

WOC 2017

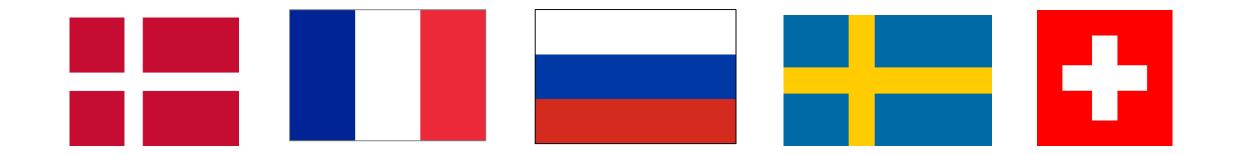
Tere tulemast! Welcome to WOC 2017

Team Officials Meeting, July 3, 17:00-18:00 **Long distance**



Thank you!

- Thank you all for Sprint races!
- We congratulate the medalists and their teams!



Sprint women

1	Maja Alm	DEN
2	Natalia Gemperle	RUS
3	Galina Vinogradova	RUS
4	Venla Harju	FIN
5	Anastasia Denisova	BLR
6	Elena Roos	SUI



Sprint men

1 Daniel Hubmann SUI

2 Frederic Tranchand FRA

3 Jerker Lysell SWE

4 Matthias Kyburz SUI

5 Jonas Leandersson SWE

6 Vojtech Kral CZE



Sprint relay

- 1 Sweden
- 2 Denmark
- 3 Switzerland
- 4 Czech Republic
- 5 Russian Federation
- 6 Great Britain



Medal Ceremony

• Monday 3.07 @ 19.15 Sprint and Sprint Relay (Arena Tartu)

Medal Ceremonies are compulsory for all athletes, who achieve 1st-6th place.

Athletes should be present near the stage no later than <u>15 min</u> before the beginning of each ceremony!

At Medal Ceremonies – no national flags, signs, sunglasses, hats, headbands, drinking bottles, mobile phones and other such items are not allowed on the stage.



Agenda

- Introductions
- Practical issues
- Technical issues
- Weather forecast
- Competition information
- Questions



Introduction

Markus Puusepp Event Director

Jørn Sundby IOF SEA

Ivar Maalen Assistant IOF SEA

Margus Sarap National Controller

Kuno Rooba National Controller



Practical issues

QUARANTINE LONG DISTANCE

• Location: Rõuge school (Haanja mnt 12, Rõuge) (Wearing shoes in the schoolhouse is stricktly prohibited!!!)

• Check-in time to quarantine: 9:30 - 10:45



Practical issues – BUS transport

- Pre-ordered bus transport to Long Distance (quarantine), July 4.
- departure from Tartu to Rõuge 08.30
 - Ülikooli street (parking place between Riia and Vanemuise street). See the map in bulletin 4.
- departure from Rõuge to Tartu 18.00
- Quarantine to pre-start takes 10min BY BUS

10:00; 10:15; 10:30; 10:45; 11:00; 11:15; 11:30; 11:45; 12:00; 12:15; 12:30; 13:00; 13:30; 14:00

No spiked shoes are allowed on the buses!

Practical issues – BUS transport

Quarantine to pre-start

- Team officials may travel from quarantine to pre-start, but are not allowed to return to the quarantine. Team officials can reach the arena by foot from quarantine.
- After the race, quarantine can be reached on foot from the Arena and no transport is offered!
- From the pre-start, Team Officials may travel with the bus to the Arena

Practical issues

Quarantine	Transport to pre-start	-5 min	-4 min	-3 min	-2 min	-1 min	Start
Check-in Bibs	Warm-up map	Bib control & timing chip control, GPS	Clear & check timing chip	Control descriptions		Start line map	



Practical issues - facilities

Facilities at the PRE START

- Tents for shelter
- 4 toilets
- Drinking water
- Warm-up map
- Baggage transport to arena
- Teams are allowed to put up their own tents



Practical issues

- Please note that driving time (Tartu-Rõuge) is approx. 1,5h to do road contructions in Kambja and Võru.
- Teams will **not be allowed** to drive their own vehicles between quarantine zone and pre-start area.

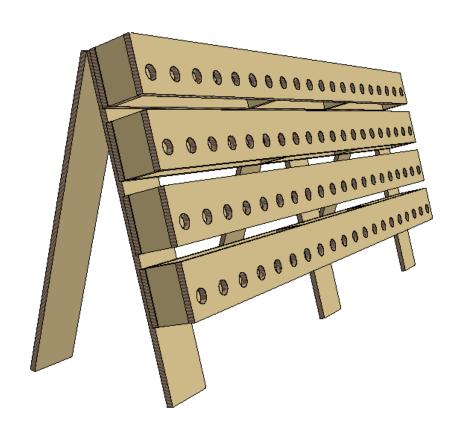


Technical information

MAP CHANGE

Men and women have different places for map change.

Map change is manned. New start point is inside the map change - no marked route. Control numbers continues.





Technical information – FIRST AID

FIRST AID

- First aid on the course can be found at the refreshment points and map change.
- First aid is not marked on the map.



Technical information

RUNNABILITY

- Runnability 401
- Areas marked as 401 (open land) are generally not cut. Few areas are cut.
- Passages will be cut or prepared on expected roads.



Technical information

Stony ground

Piles of small stones in the terrains are mapped as 510, stony ground with three dots. Such piles are also used as control points.



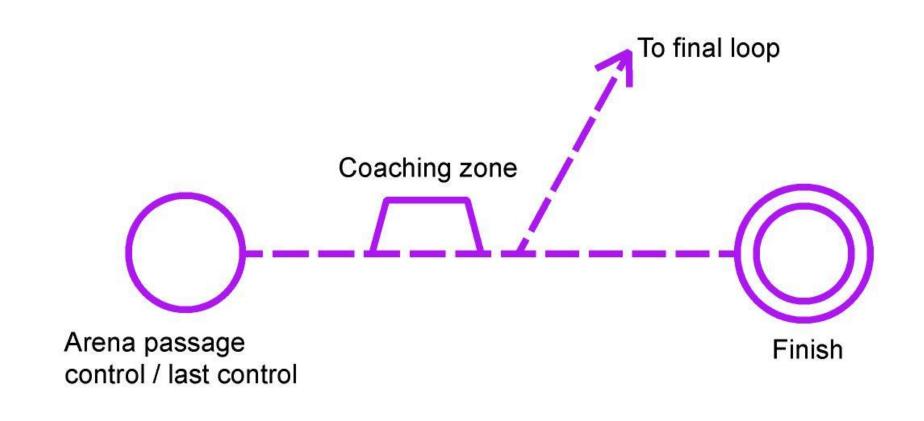
Technical information REFRESHMENT

- Women 4 refreshment points
- Men 5 refreshment points

Refreshments are placed according to IOF rules (25min) and the coaching zone in the arena is the last one.

Sport drink is mixed according to the producers suggestion, and will be the same throughout the course.

Technical issue – arena passage



Technical issue – finish procedure MEDIA

Immediately after finish:

- Interviews with media broadcasting live Top 3 + other runners on request.
 - TV
 - Radio
- Interviews with arena speaker
- Runners on request
- Leader chairs
- Top 3

Technical issue – finish procedure MEDIA

Immediately after the last finish:

- Flower ceremony briefing
- Top 3
- Flower ceremony (WOMEN 14.45, MEN 16.55)
- Medal pictures and poster signing
- Top 3
- On a press wall next to the podium/stage
- Press conference
- Top 3 + other runners on request (In the Media Centre changing area and refreshments)
- Other media
- Mixed zone (if time possible before)



In the following case, as symbol 527 is forbidden, is it allowed to use the track going through?

YES

Do we meet any unusual course markings in forest distances?

NO





Olive is forbidden. Is it right that they are not areas are possible to pass, for ex ISOM 201, 301, 304, etc? So only olive (527) is used as out of bounds area? Or are other symbols used as out of bounds (707, 709)?

Olive 427 is forbidden. Some forbidden areas are marked with 709 (Purple). Some forbidden areas are marked in the terrain.

Is the terrain and the vegetation similar to model event?

YES

Are the stones marked on the map?

On the competition map only the stones according to mapping standards are on the

map.



The women expected winning time is 80 minutes and 100 minutes for men. Are these realistic times?

Yes, we believe these times are realistic.

Is it the runners responsibility to choose the right corridor in the arena passage?

There will a sign pointing towards second loop and the line to the finish will be clearly visible.

Are there any other controls besides walk controls?

No, there are not.

Is it allowed to give extra drinks to the runners while on arena passage? **Yes, it is allowed.**



Is there possible for warm-up in the quarantine zone?

No, the quarantine zone is mostly inside and the outside area is very small.

Is there any local traffic during the race?

It will be clearly marked on the map if there are any road crossings, some local tractors etc can be on the move.

During the model event the fields (yellow) were difficult to run? And also the runners had to pass some cultivated areas (with carrots and salad) - can the runners pass these areas?

The fields are mostly uncut, perhaps some tracks are made.

Forbidden areas are clearly marked on the map with olive and purple.



How are the refreshment points positioned?

The refreshment points are placed only in the controls and in the coaching zones. They are also marked in the control description.

Are there spare maps in the map change?

Yes, there are spare maps in the map change. The map change is also manned.

Is it possible to mix up the men's and women map change?

No, these map changes are located in different places. The numbers for maps start from the upper left corner.



Is there enough space in the buses which travel between quarantine and pre-start? Yes, the buses leave in every 15 minutes and there are 20 + places on each bus.

Where is the map change located? Before or after controlpoint? It is hard to say, it depends on the runners approaching corner. Its is close to the control and visible.

What is the distance between drop-off and pre-start?

Distance from drop-off to pre-start is short. It is also on the warm up map.





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GOOD LUCK!

