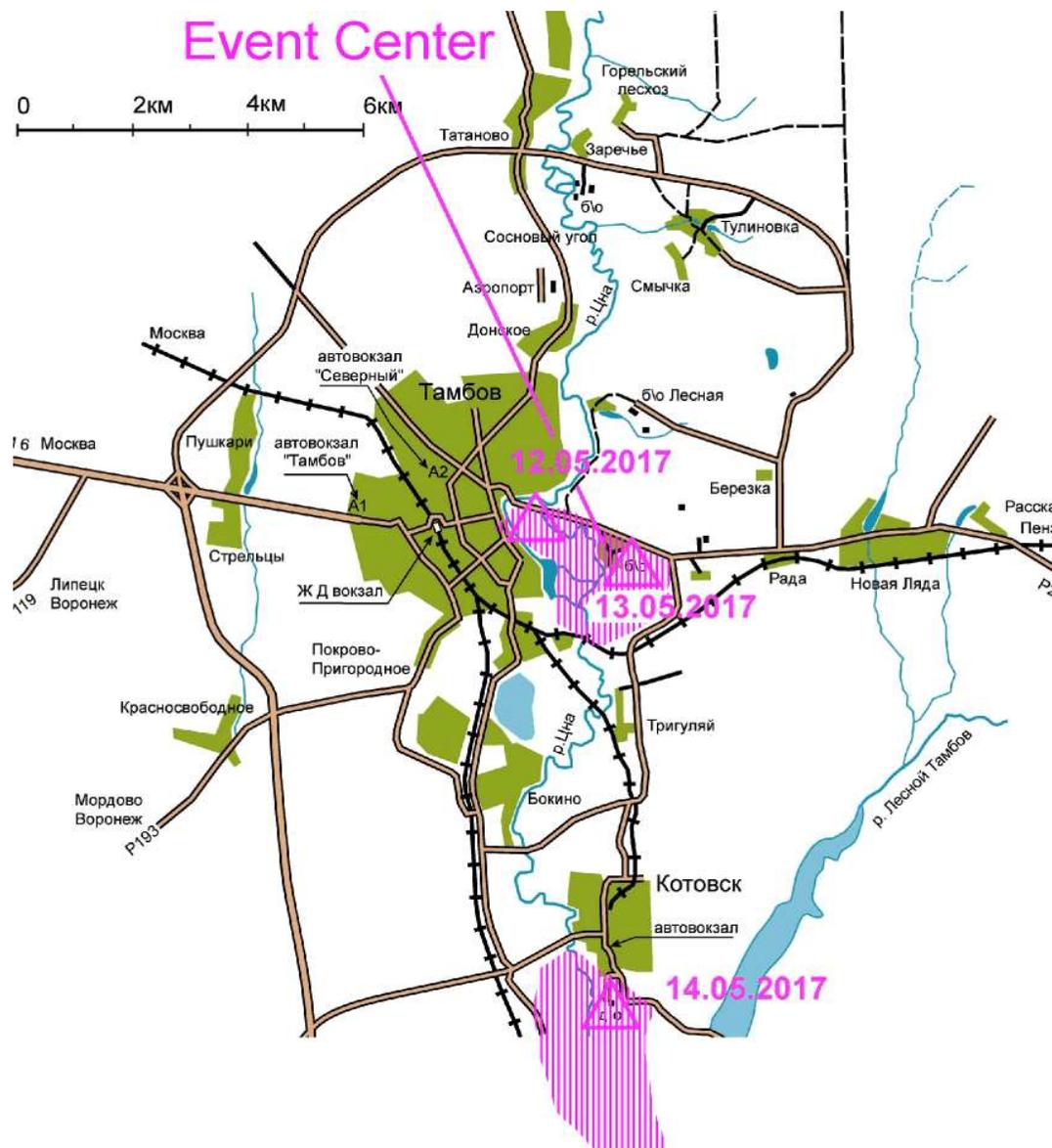




## 4. Embargoed Areas



The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organizer. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person with potential connection to a team (athletes or others). This means that all potential participants and team members are not allowed to visit these areas with or without a map at all.

## 5. Competition rules

The competitions will be organized in accordance with the Competition Rules for IOF MTB Orienteering Events as published by the IOF.

- Riding off the track is allowed, except private areas, cultivated land, orchards and forbidden areas.
- Competitors must ride on the right side on all roads and tracks.
- Competitors must get to all control points with their bikes.

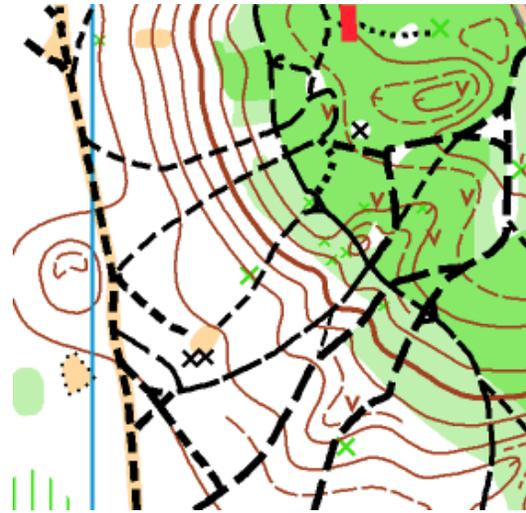
### Time keeping and punching system.

The punching system used in all competitions will be SPORTIdent.  
The SI cards may be rented at the event center.

## 6. Maps and Terrain description



**Sprint**



**Middle distance**

## 7. Entries

Entries are made in IOF Eventor, please see  
<https://eventor.orienteering.org/Events/Show/5651>  
<https://eventor.orienteering.org/Events/Show/5652>

Entry will be open until 7 May, 2017

## 8. Fees:

500RUR (9EUR) per day.

## 9. Accommodation, Visas

**Tambovskurort health center** - 2400 rub per day per room - full pansion  
Address: Marshala Malinivskogo st., 12, Tambov  
Phone: +7 (4752) 72-62-92  
Web: [tambovskurort.ru](http://tambovskurort.ru)  
e-mail: [priemnaya@tambovskurort.ru](mailto:priemnaya@tambovskurort.ru)

**Amaks hotel** - from 1900 rub per day per room  
Web: <http://tambov.amaks-hotels.ru>  
e-mail: [brontambov@amaks-hotels.ru](mailto:brontambov@amaks-hotels.ru)

Deadline for booking accommodation: 1 may 2017

Information about visas can be obtained from Foreign Affairs Ministry of Russian Federation.  
([www.mid.ru](http://www.mid.ru)).