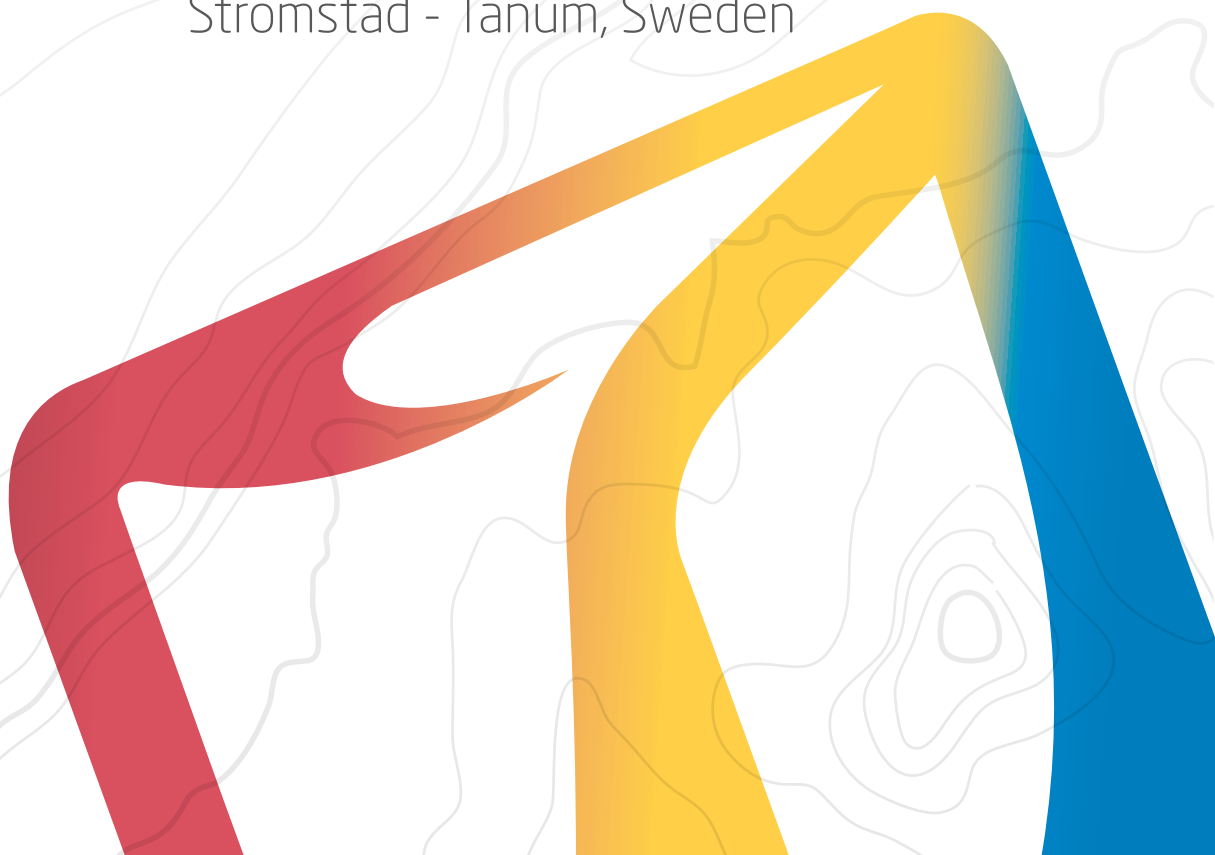




World Orienteering Championships

August 20 - 27th 2016
Strömstad - Tanum, Sweden

BULLETIN 1



WOC | 2016

WOC 2016 in Strömstad, Tanum, Bohuslän and Dalsland August 20-27th 2016 is a complete event including the World Orienteering Championships (WOC), the World Trail Orienteering Championships (WTOC), the spectator races known as "the Rocky Orienteering Circus" (ROC) and a lot more activities under a common motto: Wild, Open, Challenging.

Wild is merely an acronym for the exciting nature inland and along the Bohuslän coast. Taming the wild is what competitors will need to do to be successful in their goal of winning the gold here.

Open represents the hearts and minds in the towns of Strömstad and Tanum welcoming competitors, spectators and officials to this beautiful corner of

Sweden. But open also represents the visibility to be achieved for the sport of orienteering globally.

Challenging; isn't that what we all strive for? Challenging terrain and challenging orienteering, but also our own challenge to make this the best world championships ever both in and out of the forest



WELCOME BACK!

With pride and joy I greet you welcome to the World Orienteering and Trail Orienteering Championships in Sweden!

It feels like it was yesterday that I was standing at the square in the city of Västerås as one of the opening speakers and greeted you welcome to the World Orienteering Championships in 2004, but that was 10 years ago.

To organize the World Orienteering Championships is the nicest and coolest thing a nation can do but it is also the greatest challenge to take on.

We will do everything we can to offer exciting, visible and fair competitions.

The World Orienteering Championships 2016 will be something special!

On behalf of the Swedish Orienteering Federation I am pleased to welcome athletes, team leaders, officials, spectators and guests to the 2016 World Orienteering and World Trail Orienteering Championships!

Lena Larsson
President of the Swedish
Orienteering Federation



WOC | A WILD, OPEN CHALLENGE

The World Orienteering Championships 2016 is waiting for you. We are proud to present a Wild, Open Challenge for everyone. To give orienteers around the world a unique and rewarding experience. A Championship combined with open competitions worth remembering, all in a world heritage landscape. Tough terrain, technical courses, challenging obstacles. Everything an orienteer will want.

I'm very proud to welcome you to WOC 2016, I hope you will find it an experience out of the ordinary. I hope you will find time to explore some of the treasures Bohuslän-Dal offers, from rock carvings to beaches, from cities to countryside and from flea markets to shopping centres when you're not participating in the Championship, competitor or spectator.

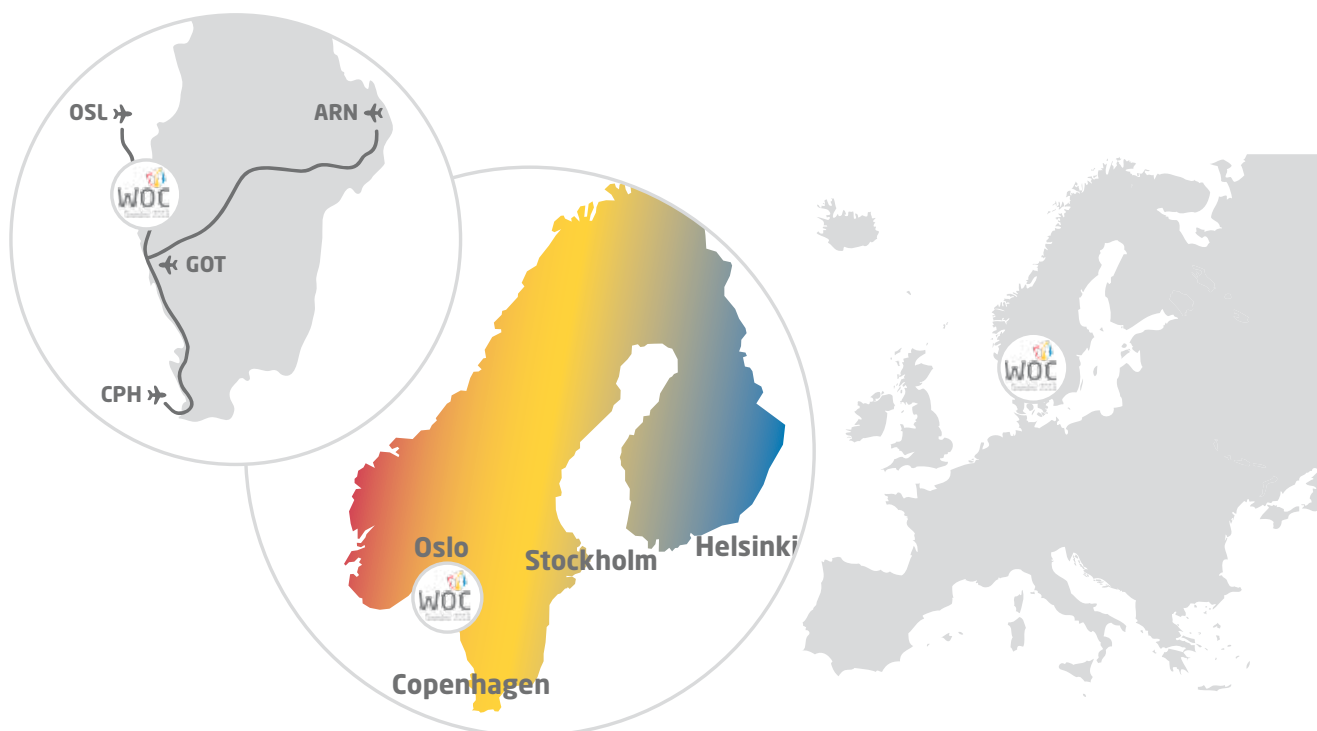
I'm also proud of the people working to realise this event. The enthusiasm and professionalism is an encouraging environment to be in. I'd like to thank all those who make this possible.

Björn Winberg
Chairman WOC 2016 Bohuslän-Dal



WOC | WELCOME

To west Sweden and WOC 2016



Distance to Strömstad:

- Rygge, Moss (RYG) 70 km
- Göteborg City (GSE) 160 km
- Gardemoen (OSL) 180 km
- Landvetter (GOT) 190 km
- Kastrup (CPH) 470 km
- Stockholm (ARN) 510 km

Car, train and bus connections:

- Oslo – Strömstad, 100 min (car), 160 min (bus)
- Gothenburg – Strömstad, 110 min (car), 140 min (train)
- Stockholm – Strömstad, 360 min (car or train)
- Copenhagen – Strömstad, 300 min (car), 360 min (train)

Rental Car offer

Valid also for training camps, World Cup 2015
etc: www.europcar.se/erbjudande/WOC2016



WOC | PROGRAMME

Pre-WOC and World Cup 2015

Date	Location	World Cup	Spectator's events
Wed 3/6	Halden, Prestebakke	Long distance	Open sprint
Thu 4/6			
Fri 5/6	Halden, Fredriksten	Sprint Relay	
Sat 6/6	Lysekil	Sprint	
Sun 7/6	Munkedal	Middle distance	

WOC | PROGRAMME WOC 2016

Date	WOC	WTOC	ROC
Fri 19/8	Arrivals	Arrivals	Opening ceremony
Sat 20/8	Sprint Qual + Final + Opening ceremony	Opening ceremony	
Sun 21/8	Sprint Relay		ROC 1
Mon 22/8	VIP & Media race	TempO Qual + Final	ROC 2 + PreO spectator race 1
Tue 23/8	Middle Final	PreO 1	
Wed 24/8			ROC 3
Thu 25/8	Long Final	PreO 2	ROC 4 + PreO spectator race 2
Fri 26/8		PreO Relay	ROC 5
Sat 27/8	Relay + Banquet	Banquet	
Sun 28/8	Departures	Departures	

Besides the WOC and WTOC competitions, the week includes spectator races (ROC), which are open orienteering competitions.



WOC

- Strömstad City – Sprint and Sprint Relay
- Tanum – Middle distance
- Strömstad East – Long distance and Relay

WTOC

- Strömstad City – TempO
- Saltö – PreO 1
- Tolvmanstegen – PreO 2 and PreO Relay

WOC 2016 Embargoed Areas

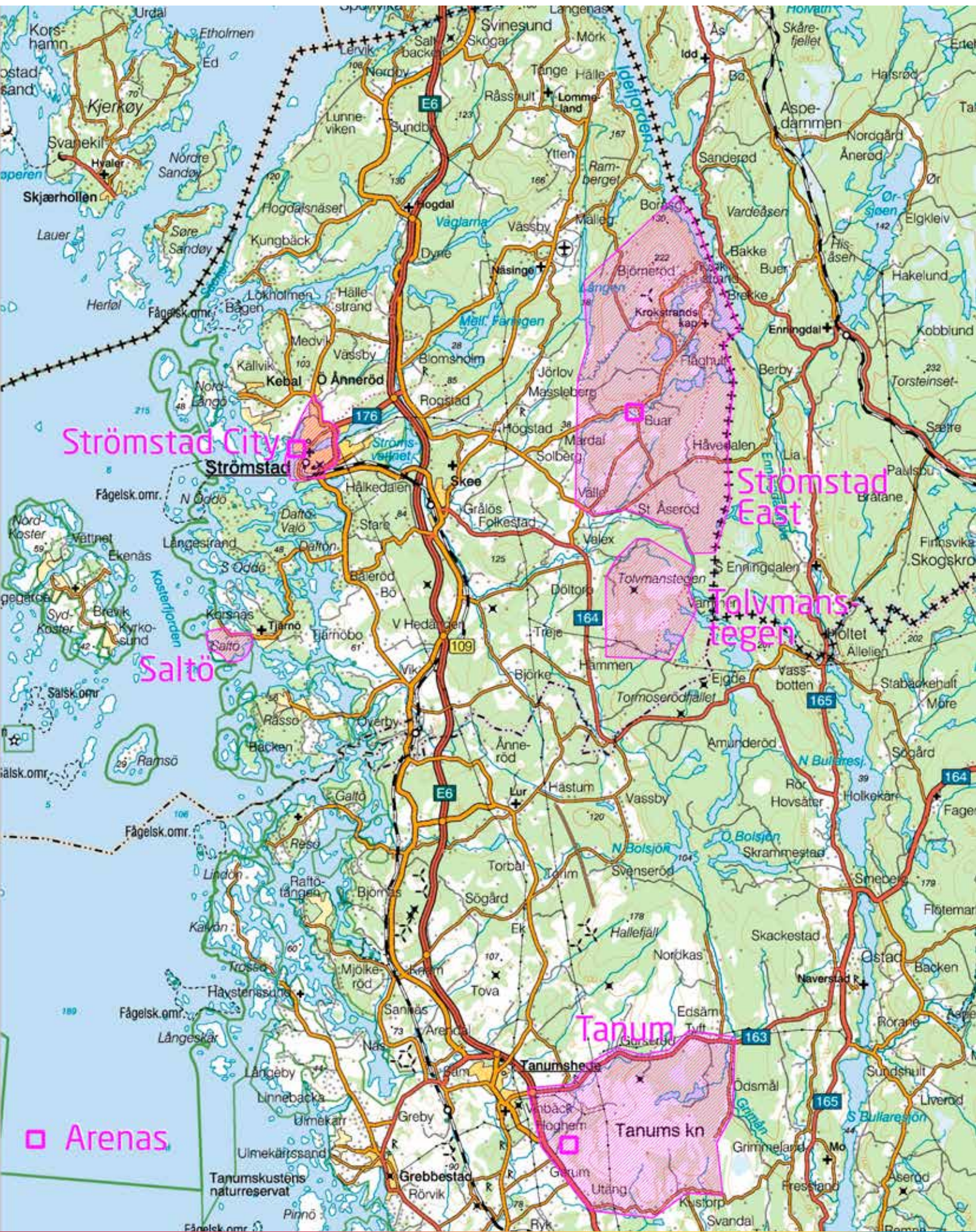
The Swedish Orienteering Federation has declared the areas shown on the map on page 7 as embargoed areas until August 28, 2016. A detailed regulation is found in the descriptive text of each area. With regard to the IOF Competition Rules (article 26.5), the embargoed areas are forbidden for all potential WOC2016 athletes, team officials and other persons that may be in a position to give information to the team members.

See www.woc2016.se/embargo for details.



WOC | OVERVIEW MAP - WOC 2016

© Lantmäteriet MS2014/05706



WOC | CLASSES AND ENTRY REGULATIONS

WOC

- There is one class for women and one class for men. There are no age restrictions (Rule 5.7)
- All competitors represent a Federation (Rule 6.5)
- A competitor may represent only one Federation during any one calendar year (Rule 6.1)
- Competitors who are representing a Federation shall have full passport-holding citizenship of the country of that Federation (Rule 6.2)

ROC

During the WOC-WTOC week 5 days of FootO spectator races will be held for all classes, men and women. We will also provide 2 days of open TrailO competitions with mass start at the WTOC PreO 1-2.

WTOC

- The Competition rules for IOF Trail Orienteering Events will be applied to participation in the World Trail Orienteering Championships 2016.
- All competitors, regardless of sex, age or physical ability/ disability are eligible to be entered for the Open Class competition.
- Only competitors who have a permanent disability that significantly reduces their mobility are eligible to be entered for the Paralympic Class.

Anti-Doping

The organizers are fully committed to supporting the efforts of the anti-doping authorities.





WOC | TRAINING

We will offer training opportunities throughout the area of Bohuslän-Dalsland. The areas will be selected as the terrain corresponding to the terrain of WOC and WTOC as well as possible.

See more info at: www.woc2016.se/training

Official Training Camps 2015

- June 8 – 11 th 2015
(in connection with the Pre-WOC)
- August 21 - 27 th 2015

Training in relevant terrain for the WOC 2016. We offer excellent training opportunities, both in Bohuslän, Dalsland and the rest of West Sweden. The areas that we present on the event website are our official training maps. This means that all areas

are carefully selected and relevant to the WOC-terrain. Our training areas are adapted to both foot and trail orienteering, as well as the different competition formats.

Please note that the embargoed areas for Pre-WOC will only be released for training after the World Cup round has finished in July 2015.



Strömstad Gymnasium/Photo: Strömstad Municipality

WOC | EVENT CENTRE

- The Event Centre will be situated at Strömstads Gymnasium (Strömstad Upper Secondary School).
- The organizers will have access to the entire school building.
- Distance from Strömstad city centre: 1,5 km, where the ceremonies will be held.
- The school has an Assembly/Congress Hall for 500 people.
- There are 15 smaller meeting rooms, suitable for 25-40 people, equipped with projector, screen, internet, whiteboard, etc.
- Today the internet capacity is sufficient for all students (400) at the school with both cable and wireless connections.
- The school restaurant has seating capacity for 150 guests.
- There will be two separate receptions, one for competitors and one for media/VIP/Officials.
- Outside the school there is a large parking place with free parking.
- The media center will be located here.

WOC | ACCOMMODATION

Daftö Camping Resort has the pleasure to provide the Athletes' village during WOC 2016. We provide excellent housing in houses just 5 km south of Strömstad, in a beautiful setting close to nature and the sea. If you would rather bring your caravan or mobile home, we also have plenty of space on our camp ground.

Teams	Athletes village Daftö Resort
VIP / IOF	Laholmen
Media	Källviken Holiday Village

Accommodation categories A, B, C and D will be provided within the Daftö Resort, Laholmen and Källviken.

Level A	€110-160
Level B	€ 60-90
Level C	€ 40-60
Level D	€ 20-40

We promise to do everything in our power to ensure that your stay will be as pleasant and comfortable as possible.

Welcome!

IOF/VIP Hotel:

Laholmen Hotel Strömstad City is the official IOF/VIP hotel and the venue for the IOF Congress

Accreditation:

Event Centre, Strömstad Upper Secondary School

Team officials meetings:

Event Centre, Strömstad Upper Secondary School

Media Hotel:

Källviken Holiday Village

Contact:

accommodation@woc2016.se



WOC | ORGANIZING COMMITTEE

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Event Director
Marketing Manager
Administration
TrailO
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Service
Technology

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WOC | THE BOARD OF WOC 2016 BOHUSLÄN-DAL

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Secretary
Treasurer
Member
Member
Substitute
Substitute

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Gunnar Persson
Göran Sandberg
Eva Karlsson
Gustav Wennberg
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WOC | EVENT CONTROLLERS

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WOC IOF Assistant SEA
WOC National Controller
WTOC IOF Senior Event Adviser
WTOC National Controller

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