55B	2700 m	L5	14:05
D60B	1720 m	L5	14:00		H60B	2660 m	L5	13:33
D65B	1720 m	L5	14:10		H65B	2150 m	L5	14:13
D70B	1710 m	L5	14:05		H70B	1720 m	L5	13:30
D75B	1710 m	L5	13:55		H75B	1720 m	L5	14:40
D80B	1710 m	L5	13:45		H80B	1720 m	L5	14:30
D85B	1710 m	L5	13:35		H85B	1720 m	L5	14:20

The starts will be closed in both competitions 5 min after the last start

The finish will be closed 36 min after the last start at the qualifications and 30 min after the last start at the finals.

In case of DNF (dropping out from the race), the competitor must register him/herself at the finish.

RETURNING OF THE MAPS

The maps can be picked up by orienteering club from the collection point at 3 pm hours.

Complaints

Complaints concerning the WRE classes (M21 and W21) will be handled according to the WRE rules and complaints concerning other classes will be handled according to the rules of the Finnish

Orienteering Federation. The complaints must be delivered in written form to the INFO within 30 minutes (15 minutes in WRE classes) after the end of the race.

Prize giving seremony

The prize giving ceremony will commence in two different times. The first period starts at XX.XX and the second at 4.45. The prizes are awarded at the same time in the same age categories of men and women. Before the award ceremony, awarded competitors will be called to gather in a waiting area near the podium. You are kindly requested to follow the announcements.

The first three competitors of each class will be given medals. Plaques will be awarded for those who were on the 4th to 10th place in the classes of Group 1 (R1), and for those who were on the 4th to 6th places in the classes of Group 2 (R2).

No prizes will be awarded in the B-finals.

You are welcome to the biggest sprint orienteering event in Helsinki!

Helsingin Suunnistajat