

# WRE-Sprint



## **O-meeting WRE-Sprint**Saturday 19<sup>th</sup> August 2017

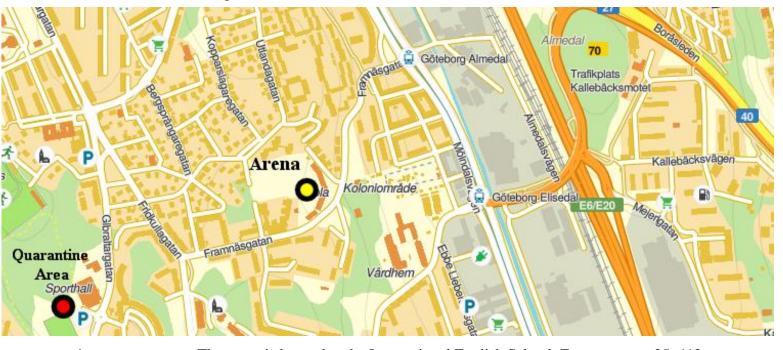


Frölunda OL welcomes you to the O-meeting WRE-Sprint in Gothenburg 19 of August 2017. The competition is held in parallel with the three-day event O-meeting. The WRE-sprint can be included as stage 2 in O-meeting in the M21 or W21 classes. More information on other classes and stages in O-meeting can be found on the O-meeting site: <a href="http://goteborg-o-meeting.se">http://goteborg-o-meeting.se</a>.

#### Quarantine Area



Fysiken, Gibraltargatan 39-41, 412 79 Göteborg, GPS coordinates: 57°40′53.66″N, 11°59′0.19″E. The quarantine opens at 09:00, competitors in WRE-class must check in to the quarantine area before 10:00 and are not allowed to visit the arena before start. When leaving the quarantine area, the runner will follow tape markings directly to start, distance 500 m. WRE-participants can use changing rooms and showers in the quarantine area. There are lockers for storing clothes during the race. **You have to bring your own padlock to be able to use the lockers**. It is possible to get bags transported from the quarantine to the Arena.



Arena



The arena is located at the International English School, Framnäsgatan 25, 412 64 Göteborg, GPS coordinates: 57°41'02.5"N 11°59'34.8"E. The distance between the quarantine area and the arena is 750 m.







There is no dedicated parking arrangement, use public parking lots in the area. There is public parking at the quarantine area, parking fee: 6 SEK/h. There is also a large parking lot south of Liseberg (see map in bulletin 1), parking fee: 20 SEK/h, 80 SEK/12h.

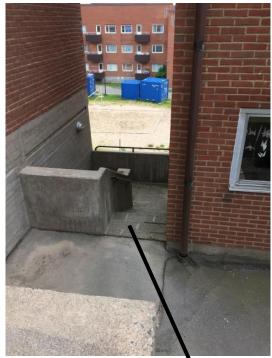


If you travel by public transport, take bus 52 to stop Mossen, it is located right outside the Quarantine area at Fysiken on Mossens idrottsplats. If you are going directly to the arena, you can also take tram 2 or 4 to stop Almedal, 500 meters from the arena.

#### Terrain



The area offers a very varied terrain with a mix of apartment buildings, park areas and a cohesive apartment area with many small irregular passages. Please note that there are staircases on multiple levels. See pictures and map sample below.





Staircase from above

Staircase from below



Enlarged map sample

The larger street, Framnäsgatan, is marked as an out of bounds area and it is not allowed to run on the street except crossing the street where out of bounds is not marked. It is allowed to run on the sidewalks on each side of the street. There are no blue/yellow tapes along the street. See map example to the right.



70-90% of the course will be hard court and 10-30% of the course will be park/easy forest depending on route choices. Shoes with metal spikes/studs are not allowed.

Map

Johanneberg, used at NORT 2011, updated 2017 according to the international specification for Sprint orienteering maps ISSOM 2007.

Equidistance: 2 meters.

Scale: 1:4000.

Map Exchange

The course is printed on two sides of plastic paper and map exchange is done by turning the map to the back-side. There will be spare maps available at the control of map exchange.

**SPORTident** 



The SPORTident punching system will be used. All types of SI cards are permitted: SI-card 5, 6, 8, 9, 10 and 11. Registered runners without a SI-card may hire one for 30 SEK. Hired SI-cards that are lost are charged at 400 SEK.

**Courses** 

Men Elite – Shortest runnable length: 3,7 km. total climb: 60 m, calculated winning time: 15 minutes.

Women Elite - Shortest runnable length: 3,3 km. total climb: 55 m, calculated

winning time: 15 minutes.

Control Descriptions

Total dimension of the separate control descriptions for Women Elit is 130x51 mm and for Men Elite is 150x51 mm. The control descriptions are also printed on the map.

Competition Rules

**IOF** Competition Rules for WRE classes Men Elite and Women Elite. Free clothing, **Shoes with metal spikes/studs are not allowed.** All runners participate at their own risk.

Embargoed Area Passage through the area on public roads is allowed and participants are allowed



to be in the area without an orienteering map. Training with a map and any route choice testing is not allowed any time before the race day. From 08:00 on the competition day, runners are not allowed to be in the embargoed area at all before start.

The embargo extends to anyone who through their knowledge of the terrain or the events could influence the WRE results.

Link to embargoed area.

**Toilets** There are toilets in the quarantine area and at the arena.

**First Aid** At the arena.

**Start** The first start time is 10:00. Distance to start from the quarantine area is

approximately 500 m.

Max time 60 minutes.

**Number bibs** All WRE-runners must wear number bibs during the race. The number bibs are

available near the start (self service).

**Starting lists/** 

Results

By registering for the race you consent to online publication of your

As of August 15 there are 7 competitors registered in Women Elit, and

participation and results. Results and split times are published on the Eventor and WinSplits Online websites straight after the event. Material from the event

will also be available on Livelox.

**Summary of** entries received

6 competitors in Men Elit.

**Complaints** In written to Event Organizer or IOF Event Advisor at the Arena. Complaints

must be handed in as early as possible, and no later than 15 minutes after the

preliminary result list is published at the arena.

**Price ceremony** Prices to top 3 runners. Price giving ceremony will be held at the arena 5

minutes after the final results are announced, preliminary at 11.45. It will be

announced by the speaker at the arena.

### **Event officials**



| <b>Event Organizer</b>           | Peter Hammersberg                                | +46-(0)76 119 1453   |
|----------------------------------|--|--|
| <b>Assisting Event Organizer</b> | Ulf Almehed                                      | +46-(0)73 398 3176   |
| Mapper                           | Maths Carlsson                                   | +46-(0)70 634 2280   |
| Course Planner                   | Anders Lamm                                      | +46-(0)73 437 5868   |
| IOF Event Advisor                | Bo Månsson                                       | +46-(0)70 539 2888   |
| Jury                             | Jozef Pollak<br>Laila Höglund<br>Kenneth Horvath | ATU Kosice, Slovakia<br>FK Herkules, Sweden<br>Halmstad OK, Sweden |
| Event email address              | omeeting@frolundaol.se                           |  |