ASIAN JUNIOR AND YOUTH ORIENTEERING CHAMPIONSHIPS Valid from 1st August 2017

The Asian Junior and Youth Orienteering Championship (in short AsJYOC) is the official event to award the titles of Asian Junior Champion in Orienteering and Asian Youth Champion in Orienteering. The event is organised under the authority of the IOF and the appointed Federation.

The event shall follow the IOF Competition Rules for IOF Foot Orienteering Events unless otherwise stated in these rules.

1. Principles for AsJYOC

The championship shall be organised in accordance with the following principles:

- The best junior and youth orienteers of each Asian Federation shall be offered competitions of the highest technical quality.
- The event shall have a social, rather than a competitive, atmosphere letting young people exchange experience and find new friends.
- The costs of participation shall be kept low.

2. Event programme

The event is organised every second year in the year between the Asian Orienteering Championship. The programme shall include

- a sprint distance final
- a long distance final or a middle distance final
- a relay with 3 legs or a sprint relay with 4 legs

as well as an opening ceremony, a closing ceremony and adequate model events. The programme shall be kept within 4 days. The dates of the AsJYOC shall be co-ordinated with other international junior events.

3. Event application and appointment of organiser

Any Asian Federation that is a member of IOF may apply to organise AsJYOC. Applications shall reach the IOF Secretariat before 1st January two years prior to the year of the event. IOF Council appoints the organiser. An IOF Event Adviser from another Federation shall be appointed by the IOF.

4. Participation and Classes

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the Asian continent, can compete in AsJYOC.

Competitors representing other member Federations of the IOF can participate in AsJYOC but will not be eligible for Asian titles, medals or diplomas.

In the individual competitions a Federation may enter a maximum of 5 competitors in each class. All competitors must have a valid passport of the country they are representing.

The classes for the Asian Junior Orienteering Championships are:

• W20: for female athletes who are no more than 20 years old on 31st December of the year of the competition.

• M20: for athletes who are no more than 20 years old on 31st December of the year of the competition.

The classes for the Asian Youth Orienteering Championships are:

- W16: for female athletes who are no more than 16 years old on 31st December of the year of the competition.
- W18: for female athletes who are no more than 18 years old on 31st December of the year of the competition.
- M16: for athletes who are no more than 16 years old on 31st December of the year of the competition.
- M18: for athletes who are no more than 18 years old on 31st December of the year of the competition.

All entered runners may run in both individual competitions. Women may compete in men's classes.

If the relay has 3 legs, then there shall be relays for W20, M20, W18, M18, W16 and M16.

If the relay is a sprint relay with 4 legs, then there shall be relays for M/W20, M/W18 and M/W16. Each team shall contain at least two women. The first and final legs must be run by women.

If a Federation is unable to make up full relay teams (even with women running in men's classes), it may form incomplete teams or mixed teams with runners from other Federations. Under no circumstances may persons other than entered competitors participate in the competition. Teams with runners from more than one Federation are not placed on the official result list.

5. Starting order, start interval, winning times

The start interval in the Long distance/Middle distance competition is 2 minutes and in the Sprint distance is 1 minute.

Starting time is drawn randomly in 5 starting groups with no more than one competitor from any country in each group. Competitors from the same Federation shall not start consecutively.

Winning times:

Class	Sprint	Middle	Long	Relay
W16	12-15 min	25-30 min	35-40 min	75 min
W18	12-15 min	25-30 min	45-50 min	90 min
W20	12-15 min	30-35 min	55-60 min	105 min
M16	12-15 min	25-30 min	45-50 min	75 min
M18	12-15 min	25-30 min	55-60 min	90 min
M20	12-15 min	30-35 min	60-70 min	105 min
M/W16				45 min
M/W18				45 min
M/W20				60 min

6. Results

If any non-eligible competitors participate in the competition, separate results lists shall be published, one list showing the results of all eligible competitors (Official Championship Results), a second with results for all competitors (Full Result List). For the Relays there shall be two result lists produced, one full result list and one that excludes non-eligible teams and teams that are not the best placed for the Federation.

7. Prizes

Medals for all the competitions (3 medals in each class / competition, 3 sets of medals in each class in the Relay) and diplomas for places 1-6 shall be provided by the IOF.

Representatives of the organising Federation and the IOF shall perform the prize-giving ceremonies.

8. Jury

IOF appoints the jury. It shall consist of 3 voting members from different Federations.