



## **Bulletin 2**

# Swedish League & World Ranking Event (W/M21) Long distance Saturday April 8<sup>th</sup> 2017

**Location** Assembly arena is located in Rom 8 kilometers south of Jämjö with

signposts from E22 through Jämjö at the junction towards Torhamn.

Parking Distance Parking – Arena 100-1200 meters. A parking fee of 20 SEK is

charged upon arrival, pr. Car pr. day. Payment with SEK cash and Swish

are accepted. No parking allowed outside official areas.

NOTE: Parking with large bus has to be given notice beforehand via

Eventor!

**Quarantine** No quarantine. Competitors may visit the Arena before start.

**Embargo**The embargoed area cannot be visited until after competitions.

See area shown on map via below link.

https://eventor.orientering.se/Documents/Event/32702/Gamla-kartan-med-

avlyst-omr-de

**Classes** W21E, M21E1, M21E2 D20E, H20E, D18E, H18E1 and H18E2

WRE only for W21 and M21.

The number of starters in each class is in accordance with World Ranking

Event and Swedish League competition rules.

**Cancellations** Competitors must report cancellations to the organizers as early as

possible and at the latest by 20.00 Friday April 7th by email:

gunilla.gustavsson@senoren.se After that, by SMS text message: +46 72-

1947264

**Reserve runners**Lists of reserve runners will be published on Eventor and in the information

tent by the Finish Line. Reserve runners will not be allocated in M21E and W21E. Allocation of places will be notified by 9.00 on Saturday in the Information Tent. Competitors or team officials must attend in person to claim a place. Runners or leaders who are not present will not be allocated

a place. Contact for reserve allocation: +46 72-1947264

Start Startlists will be published online in Swedish Eventor (plus IOF Eventor for

W/M21) at latest Friday and posted on the Arena on the competition day.







#### **Class information**

Class	Start	Length	Estimated elevation	Controls	Number bibs
D18E	10:00	7 700	0.0.0.0.0.0	15	401-500
DIGE	10.00	1 100	-	10	401-300
H18E1	10:00	8 800	-	19	501-600
H18E2	10:00	8 400	-	14	-
D20E	10:00	9 100	-	16	201-300
H20E*	10:00	13 000	-	25	301-400
W21E*	10:00	14 200	210	33	1-100
M21E1*	10:00	18 900	285	37	101-200
M21E2	10:00	13 100	160	26	-

<sup>\*</sup>The course has a forking.

#### **Number bibs**

Number bibs for W21E, M21E1, D20E, H20E, D18E and H18E1- The number bibs will be handed out by self-service at the start. Bibs must be worn on the chest and must not be folded or cut in anyway.

#### Clothing

Clothing will be transported back to the Arena from the Start area.

### **GPS** tracking

25 runners in W21E1 and M21E1 will wear a GPS unit. The runners selected for GPS tracking will be announced at the Arena and on Eventor. Vests for the GPS units will be handed out in the Information tent at the arena. Different sizes are available. The GPS units will be given to the runner at the Start. Runners choosing not to wear an allocated GPS unit will be disqualified. The equipment must be returned to officials directly after the Finish.

#### Model event

Model event is available adjacent to the start area. Maps can be taken at the way to start.

#### Start procedure

It is 1 600 meters from the Arena to the Start. Follow the orange/white tapes and signs. Clear and check your SI cards at the units marked "Töm" and "Check".

4 minutes before start: Registration and delivery of GPS units for M21E1 and W21E1 only.

3 minutes before start: Register and check your SI card.

2 minutes before start: Control description is available. It is also printed on the map.

1 minute before start: Go to the box of maps. It is the runner's responsibility to take correct map.

Start time: Take the map and start. You are not allowed to touch the map before you start.

Competitors arriving late should contact chief of start.







#### **Competition rules**

IOF's rules for international foot orienteering events 1.1.2017 (for WRE part of race). In addition SOFT's competition rules apply: http://www.svenskorientering.se/tranatavla/tavlingsreglerochanvisningar.

Competitors found not observing the rules will be disqualified. Complaints can be made (written) to the Event director untill 15 minutes after top-5 have been published. Protests against the decision of the organizers must be submitted to the Event director or directly to convenor of the jury.

#### Clothing:

Competitors' clothing must fully cover the body, except for the head, neck and arms, according to SOFT's competition rules.

#### **Out-of-bounds areas:**

Private property and areas marked on the map are out of bounds. Officials are stationed in the competition area and anyone seen entering areas that are out-of-bounds may be disqualified.

Refreshments

Water is available at marked places in the forest and at the alternate route by the Arena.

Max running time

150 minutes

**Control description** 

Control descriptions are both loose and printed on the map. Maximum size 50 x 240 mm.

Map change

The courses for classes M21E1, W21E and M20E are in two parts. Competitors in these classes get their course in two parts by the start. Reverse the map at the end of the first part.

**Punching system** 

Sportident (SI) card punching system will be used. Include your SI-card number when registering your entry. SI-cards are available for hire at 25 SEK per competition day. Clubs will be charged 600 SEK for a lost, rented card.

The following classes have more than 30 controls on Saturday and require a large SI card: Men Elite WRE-1 and Women Elite WRE. It is the runner's responsibility to have a SI Card with sufficient capacity.

The SI card must be cleared and checked by punching the "Töm" and "Check" units as described in the start procedure. Controls are marked with an orange/white flag, control code, two SI-units.

It is the runner's responsibility to ensure that the control unit gives a sound and light signal as confirmation of "punching."







Map name: Färskesjön V, 2,5 m equidistance, map revised 2016-17 by

Kenneth Kaisajuntti. Offset printed. Scale: 1:15 000. Inside a plastic cover.

Old map can be found on the homepage:

https://eventor.orientering.se/Documents/Event/32702/Gamla-kartan-med-

avlyst-omr-de

Some small towers are not marked on the map.

Passage of road All runners will cross a trafficed road to the start and during the race. The

crossing will be manned during the competition but all passage is the

runners own responsibility, so please stay alert of traffic.

**Terrain description**Terrain in general: Runnability is very good with open rock areas, but still

O-technique demanding. The area is wild country side, mainly forest (pine, oak, beech) with a few small areas of cultural landscape. Courses are to a

large extent going through a nature reserve.

Runnability: Most rock areas have fast runnability and it can be good tactic to use these areas on certain legs. But as usual in orienteering, you have

to select your route choices.

Slopes/heights: Terrain is flat and it is important to notice that also small

height differences and slopes are shown on map.

The forest is guit wet. Some marshes are bigger than the maps shows.

**Climate** In April, day temperatures average 8°C, average rainfall is 36 mm. The risk

of snow in the terrain is small.

**Toilets** Toilets at the Event Arena and at the Start area.

**Showers** Heated outdoor showers in the Event Arena

**Refreshments** A selection of food is available at the Arena: hamburgers, sandwiches,

drinks, etc. Payment with SEK cash and Swish are accepted.

Results will be posted at the Arena and in <a href="http://live.orientering.se/">http://live.orientering.se/</a>. GPS-

tracking will also be available.

**Prizes** Prizes for the top 6 in the Elite classes (E1) and the winner (E2) will be

presented as soon as all E1 classes are finalized.

**Equipment trader** Vetlanda OL-sport

**Child-care service** Adjacent to the Event Arena.







**First aid** Available at the arena.

**Spectator races** Middle distance races will take place at the same Arena (separate Bulletin).

**Accommodation** Links to some recommended accommodation can be found on the

homepage.

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Homepage http://idrottonline.se/OKOrion/foreningen/Arbetsrum/SwedishLeague2017

## Welcome!

