

Bulletin 1

IOF World Ranking Event (WRE) orienteering competition

Finnish Championships in Long Distance R1 Lapua, Finland, September 2-3, 2017

Welcome to the Finnish Orienteering Championships in Long Distance in Lapua with WRE status in the classes of M/W21.

Event organizer: Orienteering club Lapuan Virkiä

Main officials:

Event Director: Ilpo Pajula ilpo.pajula(at)netikka.fi, +358 40 0264242

Course setter: Juha Nivukoski and Harri Pajula

Info and media: Tero Viljanen tero.viljanen(at)lapuanvirkia.fi, +358 50 3790832

Results Service: Ari Varamäki and Lassi Hietala

English-speaking contact person Tero Viljanen tero.viljanen(at)lapuanvirkia.fi, + 358 50 3790832

IOF Event Adviser and Technical Adviser: Tapani Koskela +35840 4510670

Course controller: Arto Puro-Aho

Event information:

Rules:

The rules of The Finnish Orienteering Federation, IOF's guidelines for World Ranking Events, the special rules of the Finnish Championships and instructions given by the organizers will be applied in the competition. The rules of The Finnish Orienteering Federation are available on the website www.suunnistusliitto.fi.

Punching system:

The electronic punching system Emit will be used. Rental Emit cards available from the event organizer, fee 5€.

Classes:

The classes of H21 (=M21) and D21 (=W21) have WRE status. To enter the WRE competition, participation in the qualification race is mandatory. Estimated winning times for women are about 70-80 minutes and for men about 90-100 minutes. The Finnish Championships in Long Distance R1 take place at the same time. They offer classes from H/D15 to H/D21.

Entries and entry fees: The entry fee of qualifications and A/B finals is 33,80 €. Entry and payment no later than Thursday 24th August. No late entries allowed. Entries and payments primarily through IRMA system. You must include your Emit card number in your entry. If your Emit card number is missing, the organizer will reserve an Emit card for you and charge you 5€. Your rental Emit card should be picked up from the info desk at the event centre. Competitors from abroad with no access to the IRMA system enter through Eventor. The new IOF World Ranking system only uses the Latin alphabet from a to z. It is very important for all runners to check that the information about them is correct. Please check the following: the spelling of your first and last name, birth year and nationality. If you find any mistakes, please report them to changes_AthleteData@orienteering.org. When reporting, make sure you add your complete birth date (day, month, year). It is not possible to pay through Eventor.

The bank details for entry fee payment without access to IRMA system are as follows:

Account owner: Lapuan Virkiä
Bank name: POP Pankki Lapua
Bank address: Kauppakatu 4C, 62100 LAPUA Finland
IBAN: FI26 4747 1020 0433 01
BIC: POPFFI22

IOF ID:

WRE athletes have to include their IOF IDs in their entry. Athletes who don't yet have an IOF ID will get one by registering a user account in IOF Eventor: <https://eventor.orienteering.org/Register>

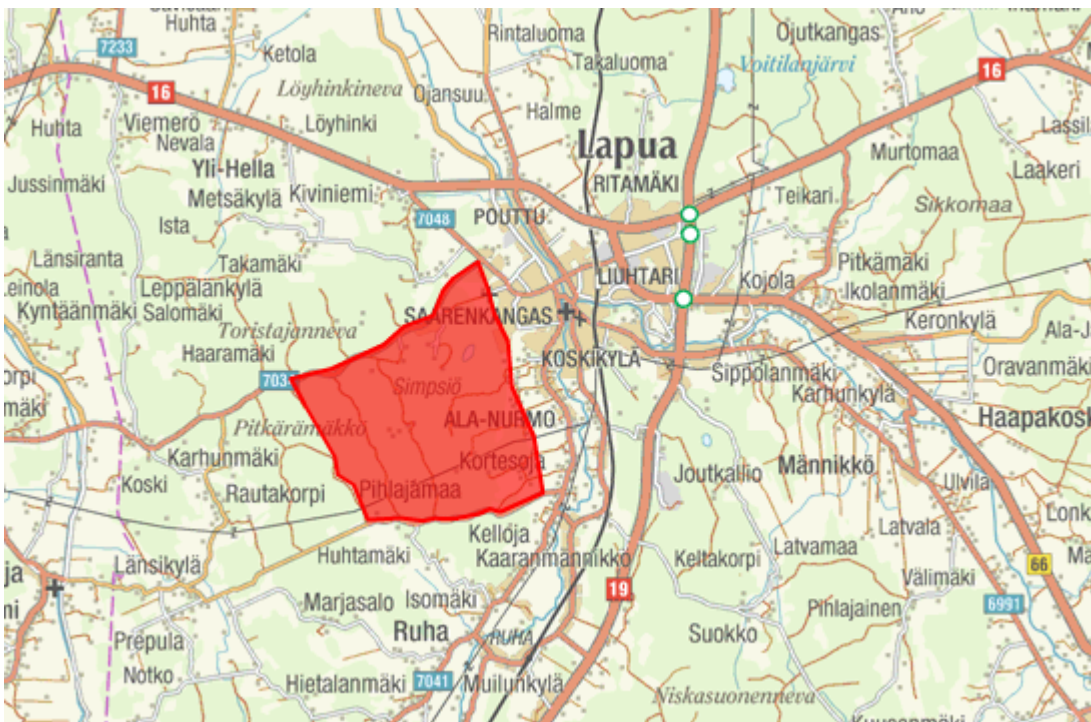
Signposting and venue:

Driving instructions will be signposted from the main roads 16 and 19 near Lapua centre. The distance from there to the parking area is about 3 km. Signposts from 6.00 pm on Friday 1.9. The event centre is in a field near Simpsiö hill next to Lapua centre. Event centres navigation address is Urheilumajantie 28, FI-62100 Lapua. Field parking about 500 m from the event centre. The parking fee is 10€/vehicle for the whole weekend, to be paid at the info desk at the event centre.

Competition map:

Scale: 1:15 000. Contour interval: 2,5 m. Field survey made by Timo Joensuu. 6-colour offset printing 8/2017. The size of the map is A3/A4 in the qualifications and the finals. The maps are in plastic cases.

Map of the area and embargoed area:



Terrain:

Simpsio hill is a special area in Southern Ostrobothnia. Simpsio is a so called residual mountain and it rises 132 meters above sea level and 100 meters above surrounding plains. The competition area consists of bare-rock terrain and physically and technically demanding both steep and gentle slopes. Runnability is mostly good. In the flat part of competition area there are some felled areas, which makes the trees of the terrain quite young and the forest dense at places.

GPS tracking:

Competitors qualified for the A-final are obliged to carry a GPS-tracking device handed out by the organizer.

Training opportunities:

Maps for training can be ordered from Tero Viljanen tero.viljanen@lapuanvirkia.fi, +358 50 3790832 or Juha Nivukoski jknivuko@netikka.fi, +358 45 1283890. A4-sized maps at a cost of 7€/map. Please order your maps at least one week prior to your planned date of training.

Timetable of the competition:

The first start of the qualification race on Saturday 2.9 is at 11.00 am.

The first start of the A finals on Sunday 3.9 is at 11.00 am. The first start of the B finals on Sunday 3.9. is at 09.00 am.

Food:

A warm lunch will be served at a low cost at the event centre both on Saturday and Sunday.

Accommodation and travelling to Lapua:

Lapua is located in South Ostrobothnia 375 km north from Helsinki and 80 km east from Vaasa. There is an international airport both in Helsinki and Vaasa and from airports Lapua is reached by train or by bus. The railway station and bus station in Lapua are about 3 km from the event centre. There is no public transport to the event centre. You will find suitable accommodation at organizer's web page:

<http://www.virkia.org/sm2017/majoitus> or city of Lapua web page:

<https://www.lapua.fi/?lang=en&id=4554>

Weather and clothing:

In early September, the weather in the west of Finland could be anything from pleasantly warm and sunny (about 15-20 degrees C) to terribly cold, windy and rainy (about 5-10 degrees C). Competitors should be prepared for changeable weather.

Visa requirements:

According to current regulations, citizens of some countries must obtain a visa in order to enter Finland. Please check the following website for more information: www.formin.fi Visas should be applied for at your closest Finnish Embassy. Please note that conditions of entry may change and all participants are advised to keep themselves updated on the current situation by consulting their local Finnish Embassy.

Final event instructions, start times and other information:

There will be more information on the organizer's web page closer to the date of the competition. Bulletin 2 will be published at the end of August.

We are looking forward to meeting you in Lapua on Saturday and Sunday September 2-3!

Lapuan Virkiä